

SHOW & SHINE CAR SHOW





Woodburn Estates & Golf

SUMMER CONCERT SERIES 2022

at the Gazebo

Shows start @ 4pm / weather permitting

Aug 5 **Studio 99 Band**

Aug 19 **Aston / Roy Duo**

Sept 2 **Ellen Whyte & J.P.**

Bring your own blanket or chair and snacks!
WEG MEMBERS ONLY!

Schedule subject to change without notice.



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Please pick-up after yourself

by N&V Staff

Blue skies with sunshine, smiles, music, and 31 old cars made for a successful Show & Shine Car Show. The event was held in the East parking lot of the WEG Community Center. Many new friends were made, and a few cars even made it out of the garage for an event for the first time this year. Thanks for all that participated with their cars and the neighbors that came out to view these fine machines. The car owners were happy to open the hood and talk 'shop' with the many people who came out to see the different cars. KISN Radio 95.1 FM broadcast from the parking lot and provided some old-time music that made people want to jive with the beat! It was a beautiful day, and everyone was having an enjoyable time. Special thanks to Jim Hoover and Lowell King for organizing this event and for all the owners who maintain these cars all year long and then "shine 'em up and show 'em off for the rest of us to enjoy."

Woodburn Estates & Golf

coffee hour

July 7thGameShowMAJORITY RULES

July 14thPlay byWRINKLE CITY PLAYERS

July 21stCANCELED

July 28thMusic byMICHELE MAUPIN

This week Free, No food or beverages, Masks Required - temps will be checked

Thursdays at 9:30 in the Auditorium

Weekly Drawings and featured Entertainers

Performers listed are subject to change without notice.

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News & Views

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Volunteers are always needed to help with preparation of copy, proofing, and delivery. Please email, if possible, all photos, articles, free ads, or reports. If email is not an option, please submit your information to the N&V office. Use the mail slot in our door. All submissions must include name and member number. Thank you.

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Rules Committee 12/12/2016

Woodburn Estates & Golf Active 55+ Community

CLASSIFIEDS

Next Publication of NEWS & VIEWS

August 12, 2022

Deadline for Articles, Thursday, August 4, 9:30 a.m.

We LOVE to have your free ads and articles.

The BEST way to get your information in News & Views is to send us this information by e-mail to nv@WoodburnEstatesGolf.com.

When submitting free ads be sure to include your MEMBERSHIP NUMBER.

FOR SALE: Craftsman heavy-duty wheelbarrow for sale, \$30. Call 916-759-6908.

WANTED: Looking for bedroom closet doors, 6 ft. Call 916-759-6908.

FOR SALE: Health Rider exercise equipment, \$100. Call 503-740-8499.

FOR SALE: Baby Parakeets, yellow & green, \$20 / Zebra Finches, \$20. Call 503-982-3119.

FOR SALE: 1999 Club Car golf cart, green in color, \$2000. Contact 209-606-5229.

FOR SALE: Tommie Copper Sport Compression socks, 2 pair pack, 100 % copper infused, \$5.00. Call 503-981-3798, leave message.

FOR SALE: Copper Fit Health Compression socks, graduated compression, one pair, \$2.50. Call 503-981-3798, leave message.

FREE: Kingsbury upright piano for an appreciative pianist. Sounds wonderful. Come and play it for yourself. We can talk about moving options if needed. Originally from San Francisco and has been in my family for a lifetime. Call (707) 547- 7730 and leave a message if I don't pick up right away.

Adopt or Foster: Three-year-old bonded pair of Huskies. Housebroken, indoor dogs. Due to hip issues, they only need a 20-minute walk per day. They can't jump or climb a 3 foot or taller fence. They are Velcro dogs unlike most Huskies. They are insured and the insurance is transferable. Good with other dogs and children. No cats due to prey drive. https://sites.google.com/view/foxy-and-tango/home. Call 253-970-4662.

FREE: Queen bed mattress, great condition. You haul away. Text or call 971-338-3183.

FOR SALE: New 50-gallon kidney shaped pool liner. 55" long, 27" wide, 10' deep--too big for my space. Paid \$105, asking \$50. Call Bob at 971-275-5219.

Protect Your Garden During a Heat Wave

by N&V Staff

In large parts of the U.S., late-summer heat is no joke, and even the most heat-friendly garden crops, like tomatoes and peppers, can get cranky during a serious heat wave. But with smart short and long-term solutions, your garden can survive the heat and stay green and productive.

