

# News & Views

Official Publication of Senior Estates Golf & Country Club - Active 55+ Community in Woodburn, OR



## New Sign at Park

Senior Estates Golf & Country Club aren't the only ones checking out new signage. The City of Woodburn has put up new signs at the park. The name of "Woodburn" is the city's official logo. They added the silhouettes of the trees, path, and people to give it some artistic design. This new sign has replaced the old one on Country Club Road and they have added an additional sign on Astor Way.

This brings us to our own search for a new logo. The Marketing PC committee would like to invite anyone to send in their ideas. This is just the first step in a long process but even the longest journey begins with a single step forward. At the last BOD meeting, a suggestion was made to invite the Art department of the Woodburn School District to submit designs. We plan to explore that possibility. Meanwhile, let's gather up the ideas! Three of the following are AI generated to give some ideas. We plan to put together a forum where you can express your favorites.



**SENIOR ESTATES**  
**GOLF & COUNTRY CLUB**



## Domain Name Change

Multiple Computer Solutions have worked hard this week implementing the domain name change. Officially on Friday, we will start using the new domain of 'SeniorEstatesGolf.com'. What this means is a change in all of our email addressess. Yes, the old address will still work for a long while in the future, but we will have the new address in place.

<b>President</b>	Ken Bourne	<a href="mailto:president@SeniorEstatesGolf.com">president@SeniorEstatesGolf.com</a>
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<b>Rules &amp; Regs</b>	Andrew Nordby	<a href="mailto:rules@SeniorEstatesGolf.com">rules@SeniorEstatesGolf.com</a>

## New Tables and Lights make the Patio Sparkle

This was one of the gifts from the Activities Committee



# coffee hour

SENIOR ESTATES GOLF & COUNTRY CLUB

Feb 1

TRIVIA

Feb 8

MAJORITY RULES + MAYOR

Feb 15

Music by CHUCK SMITH

Feb 22

BINGO FOR FUN

Feb 29

NEIGHBORHOOD FEUD

Thursdays @ 9:30

\$2 Cover Charge

Weekly Drawings and featured Entertainment

Entertainment listed is subject to change without notice.



# Senior Resources Fair Success

Thanks to the hard work of several volunteers, SEGCC hosted a successful Senior Resources Fair on Saturday, February 3rd. There were several vendors who came to explain their services and the help that is available. This effort was spearheaded by Sherry Stoneback. The feedback from the presenters was super positive, and in fact, the folks said this was the best fair they had been to, as seniors are their target audience. All said that they would come back, and that we were exceptionally organized and the space was useful. Good job to all who participated!



To Access the new Resource Center on our website. There will also be a printed book in library.

**Note to Veterans:** The Veteran Service Officer that comes to our community the first Monday of each month was present at the Resource Fair and had lots of information to share. We will be putting this information on the website. He asked us to pass on a message: If you have questions, call his office at 971-707-4400 rather than trying to navigate the 1-800 number for the VA.



# Tunnel Tagged



## Correction

The News & Views on January 26, 2024, published the minutes from the BOD Meeting from January 9, 2024. It incorrectly states that the minutes were “Approved January 23, 2024”. This was an error. These minutes were not presented to the Board of Directors for approval at that meeting. The January 26 minutes will be approved at the board meeting on February 27.

