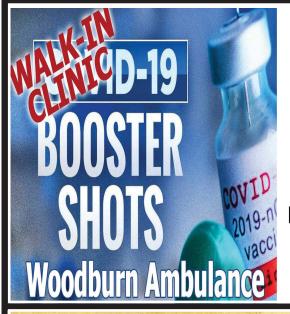
VOL LI NO. 10

www.woodburnestatesgolf.com • Main Office 503-982-1776 • N&V Office 503-981-3313

Friday, May 27, 2022



Estates Neighborhood

WEG Dining Hall

June 2, 2022 9:30 - 12:00

WEG members 50 and older **Bring your Vaccination Card with you** No pre-registration required A mask is required

P Woodburn Estates & Golf

Fri. & Sat. June 24 & 25, 2022 9:00 am - 4:00 pm

Members who wish to participate on either of these days should register by June 17, using one of the following methods:

- 1. Sign-up at the Coffee Hour "Resource Table"
- 2. Sign-up in the office
- 3. Sign-up by email to weg.gsale@gmail.com

Please indicate what days you wish to participate. Remember to include your name and telephone number in case we have any

Woodburn Estates & Golf

JUNE 2022

JUNE 2nd Gameshow NAME THAT TUNE



June 9th Music by JAZZ TONES

June 16th Music by MELANIE ROY

June 23rd Music by ELLEN WHYTE

JUNE 30th TALENT SHOW Please sign up at the Coffee Hour Resource Table by June 23



Members Only Please

Thursdays at 9:30 am

Please enter through the AUDITORIUM **Weekly Drawings and featured Entertainers**

Performers listed are subject to change without notice.

Memorial Day: We Remember **Their Sacrifice**



The tradition of honoring our Lountry's fallen defenders began as a springtime custom following the Civil War. Originally called Decoration Day, it was a time to remember those fallen heroes.

To the list of those who died at Gettysburg and Bull Run, we have added names from San Juan Hill, Verdun, Corregidor, Inchon, Khe Sanh, Jalibah, the deserts and mountains of the Middle East, and a thousand other places touched by war.

For most of the year, these souls lie in quiet repose, but on Memorial Day, we visit them again with our thanks for their great sacrifice.

It is not a time for sadness. Rather, it should be an affirmation that these men and women did not lose their lives in vain.

This special day is a time to pay tribute to those who fell and to a country that plunged onward in pursuit of justice and democracy. We mourn our dead, but we rejoice in their memory and in the democracy they

The Results



Participants in the Sourdough Class show off their results. Story on page 7.

OFFICE CLOSED ON WEDNESDAYS

News & Views Publication Schedule

June 2022

Copy due by 9:30 a.m. Thursday, June 2, 2022 Thursday, June 16, 2022

Publication Date Friday, June 10, 2022 Friday, June 24, 2022

Walmart Cracks Down on Scam Gift Cards

by N&V Staff

In recent weeks, Walmart has cracked down on gift card scams, working with the Department of Justice to return money to the folks ripped off. Even with these efforts, fraud remains rampant and gift cards are a serious risk.

Walmart took a proactive approach, notifying authorities of suspicious transactions and leveraging a "victim-assisted consumer fraud program" that the company claims is unique among retailers. Federal officials lauded Walmart's moves as "impressive."

Often, fraudsters will pretend to be an authority, such as the Internal Revenue Service, the police, or a hospital. They convince people that they owe the IRS money and might "threaten" to throw someone in jail. Or scammers could pretend to be a hospital administrator, claiming that a loved one will die if the victim doesn't pay up. To make payment, you're supposed to send gift cards.

Unfortunately, some folks fall for high-pressure tactics. Scammers frequently target the most vulnerable among us, including the elderly. Often, the fraudsters will look up names of relatives, such as a grandchild, making their lies sound real.

So why specifically gift cards? They are hard to track and there are fewer protections for people who buy them. Once paid for, it's hard to get the money back and difficult to cancel the gift cards. With banks and credit cards, it is often possible to reverse payments. Once scammers have the gift cards in hand, they may sell them for cash, usually at a discount, or they can buy products online.

So, what can you do? It is smart to show the elderly stories like this one. Demonstrating other people getting ripped off raises awareness. Also, anytime anyone is asking someone to pay in gift cards, it's a massive red flag

What the Ocean Does for Your Head

by N&V Staff

You may love to go to the beach, but it isn't so much what you do there as what it does to you.

The beach boosts mood. That may sound a little obvious because many people like going to the beach, but it's more than the mood you bring to the beach. It's the beach and ocean and how they appeal to your sense of sight, sound, and smell.

The sound of the ocean changes brain waves and puts people into a mild meditative state, according to the American Association for the Advancement of Science.

The sight of the bright blue ocean transmits feelings of calm, peace, and creativity.

The smell of the ocean breeze enhances that tranquil state, perhaps because of the negative ions in the air, according to the Journal of Alternative Complementary Medicine.

Even the sensation of feet digging into warm sand relaxes people.

Of course, there is the placebo effect: we've been told the beach is relaxing and peaceful and we expect it to be.



News & Views

N&V Office: 503-981-3313 • Main Office: 503-982-1776 Email: nv@WoodburnEstatesGolf.com Website: woodburnestatesgolf.com

News & Views is published the 2nd and 4th Fridays of each month. Mailed subscriptions are \$2 per issue to cover postage and handling. The Association reserves the right to publish or not publish any articles or any advertisement at our discretion.

Editor and Advertising: Kim Farquharson Advertising Sales: Stan Hiller Golf Photographer: Don Slezak (503-708-4872) Distribution: Jim & Linda Hoover (503-380-8422)

Volunteers are always needed to help with preparation of copy, proofing, and delivery. Please email, if possible, all photos, articles, free ads, or reports. If email is not an option, please submit your information to the N&V office. Use the mail slot in our door. All submissions must include name and member number. Thank you.

Disclaimer

Woodburn Estates & Golf greatly appreciates the advertisers in this newspaper. However, we would like our homeowners to know that these advertisers are independent businesses and Woodburn Estates & Golf cannot assume any responsibility for their goods or services rendered. Every effort has been made to ensure the accuracy and dependability of all materials; it is, however, limited by and subject to omissions and changes. Rules Committee 12/12/2016

CLASSIFIEDS

Next Publication of NEWS & VIEWS

June 10, 2022

Deadline for Articles, Thursday, June 2, 9:30 a.m.

We LOVE to have your free ads and articles.

The BEST way to get your information in *News & Views* is to send us this information by e-mail to nv@WoodburnEstatesGolf.com.

When submitting free ads be sure to include your MEMBERSHIP NUMBER.

FOR SALE: Indian rosewood side table \$40. 916-759-6908.

LOOKING FOR: Vehicle similar to a small SUV. Something like a Mazda CX9, Honda CRV, or Toyota RAV4 that runs well. Please call Megan at 971-444-1002 between 10 - 4 p.m. Thank you!

WANTED: Bedroom closet doors 6 ft. 916-759-6908.

WANTED: Looking for a moderately priced trundle bed in good condition for my second bedroom. CALL 503-989-9187.

Woodburn Free Community Meal



Our Team

by Community Ministry, sponsored by Immanuel Lutheran Church Woodburn

The Woodburn Free Community Meal began 6 years ago, in February 2016, as an indoor dining experience serving 80-100 people each Wednesday, to address food scarcity and hunger in the community. When Covid hit in March 2020, our team pivoted to a Grab and Go format, partnering with others in the community and has exploded to serving 350-450 people per week. In 2021 we served over 18,631 meals.