Check the forecast. Some plants may droop a bit in the heat, but if the temperature will fall within a few days, your garden should bounce back with a little care and attention.

Water long and slow. You should do this all season, but especially during heat waves to help saturate the soil and keep plants hydrated and more drought resistant.

Give your garden a deep, slow watering in the evening or morning before the heat wave hits so the plants have ample time to drink up.

Don't over-water. If your plants still wilt during the hottest part of the day, wait until the next morning. If they're still limp, give them another long, slow drink.

Focus on the soil at the base of the plant when watering instead of leaves. Droplets of water on leaves or fruit can heat in the sun and sunburn or scorch the plant.

Try shade cloth for plants that are younger or especially heat sensitive. You can also use sheets or umbrellas. Move potted plants to shadier locations.

Make sure to mulch at the beginning of every season. Re-distribute mulch before a heat wave to ensure all plants are well protected.

“What do I regret most? That I didn’t get a chance to clear my browser history.”

This & That

from the WEG Community

by Karen Linton

Summer is here (finally!) so now we are starting our summer events. Our Summer Picnic is on July 30 in the dining room and auditorium sponsored by Cascade Park. The cost is \$5. Please try to bring 5's or 1's. The menu and time are on the display ad in this issue of N&V. Please enter through the office/dining room entrance. We will be having a slide show so bring your pictures of graduations, weddings, reunions, birthdays, etc. to the office so that we can include them. Be sure to put your name and phone number on the back so that they can be returned to you.

Our Summer Concerts will be starting on Fridays in August at the gazebo. Watch this article and the N&V for dates and performers!

The summer concerts sponsored by the City of Woodburn started July 12 and will continue for 6 weeks every Tuesday at 6:00 p.m. on the library grounds. Bring your own chair. There are also free outdoor concerts in Canby. Check the website or look in the *Woodburn Independent*.

Now for the surprise that was mentioned in my last article! We are having a Hot Summer Night With ELVIS! The date is Sunday, August 21, from 5:00-6:30 p.m. Admission is a recommended \$5 or non-perishable food item – canned foods, rice, peanut butter, etc. All food and monies go to the Aware Food Bank in Woodburn. This is the same “Elvis” that performed here in 2019 at our December event. He was so well-received that we wanted him back! This is going to be a GREAT time so plan on attending!

In Pursuit of the Well-Trimmed Lawn

by N&V Staff

Few things say Americans like a well-trimmed lawn. Yet, the modern lawn is a modern invention. Throughout history, trimmed yards were a luxury for the wealthy, who could hire people to cut and trim by hand. Most regular people only cleared land for farming or other agricultural purposes. Sometimes, grazing animals like goats were used to keep nature in check. By and large, however, people didn't cut the grass in the modern sense.

In 1830, Edwin Beard Budding introduced the lawnmower to the world, taking inspiration from local clothing mills. This early lawnmower looks comical by today's standards and was too heavy to easily use. However, Budding's ideas ‘cut’ the way for human-powered reel-type mowers, which while less common, are still used today.

In 1859, Thomas Green created a chain-driven mower. This mower looks vaguely similar to the motorized push mowers found in many garages and sheds today. A steam power motor appeared in the 1890s, and a large commercial combustion mower hit the ‘turf’ in 1902. The first gas power mower started cutting in 1915.

These days, many folks opt for riding lawnmowers. Why push when you can rest? The first self-propelled riding lawnmower, the so-called "Triplex," was introduced in 1922. Still, while mower technology advanced, many folks skipped cutting lawns. In 1952, as modern lawn care sensibilities were emerging, Briggs and Stratton developed a lightweight aluminum engine, which, in turn, allowed for light and easy-to-handle mowers.

The next several decades saw modern push and riding lawnmowers become more effective, cheaper, and easier to handle. Thus, more people started cutting their lawns. Now, you can purchase automated lawnmowers to trim your grass. Rather than pushing or driving, you can enjoy a glass of lemonade on your porch while the mower does the work.

Fitness Trackers: Your Coach or Your Evil Taskmaster?

by N&V Staff

Is your fitness tracker your happy coach? Does it make you feel better? More motivated?

Or is it ... a parasite?

