

Traffic Installations

Mood Booster



This solar-powered sign on Hazelnut Street before entering Tukwila is similar to the ones to be installed in WEG

by Karen Linton

It's been noticeable lately that not only has traffic increased, but the speed of the vehicles has increased as well. With all the building going on, both commercial and residential, it doesn't take a fortune teller to see that it will increase even more.

The City of Woodburn has purchased seven of these solar-powered traffic installations to help with the speeding problems. Two of them will be in our area, one on Country Club and one on Umpqua Road. The exact blocks haven't been announced. The construction of these is dependent on the weather and the availability of the crews.



by N&V Editor

There's one sport that can be played anywhere, is highly social, boosts mood, improves memory, and best yet, a few aches can't stop you from playing.

Bridge. Yes, the card game. Some argue that it's more of a sport than a card game, but whatever it is, its millions of fans are ready for a game anytime. A survey of Israeli bridge players found that 97 percent said the game improves their mood and 85 percent said they play it to socialize.

Take legendary billionaire investor Warren Buffett. At age 88, he claims to play Bridge for eight hours a week. That's four games, each lasting two hours. He once said he wouldn't mind going to jail if he had three cellmates who played bridge. His good friend, Microsoft founder Bill Gates, is also a player who once said Bridge is the king of card games.

With those kinds of fans, you might think that Bridge is only for smart, rich people. But the truth is that the basics of Bridge are not difficult to learn, and the game only requires a simple deck of cards. If you have played games like spades, hearts, or euchre, you already understand the idea of following suit, taking tricks, and playing trump, which is what bridge is based on, too.

The difference is that bridge is also played at a high level, with bidding and strategy. The more you play, the more you learn. As you play more and learn more, the game becomes more social, with more opportunities to play with others in different settings – even in different cities. It's a game that travels.

To get started with Bridge, you can learn and play Bridge online, or at Bridge clubs. There are lots of players around. About 20 percent of Americans aged 45 and older play. Yes, there is a Bridge group here in Woodburn Estates. Friday Party Bridge plays in the Blue Room on Fridays at 12:30 p.m.

Dart Board



by N&V Staff

The Maintenance crew read the comments of the survey that someone mentioned 'putting up a dart board'. They just happened to know that there was one in storage so they got it out, dusted it off and hung it up in the Pool Hall. Just want to let you know, your comments are being read and listened to.

Obviously, not all suggestions are quite as easy as a fix as this one...but it is nice to know that someone is listening! Meanwhile, try your hand at a game of darts! A special shout out of thanks to our Maintenance folks! We appreciate the work that they do!

OFFICE CLOSED ON WEDNESDAYS

Woodburn Estates & Golf

coffee hour

MAY 2022

May 5th GameShow MAJORITY RULES

May 12th Music by KEN BREWER

May 19th GameShow TRIVIA

May 26th Music by ELLEN WHYTE

Members Only Please

Thursdays at 9:30am

Please enter through the AUDITORIUM

Weekly Drawings and featured Entertainers

Performers listed are subject to change without notice.

News & Views Publication Schedule	
May 2022	
Copy due by 9:30 a.m.	Publication Date
Thursday, May 5, 2022	Friday, May 13, 2022
Thursday, May 19, 2022	Friday, May 27, 2022

WEG HOA CERTIFIED Realtors

The following completed the WEG HOA training course on April 15, 2022:


Abell, Connie	JMA Properties	connie@jmaproperties.com
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Audritsh, James	Hallmark Properties	james@hpihomes.com
Benham, Jacqueline	Hybrid	jacquelinebenham0@gmail.com
Bowers, Faith	Equity Oregon RE	faithbowers@wquityoregon.com
Burkey, Jack	Hallmark Properties	jack@hpihomes.com
Burlingham, Amanda	eXp Realty	amanda@livinglocalnw.com
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Thank you.

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and changes. Rules Committee 12/12/2016



CLASSIFIEDS

Next Publication of NEWS & VIEWS
May 13, 2022
Deadline for Articles, Thursday, May 5, 9:30 a.m.
We LOVE to have your free ads and articles.
The BEST way to get your information in News & Views is to send
us this information by e-mail to nv@WoodburnEstatesGolf.com.
When submitting free ads be sure to include your MEMBERSHIP NUMBER.

FOR SALE: Health Rider exercise machine in very good condition. \$125. We are moving into smaller quarters and can't take it with us. 503 981 5664.

WANTED: Seeking dog sitter at our home. Some evenings and occasional overnight sitting will be asked. Our girl is a 3-year-old, 80-lb German Shepherd mix with a very sweet temperament. Feedings and neighborhood walks needed twice daily. We are looking for a nonsmoking, non-substance-dependent adult that can commit to being alone with our dog during these visits. Fees negotiable. Please call 503-341-4006 if interested.

Company's Coming, So It Must Be Time To Start A Project

by Jeanne Schneider

Scott is the best husband in the world, and I love him dearly. That said, he drives me crazy – at least on Tuesdays!

For many years, our Bible study group met for dinner, study, and prayer, and every month a different couple hosted. When it was our turn to host for a month, I usually spent most of Tuesday digging out the hovel, er, that is, tidying up a bit.

I could always count on Scott to pitch in and help, albeit in his own inimitable way. He would invariably pick a Tuesday to start major and/or minor projects around the house, which may or may not be completed before our guests arrived. It was not unusual for him to suddenly remember that the toilet in the guest bathroom needed to be taken apart for some obscure reason and, oh, guess what, he didn't have the needed replacement part to fix it. This would entail a trip or two to the hardware store and it just so happened there had been a rush on that particular part recently and it would be back-ordered a fortnight...you get the picture.

It's this type of surprise that keeps the fun and mystery alive in our marriage (as well as causing me to develop a nervous tic that doctors tell me will fade with the passage of time, say when I am in my dotage and have forgotten my own zip code.)

I never knew what to expect, but one Tuesday I came into the house and was nearly knocked over by a potent odor. "What's that smell, Dear?" "Oh, that..." It seemed he had been "helping to clean the house" by cleaning out the garage and finding an old bottle of a foul-smelling liquid of some sort. What better way to dispose of it than to pour it down the toilet – figuring the smell would just flush away like my Chanel No. 5 in the hands of a little grandson. Wrong! The house reeked for hours. My eyes were watering and, I'm not sure, but we may have discovered a new way to easily peel the wallpaper off the walls. Even though it was January, I felt compelled to open doors and windows in an attempt to air out the house, to no avail. I ended up lighting every scented candle in the house in an effort to mask the odor. It seemed to work, or perhaps the lining of my nasal passages was so traumatized that my sense of smell had been forever altered. Come to think of it, I did notice our guests giving us funny looks, like they were trying to refrain from asking where we had hidden the body, and one of them mentioned not being aware that a rendering plant had opened in our neighborhood.

The very next Tuesday, Scott decided it was time to clean out our chimney by burning one of those special chimney sweep logs. This is a remarkable product, cleaning off layer after layer of creosote and other gunk that builds up inside the chimney. However, instead of just melting away like my resolve to diet every time the dessert cart passes by, all that stuff falls into the fireplace over the next 24 hours, where it sits in a smelly help and the resulting stench gags anyone that happens to walk within two blocks of the house.

It took me some time, but I finally figured out that he started these special Tuesday projects so I might see how busy he really is, taking care of important, can't-wait-another-minute tasks so he didn't have to help with the housework.

I decided that it was best for all concerned to just go along with it. Thereafter, when Tuesday would roll around, the first words out of my mouth (well, right after "Good morning, Dear" and "No, for the 100th day in a row, we are not having chocolate donuts for breakfast") were, "Dear, I don't think I'll need any help with the housework today – why don't you just sit and watch TV all day? I think I read that there's a program on the History Channel today covering the making of Cecil B. DeMille's 'The Ten Commandments,' complete with Hebrew subtitles."

It worked pretty well, but I did notice a subtle smile on his face when I would ask him to raise his feet so I could vacuum under them and I knew he was thinking, "Ahhh, it's working, another Tuesday – no chores!"