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Committee's Message Board

<div>from the desk of</div> <div>ACTIVITIES</div> <div>Super Bowl Party &amp; Potluck Sunday, Feb 11th. Watch the game on the Huge Screen in the Auditorium. Party starts at 3:00pm Kickoff at 3:30 pm  Come and enjoy the camaraderie, the good food, and just a general fun time while cheering on your favorite team!</div>	<div>from the desk of</div> <div>ARCHITECTURAL/RV</div> <div>Members must obtain and submit an Architectural Request and have it approved <b>BEFORE</b> any alterations or renovations begin on your property.  We still have small and large storage units available to rent.</div>	<div>from the desk of</div> <div>GOLF</div> <div>Pro Shop has the walking lanyards ready to be picked up.  Be sure to check your lanyard for walking hours.  Golfer, please remember to repair your ball marks on the green. We also ask that you fill in your divots at the tees with the seed and sand mixture in the convenient containers nearby.  When traveling to the practice area, please use the cart paths to avoid creating a footpath across the fairway on hole 9.</div>	<div>from the desk of</div> <div>HOUSE</div> <div>The House and Pool Committees meet on the third Wednesday and Thursday of each month. Please email <a href="mailto:house@SeniorEstatesGolf.com">house@SeniorEstatesGolf.com</a> with any questions, concerns, or suggestions.</div>
<div>from the desk of</div> <div>MARKETING PC</div> <div>Lots of changes and updates are happening on the website. If you are having difficulties with logging in, reach out and we will help you.  Check out new flyer display in the foyer of the living room for homes in the community that are on the market.</div>	<div>from the desk of</div> <div>NEW MEMBERS</div> <div>The New Members Committee will meet on Thursday at 3:30 pm in the conference room (next to the News and Views office). The pamphlet that highlights the HOA Rules and Regulations and the booklet of HOA Activities are being updated for the New Member Welcome Packets.  Anyone interested in joining us in planning welcome events and/or distributing welcome folders is encouraged to attend our meeting or contact Marilyn P. at new members email address.</div>	<div>from the desk of</div> <div>RULES &amp; REGULATIONS</div> <div>Top 10 Complaints at SEGCC 1. Yard not kept up - overgrown grass, weeds, stumps, hedge height, blocking view on street corners. 2. RVs, Trailers, Boats stored on driveway for more than 72 hours. 3. Garbage/Recycle containers left in front of garage or dwelling. 4. Vehicles/trailers parked on grass. 5. Neglected RV storage lot space. 6. Dogs doing their business in someone's yard. 7. House painted unapproved color including siding. 8. Dogs constantly barking. 9. Neglected condition of home; tarp on roof, peeling paint, debris in front or side of home. 10. Screaming children or drunk/obnoxious people or guests.</div>	<div>from the desk of</div> <div>OFFICE</div> <div>REMINDER: HOA dues and memberships were due by January 31st. If you are interested in making monthly payments, please come by the office and sign a 2024 Payment Agreement form. Even if you made monthly payments last year, we need an updated form at the beginning of each year.  If you have not made a payment and are struggling to do so, please contact our office at 503-982-1776. Finance charges and late fees will be assessed March 1st on any past due balances.</div>

News&Views

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Volunteers are always needed to help with preparation of copy, proofing, and delivery. Please submit all material by email or slot in N&V door. All submissions must include name and member number. The N&V reserves the right to publish or not publish any articles or advertisement at our discretion. All material is published on a 'space- available' basis.

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Next Board of Directors  
Meeting will be February  
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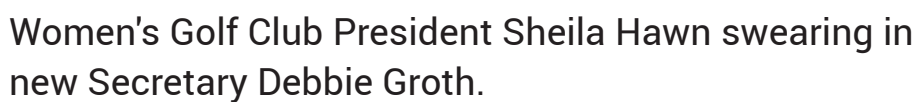
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## Frequently Asked Questions



**Where to get more information?** On the SEGCC webpage, there is a heading of 'Golf'. If you open that header and look for 'Walking the Course', you will find a map of the golf course and additional information.

*Golf is a strange game - You yell "fore", shoot a 7 and write down a 5.*

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# ESTATES QUILTERS 2023 ANNUAL REPORT

Although our number of workers has stayed the same throughout 2023, we have been able to keep helping our community by hand quilting a number of quilts for people (for a small fee) and have made and sold quilts that were displayed in the living room display case.

