VOL XLX NO. 20

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Friday, October 22, 2021

Correction Annual

by Allan Lindberg, Secretary

In the last *News & Views*, some information was incorrect for Board Member candidate Jaime Rodriguez. This is the correct information.

Jaime Rodriguez

Candidate for 2022 Board of Directors

In 2019 Jaime took the position as President of the American Federation of Teachers (AFT) which he currently holds through 2023.

Our Ballot Stuffing Crew

by Stan Hiller



Vern Stoneback, Diana Lindberg, Judi Tonks, Kathy Hiller, Connie Watt, Connie Doyon, Malena Turner, Kathy Zimmerman, Sharvn Cornett, and Nancy Dale (not pictured)

Biennial Census for Woodburn Estates & Golf

by Allan Lindberg, Association Secretary

In your voting packet you will find the 2021 Census that is required by the U.S. Department of Housing and Urban Development and must be updated **every 2 years**, Part IV, Subsection 100 307 Section C.

This is the year!

Please complete this census report so that we as an association meet the requirements under the Fair Housing Act, Verification of Occupancy, implementation of the Housing for Older Persons Act of 1995 and our Bylaws 4.1-1-C.

You may return separately, or with your ballot envelope, if that is easiest for you.

Annual Members Meeting

by Allan Lindberg, Secretary

Hello, members. It is time for our Annual Members Meeting. This year it will be held in the Auditorium on November 9th, starting at 10:00 a.m. You will soon be receiving your voting packet, if you have not already.

You may attend in person or by Zoom. A Bugle Blast will be sent out before the date with the link and instructions for attending. Please pre-register at the office by calling (503) 982-1776 for this meeting if attending by Zoom so that we may count and check off members as you sign in for attendance purposes. If you have a microphone when using Zoom, you will be able to speak at the open microphone.

If not able to <u>attend in person</u>, please read and sign the proxy statement so that we meet under the requirements for attendance. Return the proxy by 3:00 p.m. November 8th. (NOTE – this is the day before the Annual meeting).

If you attend and have returned the proxy, please advise me, as secretary or the Election Committee who will be in attendance in the dining room on November 9th. If you have misplaced, lost your ballot, or did not receive the full ballot packet, including a ballot or proxy, please come by the office for a replacement.

Treasurer, Phil Balogh will present the proposed 2022 budget which to be voted on by the Board of Directors at the regular board meeting on November 23rd. Thank you to Phil, General Manager Justin Bolen, and the Budget Committee for their diligence in this project.

The proposed 2022 budget was posted on the corporation bulletin board after the September 28th board meeting. You may get a copy of the report at the office.

Under New Business, under Bylaws 4.4-10, member Jaime Rodriguez has brought forward a request to add a discussion on the retaining wall on the freeway near hole three and King Way. There will be no formal vote, but we welcome the discussion.

We ran the pictures and biographies for the candidates for the election in the last *News & Views* on October 8th. They will be welcomed that day and introduced.

Due to Covid-19 restrictions, we will require masking at the Annual Meeting and distancing.

Thank you, and I look forward to seeing you at the Annual Meeting.

Lights Out

by Kim Farquharson

A special request has been made by our wonderful maintenance staff that they are needing to turn out the lights and lock the doors for the facilities at 9:00 p.m. This means that everyone needs to be out of the building before that time so they can quickly do their last chore of the day and close up. Please allow yourself the extra time needed in the locker room after being in the hot tub or pool. If you have been swirling and whirling on the dance floor, give yourself time to gather up your things as you waltz out the door. Thanks to everyone – to the WEG users for their consideration and also to the maintenance staff who keep the building safe! Teamwork makes the dream work!

News & Views Publication Schedule November 2021

Copy due by 9:30 a.m.
Thursday, Nov 4, 2021
Thursday, Nov 18, 2021

Publication Date Friday, Nov 12, 2021 Friday, Nov 26, 2021

CLASSIFIEDS

Next Publication of NEWS & VIEWS

November 12, 2021

Deadline for Articles, Thursday, Nov 4, 9:30 a.m.

We LOVE to have your free ads and articles.

The BEST way to get your information in *News & Views* is to send us this information by e-mail to nv@WoodburnEstatesGolf.com.

When submitting free ads be sure to include your MEMBERSHIP NUMBER.

FOR SALE: Table and 4-chairs. Table is 4' by 20 ½" wide and made of dark brown ivory marble synthetic and dark legs. Chairs are high back ivory upholstered. Asking \$80. Call 503-939-1272.

WANTED: Someone to spray and weed my flowerbeds. Call 503-902-0245.

What Say Ye...?

Community Comments

As one of the seniors who have a hearing loss, especially in the high frequency ranges, I have an observation. In the N&V Vol XLX No. 19 dated Friday, Oct 8, 2021, was the article: "Smoke Alarms: The Sound of Fire Safety". Because of my high frequency hearing loss, I cannot hear the tone given off by the standard fire alarm. I have a fire alarm (mine is made by Kidde) that gives the announcement of "Fire" and "Low Battery" in a normal voice. If you cannot easily hear your fire alarm when you push the Test button, (you are testing monthly, I hope) you should consider this product. They are readily available at Walmart and G. W. Hardware.