Spring is Sprung... the Grass is Riz. I wonder where the Rabbits is?

by Naomi Brummett

Aha!
There is Peter, dressed in blue
And little bunny Froo Froo, too.
His cousin, the hare who lost the race
And Roger Rabbit from outer space.
Another cousin, with ears alop
Is doing a dance, the Bunny Hop.
A big, big guy says, "Glad I came!"
He must be Harvey of movie fame.
There's Bugs Bunny, Elmer's peeve
And WAIT! WAIT! You won't believe!
Rabbit Redford! Dressed so funny!
Pretending he's the Easter Bunny!
Here's that rabbit known as "Brier" ...
Suddenly, fog fills the air...

In the fog, ME, groggy and bare
I want to scream, but do not dare.
I'm being pelted with colored eggs
I'm on my knees from wobbly legs.
BEHOLD! Jack Rabbit rides over the crest
On a handsome steed, star on his vest.
I know I'm saved! I know I'm blessed!
My hero! My hero! Jack's the best.

I gradually waken, get over my scare
It was only an Easter nightmare!

What now? A hole in the wall?
A rabbit emerges. He's rather tall
He asks the time and then the date
He has a watch, but is still too late...

I lay back in bed. Enough is enough!
But what is all that fuzzy stuff?
It's the DUST BUNNIES!

Celebrating Mother's Day

by N&V Staff

A card, a box of candy, or a simple card constructed by a child. It's the love that counts when honoring moms, and kids of any age can do it.

Be assured that the honoring of mothers has been practiced through the ages. Early Mother's Day celebrations are said to have occurred in ancient Greece, when ceremonies honored Rhea, the mother of the gods.

In the 1600s, England began celebrating "Mothering Sunday." It began as a day when servants, who lived and worked in the great mansions, were allowed to return home and spend time with their mothers.

In the United States, Mother's Day was suggested early on by Julia Ward Howe. She would hold Mother's Day meetings in Boston with the day dedicated to peace.

In 1907, Anna Jarvis began her bid to establish a national Mother's Day to honor her mother, who had worked to improve health conditions in Appalachia. She persuaded the members of her deceased mother's church in West Virginia to celebrate Mother's Day on the anniversary of her mother's death. It was the second Sunday of May.

In 1914, President Woodrow Wilson issued the official proclamation that Mother's Day was to be a national holiday to be held each year on the second Sunday of May. This year, Mother's Day falls on May 8. Give thought to Mom, especially if you are lucky enough to have her with you.

Jokes: Silly mom puns

Mom, you did a grape job raisin me.
What did the mama cow say to her foal? It's pasture bedtime.
What kind of boat barely stays afloat but somehow manages to function? The mother ship.
Olive you, mom!
What does mom turn into after she counts to three? A momster.

Speaking of mom...

My mother doesn't yell, she's an enthusiastic motivational speaker.
My mother's casseroles come in two sizes: Not enough and feed an army.
If I want to get news out fast, I don't go to the internet. I tell my mom.
My mother didn't have a favorite child. We all annoyed her equally.

This&That

from the **WEG Activities Committee**

by Karen Linton, Activities Committee

Bingo and Coffee Hour started again the first week of April, but I don't think the news has reached everyone who might like to participate. Those of you who have come to listen to music, visit with neighbors & eat donuts & drink coffee, tell all your friends to join us!

You get a raffle ticket for each person for a chance to win a door prize or two, coffee/tea and pastries for an unbelievably low price of \$1! At the last coffee hour of the month (April 28), you'll receive an extra raffle ticket for your donation to the Woodburn Food Bank (Aware).

Thanks to McCully Realty for sponsoring a Shred Day on April 22. We appreciate it!

Crafters!!! We are interviewing people who want to be the chair of the Craft Fair. If you want to throw your hat in the ring, contact me via N&V. Once someone is selected, there will be an organizational meeting so watch this column for information!

There is a need for *News & Views* delivery folks! If you are looking for a volunteer opportunity, you would be very welcome.

Save this Date

Sunday, July 10, 2022 • 10:00 a.m. to 2:00 p.m.



Show AND Shine Car Show



If you live in the Estates and have a classic or specialty car, this is the time to show it off. More details to follow.
Contact Jim Hoover (503-258-7257) or
Lowell King (503-550-1557) for more information.

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Happy Mother's Day

May 8, 2022



Memorial Day
May 30th, Monday
Mixed Golf Tournament
Sponsor:

McCully Realty

Sign ups will end on May 23rd.
Must pay by cash or check when signing up.
Applicable Green Fees and Cart Fees must be paid when signing up.
Entry fee is \$20.00 per person. Subway lunch in gazebo afterwards.
Flights and starting holes will be posted on May 27th.
When finished, 2 signatures required per scorecard and drop them off in box by pro shop.
Game format: Shotgun start 9:00 AM
4-person scramble, minimum 3 drives Men, 4 drives Ladies.
Men play from white tees, ladies play from red tees.
HDCP percentages: 20%, 15%, 10%, 5% of A, B, C, D players.
Remember Social Distancing
No refunds-Need USGA handicap to participate



Put these days on your “to do” list in 2022

FAMILY GOLF DAY(s)



FREE Green Fees - Resident and Associate Member Families

Make Tee Times at the Pro Shop
Signups start May 20th – Play days are June 18 and 19

Play 9 or 18 holes from several tee box choices or play our 3-par course.
Play a family game – scrambles are a lot of fun!

Snacks – Water – Door Prizes – All Free

Celebrating 11 years

Family Golf started as part of our 50th Anniversary in 2012. The goal then and now is for our members to share time and create memories with their family, including siblings, children, or grandchildren. *

While we took a break the last two years, we are glad to be back!

As a member, you are not required to have a golf membership package to come out for Family Golf Day. Paid Associates and their families are welcome at this event, too. Guests, however, must be accompanied by the resident or associate.

Golf cart rentals are not included, so please ask the Pro Shop about reservations if you will need one. (First come basis).

Diana Lindberg

*Rules and Regulations 2021, page 19 - 14.18 Children Age to Play Children must be ten (10) years of age to play golf unless they are able to show proof of handicap from a golf Association.

WEG HOA CERTIFIED



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60 Years of Women’s Golf (1961–2021): Part Eighteen

by Diana Lindberg
1989

The 1988 Christmas meeting honored the past presidents and the outgoing officers. The gavel was handed to the 1989 incoming Presidents, Jackie Olander, and Elmer Mahaffey.

At her first business-luncheon meeting in 1989, President Jackie Olander asked for an amendment to Article IX of the By-Laws, to set her executive Board Meetings on the third Tuesday of each month, and the Business Meetings on the third Wednesday of each month. The amendment was passed by written ballot at the February 15 meeting.

The local dues were set at \$7.00 and the handicaps at \$3.00 making the total paid each year \$10.00. The membership agreed that the dues must be paid by February 15, to get their names in the 1989 membership book.

127 members attended the March 15 meeting which included a fashion show, music, and poem readings. There were now 255 paid members.

The next business meeting was on Wednesday, April 2nd at 8:30 a.m. with a shotgun tee-off at 9:30. A Modified Woodburn Shotgun method, was used. Golfers completed one nine-hole game, followed by a shotgun on the other nine as assigned. The Rose-A-Rama was set on June 17th, playing two ladies Best Ball.

The Spring Handicap for both men and women, sponsored by Woodburn Landscaping and Hubbard Chevrolet, was held on April 18, 19, 20, & 21. There were one hundred men and seventy-one women participating. Awards and prizes were awarded to the high achievers.

Spring mixed tournament sponsors were: Trachsel Buick Company (May 21), Woodburn Independent (Memorial Day) and Miles Chevrolet (June 24).

Senior Estates 5th annual 80 and Over Mixed Tournament was held on July 11 with forty men and seven women participating.

Jim White was honored for his Tenth Anniversary as the Senior Estates Professional with his wife Jeanie and children Jean and Jamie present at the ceremony on July 14.

Sponsors for the balance of the year included: Estates Realty (July 15), US Bank, and Fairway Drugs (Turkey Shoot - October 5-6). 122 women and 155 men participated in the 1989 turkey shoot.

The Women’s Club Championship was held on August 21 and 23, for both 9 and 18-hole ladies. Key Bank hosted and sponsored the Guys and Dolls Tournament, but the date was not stated.

1990
1990 Presidents were Alice Brauckmiller and William “Bill” Herbst.

