

News & Views

Official Publication of Senior Estates Golf & Country Club - Active 55+ Community in Woodburn, OR

All Time High of Enthusiasm

Let's Go Bowling

Senior Estates group is meeting up on Wednesdays, 1:00 pm at the Bowling Alley. This is a fun way to meet people from the community. Besides the cost of the bowling, everyone is chipping in a \$1 which goes to the winners. They are mixing up the teams each week so it is great way to get acquainted. For more info, call Dick Hammond, 503-984-0631.



Billiards Room

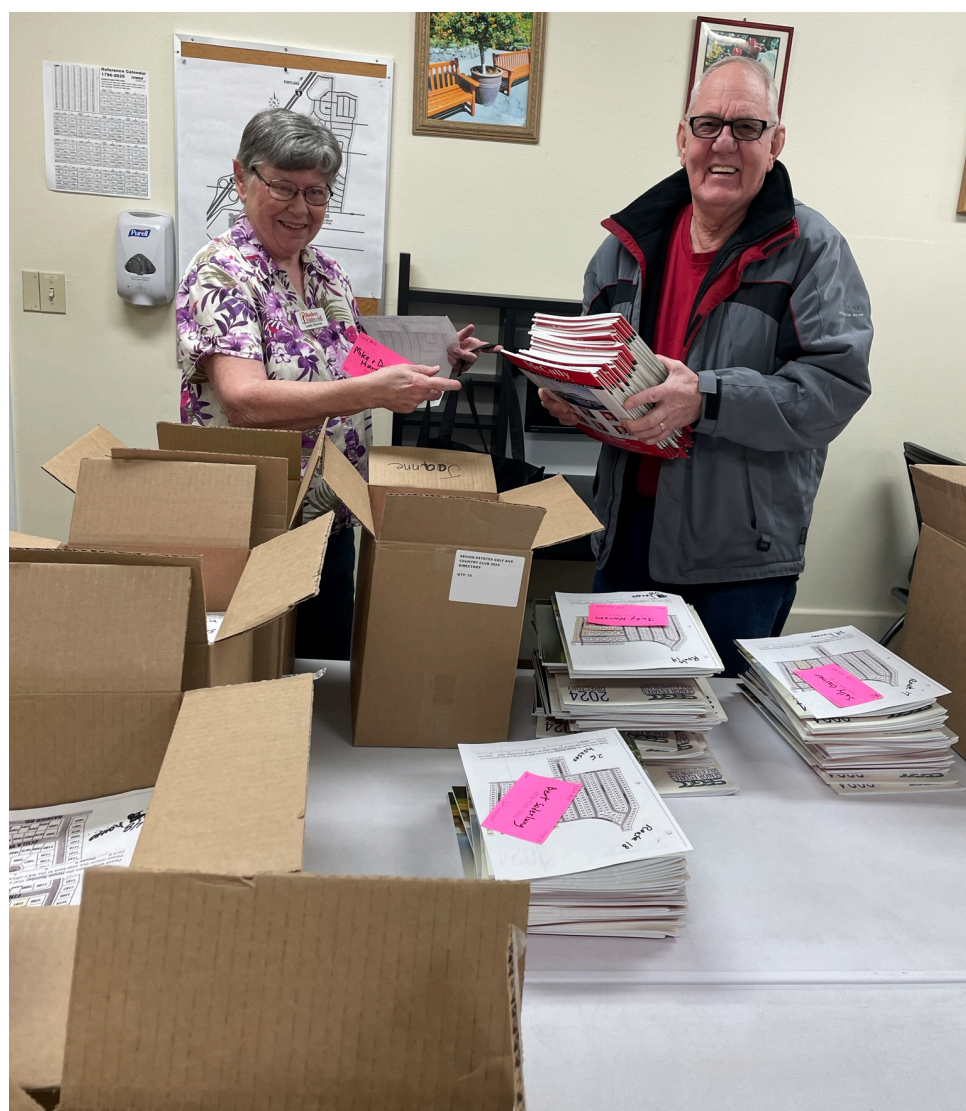
Since the renovation of the Billiards Room, there has been a huge response from the community. There was one successful tournament and another is being planned.