This growth has created a great need for funding and volunteers. We have now partnered with community members and additional faith organizations to expand our volunteer pool. We were awarded grants from Oregon Community Foundation in 2021 for \$10,000 and matched with ARPA funds from the City of Woodburn. We also partnered with Marion County Environmental to fund reusable containers to reduce cost and decrease waste. Several other fundraising events have occurred including Bottle Drop and pledges from community members and faith groups. Our projected expenses are between \$32,000-\$35,000 per year and we have no paid staff, so all funding goes directly to meal supplies. We anticipated that this growth might level off as Covid protocols changed, but attendance continues to be strong as Woodburn has a large population of low income, over 60% Latinx, and undocumented community members. We also see a sizable senior community that attends who do not have the ability to cook for themselves. We also have many homeless who take food for themselves and their community.

Local fundraising brings in about \$10,000 each year, so funding from grants is critical to keep this important service going. We currently have a grant request open with the City of Woodburn and are exploring additional funding options. Long-term, a combination of local private community-based fundraising along with public and private sources.

The community collaboration on this project has been incredible. The community building among volunteers and attendees is a bonus. Everyone enjoys building relationships with each other and finds the time spent volunteering is a joy-building activity. We intentionally make the time we spend together fun, team building, and a new way to meet and make new friends. We have also created improvements to our process through brainstorming and ideas generated by the volunteer team.

We promote the meal through social media each week and invite community members to come to enjoy a meal and volunteer as people are fed. Check out our Facebook Page https://www.facebook.com/WoodburnCommunityMeal.

This&That

from the WEG Community



Susan Overton with the Wrinkle City Players are back!

by Karen Linton

WRINKLE CITY PLAYERS

They are back on the Calendar!

Sunday, May 29

4:30pm - 6:30pm Wrinkle City Players Play Practice Auditorium

CRAFT FAIR

The initial meetings of crafters interested in having a table at the Craft Fair went well. Crafters voted to hold the fair on Saturday, October 22. Anyone missing the initial meetings who would still like to participate may call Jone Drury (503)961-4809

GARAGE SALE

The annual Community Garage Sale will be held on Friday, June 24, and Saturday, June 25. McCully Realty will be sponsoring maps of our community with addresses of people holding a sale. To register your address, contact the office, sign up at the Resource Table at Coffee Hour or email weg.gsale@gmail.com.

BINGO

Don't forget that Bingo is held each Wednesday evening at 7:00 p.m., doors open at 6:00 p.m. Coffee Hour is held every Thursday morning at 9:30 a.m., doors open at 9:00 a.m.

Celebration of Life

The family of Maxine Douglas invites you to a Celebration of Life for Maxine on June 17, 2022 at 11:00 a.m. at Athey Creek Christian Fellowship. Reception to follow at the church.

ATHEY CREEK CHRISTIAN FELLOWSHIP 2700 SW EK ROAD WEST LINN, OR

Directions: take 1-205 to Stafford Road Exit. Go ½ mile to SW EK Road. Turn left at the light. Go ½ mile to Athey Creek Christian Fellowship entrance and turn right.

Questions can be directed to 503-887-8099 by phone or text



Artist of the Month

Sue Line



by Anne Reslock

Art has always been a part of Sue's life. When she was in elementary school, when asked "what would you teach if you were the teacher?" Sue replied "Art, because you can have fun and talk all day." Which is exactly what she did. Sue has been a hairstylist for the last 35 years – although creating beautiful hairstyles is only one medium of art she enjoys. Gardening, baking, scrapbooking and jewelry-making have been her hobbies for many years. The last four years she has discovered the Woodburn Art Center/Glatt Gallery, where she has been taking watercolor classes. The Woodburn Art Center is a wonderful place to express your creativity, make friends and have fun.

Come join us on Monday's 10 a.m. to 3 p.m. for Open Studio. All levels of ability welcome. The Art Center is at corner of Boones Ferry Rd and Country Club Rd.



Menu items and prices are subject to change without notice!

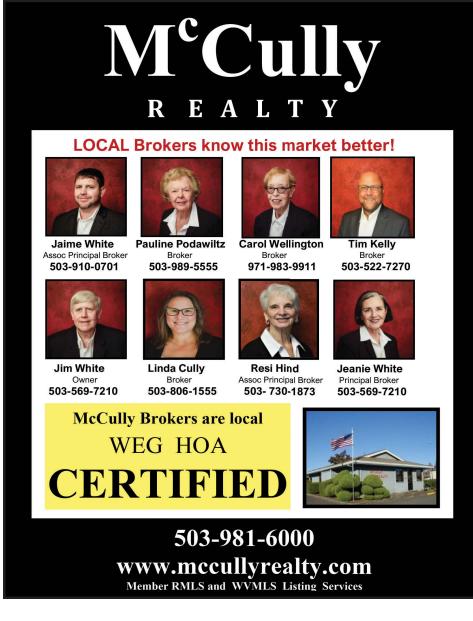
for Daily Specials

FAMILY GOLF DAY(s)

- FREE Green Fees Resident and Associate Member Families
- Make Tee Times at the Pro Shop (503) 981-0189
- Play day choices are June 18 and 19

Signups start May 20th





Men's Horse Race Winners

by Donna Burnside



From left: 3rd place, Chuck Stein and Emmet Gray. 2nd place, Jim Rodney and Gary Vogue. 1st place, Steve Hobson and Fred Bourne.



1st place winners, Steve Hobson and Fred Bourne.

Jokes

by N&V Staff

- Q: Why don't retirees mind being called seniors?
- A: The term comes with a 10 percent discount.
- Q: Who are the hardest people to convince to retire?
- A: Children at bedtime.
- Q: How do you know you're old enough to retire?
- A: Instead of lying about your age, you start bragging about it!
- Q: "Why do dads who golf always take an extra pair of socks?"
- A: "In case they get a hole in one!"

60 Years of Women's Golf (1961–2021): Part Nineteen

by Diana Lindberg 1991

The Women's Club President was Marjorie Staley: the Men's Club President, Don Strong. 264 women became members that year.

Luncheons were held in January, February, March, and October. All the meetings for Spring and Summer started with a meeting at 8:30 a.m. followed by a shotgun start at 9:30 a.m.

1991 Women's Tournament and Visitation Schedule, including Sponsors of Handicap and Turkey Shoot

April 17, 18, 24, 25: Woodburn Landscaping and Hubbard Chevrolet, Women's & Men's Spring Handicap.

May 16: 18-hole women's visitation at Riverwood.

May 22: Women's 9 Hole visitation at Riverwood.

The Rosa-A-Rama 18-hole invitational on June 15 was a tremendous success. The number of players was not announced, but the photos showed that the auditorium was filled for awards, prizes, and luncheon after play.

June 28: Women's Horse Race.

July 10: 18-hole women's club visitation at Senior Estates. The invitational included ten area clubs with eighty golfers playing. A local company, Special Occasions, catered and served the luncheon with prizes awarded.

July 11: 9-hole women's visitation to Orenco Woods.

July 16: 9-hole visitation to Evergreen.

August 21, 23, 28, 30: Women's and Men's clubs Championship.

October 2: US Bank and Fairway Plaza Merchants, Men's and women's Turkey shoot.

1991 Mixed Tournaments Schedule with sponsors.

The Women's and Men's Spring Handicap finished on April 25th with awards and "make your own sandwiches" following.

May 19: Trachsel Buick, Golf Tournament.

May 27: Woodburn Independent, Memorial Day, Alternate Shot – 178 players.

June 22: Miles Chevrolet, Golf Tournament – 195 players.

July 4: Coldwell Banker, Chapman - 200 players. Caldwell Banker cooked and served hamburgers with all the trimmings, potato salad and baked beans in the Gazebo.