The Measure of a Golfer
She meets the challenges of the game.
She plays by the rules.
The rules are self-enforced.
She is aware of sharing the course with other players.
She realizes the importance of keeping her place on the course so as not to hold up the play of golfers following.
She follows practices that will help keep the course in the best possible condition.

She observes the safety precautions and the etiquette to the finest degree, thereby making play most enjoyable for herself and for all players.

In 1990 a Handicap Chair was added for the 9 and 18-hole players. After social gatherings in January and February, March 21 was the Kick-off play with a shotgun at 9:30 a.m. The luncheon followed the play. There were no luncheons through the summer months. The regular season started on Wednesday, April 11 and there was a meeting at 8:30 a.m. and a shotgun start for the Play Day.

Ace of Aces was played each month with a Playoff on September 26. There were 254 paid members in the club in 1990.

1990 Tournament and Visitation Schedule
At that time, the visitation exchange program was active between our club and other member clubs. As part of the program, we played at Summerfield (May), Evergreen (June 17), Meadowlawn (June 20), and Riverwood (July 26).

Annual Women’s Club play continued as follows:
Women’s Spring Handicap (April 17 and 18, sponsored by Woodburn Landscaping and Hubbard Chevrolet), Rose-A-Rama (June 16), Women’s Horse Race (July 6), Ladies Championship (August 31-September 1, sponsored by Hershberger Motors)

Turkey Shoot (October 3 and 10, sponsored by US Bank and Fairway Merchants) 1990 Mixed Golf Tournament Sponsors Schedule

- May 20: Trachsel Buick
- May 28: Woodburn Independent; Memorial Day
- June 23: Miles Chevrolet
- July 4: McCully Realty
- July 14: Estates Realty scramble
- July 17: Russ Baglien & Associates for the Over 80
- September 8: Key Bank Guys and Dolls; Best Ball

It is worthy to note that some of these companies continue as present sponsors for events held at Woodburn Estates & Golf today. Thank You!

Forty men played and seven women participated in the Over 80 tournament: the oldest player being Elmer Wilson, age 97 years old.

Pictures from that time showed participants standing in line for refreshments, hinting at many players at mixed tournaments including the Christmas meeting honoring fifteen past presidents. The President’s gavel was formally passed to the new President: Margie Staley. She accepted the responsibility; and introduced her officers and committee chairs for 1991. The incoming Men’s president was Don Strong.

Focus on History

History of 1990 by Stan Hiller

1990 starts another year with the incumbents and newly elected officers to serve according to the N&V of December 10, 1988, as follows:

President.....	Joe Rice
Vice President	Ed Schilling
Secretary	Burt Burton, now Betty Guild 6-12-90
Treasurer	Les Moore – Finance – Budget
Activities	TJ Thompson, now Keith Stovall 2-13-90
Golf	Ed Schilling
House	Bob Adamson
Membership	Jeanne Hansen, now George Tallmadge 6-12-90
Planning	Jack Reedy, now Harold Stein 6-12-90
Rules	Hillis Slaymaker
Administrator is the president, and the meetings were held in the Craft Room.	
Golf Pro	Jim White started July 14, 1979
Golf Course Super	Curtis Smith started 1-1-1989
N&V Editor	Jean Cravens 6-25-1988
McCurdy Travel Tour & Social Director, receptionist is Jackie Opitz	
Estates Restaurant	Dave & Lucy Almond started 2-14-84

November 10, 1989, the N&V reported a change.
The Initiation fee is set at \$1,000 for new homeowners.
Late fee charge of \$1.00 per day will be assessed after January 31.

Type	Assessment	Golf	Total
Homeowner Membership (50+)	\$170		\$170
Homeowner & Golf single	\$170	\$225	\$395
Associate Membership (50+)	\$210		\$210
Associate Member Golf single	\$210	\$235	\$445
Green Fees – guest	\$8 for 9 holes; \$12 for 18 or all day.		
House Guest Golf fee	\$100 per one month		
Club Storage \$20	Oversize club storage \$25		
Locker rental \$12	Pool cue reserved rack \$3		
Power golf car user fee \$25	Electric Cart storage \$45	walk-along	
Power golf car storage electric \$200	Golf car storage gas \$150		
Trailer storage small \$39	medium \$40	large \$117	

January 9, 1990 Board minutes President Joe Rice read a letter to the City from the Board concerned about having a truck stop in Woodburn which would bring congestion onto Hwy-214, noise, air pollution, drug pushers, prostitution, and a hotel.

February 13, 1990 Board minutes Vice President Ed Schilling introduced Keith Stovall as the new Activities Director.

March 13, 1990 Board minutes President Rice said a Tax Assessor will be here on March 16, 1990, to explain the new property tax increase and to answer questions.

- The following was a proposed revision to the Bylaws
- 4.2-1 there are two types of guests: “Household Guests” and “Local Guests”.
(a) Household guests are those who visit a member, etc.
(b) Local guests are those who reside within a 60-mile radius, etc.
- 4.2-2 these guest categories and privileges apply to all activities of the Club, etc.
- 4.2-3 Property owner members and Associate Members are limited to 4 persons and MUST REGISTER AND ACCOMPANY THEIR GUESTS AT ALL TIMES.
- 4.2-4 Visitors who are invited as groups by established clubs are not guests, etc.
- 4.2-5 Members are responsible for the conduct of their guests at all times, etc.

April 10, 1990 Board minutes Burt Burton made a request on the need and cost of a new security fence for the RV lot and that the Bingo Club was the first club to donate \$200.

Activities chair, Keith Stovall reported that the horseshoe pits are now at the park.

A motion was made to amend the Bylaws articles 4.2-2 and 4.2-3 and was passed.

May 8, 1990 Board minutes Burt Burton moved that the title company incorporate into its warranty deed only those items which were on record with the county. The motion passed.

President Rice read a letter of resignation from Jack Reedy effective today.

June 12, 1990 Board minutes President Rice introduced the new Board members: Betty Guild as secretary, George Tallmadge as membership; and Harold Stein as planning.

Activities chair, Keith Stovall said the pancake breakfast was a roaring success and that a letter of thanks has been mailed to Lind’s Market who donated all the necessary ingredients for our pancake breakfast which the proceeds go for the treadmill.

July 10, 1990 Board minutes President Joe Rice said the contracts have all been signed for the RV fence. Brush is now being cut, and the property line is being staked out for the fence.

August 14, 1990 Board minutes Secretary Betty Guild read a letter suggesting the possibility of procuring the services of a manager. Back in 1975 and 1976, we had a manager who resigned. We need a person who should be an administrator for the entire operation. This would relieve the Board from details for which, in some cases, they are not desirous of performing. Under this method, the Board would become a policy-making Board, which is normal in most operations of this size. This person would work part-time hours and could be partially retired. I realize that having a manager would be an added expense to raising our dues. This was submitted by Lloyd Wilson, a past board member.

Demand has been received from enough qualified members to call for a special meeting. We, the undersigned members request that the attached measures be submitted to the voters for their approval or rejection. We further request that each of the four measures be voted on separately. Proposed changes in the Restated Articles of Incorporation are as follows.

- 3.9 Prohibiting smoking in all indoor areas of SEGCC.
- 4.12 The Board of Directors of the Corporation members has the power to amend or repeal the Bylaws or to adopt new Bylaws. 4.13 Except...This is a new Article of Incorporation that will give the members the power to rescind an unpopular action of the Board of Directors by a vote of members at a regular meeting of the Board.

4.14 This is a new Article of Incorporation that will require the Board to formally approve all expenditures of funds and to provide more detailed information on the receipt, and expenditures of money. Posting this information quarterly on the bulletin board makes it available to all interested members. The date of September 11, 1990, was established for this meeting.

September 11, 1990 Board minutes President Rice asked if the five petitioners promoting the initiative are present and if so, would you please stand (Roger Mathis, Earl Clayberger, Audrey Loftus, Bob Fuller and Lois Slaymaker). All five were present. My question to you is: viewing the large turn-out in attendance coupled with the proxies on hand, and to forego a physical count, will you five petitioners stipulate that a quorum is present? All five answered yes to the question.

PURPOSE OF MEETING – to vote on four proposed amendments to the Articles of Incorporation. Anyone wishing to speak about the proposal will have five minutes.