After all, a device maker somewhere is intimately involved in the life of your body: steps, exercise, heart rate, calories, blood oxygen. That maker is sending you messages about your goals, your achievements, and your failures.

What does this relationship mean for you?

That's what Julia Craven wondered when she realized she was obsessed with her watch metrics. Writing in” FiveThirtyEight,” Craven said she found herself anxious and focused on creating flawless health metrics – chasing perfection.

It stopped being a device that told her something about her health and started being a device who told her who she was as a person. If she missed a goal, she started feeling guilty, even lazy.

The fact is, it's just a device.

It shouldn't govern whether your weekend dog walk is a mile or two miles, fun or boring. The walk should be pleasurable for you (and the dog). Not everything is a fitness metric.

Sport psychology expert Michele Kerulis of Northwestern University says obsession and perfectionism with health metrics can make you ignore the real, physical signs your body is sending. The positive messages from fitness devices feel good and can help motivate, but when hitting goals becomes a cruel master, it's time to reevaluate.

Watch for UPDATES on Bugle Blast!

Woodburn Estates & Golf

Summer Picnic



Burger & Fixins'
Potato Chips
Baked Beans
Watermelon
Apple Crisp
Lemonade

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Menu items and prices are subject to change without notice!

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Rules	Jaime Rodriguez	rules@woodburnestatesgolf.com

Upcoming Tournaments

Summer Scramble
July 23, 2022
Mixed Golf Tournament
- Computer Pick
Members Only

Sign up: Must Pay by Check or Cash
7/5 thru 7/15 sign ups, entry fee is \$20.00
Flights and holes will be posted in golf lounge by July 20th.
When finished, 2 signatures required per scorecard and drop off in box in front of the pro shop.
Game format: check in 8:00 am/shotgun start at 8:30 am
4 person scramble, minimum 3 drives men, 4 drives ladies
Men play from gold tees, ladies play from red tees
HDCP percentages: 20%, 15%, 10%, 5% of A, B, C, D players
No Refunds - Need USGA handicap to participate

Please pay when signing up!
Remember Social Distancing
Lunch served after golf.

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CASCADE PARK
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Summer Scramble August 13, 2022
Mixed Golf Tournament - Members Only
Sponsor:
Dave Christoff

Sign up: Must pay by check or cash
Sign up until August 5th, entry fee is \$20.00 per person
Flights and holes will be posted in golf lounge by August 10th
When finished, 2 signatures required per scorecard and drop off in box in front of the pro shop.
Game format: check in 8:00 am/shotgun start at 8:30 am
No Refunds - Need USGA handicap to participate
Please pay when signing up!
Remember Social Distancing
Lunch served after golf.



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Men's Golf Membership Meeting Minutes

July 6, 2022

President Len Westphal called the meeting to order at 10:00 am in the dining hall, followed by the Pledge of Allegiance.

All officers, committee chairs/representatives were present unless otherwise noted in the report. There were 24 members in attendance.

NEW MEMBERS: Steve Kufeldt was welcomed

PRESIDENT'S REPORT: Len Westphal welcomed everyone/had no new report

VICE PRESIDENT'S REPORT: Mike Archer – plaques are being updated as needed.

TREASURER'S REPORT: Allan Lindberg reported voucher fund (\$4944.03) – checking (\$5095.31)
50/50 (\$378.00), a total of 126 Men's Club members

SECRETARY'S REPORT: Fred Bourne/no report

COMMITTEE REPORTS

GREENS: Ken Bourne opened with a Q&A with members in attendance, then presented Denny O'Rourke with his certificate for free golf after becoming a member of the 90 club.

HANDICAP: Russ Krussow – upcoming Mixed Horserace on July 30, 2022, volunteers are needed. If you can make it, to talk to Russ

RULES: Dave Schuur reminded us that if there needs to be a ruling to do so with patience.

MIXED TOURNAMENTS: no report MEMBERSHIP: Stan Hiller/no report

SUNSHINE: Chuck Johnson sent a card to Connie Doyon for the passing of Ken Leonard, also sent a get-well card to Larry Stewart and Chuck Johnson

UNFINISHED BUSINESS: none NEW BUSINESS: Harvest will allow member/members or member/guest

GOOD OF THE ORDER: Motion made to allow 9-hole men on Tuesday that have paid their \$2.00 for days play to receive the hole-in-one prize of \$50.00. Motion was seconded, a vote was taken and unanimously passed. So, at this time the Men's Club would like to congratulate Bob Smith and Russ Krussow for their holes-in-one.