First place winner was an associate member, Gary Kilgore, and the second place went to Clinton Seymour. The third place went to Bob Lafountain and that comes with an interesting story. We were told that Bob had never played pool and just started practicing. It is pretty impressive that he was able to place in this tournament. Congratulations to all who participated and helped make this event a success! The next tournament is planned for next week, Wednesday, February 28, 1 pm. There is a \$5.00 buy-in for this tournament and sign-up sheet is in the Billiards room.

2024 Directory is Here

Special shout-out to the amazing volunteers who came in to deliver these books to each household. Everyone should have their directories by now. Thanks to all who made it happen!



Additional Activities Planned

Free Pool Lessons

Contact John for appointment. Call or text 503-490-6105

Tuesday, February 27, 1:00 pm

Tuesday, March 12, 1:00 pm

Tuesday, March 26, 1:00 pm

Woman's Pool League

Contact Sue Little for information. Call or text 208-317-4571

On Thursdays, 1:00 pm

8-Ball Tournament

Race to one, Double Elimination, BCA Rules, \$5 buy in
Members only - sign up sheet in Billiards room.

For info: call or text John, 503-490-6105, or Bob, 425-563-3316

Wednesday, February 28, 1:00 pm

Special Invitation to Veterans

Any veterans who play pool and would like to be in a tournament, call or text Bob, 425-563-3316

Woman's Group off to Great Start.



Official Minutes of the BOD meeting on January 23, 2024, and of the Emergency BOD meeting on February 7, 2024, will be submitted for approval on February 27 and published in N&V on March 8, 2024.

Summary of BOD Meetings

A quick summary of BOD Meeting of January 23, and February 7, 2024.

Treasurer/Budget Committee Report was presented by the Treasurer.

Fund Balances as of December 31, 2023

Operating Fund: \$ 298,641.58

Reserve Fund: \$ 532,728.60

Working Capital Fund: \$ 905,275.18

Accounts receivable: \$ 44,275.18

Motion to transfer \$14,582.35 from the Reserve Account to the Operating Account was approved.

A motion to make 'SeniorEstatesGolf.com' the official domain name was approved. This changes the email addresses and the website to bring it in line with the name change that was approved at the end of last year. There was a motion to set a deadline of December 1, 2024, to complete the name transition. This will give time to get community input on a new logo and the design of new signs. This was approved.

The Rules director had a couple of motions: one was to add Diana Lindberg, Carol Bolton, and Claudia Wicks to his committee. The 2nd motion was to return the wording in the Fee Schedule to 'Refundable clean-up fee' instead of 'non-refundable'. There was some discussion about how a non-refundable clean-up fee offers little incentive to cleanup after the use of the facilities since you pay regardless. The 'refundable' fee should help motivate people to leave the facility as they found it.

All committee reports from this meeting were published in the N&V on January 26, 2024.

On February 7, 2024, an emergency BOD meeting was called as two Fairway Mowers suddenly became available for purchase. These will replace the two John Deer mowers and will be paid for by the Reserve Fund. This was approved.

The minutes from these two meetings will be presented to the BOD for approval on February 27, 2024.

CORRECTION

The Golf Report from January 23, 2024 which was published in the N&V, January 26, 2024 stated incorrectly that the course had yellow tees rated for handicap. That has not yet been done, but will be done soon.

Board of Directors

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We Are a *Very* Active 55+ Community

The green strip with the white words "Active 55+ Community" has been a part of our logo for the last ten years. Any form that you might have filled out, from the first Membership form that was part of the initial paperwork to an Architectural Request form, or a Rules Review Complaint form, will have had that green strip with the white words on it. But now that we are faced with creating a new logo, the question has been asked: Does it have to contain those words? Do those words have to be on every document that bears our name? What do they actually mean? The answer, long and short, is both 'yes' and 'no'.

This history goes clear back to 1968 when Congress passed the 'Fair Housing Act'. This was a bill to prohibit discrimination in regards to housing based on race, religion, national origin or sex. This was part of an important legislative achievement of the civil rights era. It was later amended to include 'age' in the list of things that could not be discriminated against. However, a very important exemption was created in order to allow communities intended and operated for occupancy by persons 55 years of age or older. The exemption was call "The Housing for Older Persons Act of 1995 (HOPA)". There are several parts to this but the part that we are most interested in is: "the housing facility or community publishes and adheres to policies and procedures that demonstrate the intent required under this subparagraph";

So, the answer to the previously stated question: Yes, those words are important. Not only the words, but also our policies have to show compliance. Yes, you will continue to see them in the header of every News & View, on the header of any forms, on the website and on any marketing publications. It is very definitely part of our identity. You will still see it everywhere. It will certainly be on any new signage.