Cash donations totaling \$1,300.00 were given to the following:

- \$300.00 - Woodburn AWARE Food Bank
- \$200.00 - Love Santa
- \$100.00 - Liberty House/Salem
- \$300.00 - Meals on Wheels
- \$300.00 - Woodburn Fire District Heart Defibrillator
- \$100.00 - Woodburn Police K-9 Dog Vests

We donated 129 tied quilts to the following:

- 35 - Love Inc.
- 18 - Liberty House (Children's Advocacy Center/Salem)
- 19 - French Prairie
- 1 - Diabetes Association Auction
- 33 - Heartwood Memory
- 7 - Silver Creek
- 16 - Emerald Gardens



We are pleased to announce that Valerie Newberg was the winner of our Craft Show raffle quilt. May Valerie enjoy it as much as we enjoyed making it. Thank you everyone for supporting the Estates Quilters. We would like to invite anyone interested in tying quilts or hand sewing on quilts to join us. We meet every Monday and Thursday morning from 8:30 to 11:30 AM in the Craft Room.

## Aware Food Bank Looking for Volunteers

Aware Food Bank has recently moved into their new building. It is bigger and there is more of a need of volunteer support.

**Our new location is 152 Arthur St., Woodburn.**

We are open Mondays, Tuesdays, Thursdays, and Fridays from 9 am to noon. We are also open the first and third Tuesday of the month from 3:30pm to 6 pm. Volunteers are needed 30 minutes before opening times until 30 minutes after closing.

There is a wide variety of things to do, such as sorting, stocking, and greeting of clients. It is not heavy work but does require being able to be on your feet for a period of time. Applications can be obtained by coming into the location or requesting one by email: [info@awarefoodbank.org](mailto:info@awarefoodbank.org).

For further information, please call us at 503-981-5828

## In Memory of Kenny Mickle

To the Community:

Words are so inadequate, but they are all I have to express my gratitude for all your love and support these last 3 years and especially the last days of Ken's life. He loved living here in the Estates and felt so welcomed and accepted. He loved people and made a world of friends and was a happy man while living here among you. A million thank yous to all of you! It helped so much to know you were there for us. We could always feel your arms around us. I will always remember. Sincerely, Dixie Mickle



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Senior Estates  
**Chorus Re-Start**

by Trudy Fowlks, Director  
We have several people interested in singing in the Senior Estates Chorus. So we will be starting up again in mid-February. Rehearsals will be held in the Auditorium (on the stage) on Fridays from 1 - 2 PM. We will begin with our first rehearsal on Feb. 16th. I'm looking forward to getting this fun group going again. We are always open to having folks join us. So please help "spread the word" and invite folks you know to come join us. See you on the 16th.

**"Who's on Third?" Concert**  
*featuring:*

**Debra Huddleston**  
*from Senior Estates Golf & Country Club*

The February "Who's on Third?" concert will feature one of our Sr. Estates residents, Debra Huddleston. She will be performing some organ pieces, and will also be playing with her Trio Demika; as well as directing the Salem Madrigal Singers (in Renaissance dress) and the Silvertones Community Chorus.

**Saturday, February 17th**  
**3:00 to 4:00 pm**  
**Woodburn United Methodist Church,**  
**700 N. Cascade Dr.**

**Want your group to bond?**  
**Sing together**



In these days of political and social controversies, just talking with friends and family can be problematic. But if you sing with them, you might be on to something. Recent research shows that singing with a group brings people together, improves health, confers a sense of well-being, and triggers bonding. In fact, in a 2015 study at the University of Oxford, researchers found that strangers who sang with each other for an hour emerged with an unusually close bond. It's especially enjoyable for mixed groups of males and females, since their voices are on average an octave apart. Researchers have found health benefits too. Singing together reduces heart rate, blood pressure and stress hormones. Some early studies have found that singing may also improve lung health.

**Other Music Opportunities in SEGCC:**

**Homestye Hymn Sing**  
**Blue Room**  
**1st & 3rd Wednesdays**  
**1:00pm to 3:30 pm**

**Music Jammers**  
**Auditorium**  
**2nd & 4th Sundays**  
**1:00 pm to 4:00 pm**



**TASTE & TOUR**

Third Sunday of the Month, 11 A.M. – 2 P.M.  
Cascade Park Retirement Community





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RSVP to 503-981-0033 2 days before the event.