July 9: Russ Baglien & Associates, Over 80, followed by a picnic and awards. July 13: Estates Realty and Linds Market, Scramble, 200 players.

August 9: Mixed Horse Race.

August 10: McCurdy Travel, Guys and Dolls, Best Ball. The Guys and Dolls Tournament had quite a crowd at their awards and picnic according to photos taken at the time. No count on the number of players.

The Statesman Journal reported on October 25th that the Woodburn City Planning Commission was working on a compromise with the residents of Senior

Sunshine Law

by Karen Linton

What is the "Sunshine Law"? It doesn't have anything to do with sunshine or any other weather. It's actually called the Oregon Public Meetings Law and it was first enacted in 1973. It's one of the same types of law enacted in all 50 states.

This law states "The Oregon form of government requires an informed public aware of the deliberations and decisions of governmental bodies and the information upon which such decisions are made. It is the intent of ORS 192.10 to 192.690 that decisions of governmental bodies be arrived at openly."

The law applies to a governmental body as "the State, any regional council, county, city or district or any municipal or public corporation, or any board, department, commission, council, bureau, committee or sub-committee or advisory group or any agency thereof." It also states that "a meeting is any convening of a quorum of a governing body in order to discuss or decide on public business."

Executive sessions are exempt from the law if the sessions are:

*To consider employment

*Dismissal or disciplinary hearings

*Labor negotiation strategy

*Property negotiation strategy

*To consider records exempt from the law

*For business in which the public body is in competition with other organizations

*Matters relating to attorney-client privilege and pending litigation

*To evaluate employee performance

*Negotiations related to the exchange of public investments

*Licensing meetings of health professional regulation boards

*State Landscape Architect Board to consider investigation information

*Security information

The law also stipulates that all meetings must be conducted within the geographical jurisdiction of the public body. Minutes must be kept of all meetings. Minutes of executive sessions may be in written or audio form and are not required to be released. All public bodies must provide reasonable notice to the public for meetings. For special meetings, the act requires at least 24 hours' notice to the public. Emergency meetings can be called with less than 24 hours' notice provided that the minutes account for the emergency.

There are many exemptions to the "Sunshine Law", notably voicemails; medical records; donor information; credit cards, account numbers and Social Security numbers; criminal investigations; student records and many more. Also, if a record a) does not relate to the conduct of the public's business and b) is contained on a privately owned computer, then it is NOT a public record as defined in the law.

Estates on Hayes Street traffic and the impact from the future Walmart. Traffic was expected to increase by eight hundred cars a day after Walmart was built at the end of Hayes. A Hayes Street Task Force was created, which included members of Senior Estates.

1992

The Women's Club President was Ruth Calderone; Men's Club President – Bob Barnum.

The Ladies had luncheons in January, February, and March, per tradition. The first meeting was Wednesday, April 15 at 8:30 a.m. with shotgun start at 9:30 a.m. There were 223 paid members for 1992.

1992 Tournament and visitations plus sponsors of the Men's & Women's Spring Handicaps and Club Championships tournaments and the Turkey Shoot

April 29 and May 6: Woodburn and Hubbard Chevrolet, Spring Handicap, Men, and women.

May 29: 9-Hole Women visit Summerfield.

June 27: Rose-A-Rama Invitational.

July 21: 9-hole Women visit Evergreen.

July 22: 9-hole Women, other clubs visit here.

July 23: 9 Hole Women visit Riverwood.

August 12 & 19: Women's Club Championship.

September 2: 18-hole women's, other clubs visit here.

October 7: US Bank and Fairway Plaza Merchants, Women's and Men's Turkey Shoot.

1992 Sponsors and Mixed Tournament Schedule

May 25: Les Schwab Tire, Memorial Day.

June 20: Miles Chevrolet.

July 4: Coldwell Banker.

July 11: Estates Realty and Lind's Market, Scramble.

August 8: McCurdy Travel, Guys and Dolls, Best Ball.

August 11: Russ Baglien & Assoc., Over 80.

September 7: McCully Realty, Labor Day.

September 13: Trachsel Buick Golf Tournament.

While the number of players were not always stated, Russ Hall (now called the dining hall) was decorated at many events, including a Hawaiian theme.

Construction of Walmart was well under way. The Statesman Journal reported on July 21st that the Hayes Street Task Force accepted a proposal in July with expectations that the Woodburn councilors would present the proposal at the following regular city meeting. The proposal included a three-way stop sign, a traffic circle, a diverter, and landscaped half-circles with hopes of curbing traffic near the new Walmart. The suggestion was made that Walmart and future developers of nearby property could partially pay for the plan. Many of the residents wanted Hayes to be blocked in some way, but the public works and the state highway department wanted Hayes as an alternative route to Highway 214.

In addition, Woodburn was looking for \$2.5 million for street improvements, including \$886,000.00 for a street that would alleviate traffic congestion near the new Walmart. In August, the Statesman Journal reported that the City Council had denied the task force recommendation, although a three-way stop at Hayes and Oregon Way was approved. Shortly after, the resident and community task force created 15 months before was disbanded.

The December Women's club luncheon and meeting was held in the auditorium beautifully decorated for Christmas. Fifteen Past Presidents were invited to honor their past and present service to the club. The new Officers for 1993 had been elected at the November meeting. Now it was time to pass the gavel to the new president, Jean McKenzie and her officers and chairman for 1993. The Men's club president was George Anderson.





Woodburn Estates & Golf Board

Ad-Hoc Committee Reports

No reports given by time of publication.

TREASURER/BUDGET REPORT

Summary of Treasurer and Budget Report from BOD Meeting: Director Phil Balogh May 24, 2022

Operating Funds: \$645,215 Reserve Fund: \$886,501 Working Capital Fund: \$169,670

RV Lot Fund: 16,817

Budget Committee met on May 18, 2022.

Reviewed April profit and loss statements. Revenues are tracking about \$50,000 under annual budget. Problem areas are Golf Memberships, and Rental revenues (RV lot and room rentals). Expenses are tracking on budget except Maintenance costs are high. It is still early to draw conclusions, but we are monitoring.

Reserve Fund: Total of Reserve Fund and Working Capital Fund: \$1,036,171 Year to date

Working Capital Fees are at \$171,002. We have lost \$22,030 in investment

These funds are performing well, and we will need these funds to solve the pool/spa issues.

More information: Treasurer@Woodburnestatesgolf.com

RULES AND REGULATIONS

Summary of Rules and Regulations Committee Report from BOD Meeting: Director Jaime Rodriguez May 24, 2022

The Rules committee met on May 13th and discuss several complaints regarding lawn maintenance, RV/Motorhome street parking and unoccupied dwellings and provided new resolution to be considered.

Director Jaime Rodriguez: I moved to post 2022-0524 Rules & Regulations #15.3-2 Owners are responsible for care of all sides of their shrubbery and foliage to ensure that it does not invade their dwelling, garage, and their neighbor's property. See Declaration of Restrictions III.

Director Jaime Rodriguez: I moved to post 2022-0524 Rules & Regulations the following changes for Rules & Regulation under 15.6 Lot Structure:

Renumber R&R 15.6-2 to 15.6-3 Renumber R&R 15.6-1 to 15.6-2

ADD R&R 15.6-1 Failure to maintain exterior of dwelling and/or garage. This would include siding, roof, windows, and paint.

Director Jaime Rodriguez: I moved to approve 2022-0524 SOP Exhibit A #1

#1 Using a Lot for non-residential purposes in violation of Senior Estates Golf and Country Club documents.