However, as long as we are fulfilling all of the above, the answer is also 'no': our logo does not have to contain those exact words. Those of you who are busy designing our future logo, you do not have to try to include those words in your design itself. We just need to add the words somewhere on the page!

Speaking of new logo designs, we do not have a deadline as to when things have to be submitted. It is open ended at this point. When we have a reason to set a date, we will let you know.



Civic Presentation & Informal Reception

Senior Estates member, Birdie Douglass is hosting an informal reception and informational meeting for her son-in-law. You are invited to come and be part of a civic presentation by:

Judge Pro Tem Matthew L Tracey
in the Blue Room of Senior Estates
Saturday, March 9, 2024, 2:00 pm

Mr. Tracey has been a Hearings Referee and Judge Pro Tem at the Marion County Circuit Court for three years and will discuss how judges decide cases, how courts cooperate with community partners, major challenges facing the court (including public safety issues), and more. There will be an opportunity for questions and answers. All are welcome and light refreshments will be served.

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Committee's Message Board

<div>from the desk of</div> <div>ACTIVITIES</div> <div>The SEG&CC Choir had their first practice on Friday with about 9 new members joining the group. Big plans are being discussed for future Concerts. So anyone who loves music and would like to sing, please feel free to join in, every Friday at 1:00 P.M. in the Auditorium or call Trudy Fowlks @503-828-8656 or Dorothy Monnier @503-810-5892.</div> <div>Stay tuned for more activities starting up like, Book Club, Garden Club and more.</div>	<div>from the desk of</div> <div>ARCHITECTURAL/RV</div> <div>Attention RV space renters: As work continues in the RV lot, you may be called to move your vehicle temporarily. When the work is complete, you will receive a call to move back to your original space.</div> <div>Thank you for your cooperation.</div>	<div>from the desk of</div> <div>GOLF</div> <div>February 24, 3:00pm in golf lounge, there will be an orientation meeting for new players to teach them what they need to know about golf. If you have never played much before, then this meeting will be your “Quick-start” card. The committee wants to remind all of our players to repair their ball marks on the greens. This easy to do task keeps our greens in good playing condition. In addition, if you use a golf cart for play, please be mindful to keep your cart on the cart paths in marshy conditions. Wheel marks ruin the course for everyone.</div>	<div>from the desk of</div> <div>HOUSE</div> <div>The House and Pool Committees meet on the third Wednesday and Thursday of each month. Please email house@SeniorEstatesGolf.com with any questions, concerns or suggestions.</div>
<div>from the desk of</div> <div>MARKETING PC</div> <div>If you feel that receiving the daily Bugle Blast is too many emails, just opt out. It is an easy fix to keep everyone happy!</div> <div>Email transition was a bit problematic but SeniorEstatesGolf.com should be working by now for all addresses.</div> <div>To the person who volunteered to proofread: We misplaced your name and email address. Please get in touch again as we do want your help.</div>	<div>from the desk of</div> <div>NEW MEMBERS</div> <div>The New Members Committee is in the process of updating the Senior Estates Activities and Clubs booklet. If you have started a new group or club, please contact Marilyn Plowman at email newmembers@SeniorEstatesGolf.com Or you can call or text me at 207-460-2785 with a description, so it can be included in the booklet. For clubs or groups that have continued from last year, if you would like a description of your group or club that is different from the description in the 2023 edition, please contact me.</div>	<div>from the desk of</div> <div>RULES & REGULATIONS</div> <div>Q: I received a “Courtesy reminder” from the rules committee. What is this all about?</div> <div>A: This is a friendly reminder that something on your property is not in compliance with our governing documents. It could be garbage/cans are left in front of your property. It could be a notice that your hedge is too tall (7-feet) or you have an RV or disabled vehicle in your driveway for more than 72 hours. If you don't understand the notice, please send an email to rules@SeniorEstatesGolf.com.</div>	<div>from the desk of</div> <div>OFFICE</div> <div>Please be vigilant and proactive in reporting suspicious or criminal activity to WPD directly (rather than waiting to call the front office or report activity later).</div> <div>WPD Non-emergency 503-982-2345 WPD Dispatch 503-982-2340 911 for any Emergency</div> <div>Please remember that all HOA dues and membership fees are due by 2/29, to avoid late penalties and interest charges. Please contact the office, if you are struggling to make your payment.</div>

News&Views

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Next Board of Directors

Meeting will be

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Senior Estates Golf & Country Club

Men's Golf Club Monthly Meeting

February 7, 2024

The Men's Golf Club of Woodburn Estates & Golf met for its monthly meeting on February 7, 2024 at 10:00AM in the WEG Dining Room.