50/50 raffle won by Paul Eaton (\$31.00), Motion to adjourn, seconded @10:45 by Len Westphal

NOTE: next meeting August 3, 2022. Report submitted by Fred Bourne, approved by Len Westphal

Hole-in-One

by N&V Staff



Congratulations to Russ Krussow for his hole-in-one on July 7th. This was achieved on Hole #5. How common are these fancy shots? A quick search on google tells me: a hole-in-one is scored once in every 3,500 rounds. Only 1-2% of golfers score an ace in a year. The average years of playing golf for a player before making an ace is 24.

Talent Show

Wanted: Tree Trimmings

by Malena Turner

On June 30, 2022, Coffee Hour was pleased to have some talented people perform for us. We thank them very much for sharing with the Coffee Hour crowd.



Betty Reynolds



Russ Abresch



Sharyn Cornet



Pete Petroski



Lon Eckdahl, Jokerster

by N&V Staff

If you are out trimming your trees and have those branches to dispose of, WEG maintenance crew would like to take them off your hands. They want any tree trimmings or branches that come as a result of any trimming that you do. If you have them loaded up, you can take them to the RV lot. However, they are willing to pick them up, if you leave them in a neat pile in front of your house and let them know that they are there.

National Night Out
Tuesday, August 2, 2022
Billy & the Rockets

1700 Rainier Rd (Dead End Rd)
Hosted by: Lorrie Cox
Bring Lawn Chair & Finger Food

6-9pm

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Benefits Of Senior Yoga



by Charlotte King
Pictured above are the oldest members in our yoga class: Anne Kuntze (87), Lee Kellow (89), and Katie Taylor (83). These ladies prove Lee's doctor is right about the need for us to keep moving. In addition to walking outside in the fresh air, her doctor recommended senior yoga as an excellent exercise for older adults to maintain movement and muscle flexibility. In addition, it provides social contact which is important for our mental health. Lee moved to the Estates 25 years ago and she and another lady recruited Dorell to start a yoga class. Before Dorell left, she trained Barbara to lead the class. When Barbara left, we resorted to taking turns leading. Come join us for a fun and beneficial time MWF 9:15 a.m. in the auditorium.



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American Goldfinches

by N&V Staff
If you long to see a bright yellow and black goldfinch, getting one or more to visit your backyard feeder is not that difficult. All you need is a bag of thistle seed. The males are yellow with black trim and the females are an olive-toned yellow. Watch for them. The adult birds put on a show as they gather seed from thistle, zinnias, cosmos, bee balm, liatris, and coreopsis. Goldfinches love thistle seed, also known as nyjer, and sunflower seeds. Seed makes up their entire diet. They will regularly visit backyard feeders and appreciate having a birdbath close by. Backyard birders see them across most of the United States and southern Canada. They are among the latest nesting birds. In late summer, they collect thistle down to line their nests and raise four to six young, feeding them a partially digested substance called "canary milk." Both the male and female feed the baby birds. Goldfinches may sing "per-chick-o-ree" with each flap of their wings as they fly. In winter, they may sing "se-mee, se-mee" and other pretty twittering songs.

Artist of the Month Carol Anderson



by Anne Reslock
Carol is a life-long Oregonian, living with husband Gary on Butteville Road. She and her husband share 22 grandchildren and 2 great grandchildren. She has expanded from traditional expressive watercolors to thick, heavily pigmented acrylics and is active in "expression of gifts given on a daily basis" in her work. A desire to share her art expression "birthed" her public gallery on Butteville Road. Carol joins us at Woodburn Art Center/ Glatt Gallery for open studio on Mondays 10 a.m. - 3 p.m. All mediums welcome, and all levels of skill welcome. Come join us.

MEET THE ARTIST

August 7 – FEATURED ARTIST

Carol Anderson

First Sunday each month @ 4pm in our Living Room Gallery

Want information quickly and efficiently? Sign up for Bugle Blasts.