 $\frac{$500}{150} - 1st$ offense or notice

\$1,000 \$ 250 – 2nd offense or notice

\$1,500 \$ 350 – 3rd and successive offenses or notices

Director Jaime Rodriguez: I moved to approve 2022-0524 SOP Exhibit A #5 following changes:

#5 Driving Golf Carts on common grounds without current Cart Tags.

 $\frac{$100}{100}$ $\frac{$15}{100}$ – 1st offense

\$200 \$25 - 2nd offense

\$300 \$ 35 – 3rd and successive offenses

Director Jaime Rodriguez: I moved to approve 2022-0524 SOP Exhibit A #7 following changes:

#7 Failure to maintain exterior of home dwelling and/or garage in compliance with Senior Estates Golf and Country Club documents.

 $\frac{500}{150}$ \$ 150 – 1st offense or notice

 $\frac{$250}$ – 2nd offense or notice \$1,000

\$1,500 \$ 350 – 3rd and successive offenses or notices

More Information: Rules@woodburnestatesgolf.com

GOLF

Summary of Golf Committee Report from BOD Meeting: Director Ken Bourne May 24, 2022

This month's golf report is almost the same as last month. The raining weather has been a strong factor on days play for both The Men's and Women's Golf Club. Many golf events and days play have been cancelled because of wet conditions. The weather has created a major problem for the Golf Course Maintenance crew as well. The grass because of wetness has prevented the crew from staying up with mowing and preventing them to maintain a schedule. Let's hope the weather changes quickly as several golf events are scheduled in the next couple of weeks, including The Men's Horserace, Memorial Day Mixed Golf Tournament, and The Ladies Rose&Rama Golf Tournament. More information: Golf@woodburnestatesgolf.com

MARKETING PC

Summary of Marketing PC Committee Report from BOD Meeting: Director Sherman Lackey May 24, 2022

The marketing PC Committee met May 3rd at 1:00pm. The HOA chair, Sherman Lackey, presented a review of the newsletter Requirements from the WEG governing documents, and a brief review of the News & Views creation process currently used. Also discussed were the current contract with the design company, and the service Eagle Press provides. A review of the amount of advertising dollars received this year, and our costs of printing the News & Views led to a rousing discussion on add pricing as adjusted beginning the first of January 2022. Kim made a presentation of alternative printing, and productions options as well as an idea for advertising packets. The Marketing PC Committee is committed to finding a path forward to ensure that the News & Views is bringing in enough revenue to pay for publication. End report.

More information: publications@woodburnestatesgolf.com

ACTIVITIES COMMITTEE

Summary of Activities Committee from BOD Meeting: President Sharyn Cornett May 24, 2022

Activities has been very busy. Coffee is going very well; the numbers are going up thanks for coming. Kim is now at coffee with her laptop to sign people up for help, sign up for bugle blast and how it works.

We have lots of news, flyers, and signup sheets at coffee. We need people for

Remember June 2 coffee hour for booster shot in dining hall at coffee time by Woodburn Ambulance. You do not have to sign up ahead of time.

Sign up Estates Garage sale in June

The Craft fair has a date Saturday Oct 22. 21 people have signed up for tableswe would like more so come on down. We also need a few more volunteers. Please contact Jone or Diane to sign up or volunteer or call office.

We are creating name tags for event volunteers and activity committee members so you can recognize volunteers if you need assistance in any way. We are also in the process of planning more events for summer and fall.

Keep reading the N&V for all updates and events. Thank you. More information: President@woodburnestatesgolf.com

ARCHITECTURAL/RV

Summary of Architectural/RV Report from BOD Meeting: Director Gene Nemish May 24, 2022

Architectural Committee did not meet this month. Both the RV lot security cameras and the alarm system failed. The alarm system is now working, and repair parts are on order to permanently correct the issue. We have obtained 3 quotes to repair the camera system.

More information: Arch-rv@woodburnestatesgolf.com

NEW MEMBERS/REAL ESTATE

Summary of New Members / Real Estate from BOD Meeting: Vice President Carol Bolton May 24, 2022

The new member committee delivered 12 new home owner

kits in the community this last week.

The current listings as of today are:

4 Active listings: Price range: \$312,500 to \$414,900. 8 Pending sales: Price range \$260,000 to \$352,000. 11 Sold listings: Price range \$220,000 to \$388,000.

Thank you to Carol Wellington of McCully Realty for providing this information and to Debbie Brown of Woodburn Estates & Golf, for providing the list of new members in our community. We could not do this work without

Motion to Post: 2022-0524 Motion to post: Rules & Reg 19.3 The enforcement of rules to include the enforcement resolution.

More Information: VP-membership@woodburnestatesgolf.com

HOUSE COMMITTEE

Summary of House Committee Report from BOD Meeting: Director John Venner May 24, 2022

No Report available at the time of publication.

Motion to Approve: 2022-0524 Motion to approve Marilyn Sbardellati to the House Committee.

More information: House@woodburnestatesgolf.com

Sourdough How to Help Ukraine Class Class







by Kim Farquharson

Special thanks to all who made this a fun day. Thanks for being good sports and for your participation!

by Karen Linton (Research by Diana Lindberg)

Many of us have watched the news in horror as Ukraine was invaded by Russia. Hundreds of thousands have been displaced as they fled ahead of the invasion and later as bombings leveled their cities. Having to flee with possibly little except for some clothing and being forced to leave livelihoods behind, therefore having little money to subsist on, must be horrific. I cannot imagine the worry and stress of escaping death only to be struggling to provide food, medical attention and even a roof over my family's head.

That's why I was moved to send a donation to Ukrainian Relief. But even as I did it, I wondered if that donation was going to a reputable agency that would spend that money for refugees. Diana Lindberg thought the same, did some research and came up with this list of organizations that would be reputable.

Besides the obvious ones such as UNICEF, the UN Refugee Agency, Doctors Without Borders, International Red Cross, and the International Rescue **Committee**, are the following:

Voices of Children - Ukraine-based aid organization that provides psychological suport to children of war.

Vostok SOS - Ukraine-based, partners with German-Swiss NGO (Nongovernmental organization) Libereco provides immediate evacuation support.

Maltese International – nonprofit based in Malta collects everyday needs such as cots, blankets, medicines food and cash.

United Help Ukraine - American nonprofit created in 2014 after the annexation of Crimea by Russia. Sends first aid kits and money.

Nova Ukraine – American nonprofit, assembles supply packages that include diapers, baby food, medicines, and dry food for an orphanage.

Sunflower of Peace - American nonprofit raises money to give first aid backpacks for paramedics and doctors on the front lines. Before giving to any charity, in Ukraine or anywhere, you should verify how a

charity uses the money and if it's legitimate. Go online to:

HTTPS://www.irs.gov/charities-non-profits/tax-exempt-organization-search Better Business Bureau at give.org/charity-reviews/national

www.charitynavigator.org/

www.charitywatch.org

www.guidestar.org/search

Bugle Blast is easy to get.



- 1. Visit WoodburnEstatesGolf.com
- 2. Scroll to the bottom of the home page
- 3. Click on Bugle Blast emails (under Bugle Blast Email Signup)





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Focus on History

History of 1991 by Stan Hiller

Chapter 32 for 1991 starts with the following: Vice President Joe Rice, now Bob Staley 5-14-91 SecretaryBetty Guild Treasurer Les Moore – Finance & Budget Architectural......Harold Stein, now Gil Flaugher 6-14-91 Golf Joe Rice, now Bob Staley 5-14-91 Rules & RV Hillis Slaymaker

Administrator is the president, and the meetings were held in the Craft Room.