The voting turnout for the Sept. 11, 1990 meeting:	Yes – No
Article 3.9 to prohibit smoking in the buildings	194 – 685
Article 4.12 method of amending Bylaws	230 – 648
Article 4.13 to rescind board actions	236 – 639
Article 4.14 pertaining to financial procedures	276 – 596

A total of 888 ballots case of 61% of the qualified voters participating.

September 28, 1990 N&V Attention all gas golf car owners as Woodburn Chamber of Commerce would like to have about 12 to 14 gas golf cars in the Oregon FARMFEST Parade to represent the Senior Estates. The students at Woodburn High School will decorate your cars and awards will be given to the best decorated cars. Date for this parade is October 6th.

October 9, 1990 Board minutes President Joe Rice said through repeated negotiations of the swimming pool east wall and several meetings with the Architect and the Prime Contractor, we were able to arrive a settlement of us paying 1/3 the cost of reconstruction on the wall. The Board felt it would be much cheaper than taking it into litigation, so we got the final billing after everything is done and it cost us \$4,555 to have all new walls put in.

Golf Chair, Ed Schilling said we are waiting on the city to excavate Cleveland Avenue and the City will give us the dirt free. We are also in the process of trying to take care of the soft, sloppy ground at #3. We have dug into where the drain tile is and find the reason it is so wet out there is because whoever placed the 8” drain tile stopped short of the drainage field out on I-5 and we are 30 feet from the drain, so we are putting in new drain tile. Through volunteer help, we planted 890 arborvitae shrubs behind the Motel, down I-5, along #11 and to cover part of the shed that is up towards Hayes Avenue.

November 13, 1990 Annual Board minutes President Joe Rice said we currently have 1,477 members qualified to vote, of which 9 are delinquent. The budget was presented and passed. Kudos to the Board and the many volunteers and different groups who generated funds for the many needs and then an overview of what occurred this year was given. We are a Corporation with current assets of approximately \$400,000 and fixed assets with replacement values in excess of \$2M. Thus, our total assets approximate \$2.5M. Our operating budget for 1991 is set to be in the area of \$610,000. We have ten full-time and three part-time employees with a payroll of \$212,000, and we occupy roughly 100 acres of prime real estate together with improvements that generate an estimated \$53,000 in taxes for the current year. How many of you would purchase stock in a corporation like ours, that was managed and operated by a group of volunteers who are asked to donate their time and efforts to this task and who may or may not have the type of management and administrative skills and the energy needed to accomplish the goals you as stockholders would expect of them? Members, we have become too big and too complex to ask your future Boards to continue in this fashion of operation. It is becoming increasingly more difficult to find people, first with the willingness to offer three years of their retirement to this dedication and secondly with the capabilities and energies required. In my humble opinion the time is past for this realization, and I would hope the new Board will take up the consideration of an overall general administrator.

December 11, 1990 Board minutes 1990 President Joe Rice introduced the new Board for 1991. Then he said this place was initially intended to be retirement home for homeowners, not for renters. We are going to try and get back to that position as much as we possibly can through legal advice.

Membership chair, George Tallmadge said that to date we have accepted 255 newcomers to our membership from 144 homes, 20 members transferred; and we accepted 35 associate memberships involving 57 people.

If you have any documents or pictures to share, please send to News & Views.

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Woodburn Estates & Golf Board

Ad-Hoc Committee Reports

- **Ad Hoc committee – Storage Shed Rules Review - Director Gene Nemish**
Read by Secretary Kim Farquharson
The BOD authorized an AD-Hoc committee to research the Woodburn Estates Declarations governing documents regarding Storage Sheds. The committee met three times to review the Articles of Declarations that apply as well as the SOPs. The Director of Rules & Regulations met with the committee to discuss the wording of the Articles. The committee has no recommendations at this time for any changes.
- **Ad-Hoc committee- RV Lot Storage Unit Review – Director Gene Nemish**
Read by Secretary Kim Farquharson
Ad Hoc RV Storage Unit Construction Review Committee: An AD-hoc committee authorized by the board was formed to review interest in the construction of a storage building in the RV Lot. The Ad-Hoc committee and ARCH-RV committee met, and we decided the results of the HOA survey reflect those members overwhelmingly do not want this. **The committee is disbanded.**
- **Ad Hoc Committee – Sound Wall – Chairman – Karen Linton**
This committee was previously named ODOT. They are now going by the name of Ad Hoc Committee Sound Wall. They did not obtain any funds from ODOT. Their next meeting will be in May.
- **Ad Hoc Committee Emergency Preparedness – Chairman – Karen Linton**
They gave out emergency preparedness materials at the new member meeting.
- **Ad Hoc Committee - Screening Committee for GM Search – Secretary Kim Farquharson**
It was decided that this committee would be comprised of 3 community members and 2 board members. We received 7 applications all from the community. The names were removed from the applications, and they were ‘scored blindly’ and independently by 5 different board members. Then, the scores were added up and the top three were chosen. It was only at that point that the names were revealed. The community members that were selected were: Sharon Schaub, Sherry Stoneback, and Margaret McGregor. The committee will meet in its entirety on May 2.

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TREASURER/BUDGET REPORT

Summary of Treasurer and Budget Report from BOD Meeting:
Director Phil Balogh
April 26, 2022

Operating Funds: \$748,532
Reserve Fund; \$889,220
Working Capital Funds: \$104,030
Total Capital funds available: \$993,250

Budget Committee met on Wednesday April 20, 2022. Chip Sullivan-GM, John Venner, Phil Balogh in attendance.

Review of Operating budget results: Operating Revenues are running behind budget about \$52,000 year to date. Member golf memberships, storage rentals, and member HOA dues in arrears are the main contributors. We will continue to monitor. Expenses are tracking on budget with the exception of Maintenance costs, which are over budget by \$18,000 year to date.

Reviewed Reserve and Working Capital funds: revenue for the month of March was about \$47,800, Investment losses were \$9,941, and expenses were \$54,142. This resulted in a balance reduction of those funds of (\$16,844). Leaving a balance of \$993,250.

We will incur the cost of the chair storage (auditorium) roof repair of about \$35,000. After the roof repair, and maintaining a minimum of \$250,000, that would leave us a little over \$700,000 for the pool and spa repairs. I urge the board not to approve any non-emergent repairs or equipment replacements until the costs of the pool, spa and locker room repairs are known. No motions for April.

More information: Treasurer@Woodburnestatesgolf.com

GOLF

Summary of Golf Committee Report from BOD Meeting:
Director Ken Bourne
April 26, 2022

Both Men’s and Women’s Golf Club activities have been slowed due to the weather. Many weekly events were canceled.

The Greens Committee held their monthly meeting, but again, due to the weather not many items were discussed.

Next month’s events should pick up after the April showers decrease.

There was a discussion of the Green fees for Invitational tournaments. In 1997, the Green fees were waived for certain tournaments and then this waiver was expanded to all tournaments. This was never revisited. This was discovered when the Golf Pro met with the Golf Committee chairs. The result has been that WEG has not collected Green Fees for Invitational Tournaments for years. This has resulted in a significant loss of revenue for the Association. The fee schedule was never adjusted to reflect this waiver. The Golf Pro Shop staff has decided to do away with the waiver and go back to the posted Fee Schedule.

More information: Golf@woodburnestatesgolf.com

ARCHITECTURAL/RV

Summary of Architectural/RV Report from BOD Meeting:
Director Gene Nemish
April 26, 2022

At the ARCH-RV Committee meeting, we discussed the RV-Lot alarm system and cameras. We also discussed the floodlights that illuminate the RV lot during the night and feel that those lights advertise the lot’s existence to drivers on 1-5. Suggestion: turn them off. We will then have a chance to see an intruder’s flashlight beam.

The alarm system is working correctly now but the fence cutters are working also. It looks like they now cut the fence higher and use the bottom railings to jump over the alarm beam. Those railings were added last year by maintenance to stop people from crawling under the fence.

We decided that no large expenditure will be required to get the cameras working again. The ARCH- RV Committee recommends that we should replace the defective camera control system and install updated cameras. We can then utilize the updated camera system by connection to our existing RV Lot internet. This will alert our maintenance people of human caused movement inside the lot or whenever the existing alarm system is activated. Doing this will enhance security, and provide a back-up to the existing alarm system.