CALENDAR (July 23-Aug 12)

SATURDAY, JULY 23, 2022

SUNDAY, JULY 24, 2022

12:00 p.m. - 5:00 p.m. Music Jammers (Auditorium)

MONDAY, JULY 25, 2022

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
8:30 a.m. - 9:15 a.m. Walking Club (Auditorium)
8:30 a.m. - 2:30 p.m. Sr. Estates Quilters (Craft Room)
9:15 a.m. - 10:15 a.m. Yoga (Auditorium)
9:30 a.m. - 10:30 a.m. Ladies Laugh & Chat (Blue Room)
10:00 a.m. - 12:00 p.m. Pickleball Club (Dining Room)
10:15 a.m. - 11:15 a.m. Zumba (Auditorium)
11:00 a.m. - 1:00 p.m. Tai Chi (11a Advance, 12p Beginners) (Auditorium)
12:30 p.m. - 4:00 p.m. Bridge (Blue Room)
2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool)
5:00 p.m. - 8:00 p.m. Pickleball (Dining Room)
5:45 p.m. - 8:00 p.m. Water Volleyball (Swimming Pool)

TUESDAY, JULY 26, 2022

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
9:00 a.m. - 10:30 a.m. Ping Pong (Dining Room)
10:00 a.m. - 11:00 a.m. Fitness Club (Auditorium)
10:00 a.m. - 12:00 p.m. Needlecraft (Card Room)
11:00 a.m. - 2:30 p.m. Uke-de-dos (Craft Room)
12:00 p.m. - 4:00 p.m. Progressive Hand & Foot (Blue Room)
1:30 p.m. - 4:30 p.m. BOD Board Meeting (Auditorium)
2:45 p.m. - 5:00 p.m. Water Volleyball Tues (Swimming Pool)
5:00 p.m. - 9:00 p.m. Poker Games Tuesday (Card Room)
6:00 p.m. - 8:00 p.m. Pickleball Club (Dining Room/Auditorium)

WEDNESDAY, JULY 27, 2022

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
8:30 a.m. - 9:15 a.m. Walking Club (Auditorium)
9:00 a.m. - 10:30 a.m. Ping Pong (Dining Room)
9:15 a.m. - 10:15 a.m. Yoga (Auditorium)
9:30 a.m. - 10:30 a.m. Ladies Laugh & Chat (Blue Room)
10:00 a.m. - 12:00 p.m. Pickleball Club (Dining Room)
10:15 a.m. - 11:15 a.m. Zumba (Auditorium)
12:00 p.m. - 1:00 p.m. Friends of Bill W. (Craft Room)
12:00 p.m. - 4:00 p.m. Double Deck Pinochle (Card Room)
1:30 p.m. - 4:30 p.m. Wii Bowling (Auditorium)
2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool)
6:00 p.m. - 9:00 p.m. Pinochle Group

THURSDAY, JULY 28, 2022

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
8:30 a.m. - 2:30 p.m. Sr. Estates Quilters (Craft Room)
9:30 a.m. - 11:00 a.m. Coffee Hour (Auditorium/Dining Room)
12:00 p.m. - 3:30 p.m. Pinochle Afternoon (Blue Room)
5:00 p.m. - 9:00 p.m. Poker Thursday Night (Card Room)
5:45 p.m. - 8:00 p.m. Water Volleyball (Swimming Pool)
6:00 p.m. - 9:00 p.m. Pinochle Group (Blue Room)

FRIDAY, JULY 29, 2022

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
8:30 a.m. - 9:15 a.m. Walking Club (Auditorium)
9:15 a.m. - 10:15 a.m. Yoga (Auditorium)
9:30 a.m. - 10:30 a.m. Ladies Laugh & Chat (Blue Room)
10:00 a.m. - 12:00 p.m. Pickleball Club (Dining Room)
10:15 a.m. - 11:15 a.m. Zumba (Auditorium)

SATURDAY, JULY 30, 2022

11:00 a.m. - 1:00 p.m. Summer Picnic (Auditorium/Dining Room);
12:00 p.m. - 2:00 p.m. Pickleball Club (Dining Room/Auditorium)
2:45 p.m. - 5:00 p.m. Water Volleyball (Swimming Pool)
4:00 p.m. - 9:00 p.m. Hand & Foot Card Game (Blue Room)