President Fred Bourne CALLED THE MEETING TO ORDER at 10:01AM, followed by the PLEDGE OF ALLEGIANCE. All officers and committee chairmen/representatives were present unless otherwise noted. There were 18 members in attendance.

Larry Durk was introduced as a new member.

PRESIDENT'S REPORT: Fred Bourne reported that a copy of this year's schedule is now posted in the golf lounge. We also will be able to pay our Men's Club annual dues for 2025 out of one's voucher fund, which will be a change.

VICE-PRESIDENT'S REPORT: Mike Archer was not present.

TREASURER'S REPORT: Dean Cullison reported the end of January balances:

Checking account: Ending balance of \$4,580.73. The annual dues to the OGA for this year have not yet been paid.

Voucher account: Ending balance of \$321.00.

The Treasurer reported 109 current members.

SECRETARY'S REPORT: No report by Steve Kufeldt.

GREENS COMMITTEE REPORT: Steve Garner was not present.

HANDICAP COMMITTEE REPORT: Marty Smith reported that members are doing well with staying off of the course with golf carts. The KP list for January is now posted in the golf lounge and will be updated each month.

MIXED TOURNAMENT: Fred reported that the caterer has been contacted for this year's tournaments.

RULES COMMITTEE REPORT: Dave Schuur reported on some golf rules that were highlighted recently by situations from professional tours.

SUNSHINE COMMITTEE REPORT: Chuck Johnson reported that he sent a thank you card to Steve Hobson, who was our former 50-50 volunteer.

OGA COMMITTEE REPORT: Dave Rushton reported that the OGA is 100 years old this year and is working on tournaments for this year. The Super Senior Tournament is scheduled for July 24-25 at OGA course in Woodburn. A specialty license plate is now available and supports junior golf.

UNFINISHED BUSINESS/NEW BUSINESS: Thank you to Don LePoidevin who is the new 50-50 volunteer. \$50 worth of 50-50 tickets and Don won the pot (\$25) this month.

FOR THE GOOD OF THE ORDER: Reminder that March 1 is the first date for postable scores for this year.

It was duly moved and seconded to ADJOURN the meeting at 10:37AM.

The NEXT MEETING of the Men's Golf Club will be Wednesday, March 6, 2024 at 10:00AM.

Respectfully submitted, Steve Kufeldt, Secretary

Introduction to Golf - For New Golfers

Two Dates to Remember

Saturday, February 24, 3:00 pm

The Ladies Club will be set up in the Pro Shop to answer any questions and for sign up to the Ladies Club.

Saturday, March 9, 10-12 pm

There will be a sale of used golf clubs in the Golf Lounge. Please come and check it out if you are looking for a nice starter set.

Important notice for all Golfers

If you have lost a club or anything else on the golf course, please check out our lost & found items in Pro Shop by March 1. After that date, all items will be donated to the Ladies Golf Club Sale.

Donate your unused golf equipment, clubs, balls, tees, bags, etc to the Golf Clubs equipment sale.

Please bring to pro shop by noon on Friday, March 8.

Sale begins Saturday, March 9, 10 to 12 pm.

Support the Golf Clubs.

Walking Tags are Ready

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Years fly, but Memories Last Forever

By Sharyn Cornett

Six years, filled with so many projects. Six years, full of endless activity meetings, trying to brainstorm new ideas for charity drives, to collect food, and school supplies, and socks, and coats; to dream up ways to increase community events.



Six years of fundraising in order to give money to the kids at the school's drama department, bullet-proof vest for the canine at the police department, new AED for CERT team at the Fire department. Six years that went by so quickly.

There is no real trace of all of that activity, all that effort, except for the wonderful memories of working together to accomplish great goals. We did so much in those six years.

We are glad that we can walk about and see some tangible projects accomplished, the bingo board, round event tables, the auditorium improvements of new curtains and sound equipment. We left our mark both indoors and out with new benches in the rose garden, new tables in the patio, and a renovated billiards room. We tried to spread cheer, strength and hope in the community during the rough days of Covid. Who can forget the caravan of sunshine with the sunny faces, flowers, and noise makers as we went through the community in golf carts.

