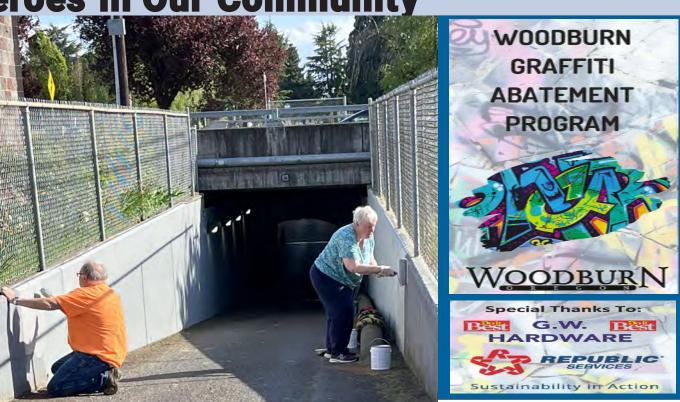


Official Publication of Senior Estates Golf & Country Club - Active 55+ Community in Woodburn, OR

Heroes in Our Community

of Woodburn has a The City wonderful program called the 'Graffiti Abatement Program'. They recognize that when personal property is vandalized, it makes one a victim of a crime. They have established this program to provide an 'Abatement Kit' to assist in remediating the graffiti removal. Richard and Denise Greger picked up the abatement kit and went to work to clean up our tunnel. They are heroes indeed! We also need to mention the heroic sponsorship of Republic GW Hardware and Services who make this program possible and supply the paint for the cleanup. Thanks to all for



helping out. The tunnel looks so much better. To pick up a Graffiti Removal Kit contact: 503-980-6320 or graffiti@ci.woodburn.or.us.

Preparing the Putting Green



Many thanks to Larry Johnson for refurbishing our putting green hole markers

The Lady Putters are about to begin their season. They play 18 holes on the putting green.

Thanks, Larry for your great work in getting things ready. They start on May 6.





SEGCC Community Survey

By Marilyn Sbardellati, Member of SEGCC BOD The Senior Estates Golf and Country Club (SEGCC) Community Survey is an insert in this issue of News & Views. This survey was approved by the board of directors in 2023 and affirmed in 2024. For those reading News & View online, a link to a printable survey is provided. We will accept one entry per household.

This voluntary survey is an important endeavor and a step towards learning more about the needs and desires of SEGCC members.

Why Conduct a Survey?

Senior Estates Golf & Country Club community was conceived of and built over 60 years ago. We now number over two thousand people. For most of us, the first residents were the generation of our grandparents. We have some things in common with our grandparents, but our modern retirement includes plenty of differences.

To better serve and meet the needs of today's 55+ community, our leadership recognizes the necessity for changes and modernization of our communal space and amenities offered.

We hope this survey will help us all learn what is important to you and our community as a whole. We may consider another survey down the

road if we feel it is necessary but, with the participation of our members, this survey will be a good start.

The first step in this process is to learn about our population and that starts with asking questions: What do you enjoy doing in your leisure time? Do you work? Do you have family in the area? Do you golf or use the pool? Do you live alone? Are you a snowbird? These are examples of questions you may see in the survey.

Most of the questions require you only to circle a simple yes or no answer or select a multiple choice opton. Follow the instructions on the insert. Don't forget to write your member number at the top of the survey form. As a thank you for participating, all members submitting completed surveys will be entered in a drawing for a cash prize. Remember, only one entry per household, please.

The ballot box, normally used for elections, will be placed in the entryway near the office and locked. If you need a pickup of your completed survey, please call a member of the Committee, listed in the 2024 directory. The ad-hoc Demographic Committee includes Marilyn Sbardellati, Diana Lindberg, Gwen Dickson (no calls), and Marilyn Plowman. Thank you.

Community Health Impact

Community Health Speaker Series

Professional advice on improving your care for a loved one with dementia or Alzheimer's Disease

Presented by the Salem Health Foundation and Salem Health Hospitals & Clinics

DR. SANDEEP JAUHAR, Best-Selling Author, NPR and New York Times Contributor



Join us for a one hour lecture where Dr. Jauhar will discuss his recent book, *My Father's Brain, Life in the Shadow of Alzheimer's.* Dr. Jauhar will offer lessons learned, and the science of what happens to the brain when one is inflicted with this disease.