SUNDAY, JULY 31, 2022

MONDAY, AUGUST 1, 2022

8:00 a.m. - 11:00 a.m. Women's Putters Conference 1
8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
8:30 a.m. - 9:15 a.m. Walking Club (Auditorium)
8:30 a.m. - 2:30 p.m. Sr. Estates Quilters (Craft Room)
9:15 a.m. - 10:15 a.m. Yoga (Auditorium)
9:30 a.m. - 10:30 a.m. Ladies Laugh & Chat (Blue Room)
10:00 a.m. - 12:00 p.m. Pickleball Club (Dining Room)
10:15 a.m. - 11:15 a.m. Zumba (Auditorium)
11:00 a.m. - 1:00 p.m. Tai Chi (11a Advance, 12p Beginners) (Auditorium)
12:30 p.m. - 4:00 p.m. Bridge (Blue Room)
2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool)
5:00 p.m. - 8:00 p.m. Pickleball (Dining Room)
5:45 p.m. - 8:00 p.m. Water Volleyball (Swimming Pool)

TUESDAY, AUGUST 2, 2022

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
9:00 a.m. - 10:30 a.m. Ping Pong (Dining Room)
10:00 a.m. - 11:00 a.m. Fitness Club (Auditorium)
10:00 a.m. - 12:00 p.m. Needlecraft (Card Room)
10:00 a.m. - 11:00 a.m. Writing Class (Blue Room)
11:00 a.m. - 2:30 p.m. Uke-de-dos (Craft Room)
2:45 p.m. - 5:00 p.m. Water Volleyball (Swimming Pool)
5:00 p.m. - 9:00 p.m. Poker Games (Card Room)
6:00 p.m. - 8:00 p.m. Pickleball Club (Dining Room/Auditorium)

Any change of date, time, activity, or place must be made with the Office at 503-982-1776.

OFFICE CLOSED ON WEDNESDAYS

WEDNESDAY, AUGUST 3, 2022

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
8:30 a.m. - 9:15 a.m. Walking Club (Auditorium)
9:00 a.m. - 10:30 a.m. Ping Pong (Dining Room)
9:15 a.m. - 10:15 a.m. Yoga (Auditorium)
9:30 a.m. - 10:30 a.m. Ladies Laugh & Chat (Blue Room)
10:00 a.m. - 11:30 a.m. Papercrafting (Craft Room)
10:00 a.m. - 12:00 p.m. Pickleball Club (Dining Room)
10:00 a.m. - 11:00 a.m. WEG Men's Club Meeting (Dining Room)
10:15 a.m. - 11:15 a.m. Zumba (Auditorium)
12:00 p.m. - 4:00 p.m. Double Deck Pinochle (Card Room)
12:00 p.m. - 1:00 p.m. Friends of Bill W. (Craft Room)
1:30 p.m. - 4:30 p.m. Wii Bowling (Auditorium)
1:45 p.m. - 3:30 p.m. Home-Style Hymn Sing
2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool)
6:00 p.m. - 9:00 p.m. Bingo (Dining Room)
6:00 p.m. - 9:00 p.m. Pinochle Group (Blue Room)

THURSDAY, AUGUST 4, 2022

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
8:30 a.m. - 2:30 p.m. Sr. Estates Quilters (Craft Room)
9:30 a.m. - 11:00 a.m. Coffee Hour (Auditorium/Dining Room)
1:00 p.m. - 3:00 p.m. The Jazz Tones Practice (Auditorium)
5:00 p.m. - 9:00 p.m. Poker Thursday Night (Card Room)
5:45 p.m. - 8:00 p.m. Water Volleyball (Swimming Pool)
6:00 p.m. - 9:00 p.m. Pinochle Group (Blue Room)

FRIDAY, AUGUST 5, 2022

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
8:30 a.m. - 9:15 a.m. Walking Club (Auditorium)
9:15 a.m. - 10:15 a.m. Yoga (Auditorium)
9:30 a.m. - 10:30 a.m. Ladies Laugh & Chat (Blue Room)

SATURDAY, AUGUST 6, 2022

10:00 a.m. - 11:30 a.m. Papercrafting (Craft Room)
12:00 p.m. - 2:00 p.m. Pickleball Club (Dining Room/Auditorium)
2:45 p.m. - 5:00 p.m. Water Volleyball (Swimming Pool)
4:00 p.m. - 9:00 p.m. Hand & Foot Card Game (Blue Room)
4:00 p.m. - 9:00 p.m. Summer Concert 1 (Gazebo)