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# Note from the Foodies

Special thanks to each one who came to the "Soup's On" and to all of you who brought amazing crockpots full of your special soups. It was so special to see such a variety. A special shout-out to Candy Steffen as she was the one who came up with the idea of a 'Crockpot Soup Potluck' . She mentioned it last year and it took us a year to finally plan the event. We love the ideas and suggestions that come in.

Please note that there will be no **FOODIES EVENT** for the month of February.

Foodies will be serving lunch at the Women's Golf Club meeting and then serving an afternoon Tea for the Red Hat Club. We look forward to planning an event for the whole community in March.

**New Group - Started Jan 2024**

**ARE YOU TROUBLED BY  
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Website: salemareaalanon.org

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# Artist of the Month for February 2024



By Steve Veltman

Perhaps the most gifted, natural artist I've encountered is Sharon Caulkins of Milwaukie, Oregon. A self-described "tomboy" growing up, Caulkins also possessed a feminine side. She fished, hunted and attended Beauty College in her teens. Once she graduated and went to work in a salon, she decided she hated it and opted for outdoor work instead. Ultimately she made her living on horseback, teaching others to ride. All the while, she created art, experimenting with dozens of media from air brush to taxidermy. Subject matter tends to be nature or native American oriented. Animals like horses, buffalo, wolves and eagles are featured prominently in her work. What we see on exhibit today are examples of her painting on canvas but we could as easily showcase her work on porcelain (platters to bathroom sinks), buoys, cabinetry or apparel.

If there is such a thing as a born artist, Sharon Caulkins is the real deal.



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# CALENDAR OF ACTIVITIES & EVENTS

## Sunday, February 11

3:00pm–7:00pm Super Bowl Potluck (Aud)

## Monday, February 12

8:00am–9:00am Mermaid Water Aerobics (Pool)  
8:30am–12:00pm Sr. Estates Quilters (Craft)  
9:15am–10:00am Senior Yoga (Aud)  
9:30am–11:00am Laugh & Chat (Blue)  
10:00am–12:00pm Pickleball (Dining)  
10:15am–11:15pm Senior Cardio (Aud)  
11:15am–12:15pm Tai Chi Class (Aud)  
12:00pm–4:00pm Mon. Bridge (Blue)  
2:00pm–3:00pm Water Aerobics (Pool)  
5:00pm–8:00pm Pickleball 4 Beginners (Aud)  
5:45pm–8:00pm Water Volleyball (Pool)

## Tuesday, February 13

8:00am–9:00am Mermaid Water Aerobics (Pool)  
10:00am–10:50am Senior Fitness (Aud)  
10:00am–12:00pm Needlecraft (Card)  
10:00am–12:00pm Ping Pong (Dining)  
11:00am–2:45pm Ukulele Uke-de-dos (Craft)  
1:30pm–2:30pm Bible Study (Conf 1)  
2:00pm–3:00pm Happy Hour Club (Blue)  
2:45pm–5:00pm Water Volleyball (Pool)  
5:00pm–9:00pm Tuesday Night Poker (Card)  
6:00pm–7:00pm Beginner Line Dancing (Aud)  
7:00pm–8:00pm Intermediate Line Dancing (Aud)

## Wednesday, February 14

8:00am–9:00am Mermaid Water Aerobics (Pool)  
9:00am–10:00am Ping Pong (Dining)  
9:15am–10:00am Senior Yoga (Aud)  
9:30am–11:00am Laugh & Chat (Blue)  
10:00am–12:00pm Pickleball (Dining)  
10:15am–11:15pm Senior Cardio (Aud)  
10:30am–12:30pm Glass Fusion (Blue)  
12:00pm–1:00pm Friends of Bill W (Craft)  
12:00pm–4:00pm Double Deck Pinochle (Card)  
12:30pm–4:30pm Fabric Quilting Arts (Dining)  
1:00pm–3:45pm Wii Bowling (Aud)  
2:00pm–3:00pm Water Aerobics (Pool)  
6:00pm–9:00pm Bingo (starts @ 7pm)  
6:00pm–9:00pm Pinochle (Blue)