These RV lot issues are problems that should be handled by our maintenance people. The camera system recommended by the committee is made by the company of Swann Communication as they have several very good choices priced under \$1000. I have spoken to our GM and he agreed to order the system recommended.

Comcast is currently installing fiber optic backbone access inside the Woodburn Estates & Golf neighborhood. When the project is complete, we will have access to fast data/internet and Comcast TV services. The installation of the system involves underground fiber optic cable, and fiber optic cable installation on power poles utilizing existing easements.

Easement access means the fiber optic cable installation may cause some disruption in our neighborhoods, as these easements run through the back and side yards of many lots.

1. In areas where the existing power and telephone lines are underground, they will be digging to place the cable.
2. Areas that have power and telephone access above ground on power poles will have the fiber cable run overhead.

In both cases, some plants or trees may have to be trimmed so that cable can be installed in a safe manner. Your board knows that this will cause some disruption and irritations. Be assured that we will work with Comcast to verify that your plants and trees will be treated with care

More information: Arch-rv@woodburnestatesgolf.com

ACTIVITIES COMMITTEE

Summary of Activities Committee from BOD Meeting:
President Sharyn Cornett
April 26, 2022

Coffee hour has started and is going well. We still have some things to smooth out. Our numbers are a bit low, however, it is early yet. People are slow to return.
Bingo has also started every week. People are very happy to be doing some of the things they did 2 years ago.
We now have a possible volunteer for the craft fair. She will attend the Activity meeting to discuss this project.
I want to thank everyone. When we have a need, people are stepping up to help. We will be having the Summer Concert series outside this year.
More information: President@woodburnestatesgolf.com

HOUSE COMMITTEE

Summary of House Committee Report from BOD Meeting:
Director John Venner
April 26, 2022

The committee has met and is moving forward to repair the problems which have become apparent in the structures due to the age of our facilities.
Our contractor and roofer assure us the chair room next to the auditorium will be repaired as soon as we have three days in a row of good weather. There are leaks which had caused dry rot to the roof and outer walls.
The heaters in the pool and locker rooms failed and we are attempting to correct that problem. In the meantime, we are using propane heaters to help stop the condensation in those areas. We have contractors coming in to see if the pool, spa, and pump room can be repaired or need to be replaced.
Our maintenance crew will be repairing the restrooms in the southern part of the golf course. They have done a spectacular job during this time of Covid finding and repairing problems that had been put off, for various reasons, through the years.
Your House Committee is working diligently to update and improve your facilities. Please, bear with us as we move forward in restoring our facilities to the standards that we, the owners, expect.
More information: House@woodburnestatesgolf.com

MARKETING PC

Summary of Marketing PC Committee Report from BOD Meeting:
Director Sherman Lackey
April 26, 2022

The Marketing PC committee met on April 18th and discussed some issues with layout as well as some content of the Woodburn Estates and Golf web page. Kim explained the use of widgets, and the committee viewed recent additions to the website, Hours of operations, Real Estate Guide, NV+, Weekly Calendar, and Country Cottage Specials.
Most of the meeting time was spent discussing the presentation of information on various pages, the menu bar, and how best to present information. All members of the community may now use the Group Information Update Form to request updates to any of the WEG web pages. If you see something that is misspelled, or out of date, please send in a request via the new Group Information Form located under Contact on the menu bar. Changes will be made as that form reports back to the Web Team.
Also discussed were the various elements of the website with a view to making improvements for better navigation and visibility.
The City of Woodburn has produced a new map of the projects being built, or proposed to be built, within the city limits and urban growth boundary. Karen Linton is looking for advertisers to place this new map as an insert into the *News & Views*.
More information: publications@woodburnestatesgolf.com

NEW MEMBERS/REAL ESTATE

Summary of New Members / Real Estate from BOD Meeting:
Vice President Carol Bolton
April 26, 2022

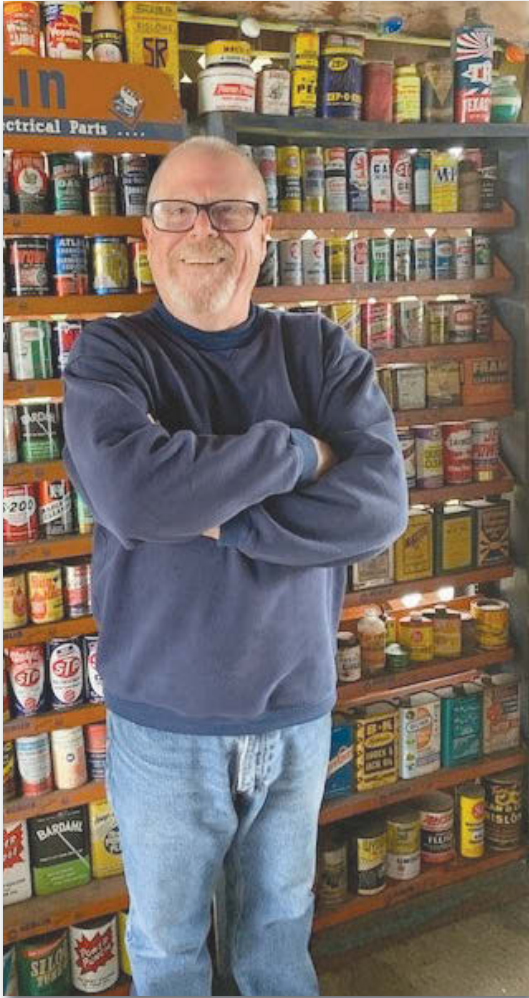
The Membership Committee hosted its first New Member Meeting on April 16th in the auditorium. Fifteen committee members were present to share the activities here in our community. We had 55 new members attending, and we provided new member kits and goodie bags. We served coffee and donuts to all that attended. I would like to thank Jaime Rodriguez for jumping in and helping at the last minute to greet our new members. We had 5 raffle drawings that included golf items and three Country Cottage gift cards for \$25.00 each. Everyone had a good time.
The current listings in our neighborhood for the month of April are:
Six active listings: \$225,000 - \$340,000
Ten pending listings: \$275,000 - \$360,000
Six sold listings - \$260,000 - \$366,000
One lot on Rainer Rd. sold for \$80,000.
Thank you again to Carol Wellington of McCully Realty for this information.
More Information: VP-membership@woodburnestatesgolf.com

RULES AND REGULATIONS

Summary of Rules and Regulations
Committee Report from BOD Meeting:
Director Jaime Rodriguez
April 26, 2022

The Rules & Regulations Committee did not meet this month and has no report.
More Information: Rules@woodburnestatesgolf.com

Artist of the Month Steven Veltman



by Karen Linton

Having been raised by artistic parents, Steven knew at a very early age that he wanted to be an artist. And so he was, through schooling, jobs, racing cars and family responsibilities, but he could only do it part-time. Now that he's retired, he is a full-time artist.

Steve's preferred medium is oil and he does lovely landscapes and portraits, but for this "Meet and Greet", he will be showing his drawings and paintings of one of his hobbies— racing cars and drivers. He loves 50s and 60s kitsch and besides using that topic to paint, he also has a huge collection of various memorabilia of those eras and more. His picture is in front of yet another collection, that of old oil containers, an interest he found on his last non-artistic career of selling automotive after market items.

Come to the Clubhouse on Sunday, May 1 at 4 p.m. to meet Steven and some of his art. You can see his work at the Glatt House/ Woodburn Art Center (2551 N. Boones Ferry Rd.) where he still takes classes.



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MEET THE ARTIST

MAY 1st - FEATURED ARTIST

Steve Veltman

First Sunday each month @ 4pm
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Middle Management Word Game5K

by N&V Staff

Each set of clues leads to a pair of five-letter words that are spelled identically except for the middle letters. When provided with the middle letters, can you name the words? For example: Racing animal (R) / Place to live (U) = HORSE/ HOUSE

1. Military leader (J) / City leader (Y)
2. Poisonous (X) / Restorative drink (N)
3. Tragic lover in Shakespeare (M) / Cowboy exhibition (D)
4. Electricity supply (W) / Card game (K)
5. Move slightly (D) / Protrude slightly (L)
6. Camera platform (L) / Lacy mat (I)
7. Out of style (S) / Break in the action (U)
8. Burn a bit (N) / Military strategy (E)
9. Japanese soup (M) / AFC North NFL player (V)
10. Sidelines seat (N) / Sandy spot (A)

Answers on page 8

by Rick A. Wehler

Years ago, many of them, I read a scholarly article about the health benefits of walking. I thought, “I’ve been retired for six years, perhaps walking would be a good thing.” I asked my country-girl wife, “Hey Cora, do you want to go for a walk with me?” She was taken aback, happily agreed and led the way. I wasn’t expecting a 5K!