Today is now a new day. There are new projects, new ideas, new needs. It requires new strength, new enthusiasm. I joined a new club. And today, I learned a new song from the new choir. I think it suits all of us.

“Of all you learned here, remember this the best.
Don't hurt others, and clean up your mess,
Take a nap every day, wash before you eat,
Hold hands, stick together, look before you cross the street,
And remember the seed in the little paper cup,
First the root goes down and then the plant grows up”

From “ The Kindergarten Wall”

Our roots have already gone down here in this community. Now, may all the seeds grow deep and the new plants grow up here to thrive and flourish. Thank you, Love to you all – Sharyn Cornett

Living a Courageous Life

Submitted by Linda Hepburn

When you think about people with courage, soldiers and firemen probably come to mind. But courage is about more than how people react to traumatic events.

Speaking up at a meeting takes courage. So does sharing your true feelings with a loved one or confronting financial fears. Courage involves thinking. Instead of succumbing to paralysis, courage enables you to think clearly and take constructive action in spite of your fear of the risks involved.

Hope can be an obstacle to courage. While it provides many positive things, it also allows us to relax and gives us permission not to act. It can be accompanied by denial, which is the lack of courage to face the truth.

Aggression and procrastination are other anti-courage factors. Instead of acting realistically, the aggressive person may push blindly through a situation. The procrastinator might do nothing at all.

It's OK to admit to yourself that you are afraid to confront problems when they arise. When that happens, consider your choices realistically.

First, view the situation as an outsider would. Be willing to decide whether you have enough information to move forward. If not, consult experts or do some research.

Consider your principles. Moral courage comes from doing what you believe is right instead of going along with others' ideas of right and wrong.

Be ready to face disapproval, and know that you can handle it.



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The history and benefits of Asparagus.

It was the favorite vegetable of Julius Caesar, King Louis XIV, and Thomas Jefferson. But the history of asparagus began long before that. The name comes from the Greek "asparagos," meaning stalk or shoot. The Romans borrowed asparagus from the Greeks and cultivated it in every land they visited. Asparagus is a member of the lily family and is related to onions, leeks, and garlic. It is low in calories and fat, while the tip is high in vitamins C, A and K. Low in sodium and high in potassium, asparagus can be good for blood pressure. Just half a cup of asparagus contains 6 percent of the



daily requirement of potassium. It's almost time for asparagus to come shooting up in gardens, flower beds, and in places where it grows wild. Under ideal conditions, it can grow up to 10 inches in a day and reach up to 12 feet in height. The best asparagus has firm, fresh stalks with tightly closed tips. It's best to store it in the back of the refrigerator or in a produce drawer. Microwaving preserves more nutrients than boiling or steaming. Cook it upright in a tall container with a few inches of water in the pot. Simmer 5 to 7 minutes with the tips out of the water.

Orange-soy Asparagus Dressing

Combine 1 tablespoon each of soy sauce and fresh orange juice with 1/2 teaspoon grated orange rind, grated ginger, and dark sesame oil. Stir in 2 shallots or 1 small onion, minced. Drizzle over cooked asparagus and toss to coat.

Spring is in the Air



"Never yet was a springtime, when the buds forgot to bloom."

How to get an Early Start for your Garden

While snow may still swirl in many locations, it's time to think about the blooms of spring, the veggies of summer, and the harvest of fall. March is the perfect time to start seedlings in window planters, small greenhouses, or even under plant lights in the basement or garage. By now, seed packets are on the shelves of your local discount stores, lumber yards, and hardware stores. You can also order them from catalogs or internet-based retailers. It usually takes about six weeks to two months for seeds to become strong enough plants to be set outside in pots or a garden.

It is also important to know what plants will grow in your vegetable garden soil. Some plants require alkaline soil while others require acidic soil. Start your seeds in prepared starter pots made of compressed peat and filled with a proper soil mixture, or use small plastic pots left over from commercially purchased bedding plants in years past.



Don't start plants outside in miniature plastic greenhouses until the low temperature most days stays above the freezing point. When planting indoors under plant lights, follow the directions on the packaging of the plant lights or in growing guides. You may enjoy the fruits of your labor even more when you start the process from scratch, not to mention the significant amount of money you save by not buying commercially grown bedding plants.