RESERVE YOUR TICKET for one of these three speaking engagements at <u>communityhealthspeaker24.eventbrite.com</u> or scan the QR code to go directly to the reservation site.

City of Woodburn PLANNING DEPARTMENT 101

From: Councilor Sharon Schaub, Ward 4

Have you ever pondered the process by which new construction projects are reviewed and approved?

It all starts with a Comprehensive Plan, a document adopted by the City Council that outlines a vision for how the city should grow and serve its residents. Stemming from that, there are a number of topic-specific plans for things like transportation, parks, utilities

like water & sanitary sewer, etc. The broad goals and policies are heavily mandated by the state land use policy decisions that are outside of local government control. These items are then boiled down into a zoning code that regulates all of the little details of how land





JUNE 11, 10 A.M. Dallas Retirement Village 377 Northwest Jasper Street, Dallas, OR 97338

JUNE 11, 7 P.M. Hudson Hall, Willamette University 900 State Street, Salem, OR 97302

JUNE 12, 9 A.M. Senior Estate Golf and Country Club 1776 Country Club Rd, Woodburn, OR 97071



Questions? Call 503-814-1990

can be developed. From big structures like the Amazon building down to fences and signs, there are rules and regulations to follow.

When new projects come in, there is a review process they go through in order for City staff to verify that they are complying with the rules and requirements. Many times, these reviews involve a public hearing in front of the Planning Commission. Property owners near the proposed project would receive a notice in the mail when these hearings are scheduled. You might also see signs posted on the property and notices in the newspaper.

Public hearings are able to be attended by the community members where public comment is allowed. In addition written comment is allowable.

> How to contact the Planning Department? City Hall: Mon. - Fri, 8am to 5pm Phone: 503-982-5246 Email: planning@ci.woodburn.or.us



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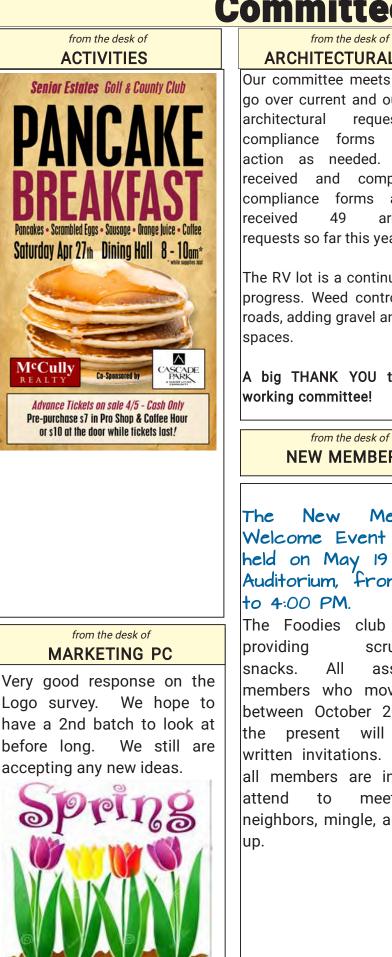
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503.989.1986

April 26, 2024

Page 3



Committee's Message Board

ARCHITECTURAL/RV

Our committee meets weekly to go over current and outstanding requests and compliance forms and take action as needed. We have received and completed 32 compliance forms and have architectural requests so far this year.

The RV lot is a continual work in progress. Weed control, grading roads, adding gravel and marking

A big THANK YOU to a great working committee!

NEW MEMBERS

Members Welcome Event will be held on May 19 in the Auditorium, From 2:00

The Foodies club will be scrumptious association members who moved here between October 2023 and the present will receive written invitations. However, all members are invited to meet your neighbors, mingle, and catch

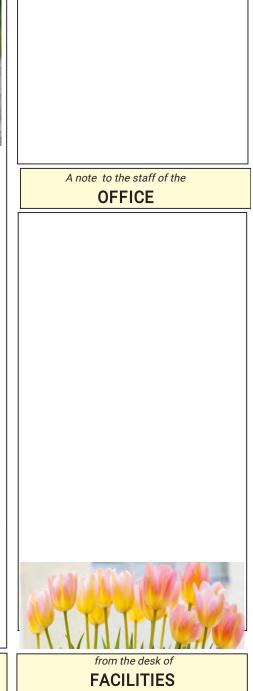
from the desk of **RULES & REGULATIONS** Who let their cats out? Meow, meow, meow!