Upon our return, I thanked her kindly and muttered, “F-f-forget this.” (I’m careful with my language as Cora can hear what I’m thinking, let alone what I mutter.)

Years later, at Wifey’s insistence, I once again read a scholarly article on the health benefits of walking. I reflected, “I’ve recently graduated from my 71st year of life. Perhaps she’s right. Walking may be beneficial. Since the previous article, I’ve read 63 unintellectual books, and I’ve nearly worn out my pair of bright-orange, size thirteen, \$3, garage-sale tennies while doing so. I’m going to take her advice. But first, I deserve a pair of brand-new, store-bought shoes. Okay, that’s enough thinking. Time to order another book from the library.”

The spring of the following year, I followed through with my plan. I stopped by a shoe store that’s well regarded online by men of all ages and took a seat. Within minutes, a hot young woman wearing psychedelic leggings that caressed every curve of the finest posterior I’d seen outside of marriage, stopped by to solicit my business.

She was so sweet as she removed my tattered tennies, ignored my socks, measured both of my feet, recommended a variety of shoes, and walked like a supermodel to the backroom eleven times in order to offer me the perfect pair.

I wasn’t sure of what I’d bought until I arrived home and opened the box, a pair of Brooks jogging shoes with built-in arch supports and real shoe laces. I didn’t know the price either until Wifey questioned the \$135 charge on our credit card.

True to my commitment, I put on the fresh footwear and walked around the block. That might not sound like much, but in our suburb, walking around the block is nearly half a mile. My feet didn’t care much for walking while wearing jogging shoes and complained until Wifey showed them the credit card bill.

To my credit, I continued walking daily, stretching my goals and my glutes. By the end of the summer, I was up to 1.5 miles, and I didn’t die although I came close. (I know the distances thanks to the Google Maps app on my phone.)

Dewey Street crosses East Main Street 7 tenths of a mile from home. There's no stoplight and a myriad of traffic, especially after the high school lets out, which is 3 tenths of a mile east on East Main. It’s a two lane road with an additional, well-marked turn lane onto Dewey, and a speed limit of 25 mph. I waited patiently at the corner for the traffic to subside and noted only one car approaching in the distance, which was entering the turn lane with its blinker blinking. I began to step off of the curb just as dickweed rocketed straight on through the intersection with his blinker blinking while doing mach 2 in a gas-passing, rusted Honda Civic equipped with straight pipes and a spoiler. I yelled, “Hey, I’m walking here!” No use, dimwit and his glorified junker were well on their way to Uranus.

I continued my daily walks into the winter time. The weather cooled, taking a solid third place to the Antarctic and Siberia, but I didn’t complain. Fortunately, it had only snowed at night, and my OCD walks take place around 2:33 p.m. By then the roads are clear, but the locals have 24 hours to clean the sidewalks and most days they fudge on the time frame. Therefore and thus, I’m able to spot the tracks of those hearty individuals who walk their dogs and don’t feel the need to dig down into the snow to clean up after them. My tennies are equipped with ice trackers, coiled, ice-walking safety devices that attach to the Brooks’ bottoms. The trackers make scraping sounds when I slip on the snow-covered ice and frozen dog crap. At least I’m warned before I faceplant.

I’ve become skilled at dressing for the frigid temperatures. Without going into depressing detail, I’ll just say that I put on enough clothes to insulate three addled Eskimos. I top them off with one of two down-filled Polyester parkas (Polyester because Disney copyrighted Pollyanna). Cora likes me to wear the bright-yellow, reflective model because it makes for a better traffic target.

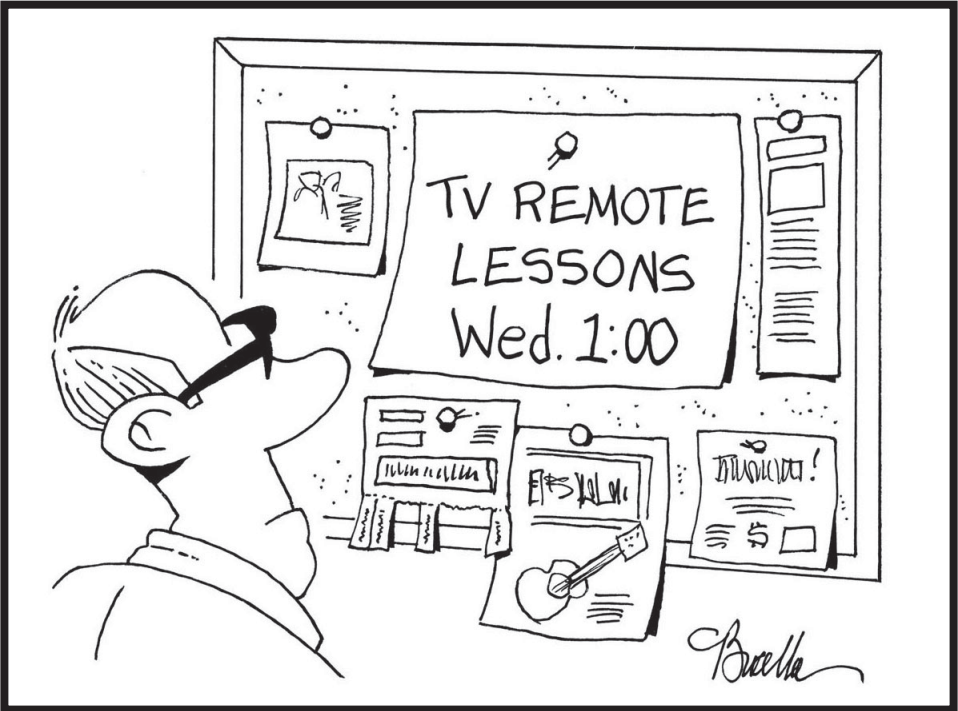
It takes six minutes to get dressed and three minutes to undress. After my walk, when I check Google Maps, I add three-quarters of a mile to my feat, which credits me for the fifteen minutes. TMI: I usually have to undress after I’m dressed to visit the john.

Today, I received an online notice from the library that said book 69 has arrived and I’d better get my a** down there and pick it up. After she ripped me a new one for the previous sentence, Cora suggested, “Let’s drive what's left of your butt to the library. You can pick up the unintellectual book, hand it to me through the driver’s side window and walk home from there; a great way to cover new ground and get your walk in for today.”

I put on my gear, visited the john, rode shotgun uncomfortably, picked up my book, handed it through the driver’s side window, and found the passenger doors locked. Cora smiled and waved as she left the parking lot, and I walked home.

I wasn’t expecting a 5K!

**Rick A. Wehler is the author of: North of Normal Minne-Sconsin Stories, South of Superior More Minne-Sconsin Stories, East of Excelsior A Seniors Minne-Sconsin Stories, and West of Witty Minne-Sconsin Stories and Femails.*



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10. BENCH/ BEACH

7. PASSE/PAUSE; 8. SINGE/SIEGE; 9. RAMEN/RAVEN;

4. POWER/POKER; 5. BUDGE/ BULGE; 6. DOLLY/DOLLY;

1. MAJOR/MAYOR; 2. TOXIC/TONIC; 3. ROMEO/RODEO;

ANSWERS TO MIDDLE MANAGEMENT

Are You Interested In Learning About...?

by N&V Staff

Paper Crafts – Card Making, Scrapbooking

Someone has expressed interest in organizing a Paper Crafts group. It would be twice a month on Wednesday and one Saturday a month in the Craft room. There is a whole world of scrapbooking and other papercrafts. It is a place to let the creative juices flow! If you are interested in this, please send your name and member # to NV@woodburnstatesgolf.com and we will pass it on. Here are a couple of examples:



Sourdough Boule Loaf

Do you love the crunchy bite into an old-fashioned sourdough slice of bread? Here is your opportunity to learn how to make this timeless classic recipe that contains only flour, salt, and water! It is mostly learning technique and process, but the results are sure to impress anyone! This is not done in 1 hour...but in the first hour, you will learn how to put it together and “slap-it-around”...Then, you start the “wait” process. Learn how to “score” the bread and get as creative as you want. Make little soup boules for individual portions, or a fancy cheese dip boule. The ingredients are simple...the technique can be learned...and then it is all up to your creative spirit! It will be necessary to coordinate schedules, but if you are interested in this, please send your name and member # to NV@woodburnstatesgolf.com

You will come away with:

- 1 Sourdough Boule Loaf– completely made by your own hands!
- 1 Small jar of Sourdough Starter – to get you started with this magic ingredient
- 2 Recipes with two different timelines



Introduction to Sous Vide Cooking

The “secret” of many 5-star restaurants! How to get that perfect steak cooked to perfection, tender, like a women’s heart? Introducing the Sous Vide cooking method. This is the rage right now. But the question remains...what is it? What does it do? Is it worth it?