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An Ode to Andy

By Steve Veltman

I became aware of Andy Warhol's art before I knew his name. He painted his Cambell's soup cans in 1962 and I took a swing at them (unsuccessfully) in '68 or '69. In middle school I hand lettered the Coca-Cola script logo on the back of my racing tricycle (You think I'm kidding?). In college I painted a realistic Kellogg's Pop Tart floating in outer space. It was supposed to be a parody of the monolith from 2001- A Space Odyssey- I called the painting: "Pop (t)art".

See, I'd been telling people I was going to grow up to be a commercial artist from as far back as I can remember. Warhol had been a successful commercial artist in New York City for years before he became arguably the most famous of the pop



artists. He didn't start the movement as many people believe. It actually began in the 1950's as a response to abstract expressionism popularized by artists like Jackson Pollock. Seeing an opportunity to capitalize however, Warhol jumped in about 1960.

Now most people seem to think Warhol was a weirdo, artsy-type but a visit to Google tells a much different story. He was

born to Czech immigrant parents and possessed a nerve system disorder which ravaged his skin. He was a sickly kid and missed two entire years of grammar school while his mother nursed him back to health. The condition caused him to lose his hair prematurely so he began wearing wigs. He was introverted by

nature and socially awkward. When he became fabulously rich and famous, he decided to embrace his differences. Did he hang out at Studio 54 with celebrities and do drugs? Probably, but that makes his body of artwork no less significant. My exhibit is a tribute to Warhol's contribution to society and the pop art movement specifically. Roy Lichtenstein (who preceded Warhol) has also been a huge influence. So was Peter Max, Peter Gee, Robert Indiana, Claes Oldenburg and more. (I was raised in a bedroom that featured psychedelic posters from floor to ceiling!).

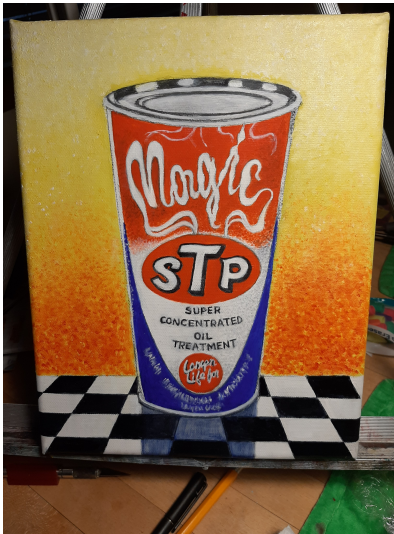
Join me March 3, 4pm for a reception in the Living Room. Refreshments will be served.

MEET THE ARTIST

March 3rd

Steve Veltman

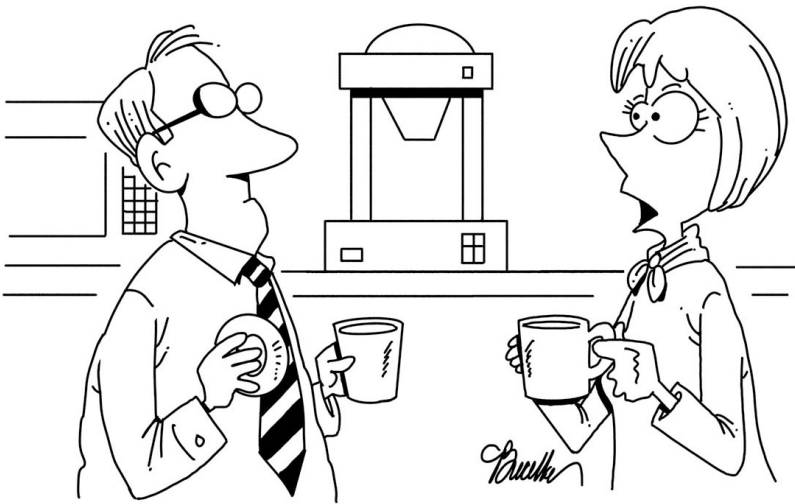
4pm in our Living Room Gallery



New Choir Takes the Stage



Last Friday was the first day of the new choir. They were just taking their seats when we came in to take their picture. This group is under the direction of the music guide, Trudy Fowlk. If springtime makes you want to burst into song, be sure and get in touch with this group. You will be very welcome.



“No pets? Really? How do you come up with passwords?”