SUNDAY, AUGUST 7, 2022

MONDAY, AUGUST 8, 2022

All day - Ladies 18 Hole Club Championship
8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
8:30 a.m. - 9:15 a.m. Walking Club (Auditorium)
8:30 a.m. - 2:30 p.m. Sr. Estates Quilters (Craft Room)
9:15 a.m. - 10:15 a.m. Yoga (Auditorium)
9:30 a.m. - 10:30 a.m. Ladies Laugh & Chat (Blue Room)
10:00 a.m. - 12:00 p.m. Pickleball Club (Dining Room)
10:15 a.m. - 11:15 a.m. Zumba (Auditorium)
11:00 a.m. - 1:00 p.m. Tai Chi (11a Advance, 12p Beginners) (Auditorium)
12:30 p.m. - 4:00 p.m. Bridge (Blue Room)
2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool)
5:00 p.m. - 8:00 p.m. Pickleball (Dining Room)
5:45 p.m. - 8:00 p.m. Water Volleyball (Swimming Pool)

TUEDAY, AUGUST 9, 2022

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
9:00 a.m. - 10:30 a.m. Ping Pong (Dining Room)
10:00 a.m. - 11:00 a.m. Fitness Club (Auditorium)
10:00 a.m. - 12:00 p.m. Needlecraft (Card Room)
11:00 a.m. - 2:30 p.m. Uke-de-dos (Craft Room)
12:00 p.m. - 4:00 p.m. Progressive Hand & Foot (Blue Room)
2:45 p.m. - 5:00 p.m. Water Volleyball (Swimming Pool)
5:00 p.m. - 9:00 p.m. Poker Games (Card Room)
6:00 p.m. - 8:00 p.m. Pickleball Club (Dining Room/Auditorium)

WEDNESDAY, AUGUST 10, 2022

All day - Ladies 18 Hole Club Championship
8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
8:30 a.m. - 9:15 a.m. Walking Club (Auditorium)
9:00 a.m. - 10:30 a.m. Ping Pong (Dining Room)
9:15 a.m. - 10:15 a.m. Yoga (Auditorium)
9:30 a.m. - 10:30 a.m. Ladies Laugh & Chat (Blue Room)
10:00 a.m. - 12:00 p.m. Pickleball Club (Dining Room)
10:15 a.m. - 11:15 a.m. Zumba (Auditorium)
10:30 a.m. - 12:30 p.m. Crafts For Fun (Blue Room)
12:00 p.m. - 4:00 p.m. Double Deck Pinochle (Card Room)
12:00 p.m. - 1:00 p.m. Friends of Bill W. (Craft Room)
12:00 p.m. - 3:30 p.m. Ladies Club Championship Lunch (Dining Room)
1:30 p.m. - 4:30 p.m. Wii Bowling (Auditorium)
2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool)
6:00 p.m. - 9:00 p.m. Bingo (Dining Room)
6:00 p.m. - 9:00 p.m. Pinochle Group (Blue Room)

THURSDAY, AUGUST 11, 2022

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
8:30 a.m. - 2:30 p.m. Sr. Estates Quilters (Craft Room)
9:30 a.m. - 11:00 a.m. Coffee Hour (Auditorium)
1:30 p.m. - 4:00 p.m. Genealogy (Blue Room)
5:00 p.m. - 9:00 p.m. Poker Thursday Night (Card Room)
5:45 p.m. - 8:00 p.m. Water Volleyball (Swimming Pool)
6:00 p.m. - 9:00 p.m. Pinochle Group (Blue Room)

FRIDAY, AUGUST 12, 2022

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
9:00 a.m. - 10:30 a.m. Ping Pong (Dining Room)
10:00 a.m. - 11:00 a.m. Fitness Club (Auditorium)
10:00 a.m. - 12:00 p.m. Needlecraft (Card Room)
11:00 a.m. - 2:30 p.m. Uke-de-dos (Craft Room)
12:00 p.m. - 4:00 p.m. Progressive Hand & Foot (Blue Room)
2:45 p.m. - 5:00 p.m. Water Volleyball (Swimming Pool)
5:00 p.m. - 9:00 p.m. Poker Games (Card Room)
6:00 p.m. - 8:00 p.m. Pickleball Club (Dining Room/Auditorium)

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