My response is: Come and see...come and taste! It is vacuum-packed food that is then cooked to a precise temperature in a water bath. It is not time-sensitive...it is totally by temperature. You increase the temperature by 2 or 3 degrees to make the difference between a rare or medium-rare steak! It takes a turkey breast and makes it juicy and succulent!

I love the world of sous vide cooking as it is endless, and the results are predictably good! It is not time-sensitive, and it makes it easy to serve up less expensive cuts of meat with total confidence that you are going to wow your guests! This is my go-to method when I have a super busy schedule but need to serve a fancy meal at the end of it.

The sous-vide cooker is a simple kitchen tool...it is not expensive and well worth what it costs. But before you take the plunge of buying one...come and let us cook up something and do some taste testing. See for yourselves if it is something you are interested in. If you want to bring your own cut of meat you can. I will help you get it set up and start cooking. Then when the time comes, you can take it home, do the finishing touches, and serve it up with all the confidence in the world!

Yes! I have three of them! I bought one years ago, and modified a plastic tub to use it in. Then bought a second one for quick things in a pan...and then saw the whole setup on sale at Costco! I just had to have it.

If you are interested in learning how to cook with this method, please send your name and member # to NV@woodburnstatesgolf.com.





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Learn About Reverse Mortgages

by N&V Staff
On Tuesday, May 17, at 2:30 p.m., there will be an educational meeting regarding how the New Reverse Mortgage Works! This class will be held in the Blue Room and is being presented by our WEG neighbor, Jim McIntosh, HECM specialist. Jim has been in the mortgage industry for more than 20 years. His focus is entirely on reverse mortgages. He is a veteran and has a master's degree in counseling. In the past, he served 12 years as a talk show host on a Christian radio station in Portland, OR. He and his wife have raised five children, three of which are triplet boys.

Spring Bazaar & Bake Sale

May 4, 5, 6, 7, 8, 2022
9:00 am – 5:00 pm
Woodburn RV Park
115 N. Arney Road
Woodburn, Oregon
(Behind Elmer's Restaurant)

Quality handmade crafts made by local crafters, nice secondhand items including kitchen, yard décor, small appliances, clothing, puzzles, children's toys and much, much more plus a variety of scrumptious homemade baked goods including gluten free and sugar free. Handicapped accessible.

Something for Everyone !

Watch For The Yellow Banners

This is an hour-long class and is a good opportunity to learn about how to use your home's equity to:

- Obtain a growing line of credit of tax-free cash that can never be canceled or reduced by your lender regardless of the future value of your home. You must stay current with payment of property taxes, home insurance and HOA dues as well as do general maintenance of home.
- Purchase a Second Home
- Gift money to your grandchildren
- Eliminate a mortgage payment
- Increase monthly cash flow.
- Establish an emergency fund for long- and short-term care expenses, etc.

This meeting will be limited to 25 participants. Please send email to jmcintosh@reversefunding.com or call (503) 730-5702 to reserve your seats.

Spring Is Prime Time For Asthma, Allergies

by N&V Staff
Ah, the beauty of the spring, when trees and flowers bud and bloom. And we sneeze. Or wheeze.
The Asthma and Allergy Foundation estimates that 50 million Americans suffer from seasonal allergies. If you are among them, there is plenty you can do to keep symptoms under control.
Allergists at Temple University say the spring season is intense because trees ramp up their production of pollen. They release as much pollen as possible in spring so it can be spread by the wind.
Avoidance is one solution.
Pollen counts are higher in the morning. Don't jog or play golf early in the day and avoid going out after it rains. Raindrops kick up the pollen.
If you have spent time outdoors, change your clothes and wash them.
Keep your windows closed and consider a high-quality indoor air purifier.
When none of these avoidance techniques work, over-the-counter medications can help. Newer antihistamines such as Claritin and Allegra tackle the symptoms better and don't make you sleepy.
If you have severe allergies, consider getting a skin test or blood test to determine what you are allergic to. Once you know, you could undergo a series of allergy shots. They will ultimately work but could take a year or more to notice the effects.

Mayor's Prayer Breakfast

by Steve Kufeldt
All are invited to a community prayer event on the morning of Thursday, May 5, the National Day of Prayer. Hosted by the Woodburn United Methodist Church, doors will open at 7:00 a.m. and breakfast will be served at 7:30 a.m. Tickets cost \$15 and are available online at <https://rb.gy/jv7dmh>.
Presented by the Woodburn and French Prairie Kiwanis Clubs, this is the 42nd year this annual event has been held. The program this year will not only feature a keynote address by Woodburn Mayor Eric Swenson, but will also include prayers for different areas of our community: families/households, public safety, schools/education, churches/faith community, government, businesses, and health. Different community leaders in each of these areas will share practical prayer needs for their respective area and then another community leader or faith leader will voice a prayer for that area. This is a non-denominational prayer breakfast and all are welcome to participate.
The Woodburn United Methodist Church is located at 700 Cascade Drive in Woodburn. For more information, contact Steve Kufeldt at 503-951-9452 or steve@hoodview.church.

Inflation Hits a 40 Year High: Reverse Mortgage Funding Will Be Sharing How The New Reverse Mortgage Can Be a Good Hedge Against Inflation!




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Woodburn & French Prairie
KIWANIS CLUBS
present the **42nd Annual**
Mayor's Prayer Breakfast

Thursday
May 5, 2022
7:30 – 9:00 a.m.


National Day of Prayer.







Tickets \$15



Purchase Online at Eventbrite ticket portal: 

WOODBURN UNITED METHODIST CHURCH
700 Cascade Drive









Calendar

(April 30-May 14)

***Any Change Of Date, Time, Activity, Or Place Must Be Made With The Office 503-982-1776.**

SATURDAY, APRIL 30, 2022

3:00 p.m. - 5:00 p.m. Water Volleyball (Swimming Pool)
4:00 p.m. - 9:00 p.m. Hand & Foot Card Game (Blue Room)

SUNDAY, MAY 1

12:00 p.m. - 4:00 p.m. Music Jammers (Auditorium)

MONDAY, MAY 2

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
8:30 a.m. - 2:30 p.m. Sr. Estates Quilters (Craft Room)
8:30 a.m. - 9:15 a.m. Walking Club (Auditorium)
9:15 a.m. - 10:15 a.m. Yoga (Auditorium)
9:30 a.m. - 10:30 a.m. Ladies Laugh & Chat (Blue Room)
10:00 a.m. - 12:00 p.m. Pickleball Club (Dining Room)
10:15 a.m. - 11:15 a.m. Zumba (Auditorium)
11:00 a.m. - 1:00 p.m. Tai Chi (11a Advance, 12p Beginners) (Auditorium)
1:00 p.m. - 5:30 p.m. Gonzalez Celebration of Life (Auditorium)
2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool)
6:00 p.m. - 8:00 p.m. Water Volleyball Mon (Swimming Pool)

TUESDAY, MAY 3

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
9:00 a.m. - 10:30 a.m. Ping Pong (Dining Room)
10:00 a.m. - 12:00 p.m. Needlecraft (Card Room)
10:00 a.m. - 11:00 a.m. Writing Class (Blue Room)
10:00 a.m. - 10:45 a.m. Fitness Club (Auditorium)
10:00 a.m. – 12:00 p.m. Needlecraft (Card Room)
11:00 a.m. - 2:30 p.m. Uke-de-dos (Craft Room)
3:00 p.m. - 5:00 p.m. Water Volleyball (Swimming Pool)
5:00 p.m. - 9:00 p.m. Poker Games (Card Room)