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CALENDAR OF ACTIVITIES

Sunday, February 25

- 1:00pm–4:00pm Music Jammers (Aud)
- Monday, February 26
- 8:00am–9:00am Mermaid Water Aerobics (Pool)
- 8:30am–12:00pm Sr. Estates Quilters (Craft)
- 9:15am–10:00am Senior Yoga (Aud)
- 9:30am–11:00am Laugh & Chat (Blue)
- 10:00am–12:00pm Pickleball (Dining)
- 10:15am–11:15am Senior Cardio (Aud)
- 11:15am–12:15pm Tai Chi Class (Aud)
- 12:00pm–4:00pm Mon. Bridge (Blue)
- 2:00pm–3:00pm Water Aerobics (Pool)
- 5:00pm–8:00pm Pickleball 4 Beginners (Aud)
- 5:45pm–8:00pm Water Volleyball (Pool)

Tuesday, February 27

- 8:00am–9:00am Mermaid Water Aerobics (Pool)
- 10:00am–10:50am Senior Fitness (Aud)
- 10:00am–12:00pm Needlecraft(CardRm)
- 10:00am–12:00pm Ping Pong (Dining)
- 11:00am–2:45pm Ukulele Uke–de–dos (Craft)
- 1:00pm–3:30pm Free Pool Lessons (Billiards)
- 1:30pm–3:30pm BOD Meeting (Aud)
- 1:30pm–2:30pm Bible Study (Conf 1)
- 2:00pm–3:00pm HappyHourClub(BlueRm)
- 2:45pm–5:00pm Water Volleyball (Pool)
- 5:00pm–9:00pm Tuesday Night Poker (Card)
- 6:00pm–7:00pm Beginner Line Dancing (Aud)
- 7:00pm–8:00pm Intermediate Line Dancing (Aud)

Wednesday, February 28

- 8:00am–9:00am Mermaid Water Aerobics (Pool)
- 9:00am–10:00am Ping Pong (Dining)
- 9:15am–10:00am Senior Yoga (Aud)
- 9:30am–11:00am Laugh & Chat (Blue)
- 10:00am–12:00pm Pickleball (Dining)
- 10:15am–11:15am Senior Cardio (Aud)
- 12:00pm–1:00pm Friends of Bill W (Craft)
- 12:00pm–4:00pm Double Deck Pinochle (Card)
- 12:30pm–4:30pm Fabric Quilting Arts (Dining)
- 1:00pm–3:30pm Monkey Bunco (Blue)
- 1:00pm–3:45pm Wii Bowling (Aud)
- 2:00pm–3:00pm Water Aerobics (Pool)
- 6:00pm–9:00pm Bingo (starts @ 7pm)
- 6:00pm–9:00pm Pinochle (Blue)

Thursday, February 29

- 8:00am–9:00am Mermaid Water Aerobics (Pool)
- 8:30am–12:00pm Sr. Estates Quilters (Craft)
- 9:30am–11:00pm Coffee Hour (Aud)
- 11:00am–11:30pm Foodies Club - TBD
- 1:00pm–3:30pm Woman's Pool League(Billiards)
- 4:00pm–5:45pm Tops Weight Loss Group (Dining)
- 5:00pm–9:00pm Thursday Night Poker (Card)
- 5:45pm–8:00pm Water Volleyball (Pool)
- 6:00pm–9:00pm Pinochle (Blue)
- 6:00pm–7:30pm Advanced Line Dancing (Aud)

Reminder:
Office is closed on
Wednesdays

Friday, March 1

- 8:00am–9:00am Mermaid Water Aerobics (Pool)
- 9:15am–10:00am Senior Yoga (Aud)
- 9:30am–11:00am Laugh & Chat (Blue)
- 10:00am–12:00pm Pickleball (Dining)
- 10:15am–11:15am Senior Cardio (Aud)
- 12:30pm–4:30pm Friday Bridge Group (Blue)
- 1:00pm–3:30pm Bunco (Craft)
- 1:00pm–2:00pm Senior Estates Chorus (Aud)
- 2:00pm–3:00pm Water Aerobics (Pool)

Saturday, March 2

- 10:00am–12:00pm Pickleball (Aud)
- 11:00am–9:00pm Private Event (Dining)
- 2:45pm–5:00pm Water Volleyball (Pool)
- 4:00pm–8:00pm Hand & Foot Group (Craft)