We have received numerous complaints of "cat sightings" and "cats roaming around the community pooping in garden beds and spraying plants" Rule 17.2 states "All dogs and cats, when outside their owners' property boundaries, must be restrained by leashes. **Owners** are responsible for ensuring that their pets do not disturb the peace and comfort of any residents, and for cleaning up all droppings made by the animals"

Being a cat owner in the past, I understand the difficulty of herding and containing cats. Please be respectful to your neighbors and keep your cats in your own yard.

> from the desk of GOLF



from the desk of

HOUSE

2024 BOARD OF DIRECTORS

Vice President Steve Garner

President Ken Bourne **Secretary** Kim Farquharson **Treasurer** Allan Lindberg

president@SeniorEstatesGolf.com vp@SeniorEstatesGolf.com secretary@SeniorEstatesGolf.com treasurer@SeniorEstatesGolf.com activities@SeniorEstatesGolf.com arch-rv@SeniorEstatesGolf.com golf@SeniorEstatesGolf.com House Marilyn Sbardellati house@SeniorEstatesGolf.com publications@SeniorEstatesGolf.com newmembers@SeniorEstatesGolf.com rules@SeniorEstatesGolf.com

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Activities Dorothy Monnier Architectural/RV Connie Johnson **Golf** Steve Garner Marketing PC Kim Farquharson **New Members** Marilyn Plowman **Rules & Regulations** Andrew Nordby

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Fax: 503-981-0158 • www.engleschmidtmanlaw.com 610 Glatt Circle, Woodburn, OR 97071



Golf News & Notes





Introduction to Golf - Tips & Pointers

Saturday blessed us with beautiful weather, making it an ideal day to be outside. Fred Bourne organized a class which offered up tips and pointers to improve golfing skills. Meanwhile, the Pro Shop Manager, David, was busy giving pointers on the putting green. He provided some valuable insights on how to perfect the art of putting, which undoubtedly helped the participants to enhance their performance on the course. Overall, it was a productive and enjoyable day for everyone who attended.



ATTENTION SUNDOWNERS

Monday, April 29 at 3:30 pm Please join us in the Golf Lounge to sign up and pay for the 2024 season. There will be prizes and snacks and we will go over a few

changes for this season. Bring a friend and join the fun!
Sundowners is a group of golfers of all skill levels who gather together
Monday evenings to play a 9-hole scramble. The season starts in May
and runs through October. We meet in front of the Pro Shop between
3:15 and 3:30 to sign in and form 4 person teams. The cost is only \$5
for the entire season! (Greens fees apply to non-members) All are
welcome. 2024 season begins May 6th. Hope to see you there!







James Audritsh 503-951-2366



Shelly Stultz 503-710-4028

B







Steve Babcock 503-510-3047



Christina Williamson 503-989-9875



Mikhail (Mike) Gladkiy 503-602-2288



Liana Stegall 503-577-4735

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503-984-1345

Third Sunday of the Month, 11 A.M. – 2 P.M. Cascade Park Retirement Community





950 North Cascade Drive Woodburn, OR 97071 CascadeParkRetirement.com

RSVP to 503.981-0033 2 days before the event

April 26 is National Arbor Day Beautify your world: Plant a tree



Arbor Day is a nationally celebrated observance founded by J. Sterling Morton of Nebraska in 1872.

Trees are an energy-saving home improvement. They can be as important to energy conservation as insulation or weather-tight windows and doors. They save energy by cooling with shade in the summer and providing a windbreak in winter. Three strategically placed shade trees can reduce air conditioning costs by as much as 30 percent.