## Thursday, February 15

8:00am–9:00am Mermaid Water Aerobics (Pool)  
8:30am–12:00pm Sr. Estates Quilters (Craft)  
9:30am–11:00pm Coffee Hour (Aud)  
12:00pm–3:00pm Ladies Pinochle (Blue)  
4:00pm–5:45pm Tops Weight Loss Group (Dining)  
5:00pm–9:00pm Thursday Night Poker (Card)  
5:45pm–8:00pm Water Volleyball (Pool)  
6:00pm–9:00pm Pinochle (Blue)  
6:00pm–7:30pm Advanced Line Dancing (Aud)

## Friday, February 16

8:00am–9:00am Mermaid Water Aerobics (Pool)  
9:15am–10:00am Senior Yoga (Aud)  
9:30am–11:00am Laugh & Chat (Blue)  
10:00am–12:00pm Pickleball (Dining)  
10:15am–11:15pm Senior Cardio (Aud)  
12:30pm–4:30pm Friday Bridge Group (Blue)  
1:00pm–3:30pm Bunco (Craft)  
1:00pm–2:00pm Senior Estates Chorus (Aud)  
2:00pm–3:00pm Water Aerobics (Pool)

## Saturday, February 17

10:00am–12:00pm Pickleball (Aud)  
10:30am–2:00pm Pamper Me Pretty w MK (Craft)  
12:00pm–4:00pm Blanket Tie Event (Blue)  
2:45pm–5:00pm Water Volleyball (Pool)  
4:00pm–8:00pm Hand & Foot Group (Craft)

## Sunday, February 18

## Monday, February 19

8:00am–9:00am Mermaid Water Aerobics (Pool)  
8:30am–12:00pm Sr. Estates Quilters (Craft)  
9:15am–10:00am Senior Yoga (Aud)  
9:30am–11:00am Laugh & Chat (Blue)  
10:00am–12:00pm Pickleball (Dining)  
10:15am–11:15pm Senior Cardio (Aud)  
10:30am–11:30am Women's Golf Exec (Conf 1)  
11:00am–2:00pm Women's Golf Club (Dining)  
11:15am–12:15pm Tai Chi Class (Aud)  
12:00pm–4:00pm Mon. Bridge (Blue)  
2:00pm–3:00pm Water Aerobics (Pool)  
5:00pm–8:00pm Pickleball 4 Beginners (Aud)  
5:45pm–8:00pm Water Volleyball (Pool)

## Tuesday, February 20

8:00am–9:00am Mermaid Water Aerobics (Pool)  
10:00am–10:50am Senior Fitness (Aud)  
10:00am–11:00am Garden Club (Conf 1)  
10:00am–12:00pm Ping Pong (Dining)  
10:00am–12:00pm Needlecraft (Card)  
11:00am–2:45pm Ukulele Uke-de-dos (Craft)  
11:15am–3:30pm Progressive Hand & Foot (Blue)  
1:30pm–2:30pm Bible Study (Conf 1)  
2:45pm–5:00pm Water Volleyball (Pool)  
5:00pm–9:00pm Tuesday Night Poker (Card)  
6:00pm–7:00pm Beginner Line Dancing (Aud)  
7:00pm–8:00pm Intermediate Line Dancing (Aud)