Sunday, March 3

Monday, March 4

- 8:00am–9:00am Mermaid Water Aerobics (Pool)
- 8:30am–12:00pm Veterans Service Office (Conf 2)
- 8:30am–12:00pm Sr. Estates Quilters (Craft)
- 9:15am–10:00am Senior Yoga (Aud)
- 9:30am–11:00am Laugh & Chat (Blue)
- 10:00am–12:00pm Pickleball (Dining)
- 10:15am–11:15am Senior Cardio (Aud)
- 11:15am–12:15pm Tai Chi Class (Aud)
- 12:00pm–4:00pm Mon. Bridge (Blue)
- 12:20pm–1:00pm Tai Chi Better Balance (Aud)
- 2:00pm–3:00pm Water Aerobics (Pool)
- 5:00pm–8:00pm Pickleball 4 Beginners (Aud)
- 5:45pm–8:00pm Water Volleyball (Pool)

Tuesday, March 5

- 8:00am–9:00am Mermaid Water Aerobics (Pool)
- 10:00am–10:50am Senior Fitness (Aud)
- 10:00am–12:00pm Ping Pong (Dining)
- 10:00am–12:00pm Needlecraft(CardRm)
- 11:00am–2:45pm Ukulele Uke–de–dos (Craft)
- 11:15am–3:30pm Progressive Hand & Foot (Blue)
- 1:30pm–2:30pm Bible Study (Conf 1)
- 2:45pm–5:00pm Water Volleyball (Pool)
- 5:00pm–9:00pm Tuesday Night Poker (Card)
- 6:00pm–7:00pm Beginner Line Dancing (Aud)
- 7:00pm–8:00pm Intermediate Line Dancing (Aud)

Wednesday, March 6

- 8:00am–9:00am Mermaid Water Aerobics (Pool)
- 9:00am–10:00am Ping Pong (Dining)
- 9:15am–10:00am Senior Yoga (Aud)
- 9:30am–11:00am Laugh & Chat (Blue)
- 10:00am–11:30pm Men's Golf Club Meeting (Dining)
- 10:15am–11:15am Senior Cardio (Aud)
- 11:00am–11:30pm Foodies Club (TBD)
- 12:00pm–1:00pm Friends of Bill W (Craft)
- 12:00pm–4:00pm Double Deck Pinochle (Card)
- 12:30pm–4:30pm Fabric Quilting Arts (Dining)
- 1:00pm–3:30pm Homestyle Hymn Sing (Blue)
- 1:00pm–3:45pm Wii Bowling (Aud)
- 2:00pm–3:00pm Water Aerobics (Pool)
- 6:00pm–9:00pm Bingo (starts @ 7pm)
- 6:00pm–9:00pm Pinochle (Blue)

Thursday, March 7

- 8:00am– 9:00am Mermaid Water Aerobics (Pool)
- 8:30am– 12:00pm Sr. Estates Quilters (Craft)
- 9:30am– 11:00pm Coffee Hour (Aud)
- 12:00pm– 3:00pm Ladies Pinocle (Blue)
- 5:00pm– 9:00pm Thursday Night Poker (Card)
- 5:45pm– 8:00pm Water Volleyball (Pool)
- 6:00pm– 9:00pm Pinochle (Blue)
- 6:00pm– 7:30pm Advanced Line Dancing (Aud)

Friday, March 8

- 8:00am– 9:00am Mermaid Water Aerobics (Pool)
- 9:15am– 10:00am Senior Yoga (Aud)
- 9:30am– 11:00am Laugh & Chat (Blue)
- 10:00am– 12:00pm Pickleball (Dining)
- 10:15am– 11:15am Senior Cardio (Aud)
- 12:30pm– 4:30pm Friday Bridge Group (Blue)
- 1:00pm– 3:30pm Bunco (Craft)
- 1:00pm– 2:00pm Senior Estates Chorus (Aud)
- 2:00pm– 3:00pm Water Aerobics (Pool)

Saturday, March 9

- 10:00am– 12:00pm Pickleball (Aud)
- 12:00am– 9:00pm Private Event (Aud)
- 1:00am– 3:00pm Civic Presentation (BlueRm)
- 2:45pm– 5:00pm Water Volleyball (Pool)
- 4:00pm– 8:00pm Hand & Foot Group (Craft)

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coffee hour

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Mar 28 TRIVIA

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