Deciduous trees shed their leaves during the winter. They provide shade and block heat during hotter months. By dropping their leaves in the fall, they admit sunlight in the colder months. Place these trees on the south and west sides of buildings. Shade hard surfaces such as driveways to minimize heat load.

Evergreens retain their leaves or needles throughout the year. As windbreaks, they can save a significant amount of the energy a home uses for heating. Place them on the north side of your home. Evergreens also provide shade in the summer.

Sunblock for Your Eyes



You take steps to prevent sunburn on your skin, but what about your eyes? Just like your skin, your eyes are vulnerable to the sun's rays. Harvard Medical School opthalmologists say

that most sun damage occurs right on the surface of the eye.

Doctors at the University of Alabama say the effect of UV radiation on the eyes is cumulative. Most people get about half their lifetime dose of radiation before they are 25 years old.

Buy sunglasses with built in UV-blocking sun protection. Check the label to make sure. Wearing a wide-brimmed hat to shade your eyes is also recommended.

Shocking Email to the N&V

Name withheld by Editorial Staff

I don't know if this is newsworthy but yesterday a woman was walking her dog in the Senior Estates Park on Country Club Road. When she was ready to leave, she



walked up to one of the planters and pulled out the begonia plant, picked up her little dog and hurried to her car, a red SUV. I was in shock that anyone here would do such a thing. I would like her to return it and apologize for taking it, not to me but to everyone that comes to the Park and enjoys the beautiful flowers.

This Woodburn City park is enjoyed by so many and we appreciate

the city's response to our community's needs. When we requested an area to allow for unleashed dogs, they responded. There are many who put in great effort and personal expense to make it beautiful. Let's do our part in showing respect.



CLASSIFIED ADS

Classified ads are free of charge to all our community members and will be included in one edition. Please send to nv@SeniorEstatesGolf.com

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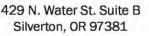
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New Artist Display for May in Living Room

Linda Chatfield is an artist originally from New England who moved to the Estates from Delaware in 2018 to be closer to her family. She is currently the Vice President at the Woodburn Art Center. Linda has been creating art throughout her life and holds a BFA from Boston University and an MsArtEd from Delaware State University. She also owned her own gallery and served as Executive Director of three museums in the East.

In 2021, Linda volunteered to set up exhibits of work by area artists in the Living Room at the Country Club, and so far, she has presented 25 exhibits. Linda enjoys working in various media, including oil, acrylic, pastel, and printmaking. For her exhibit this month in the Living Room, Linda shares her fascination with the natural world. As a means of relaxation, she creates studies of the infinite variety of botanical specimens she finds here in the Northwest.

Please join Linda and members of the Woodburn Art Center in a reception on Sunday, May 5, at the Living Room at 4 pm. Refreshments will be served.

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Pampering Workshop with MK

By Kim Farquharson, Director of Marketing PC I often see the entry in the calendar about the "Pampering Workshop" that is held in the craft room on select Saturdays. However, it has always been without paying too much attention to it. This Saturday, I just happened to walk by and stepped in to see what it was about. What a delightful group and very interesting to see all their stuff. It is very worthwhile to check it out. I even enjoyed a delicious homemade cookie!



We discussed the possibility of bringing someone in who could do pedicures or even just cut nails. If this would be something that you are interested in, send an email to Brenda at brendajreed11@gmail.com. This group meets on

the third Saturday of the month. Their next meeting is scheduled for May 18 from 10 am to 2 pm. Their sign said 'walk-ins welcome' but I am sure you can also make a reservation.





Jaime White Assoc Principal Broker 503-910-0701

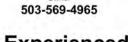
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Page 8