Golf Pro Jim White started July 14, 1979 Golf Course Super Curtis Smith started 1-1-1989 Jean Cravens 6-25-1988 N&V Editor

McCurdy Travel Tour & Social Director, receptionist is Jackie Opitz Estates Restaurant Dave & Lucy Almond started 2-14-84

December 14, 1990, the N&V reported change. The Initiation fee is set at \$1,000 for new homeowners.

Late fee charge of \$1.00 per day will be assessed after January 31.

Assessment Golf Total Type Homeowner Membership (55+) \$182 \$182 \$432 Homeowner & Golf single \$182 \$250 \$222 \$222 Associate Membership (50+) Associate Member Golf single \$222 \$260 \$482 Green Fees – guest \$8 for 9 holes; \$12 for 18 or all day.

House Guest Golf fee \$100 per one month Hand Cart Club Storage \$36 Oversize club storage \$48

Locker rental \$12 Pool cue reserved rack \$3

Power golf car user fee \$40 Electric Cart storage \$65 walk-along

Power golf car storage electric \$300 Golf car storage gas \$225 Trailer storage small \$78 medium \$130 large \$234

January 8, 1991 Board minutes President George Tallmadge opened the meeting and said we need to revitalize the "Neighborhood Watch" program.

Rule's chair, Hillis Slaymaker said she checked out a member who was selling garden produce and had to inform them of the rules.

Activities chair, Marge Davis reported that dates have been set for the Pancake Breakfast and the annual picnic. That letters have been written to the Air Force and the Portland Rose Festival. We are trying to get them to come in

February 8, 1991 N&V was a picture of Mary & Gerine Reagan display of yellow ribbons on their fir tree to support our troops.

February 22, 1991 Board minutes President George Tallmadge read exerts from a letter to SEGCC saying the State is going to widen Hwy 214 into a 4-lane highway. For those that live along the highway, we have been promised that there will be a buffer wall put up there. Also announced we have the automatic door installed by pushing a button at the restaurant entrance. Next project will be for an automatic door to the front offices. We are going through the legal aspects of limiting the number of rental properties here. Also, I have heard a lot of comments about the high increase in dues. We have converted from a ledger system to a computer financial system and found we have not kept up

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with the rising cost of living. With that said we were only able to accumulate an additional \$9,000 in the reserve fund for 1991. If we have any catastrophe events happen around here, believe me, we are in trouble. We went through 1982 a ration of homeowner assessments paying 27% of the cost of maintaining the golf course. In 1991 we are projecting and budgeting that to be 14%. But it is an asset to the homeowner; they should realize it is an asset even if that homeowner is not a golfer. It enhances the value of their home and without the golf course, this place would not be what it is today.

Golf chair, Joe Rice reported that the new gas tanks are completely installed and fueled and really look nice. The crew has been graveling the lateral and parallel ditches of the fairways. I also would like to add to what President Tallmadge said about the rentals. This is a two-stage program. We announced that by amending the regulations we could have some control on renters, at the same time consolidate all nine articles of the Declaration of Restrictions into one. The attorney is still working on the rental phase which will be an Amendment to the proposed Restated Declaration of Restrictions.

House chair, Galen Terry reported that a new hot water tank for showers to the swimming pool has been installed. A SMOKEMASTER has been installed in the men's card room. The fan has been installed in the restaurant for the smoking

March 12, 1991 Board minutes President George Tallmadge said a motion for associates to live within a 10-mile radius. A motion to accept the change to

A question was asked on the ballots and the president answered the last count we had 804 affirmative votes and we need 1,132 affirmative votes. It is for your own good that this change be made, but some members have thrown away the ballot thinking it didn't mean anything. It is important we get these votes in. it will cut down on expenses; we are cutting down on length of time of work. We are not taking one thing out of the present Declaration of Restrictions, but we are putting everything back into it that was there. Nothing has been changed except one or two words that caused us to have this vote.

April 9, 1991 Board minutes President Tallmadge reported that on April 11 at the City Hall, there will be a meeting on the WALMART edition or whatever it is going to be behind McDonald's. The reason we would like to have good attendance at that meeting is that we are opposed to the extension of Hayes Street as an entrance to that area. Right now, Hayes Street is very busy without opening it up.

May 14, 1991 Board minutes the President read a letter of resignation from Joe Rice due to health reasons. The President then appointed Bob Staley to serve as Golf chair.

Problem: A <u>US Mail</u> carrier picked up over 100 copies of the N&V and turned them into the office stating they had been delivered in mailboxes and partially through mail slots and were hindering the delivery of the mail. The amount turned in that day would have cost us \$435. Our delivery volunteers need to stop putting the N&V in US Mailboxes.

June 11, 1991 Board minutes Activities chair Marge Davis reported the Pancake Breakfast was a big success. Thanks go to Lind's Market for their contribution of donating all the food and thanks to all the volunteers that helped

July 9, 1991 Board minutes House it was reported that if anybody had lost a little cocker puppy that has had good care if they would call him for pickup.

August 13, 1991 Board minutes Rule's chair, Hillis Slaymaker reported that some of the criminal practices are; giving an estimate to do the yard and halfway through it, getting an advance in payment and doesn't come back. The other problem we are hearing about is those who leave their garage door open about a foot high and the burglars crawl underneath stealing your stuff even during daylight hours. The Neighborhood Watch Committee has met four times in reviving this group.

September 10, 1991 Board minutes Rule's chair, Hillis Slaymaker reported the general type of complaints about dogs, stray cats, yards, and now signage because of the candidates.

Activities chair, Marge Davis reported the Chamber of Commerce has asked us to join them on the FARMFEST. They would like us to decorate our gas Golf Cars and enter them in the FARMFEST parade.

October 8, 1991 Board minutes President George Tallmadge reported that there will be no Chemeketa Community College Classes held at SEGCC in the foreseeable future. We thought we had it worked out, but once again they have rules to go by and we have rules to go by. No other details were given from either side as to why unless low enrollment by SEGCC.

A letter was then read – We, the residents of Princeton Road living along #6 fairway, respectively request the Board to include the costs for installation of additional water sprinklers in this fairway when you are making up the 1992 budget. For the past eight years that I have lived here, myself and my neighbors: Falks, Johnson, Fox, Hiserote, and Naeve have used our sprinklers and hoses from our faucets to keep the fairway somewhat green and growing. With the advent of water meters, we can no longer afford the additional \$28 or more a month to water the golf fairway. ANSWER: it would be prohibitive at the present time to go over the entire golf course and put in additional sprinklers. Sorry!

Treasurer, Les Moore said we are obligated to furnish a restaurant for the members.

November 12, 1991 Annual Board minutes President said we have 1,481 qualified voters. The proposed Bylaw amendment was read again and with a motion – carried.

December 10, 1991 Board minutes President George Tallmadge again gave thanks to his Board of Directors for the things they were able to accomplish.

If you have any documents or pictures to share, please send to News & Views.

How Far Can You Drive on Empty?

by N&V Staff

Gas prices are high, and your neighbor texted you that a station 30 miles away is selling gas for 50 cents per gallon less than the store down the street.

Sadly, the warning light comes on. You are out of gas. Can you still make it those 30 miles?

It depends on your vehicle -- the fuel light can mean many different things.

According to Your Mechanic, if you are driving a Chevrolet Silverado, you won't. You've got about 25 miles. You might make it with your Ford F-150 (35-80 miles left).

It will be touch and go with a Hyundai Elantra, Kia Optima or Kia Soul. Better hope there are no detours because you have about 30 more miles.

If traffic is light, you might make it with the Hyundai Santa Fe or Sonata or the Kia Sorento -- you've got about 40 miles left with them.

On the other hand, you'll easily make the trip with a Chrysler 200 (69-108 miles left) or a Nissan Altima (81-114 miles).