WEDNESDAY, MAY 4

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
8:30 a.m. - 9:15 a.m. Walking Club (Auditorium)
9:00 a.m. - 10:30 a.m. Ping Pong (Dining Room)
9:15 a.m. - 10:15 a.m. Yoga (Auditorium) -
9:30 a.m. - 10:30 a.m. Ladies Laugh & Chat (Blue Room)
10:00 a.m. - 12:00 p.m. Pickleball Club (Dining Room)
10:00 a.m. - 11:00 a.m. WEG Men's Club Meeting (Dining Room)
10:15 a.m. - 11:15 a.m. Zumba (Auditorium)
12:00 p.m. - 1:00 p.m. Friends of Bill W. (Craft Room)
1:30 p.m. - 4:30 p.m. Wii Bowling (Auditorium)
1:45 p.m. - 3:15 p.m. Home-Style Hymn Sing (Blue Room)
2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool)
4:30 p.m. - 9:00 p.m. Bingo (Dining Room)
6:00 p.m. - 9:00 p.m. Pinochle Group (Blue Room)

THURSDAY, MAY 5

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
8:30 a.m. - 2:30 p.m. Sr. Estates Quilters (Craft Room)
9:30 a.m. - 11:00 a.m. Coffee Hour (Auditorium; Dining Room)
5:00 p.m. - 9:00 p.m. Poker Thursday Night (Card Room)
6:00 p.m. - 9:00 p.m. Pinochle Group (Blue Room)
6:00 p.m. - 8:00 p.m. Water Volleyball (Swimming Pool)

FRIDAY, MAY 6

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
8:30 a.m. - 9:15 a.m. Walking Club (Auditorium)
9:15 a.m. - 10:15 a.m. Yoga (Auditorium)
9:30 a.m. - 10:30 a.m. Ladies Laugh & Chat (Blue Room)
10:00 a.m. - 12:00 p.m. Pickleball Club (Courtyard)
10:15 a.m. - 11:15 a.m. Zumba (Auditorium)
10:30 a.m. - 12:00 p.m. Bible Study (Craft Room)
12:30 p.m. - 4:00 p.m. Bridge (Blue Room)
12:30 p.m. - 3:30 p.m. Bunco (Craft Room)
2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool)

SATURDAY, MAY 7

3:00 p.m. - 5:00 p.m. Water Volleyball (Swimming Pool)
4:00 p.m. - 9:00 p.m. Hand & Foot Card Game (Blue Room)

SUNDAY, MAY 8

1:00 p.m. - 4:00 p.m. Music Jammers 2nd Sun (Auditorium; Kitchen)

MONDAY, MAY 9

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
8:30 a.m. - 2:30 p.m. Sr. Estates Quilters (Craft Room)
8:30 a.m. - 9:15 a.m. Walking Club (Auditorium)
9:15 a.m. - 10:15 a.m. Yoga (Auditorium) -
9:30 a.m. - 10:30 a.m. Ladies Laugh & Chat (Blue Room)
10:00 a.m. - 12:00 p.m. Pickleball Club (Dining Room)
10:15 a.m. - 11:15 a.m. Zumba (Auditorium)
11:00 a.m. - 1:00 p.m. Tai Chi (11a Advance, 12p Beginners) (Auditorium)
2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool)
6:00 p.m. - 8:00 p.m. Water Volleyball Mon (Swimming Pool)

TUESDAY, MAY 10

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
9:00 a.m. - 10:30 a.m. Ping Pong (Dining Room)
10:00 a.m. - 12:00 p.m. Needlecraft (Card Room)
10:00 a.m. - 10:45 a.m. Fitness Club (Auditorium)
10:00 a.m. – 12:00 p.m. Needlecraft (Card Room)
11:00 a.m. - 2:30 p.m. Uke-de-dos (Craft Room)
12:00 p.m. - 4:00 p.m. Progressive Hand & Foot (Blue Room)

3:00 p.m. - 5:00 p.m. Water Volleyball Tues (Swimming Pool)
5:00 p.m. - 9:00 p.m. Poker Games Tuesday (Card Room)

WEDNESDAY, MAY 11

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
8:30 a.m. - 9:15 a.m. Walking Club (Auditorium)
9:00 a.m. - 10:30 a.m. Ping Pong (Dining Room)
9:15 a.m. - 10:15 a.m. Yoga (Auditorium)
9:30 a.m. - 10:30 a.m. Ladies Laugh & Chat (Blue Room)
10:00 a.m. - 12:00 p.m. Pickleball Club (Dining Room)
10:15 a.m. - 11:15 a.m. Zumba (Auditorium)
10:30 a.m. - 12:30 p.m. Crafts for Fun (Blue Room)
12:00 p.m. - 1:00 p.m. Friends of Bill W. (Craft Room)
1:30 p.m. - 4:30 p.m. Wii Bowling (Auditorium)
2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool)
4:30 p.m. - 9:00 p.m. Bingo (Dining Room)
6:00 p.m. - 9:00 p.m. Pinochle Group (Blue Room)

THURSDAY, MAY 12

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
8:30 a.m. - 2:30 p.m. Sr. Estates Quilters (Craft Room)
9:30 a.m. - 11:00 a.m. Coffee Hour (Auditorium; Dining Room)
1:30 p.m. - 4:00 p.m. Genealogy (Blue Room)
5:00 p.m. - 9:00 p.m. Poker Thursday Night (Card Room)
6:00 p.m. - 9:00 p.m. Pinochle Group (Blue Room)
6:00 p.m. - 8:00 p.m. Water Volleyball (Swimming Pool)

FRIDAY, MAY 13

8:00 a.m. - 9:00 a.m. Mermaid Aerobics (Swimming Pool)
8:30 a.m. - 9:15 a.m. Walking Club (Auditorium)
9:15 a.m. - 10:15 a.m. Yoga (Auditorium)
9:30 a.m. - 10:30 a.m. Ladies Laugh & Chat (Blue Room)
10:00 a.m. - 12:00 p.m. Pickleball Club (Dining Room)
10:15 a.m. - 11:15 a.m. Zumba (Auditorium)
10:30 a.m. - 12:00 p.m. Bible Study (Craft Room)
12:30 p.m. - 4:00 p.m. Bridge (Blue Room)
12:30 p.m. - 3:30 p.m. Bunco (Craft Room)
2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool)

How To Say No

by N&V Staff

An old adage says that the most successful people are not those who say yes most often, but those who say no.

It makes sense: “No” is a means of prioritizing one’s time (or even money), deciding where it is best spent and with whom. Yet “no” can be really difficult in a culture that values those who add to their plates instead of lighten them.

While some people will advise you that “No is a complete sentence” -- meaning, we do not always need a grand excuse, explanation, or disclaimers -- it is still a good idea to be polite. How can we get in the habit of politely declining requests that come our way?

Here are some tips:

- * Keep it clear and concise. You want to avoid being hounded, and the people asking likely want to avoid being the “hounder.”
- * Avoid the silent treatment. Have you ever wished someone would have just said no rather than avoiding you? Yeah, that stinks. Do not be that person.
- * Offer an alternative. In business, this can mean a referral elsewhere. At work, it can be a suggestion for how to get something done another way. In your personal life, perhaps another day or location is better.
- * Set ground rules for yourself in advance. It is easier to say no when you have established boundaries for yourself and do not have to take each decision on a case-by-case basis. For example, you might decide that you always work out first thing in the morning -- so your calendar is already blocked off and you have mentally committed yourself to something.
- * Say thank you. This is not necessary, but it is often appreciated. A thank you for the offer, the opportunity, for thinking of you, etc. -- followed by a polite decline.

A New OTC Painkiller

by N&V Staff

New research published in the journal JNeurosci has found that nostalgia can reduce pain perception. Chinese researchers asked study participants to rate their pain from heat stimulation while they looked at pictures of old cartoons, classic childhood games or candy, and compared their responses with other participants who viewed modern images. An MRI machine was also used to scan 34 of the participants.

The result: Participants who looked at images that made them feel nostalgic felt less pain. So next time your back starts to hurt, break out an old photo album. The fond memories really might help.

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