CALENDAR OF ACTIVITIES

Saturday, April 27 Sunday, April 28	PANCAKE BREAKFAST 8:00	S M
1:00p-4:00p	Music Jamers (Aud)	
Monday, April 29		
8:00a-9:00a	Mermaid Water Aerobics (Pool)	
8:30a-12:00p	Sr. Estates Quilters (Craft)	
9:15a-10:00a	Senior Yoga (Aud)	
9:30a-11:00a	Laugh & Chat (Blue)	
10:00a-12:00p	Pickleball (Dining)	
10:15a-11:15a	Senior Cardio (Aud)	
11:15a-12:15p	Tai Chi Class (Aud)	
12:00p-4:00p	Monday Duplicate Bridge (Blue)	
12:20p-1:00p	Beginner Tai Chi (Aud)	
1:30p-4:30p	Fabric Quilting Arts (Dining)	
2:00p-3:00p	Water Aerobics (Pool)	
5:00p-8:00p	Pickleball 4 Beginners (Aud)	_
5:45p-8:00p	Water Volleyball (Pool)	T
Tuesday, April 30		
8:00a-9:00a	Mermaid Water Aerobics (Pool)	
10:00a-12:00p	Needlecraft(CardRm)	
10:00a-12:00p	Ping Pong (Dining)	
11:00a-2:45p	Ukulele Uke-de-dos (Craft)	
1:30p-2:30p	Bible Study (Conf 1)	
2:00p-3:00p	Senior Fitness (Aud)	
2:45p-5:00p	Water Volleyball (Pool)	
5:00p-9:00p	Tuesday Night Poker (Card)	
6:00p-7:00p	Beginner Line Dancing (Aud)	
7:00p-8:00p	Intermediate Line Dancing (Aud)	
Wednesday, May 1	internetiate Line barleing (ridd)	W
8:00a-9:00a	Mermaid Water Aerobics (Pool)	
9:00a-10:00a	Ping Pong (Dining)	
9:15a-10:00a	Senior Yoga (Aud)	
9:30a-11:00a	Laugh & Chat (Blue)	
10:00a-12:00p	Mens Golf Club Meeting	
10:15a-11:15a	Senior Cardio (Aud)	
12:00p-4:00p	Double Deck Pinochle (Card)	
12:00p-1:00p	Friends of Bill W (Craft)	
1:00p-3:30p	Homestyle Hymn Sing (Blue)	
1:00p-3:45p	Wii Bowling (Aud)	
2:00p-3:00p	Water Aerobics (Pool)	
6:00p-9:00p	Bingo (starts @ 7p)	
6:00p-9:00p	Pinochle (Blue)	
Thursday, May 2	T mocine (bide)	T
8:00a-9:00a	Mermaid Water Aerobics (Pool)	
8:30a-12:00p	Sr. Estates Quilters (Craft)	
9:30a-11:00p	Coffee Hour (Aud)	
1:00p-3:30p	Woman's Pool League(Billiards)	
4:30p-5:30p	Tops Weight Loss Group (Dining)	
4.30p- 3.30p 5:00p- 9:00p	Thursday Night Poker (Card)	
6:00p-9:00p	Pinochle (Blue)	
6:00p-7:30p	Advanced Line Dancing (Aud)	
5:45p-8:00p	Water Volleyball (Pool)	
	water volleyball (FOOI)	
Friday, May 3 8:00a-9:00a	Mermaid Water Acrobics (Deel)	
9:15a-10:00a	Mermaid Water Aerobics (Pool) Senior Yoga (Aud)	
9:30a-11:00a	Laugh & Chat (Blue)	F
9.30a-11.00a 10:00a-12:00p		
	Pickleball (Dining) Book Club (Conf 2)	
10:00a-12:00p 10:15a-11:15a	Book Club (Conf 2)	
	Senior Cardio (Aud)	
1:00p-3:30p	Bunco (Craft) Friday Bridge Croup (Blue)	
12:30p-4:30p	Friday Bridge Group (Blue)	