Also making the trip:

Mazda 3 or CX-5, 67-94 miles.

Jeep Grand Cherokee, 66-90.

Nissan Rogue, 78-99.

Nissan Versa, 65-85.

(See the full list at: yourmechanic.com/article/how-far-can-you-drive-your-vehicle-on-empty-by-brady-klopfer)

Would you take the chance?

The Association for Convenience and Fuel Retailing (representing mini marts) asked drivers how far they would drive to save 5 cents on gas.

They found that 63 percent of us would drive five minutes out of our way to save 5 cents per gallon. Thirty-six percent of drivers would drive 10 minutes out of their way to save 5 cents a gallon.

According to the Seattle Times, it's a false economy. To break even on a 20-minute round-trip in a car that gets 30 miles per gallon, you'd have to buy at least 22 gallons of gas to make the 5-cent discount worthwhile. Plus, you spent 20 minutes of your time.

Gas Prices at Mini Marts

bv N&V staff

Ever wondered why the mini mart raises gasoline prices, even though you know they bought the gas at a lower price? Shouldn't they sell it for the same price they bought it?

Unfortunately, the economics of gas makes that impossible. When gas prices rise, station owners will have to dole out more to replenish their reserves. That means they need to raise more money now on the gasoline they have.

Here's why (in this example, we'll ignore taxes, which don't change day to day): Suppose a convenience store buys 10,000 gallons of gasoline for \$1 a gallon, or \$10,000 in total. On top of the \$1 gallon, they add expenses (cost of pumps, loans, repairs, credit card fees, infrastructure, property taxes, permits), raising the cost of gas to \$1.20.

Next, they add profits, but not nearly as much as you might think. IBISWorld found that gas stations enjoy a profit of only 1.4% from fuel. So about 2 or 3 cents, raising the price at the pump to \$1.23. Add it all up, and they'll pull in \$12,300 or so in revenue, with a profit of \$300.

But one day, wholesale gasoline prices spike to \$1.50 a gallon. The mini mart will have to pay \$15,000 to refill its reserves. But at the current price of \$1.23 per gallon, it will only raise \$12,300, leaving them \$2,700 short and with no money for expenses or profit.

So instead of basing gas prices on what they paid, gas station owners price it according to the daily market. With gas prices at \$1, they might sell 5,000 gallons at \$1.23, bringing in \$6,150. Tomorrow, gas prices spike to \$1.50. That means their last 5,000 gallons must add up to at least \$8,850, or \$1.77 a gallon. At that price, they can refill their tanks, but they still don't make money or pay expenses.

What if wholesale gas prices suddenly drop? Gas prices will decrease, but slower than they rose. The mini mart has an incentive to lower prices to lure you to their pumps. Mini marts make 70 percent of their profits from in-store sales (candy bars, soda) according to The Hustle. At the same time, market prices are a gamble. The mini mart must cut their price enough to be competitive, but still be able to buy more gasoline, and they don't know what that will cost. Instead of slashing their prices overnight, stations undercut each other by a few cents, steadily decreasing prices.

Get (a little) Sun



by N&V staff

A few minutes of direct sunlight each day can bring big benefits.

Sunlight prompts the body to produce vitamin D. Studies show that people who get the least exposure to the sun have a greater risk for prostate cancer, multiple sclerosis, depression, and high blood pressure according to a University of Alabama study.

Sun protection

People often think that a tan will protect them from the sun's UVA and UVB rays. Not true. A tan is the body's desperate attempt to protect itself from sun damage. Rather

than being helpful, sun tanning can lead to wrinkles, skin cancer, and other skin problems.

When you will be outdoors for more than 20 minutes, use a broad-spectrum sunscreen that protects against both UVA and UVB rays. At the beach, use one with a sun protection factor (SPF) of 30 and make sure to reapply every two hours.

Know Your Neighbor



by Karen Linton

After selling a dance studio you've run for 40 years during a pandemic when all dance classes have been cancelled, what does one do for exercise? Well, clogging, of course!

After Anna Frankus and her husband, Paul, sold their home and business in Sandy, they wanted to downsize closer to her mother in Salem. Looking around Salem, she found a clogging group, the Cherry City Cloggers, and although not tap dancing, it would do! However, even though she taught dance for so many years, she had to take an several month introductory class and a beginner's class! Now she just takes classes each week and practices on the stage in the auditorium...so if you hear that distinctive tapping, you'll see Anna!

Of course, clogging doesn't take up all of her time. She found a group of quilters known as the Busy Bees. They do machine quilting. She also has joined our WEG quilting group that hand stitches quilts.

She and Paul found the house they bought through a connection with long-time active residents of WEG, Allan and Diana Lindberg. Allan and Paul attended high school together but had lost touch for some 15 years. After researching on the internet, Paul found Allan here in WEG and through visiting, found out about our community. Having always wanted a house on a golf course, they bought the house in December 2020. It's near Anna's mother in Salem, her daughter and family in Vancouver and Paul's son and family in Molalla. Anna's son and family love in Palm Springs.





Robots Serve Up Shakes and Fries

by N&V Staff

Will automation shake up the food and beverage industry? When you think of automation, your mind's eye might first envision manufacturing plants with robots whirling about, assembling the many gizmos that make up the modern world. Robots have increased productivity and helped lower the relative costs of various goods. Now, automation could shake up the food and beverage industry.

Back in 2015, McDonald's installed its first self-serve kiosks. These days, amid a tight labor market, many companies are turning to automation to make up for hard-to-find workers. Still, when McDonald's announced a rapid expansion of these kiosks in 2018, it was largely because they found that kiosks increased ticket size by an average of 30 percent.

Companies like GRUBBRR, meanwhile, offer self-service kiosks to small businesses and report that their customers have seen ticket sizes increase by as much as 50 percent. With kiosks, consumers are more likely to customize their orders, making upselling easier.

Automation can also improve efficiency and cut costs. As reported by CNBC, THAT Burger Spot, a small burger chain in Georgia, saw average sales per labor hour reach \$85, up from the high \$50 range after installing kiosks and online ordering. Robots are also increasingly found in kitchens, flipping burgers, and frying wings.

CIO Dive reports that half of the American restaurant operators plan to deploy automation within the next two to three years. Adoption challenges remain difficult as setting up systems requires calibration, but experts say artificial intelligence may be able to help. While big chains led the charge, more automation providers are targeting and designing solutions for small businesses.

Bikes are Right for the Big Kid in All of Us

by N&V Staff

It probably won't be like the thrill of learning to ride your new Schwinn around the neighborhood. You were eight – it was pure freedom.

But bike riding is still fun and perfect for people of all ages. With the many new styles, it can also be perfect for seniors.

There are many kinds to choose from:

Recumbent bikes: great for people with knee, neck, or back problems. They even come with safety flags, which you need since their profiles are so low. They can be equipped with hand cycles instead of foot pedals too. They are good for roads and trails and can be folded and transported to preferred locations. Drawback: They are heavy.

Three-wheelers: trikes aren't just for kids. These adult-sized three-wheelers can be perfect for even those new to bike riding. They are safe, require less balance than the two-wheeled version, and they usually come equipped with a basket. Ride down to the store for milk and set the gears to go uphill.

E-bikes: Add some electric power to your pedal bike with an electric assist motor that can help you uphill or give your legs a break when you get tired. Although you won't get the same exercise as a regular bike, you will get some. These are great for people with good balance and adequate strength, but they do go fast: up to 28 miles per hour. They can be very heavy.

Researchers say that older adults get many benefits from riding: improved brain function, preserved balance, decreased bone loss, improved mood, and relief from joint pain. Seniors who ride also keep their waist size down.