## Wednesday, February 21

8:00am–9:00am Mermaid Water Aerobics (Pool)  
9:00am–10:00am Ping Pong (Dining)  
9:15am–10:00am Senior Yoga (Aud)  
9:30am–11:00am Laugh & Chat (Blue)  
10:00am–12:00pm Pickleball (Dining)  
10:15am–11:15pm Senior Cardio (Aud)  
12:00pm–1:00pm Friends of Bill W (Craft)  
12:00pm–4:00pm Double Deck Pinochle (Card)  
12:30pm–4:30pm Fabric Quilting Arts (Dining)  
1:00pm–3:30pm Homestyle Hymn Sing (Blue)  
1:00pm–3:45pm Wii Bowling (Aud)  
2:00pm–3:00pm Water Aerobics (Pool)  
6:00pm–9:00pm Bingo (starts @ 7pm)  
6:00pm–9:00pm Pinochle (Blue)

## Thursday, February 22

8:00am–9:00am Mermaid Water Aerobics (Pool)  
8:30am–12:00pm Sr. Estates Quilters (Craft)  
9:30am–11:00pm Coffee Hour (Aud)  
11:00am–2:00pm Foodies Club (Kitchen)  
12:00pm–3:00pm Ladies Pinocle (Blue)  
4:00pm–5:45pm Tops Weight Loss Group (Dining)  
5:00pm–9:00pm Thursday Night Poker (Card)  
5:45pm–8:00pm Water Volleyball (Pool)  
6:00pm–9:00pm Pinochle (Blue)  
6:00pm–7:30pm Advanced Line Dancing (Aud)

## Friday, February 24

8:00am–9:00am Mermaid Water Aerobics (Pool)  
9:15am–10:00am Senior Yoga (Aud)  
9:30am–11:00am Laugh & Chat (Blue)  
10:00am–12:00pm Pickleball (Dining)  
10:15am–11:15pm Senior Cardio (Aud)  
12:30pm–4:30pm Friday Bridge Group (Blue)  
1:00pm–3:30pm Bunco (Craft)  
1:00pm–4:00pm Red Hat Tea (Dining)  
1:00pm–2:00pm Senior Estates Chorus (Aud)  
2:00pm–3:00pm Water Aerobics (Pool)

## Saturday, February 25

9:00am–3:00pm Private Event (BlueRm)  
10:00am–12:00pm Pickleball (Aud)  
3:00am–8:00pm Private Event (Dining)  
2:45pm–5:00pm Water Volleyball (Pool)  
4:00pm–8:00pm Hand & Foot Group (Craft)

### Front Office

1776 Country Club Rd  
Woodburn OR 97071  
(503) 982-1776

### Office Hours

Monday 9am to 4 pm  
Tuesday 9am to 4 pm  
Wednesday -Office is Closed  
Thursday 9am to 4 pm  
Friday 9am to 4 pm

Facilities Manager - Vincent Cantwell  
maint@SeniorEstatesGolf.com

Financial Manager - Debbie Brown  
accounting@SeniorEstatesGolf.com

Front Desk - Alisha Bailey  
info@SeniorEstatesGolf.com



# SUPER BOWL PARTY & POTLUCK

on the Auditorium HUGE SCREEN

## Sunday, Feb. 11th

Party starts @ 3:00 Kickoff @ 3:30

Bring your favorite POTLUCK DISH to share!

Senior Estates Golf & Country Club Members and Guests Only!

### Help Needed!

## Cut & Tie No-Sew Double Layer Fleece Blankets for charities

Saturday, Feb. 17th  
12 - 4 in the Blue Room



Help needed to cut and tie two pieces of fleece together to make warm blankets for local non-profits. Please bring sharp scissors to cut fleece. BYOB and a small snack to share, along with fun stories. Call Sharyn Cornett at 971-313-4198 for more information.

# Country Cottage

## RESTAURANT



 Like us on Facebook *Call Us or Check Our Facebook for Daily Specials*

**Hours: 8am - 8pm • Sun 8am - 3pm**  
*Menu items and prices are subject to change without notice!*

**Call ahead for Reservations or Takeout**  
**503-982-3883 • 1776 Country Club Rd, Woodburn, OR**

### TECH SUPPORT



“Have you tried turning it off and never using it again?”