unday, May 5 /Ionday, May 6 8:00a- 9:00a Mermaid Water Aerobics (Pool) 8:30a- 12:00p Veterans Service Office (Conf 2) 8:30a- 12:00p Sr. Estates Quilters (Craft) 9:15a- 10:00a Senior Yoga (Aud) 9:30a- 11:00a Laugh & Chat (Blue) 10:00a - 12:00p Pickleball (Dining) 10:15a - 11:15a Senior Cardio (Aud) 11:15a- 12:15p Tai Chi Class (Aud) 12:00p- 4:00p Monday Duplicate Bridge (Blue) 12:20p- 1:00p Beginner Tai Chi (Aud) 1:30p- 4:30p Fabric Quilting Arts (Dining) 2:00p- 3:00p Water Aerobics (Pool) 5:00p- 8:00p Pickleball 4 Beginners (Aud) 5:45p- 8:00p Water Volleyball (Pool) ⁻uesday, May 7 8:00a- 9:00a Mermaid Water Aerobics (Pool) 10:00a- 12:00p Needlecraft(CardRm) 10:00a- 12:00p Ping Pong (Dining) 11:00a- 2:45p Ukulele Uke-de-dos (Craft) 12:00p- 3:30p Progressive Hand&Foot (Blue) 1:30p- 2:30p Bible Study (Conf 1) 2:00p- 3:00p Senior Fitness (Aud) 2:45p- 5:00p Water Volleyball (Pool) 5:00p- 9:00p Tuesday Night Poker (Card) 6:00p- 7:00p Beginner Line Dancing (Aud) 7:00p- 8:00p Intermediate Line Dancing (Aud) Vednesday, May 8 8:00a- 9:00a Mermaid Water Aerobics (Pool) 9:00a- 10:00a Ping Pong (Dining) 9:15a- 10:00a Senior Yoga (Aud) 9:30a- 11:00a Laugh & Chat (Blue) 10:15a- 11:15a Senior Cardio (Aud) 10:30a- 12:030 Glass Fusion (Blue) 12:00p- 4:00p Double Deck Pinochle (Card) 12:00p- 1:00p Friends of Bill W (Craft) 1:00p- 3:30p Homestyle Hymn Sing (Blue) 1:00p- 3:45p Wii Bowling (Aud) 2:00p- 3:00p Water Aerobics (Pool) 6:00p- 9:00p Bingo (starts @ 7p) 6:00p- 9:00p Pinochle (Blue) hursday, May 9 8:00a- 9:00a Mermaid Water Aerobics (Pool) 8:30a- 12:00p Sr. Estates Quilters (Craft) 9:30a- 11:00p Coffee Hour (Aud) 11:00a- 11:30p Foodies Club -1:00p- 3:30p Monkey Bunco (Dining) 1:30p- 4:00p Genealogy(Blue) 1:00p- 3:30p Woman's Pool League(Billiards) 4:30p- 5:30p Tops Weight Loss Group (Dining) 5:00p- 9:00p Thursday Night Poker (Card) 6:00p- 9:00p Pinochle (Blue) 6:00p- 7:30p Advanced Line Dancing (Aud) 5:45p- 8:00p Water Volleyball (Pool) riday, May 10 8:00a – 9:00a Mermaid Water Aerobics (Pool) 9:15a- 10:00a Senior Yoga (Aud) 9:30a- 11:00a Laugh & Chat (Blue) 10:00a- 12:00p Book Club (Conf 2) 10:00a- 12:00p Pickleball (Dining)



April 26, 2024



1:00p-2:00p Senior Estates Chorus (Aud) 2:00p-3:00p Water Aerobics (Pool) Saturday, May 4 9:00a-9:00p **Private Event** 1:30p-4:30p Private Rental (Blue) 2:45p-5:00p Water Volleyball (Pool) 4:00p-8:00p Hand & Foot Group (Craft)

10:15a- 11:15a Senior Cardio (Aud) Saturday, May 11

Management & Staff

Facilities Manager - Vincent Cantwell maint@SeniorEstatesGolf.com Financial Manager - Debbie Brown accounting@SeniorEstatesGolf.com Front Desk - Alisha Bailey, Lori Larson info@SeniorEstatesGolf.com

REMINDER: Office is **CLOSED** WEDNESDAYS

1:00p- 3:30p Bunco (Craft) 12:30p- 4:30p Friday Bridge Group (Blue) 1:00p- 2:00p Senior Estates Chorus (Aud) 2:00p- 3:00p Water Aerobics (Pool) 10:00a- 12:00p Pickleball (Aud) 2:45p- 5:00p Water Volleyball (Pool) 4:00p- 8:00p Hand & Foot Group (Craft)

Foodies Club presents:

Ice Cream & Strawberry Shortcake Social

SATURDAY, JUNE 15 Watch for Details



"Here's a blues number written about my inability to remember computer passwords."