Save this Date

Sunday, July 10, 2022 · 10:00 a.m. to 2:00 p.m.



If you live in the Estates and have a classic or specialty car, this is the time to show it off. More details to follow.

Contact Jim Hoover (503-258-7257) or

Lowell King (503-550-1557) for more information.

Repair Old Lamps

by Wally Emil

I was surprised/pleased to read your item on repairing old lamps. I have repaired beautiful old & newer lamps for years. It was a hobby for many years. However, your article needed to be clearer on a couple of items.

Two things one should know/learn: 1). What is a polarized plug (or lamp cord with a polarized plug factory installed) because all new lamp cords have polarized plugs? 2). What is the difference between an SPT-1 cord and an SPT-2 cord? Without knowing this one may have difficulty threading the wrong cord in an older lamp, and today all plugs are polarized so we need to know which wire goes where on what.

When you buy a replacement socket or a replacement cord, you get just that. It is not a "kit" with wiring instructions and diagrams etc. Most of the time all one needs to repair the lamp are those two items. One needs to learn the difference between a polarized plug and a non-polarized plug. Lamps predating the early 60's have unpolarized plugs. In the early 60's polarized plugs became required. There is a safety reason for the change to polarized plugs. On a polarized plug the larger blade is the neutral or return, it is connected to the return wire. The smaller blade is the hot one, it is connected to the hot wire.

Here are some quotes that I cut and pasted from Googling "Which wire goes where?"

Does it matter which wire goes where on a lamp?

Yes, it really does matter. The grounded conductor or neutral is the larger blade of the plug and its' wire goes to the silver screw. The wire associated with the larger blade usually has a few small ridges on it for identification, or you can just follow it up from the plug.

And:

"If using traditional lamp wire, one side is ribbed and the other is smooth. Ribbed is the neutral (negative) side and smooth is the line (positive)."

NOTICE; The ribbed is the neutral (return) wire and goes to the larger blade on the plug. The smooth non ribbed (hot) wire goes to the smaller blade on the plug.

And: Does the ribbed wire go to brass or silver?

"The large blade of the polarized plug is connected to a marked conductor in the cord (often ribbed). It goes to the silver screw that is connected to the shell of the socket. The small blade (no marking on cord) goes to the brass-colored screw connected to the button in the bottom of the socket."

Now for buying the right replacement cord: Lamp cords come in two thicknesses. They are SPT-1 and SPT-2. The only difference is in the thickness of the plastic around the wires. They are both UL approved and the wire itself is the same gauge on both types. Only the thickness of the plastic insulation is different. Why? If your lamp predates the 60's era it probably has the SPT-1 lamp cord. It is the thinner of the two types of cords (SPT-2 cords came out sometime in the 60's), If you try to use an SPT-2 replacement cord on such a lamp, it probably will be next to impossible to thread it through some parts of the lamp. One has to use the SPT-1 for older lamps. I've tried to use the SPT-2 and often it just is too big for older lamps.

Lamp supply houses (on line) such as Grand Brass and LampPartsGuy (on eBay) and other lamp supply companies, have these cords, plugs, sockets and literally any other lamp part one needs. Often one cannot find these parts locally so ordering online is the best way to get them.

And when in doubt, always ask Google or Bing, they will bring up many short or long articles answering one's questions...often when there is really no other place to go these days.

Register for the 2022 Neighborhood Garage Sale

by Activities Committee

Woodburn Estates & Golf® Activities Committee is pleased to announce this year's Annual Neighborhood Garage Sale: Friday, June 24, and Saturday, June 25, from 9 a.m. – 4 p.m.

We will publicize the event in our newspaper, as well as the Woodburn Independent, Craigslist, and by other methods. We will also be putting up signs reminding people of this giant neighborhood sale. A list will be printed identifying the addresses of those participating in the sale.

Members who wish to participate on either of these days should register by June 17 using one of the following methods:

- 1. Sign-up at the Coffee Hour "Resource Table"
- 2. Sign-up in the office
- 3. By email to weg.gsale@gmail.com

Please indicate what days you wish to participate. Remember to include your name and telephone number in case we have any questions.

Calendar (May 28-June 10)

*Any Change Of Date, Time, Activity, Or Place Must Be Made With The Office 503-982-1776.

SATURDAY, MAY 28, 2022

10:00 a.m. - 11:30 a.m. Paper Crafting (Craft Room) 3:00 p.m. - 5:00 p.m. Water Volleyball (Swimming Pool) 4:00 p.m. - 9:00 p.m. Hand & Foot Card Game (Blue Room)

SUNDAY, MAY 29

4:30 p.m. - 6:30 p.m. Wrinkle City Players Play Practice (Auditorium)

MONDAY, MAY 30

All Day - Memorial Day Mixed 4 Person Scramble 8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool) 8:30 a.m. - 2:30 p.m. Sr. Estates Quilters (Craft Room) 8:30 a.m. - 9:15 a.m. Walking Club (Auditorium) 9:15 a.m. - 10:15 a.m. Yoga (Auditorium)

9:30 a.m. - 10:30 a.m. Ladies Laugh & Chat (Blue Room) 10:00 a.m. - 12:00 p.m. Pickleball Club (Dining Room)

10:15 a.m. - 11:15 a.m. Zumba (Auditorium)

11:00 a.m. - 1:00 p.m. Tai Chi 11a Advance, 12p Beginners (Auditorium)

12:30 p.m. - 4:00 p.m. Bridge (Blue Room)

1:30 p.m. - 4:00 p.m. Mixed Golf Tournament (Auditorium) 2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool) 5:00 p.m. - 8:00 p.m. Pickleball (Dining Room) 6:00 p.m. - 8:00 p.m. Water Volleyball (Swimming Pool)

TUESDAY, MAY 31

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)

9:00 a.m. - 10:30 a.m. Ping Pong (Dining Room) 10:00 a.m. - 12:00 p.m. Needlecraft (Card Room) 10:00 a.m. - 10:45 a.m. Fitness Club (Auditorium) 11:00 a.m. - 2:30 p.m. Uke-de-dos (Craft Room)

2:00 p.m. - 4:00 p.m. Wrinkle City Players Play Practice (Auditorium)

3:00 p.m. - 5:00 p.m. Water Volleyball (Swimming Pool) 5:00 p.m. - 9:00 p.m. Poker Games Tuesday (Card Room)

WEDNESDAY, JUNE 1

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)

8:30 a.m. - 9:15 a.m. Walking Club (Auditorium) 9:00 a.m. - 10:30 a.m. Ping Pong (Dining Room) 9:15 a.m. - 10:15 a.m. Yoga (Auditorium) 9:30 a.m. - 10:30 a.m. Ladies Laugh & Chat (Blue Room)

10:00 a.m. - 12:00 p.m. Pickleball Club (Courtyard)

10:00 a.m. - 11:00 a.m. WEG Men's Club Meeting (Dining Room)

10:15 a.m. - 11:15 a.m. Zumba (Auditorium)

12:00 p.m. - 4:00 p.m. Double Deck Pinochle (Card Room) 12:00 p.m. - 1:00 p.m. Friends of Bill W. (Craft Room) 1:30 p.m. - 4:30 p.m. Wii Bowling (Auditorium) 1:45 p.m. - 3:15 p.m. Home-Style Hymn Sing (Blue Room) 2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool) 6:00 p.m. - 9:00 p.m. Bingo (Dining Room) 6:00 p.m. - 9:00 p.m. Pinochle Group (Blue Room)

THURSDAY, JUNE 2

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool) 8:30 a.m. - 2:30 p.m. Sr. Estates Quilters (Craft Room) 8:30 a.m. - 2:00 p.m. Vaccine Booster Clinic (Dining Room) 9:30 a.m. - 11:00 a.m. Coffee Hour (Auditorium/Dining Room) 1:00 p.m. - 3:00 p.m. The Jazz Tones (Auditorium) 5:00 p.m. - 9:00 p.m. Poker (Card Room)

6:00 p.m. - 9:00 p.m. Pinochle Group (Blue Room)

6:00 p.m. - 8:00 p.m. Water Volleyball (Swimming Pool)

FRIDAY, JUNE 3

Rose-A-Rama Ladies Invitational

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)

8:30 a.m. - 9:15 a.m. Walking Club (Auditorium)

9:15 a.m. - 10:15 a.m. Yoga (Auditorium)

9:30 a.m. - 10:30 a.m. Ladies Laugh & Chat (Blue Room) 10:00 a.m. - 12:00 p.m. Pickleball Club (Courtyard)

10:15 a.m. - 11:15 a.m. Zumba (Auditorium)

12:30 p.m. - 4:00 p.m. Bridge (Blue Room)

12:30 p.m. - 3:30 p.m. Bunco (Craft Room)

2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool)

4:00 p.m. - 6:00 p.m. Wrinkle City Players Play Practice (Auditorium) 6:00 p.m. - 8:00 p.m. Rose-A-Rama set up (Auditorium/Kitchen)

SATURDAY, JUNE 4

Rose-A Rama Ladies Invitational

7:00 a.m. - 3:00 p.m. Rose-A-Rama Golf Tournament (Auditorium/Kitchen)

3:00 p.m. - 5:00 p.m. Water Volleyball (Swimming Pool) 4:00 p.m. - 9:00 p.m. Hand & Foot Card Game (Blue Room)

SUNDAY, JUNE 5

4:30 p.m. - 6:30 p.m. Wrinkle city players play practice (Auditorium)

MONDAY, JUNE 6

8:00 a.m. - 11:00 a.m. Women's Putters (Conference 1) 8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool) 8:30 a.m. - 2:30 p.m. Sr. Estates Quilters (Craft Room)

8:30 a.m. - 9:15 a.m. Walking Club (Auditorium) 9:15 a.m. - 10:15 a.m. Yoga (Auditorium)

9:30 a.m. - 10:30 a.m. Ladies Laugh & Chat (Blue Room) 10:00 a.m. - 12:00 p.m. Pickleball Club (Dining Room)

10:15 a.m. - 11:15 a.m. Zumba (Auditorium)

11:00 a.m. - 1:00 p.m. Tai Chi 11a Advance, 12p Beginners (Auditorium)

12:30 p.m. - 4:00 p.m. Bridge (Blue Room); (Blue Room) 2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool) 5:00 p.m. - 8:00 p.m. Pickleball (Dining Room) 6:00 p.m. - 8:00 p.m. Water Volleyball (Swimming Pool)

TUESDAY, JUNE 7

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)

9:00 a.m. - 10:30 a.m. Ping Pong (Dining Room) 10:00 a.m. - 12:00 p.m. Needlecraft (Card Room) 10:00 a.m. - 11:00 a.m. Writing Class (Blue Room) 10:00 a.m. - 10:45 a.m. Fitness Club (Auditorium) 11:00 a.m. - 2:30 p.m. Uke-de-dos (Craft Room)

2:00 p.m. - 4:00 p.m. Wrinkle City Players Play Practice (Auditorium)

3:00 p.m. - 5:00 p.m. Water Volleyball (Swimming Pool)

5:00 p.m. - 9:00 p.m. Poker Games (Card Room)

WEDNESDAY, JUNE 8

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)

8:30 a.m. - 9:15 a.m. Walking Club (Auditorium)

9:00 a.m. - 10:30 a.m. Ping Pong (Dining Room)

9:15 a.m. - 10:15 a.m. Yoga (Auditorium) 9:30 a.m. - 10:30 a.m. Ladies Laugh & Chat (Blue Room)

10:00 a.m. - 12:00 p.m. Pickleball Club (Courtyard) 10:00 a.m. - 11:30 a.m. Paper crafting (Craft Room) 10:15 a.m. - 11:15 a.m. Zumba (Auditorium)

10:30 a.m. - 12:30 p.m. Crafts for Fun (Blue Room) 12:00 p.m. - 4:00 p.m. Double Deck Pinochle (Card Room) 12:00 p.m. - 1:00 p.m. Friends of Bill W. (Craft Room)

1:30 p.m. - 4:30 p.m. Wii Bowling verify (Auditorium)

2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool) 6:00 p.m. - 9:00 p.m. Bingo (Dining Room)

6:00 p.m. - 9:00 p.m. Pinochle Group (Blue Room)

THURSDAY, JUNE 9

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool) 8:30 a.m. - 2:30 p.m. Sr. Estates Quilters (Craft Room)

9:30 a.m. - 11:00 a.m. Coffee Hour (Auditorium/Dining Room)

1:00 p.m. - 3:00 p.m. The Jazz Tones (Auditorium)

1:30 p.m. - 4:00 p.m. Genealogy (Blue Room)

5:00 p.m. - 9:00 p.m. Poker (Card Room) 6:00 p.m. - 9:00 p.m. Pinochle Group (Blue Room)

6:00 p.m. - 8:00 p.m. Water Volleyball (Swimming Pool)

FRIDAY, JUNE 10

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)

8:30 a.m. - 9:15 a.m. Walking Club (Auditorium)

9:15 a.m. - 10:15 a.m. Yoga (Auditorium)

9:30 a.m. - 10:30 a.m. Ladies Laugh & Chat (Blue Room) 10:00 a.m. - 12:00 p.m. Pickleball Club (Dining Room)

10:15 a.m. - 11:15 a.m. Zumba (Auditorium) 12:30 p.m. - 4:00 p.m. Bridge (Blue Room)

12:30 p.m. - 3:30 p.m. Bunco (Craft Room) 2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool)

4:00 p.m. - 6:00 p.m. Wrinkle City Players Play Practice (Auditorium)

Vision Changes Should be Checked

Suddenly, it's hard to read when the light is low. Maybe there are halos around lights. These minor changes can become big problems.

Cataracts affect most older Americans across all ethnic groups by age 80, according to the National Institutes of Health.

Cataracts occur when the proteins in the lens of your eye gradually change shape and clump together as you age, according to Health in Aging. Over time, the tissue becomes thicker, changes color, and loses transparency, which can block light from entering your pupil. Aging, diabetes, alcohol consumption, excessive sunlight, high blood pressure, and smoking are among the most notable risk

New glasses or contact lenses may correct vision loss from mild cataracts. If your cataracts are advanced and impacting your quality of life or ability to perform normal activities, your doctor might recommend surgery. During this quick outpatient procedure, the doctor removes the clouded lens and replaces it with an intraocular lens implant (IOL). Most people who undergo cataract surgery can see better after. Discomfort is usually mild, and patients generally heal within a few weeks.

While Medicare doesn't typically cover vision care, such as eye exams or glasses, it does cover standard cataract surgery with IOL implants for people 65 and older. If your doctor recommends more advanced surgery or a specialized implant, you may face additional out-of-pocket costs.

If you don't have cataracts, protect your vision by wearing UV-blocking sunglasses and a hat with a brim to shade your eyes. Eat plenty of fruits and vegetables (especially dark leafy greens). Quit smoking and make sure to get a dilated eve exam every two years.

2022 Woodburn Estates & Golf Directors

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"It's all hypothetical, of course, but how much wood do you think you could chuck?"





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