➤ I read the article having to do with the possible fenced area along Astor for off leash dogs. I live next to the park on Astor and am against this use. I have talked to others that live on the park that are also against this use. Thank you in advance for keeping all views in mind and for keeping us informed of any hearings at the City Council.

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News & Views

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Volunteers are always needed to help with preparation of copy, proofing, and delivery. Please email, if possible, all photos, articles, free ads, or reports. If email is not an option, please submit your information to the N&V office. Use the mail slot in our door. All submissions must include name and member number. Thank you.

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Music Makers: Making Music and News

by Maudena Hollod

WOW AND WOW AGAIN!! Betty Reynolds really knows how to throw a birthday party. She celebrated her brother's (Ron) birthday at Music Makers. She and her relatives furnished a complete chicken meal for the whole group of Music Makers. And, she provided the entertainment also!! It seems that she comes from a very musical family. About 9 of her relatives joined her on stage singing and playing their instruments. They played up until about 6 p.m. What an afternoon surprise that was for all of us! Thank you again to Betty and her relatives for a very enjoyable afternoon.

A new lady (Susan Lukawitz) will be taking charge of the Music Makers group. Let's all help her by volunteering your services if she calls on you.

We've got two talented guitar players coming to Music Makers on November 1, at 2:30 p.m. in the Estates Auditorium: Russell Abresch will be playing his guitar and singing along Dave High doing backup with his guitar. I hope people will come out of their houses during this cold weather to come to Music Makers. I know you will enjoy the afternoon with us. It's all free and open to everyone. Hope to see you there.

Goblins and Candy Bars



by Editor

Retailers could be in for a treat in 2021.

'Tis the season for candy, costumes, and scary movies. As Halloween approaches, expect retailers and analysts to closely monitor consumer spending and other trends.

Halloween is the second biggest spending holiday in the United States, trumping Thanksgiving, Easter, the Fourth of July, and all the rest.

And Halloween spending has grown considerably over the years. Back in 2006, Americans spent "just" \$4.96 billion. In 2017, spending peaked at \$9.1 billion before cooling to \$8.8 billion in 2019.

The COVID-19 pandemic put a bit of damper on the 2020 Halloween season, with some families skipping or cutting back on trick-or-treating, parties, and other celebrations. The National Retail Federation estimates that spending dropped to \$8.05 billion.

What about the 2021 Halloween season? Candy giant Hershey conducted a survey and found that 54 percent of consumers were likely to buy more candy this year, and trick-or-treating could be up by as much as 45 percent.

If so, that could bode well for retailers and trick-or-treaters alike.

The COVID-19 pandemic, among other factors, impacted consumer expenditures across the board in 2020 with annual Real Personal Consumption Expenditures (PCE) falling by 3.9 percent. Now, accounting giant Deloitte projects PCE to rise by roughly 7.6 percent in 2021 compared to a year prior.

Meanwhile, the National Retail Federation regularly conducts spending surveys and so far has found that back-to-college/school and Mother's/Father's Day spending has likely increased in 2021.

Good News/ Music Bad News



by Greg Delzer

Home-Style Hymn sing had their first music sing-a-long in the Blue Room. This acapella group sings with no musical instrument. However, someone had the idea to add a pitch pipe and one was donated to them.

So...the good news: they now have a brand-new pitch pipe. The bad news: no one who knows how to use it

If there is anyone who can help with this, you would be most welcome to come and help "set the pitch".

A pitch pipe is a small device used to provide a pitch reference for musicians. Although it may be described as a musical instrument, it is not typically used to play music as such. The pipe will often be used to play the first sung note of the song, especially where the song begins in unison or with a solo. Pitch pipes were most often used in the 18th and 19th centuries in churches which had no organ to give the opening note of a hymn.

The name is also somewhat interesting as few actually look like a "pipe." The "pitch pipe" name is still applied to any device used as a pitch reference. The most common type is a circular free reed aerophone. These are discs with the holes into which the user blows. Inside the pipe, the air flows through a hole in a plate past the selected rectangular metal reed (usually brass). The airflow is modulated by the oscillating reed, then it resonates in an outer sounding chamber.

This group will meet monthly in the Blue Room from 1:45 to 3:00 p.m. on the first Wednesday of each month. All are welcome. Contact Greg at 503-902-0996 or Ruth Widener at 503-858-4071.

Raw Pet Food **May Be Risky**

Submitted by Kim Farquharson

We all want the best for our dogs and cats, so a minimally processed diet made of raw, whole ingredients (specifically raw meat) might sound like a great choice, and the clever marketing can be very convincing. But pet owners should be aware that unpleasant pathogens may lurk in their pet's raw food, whether it's homemade or a pre-packaged raw mix.

According to the American Kennel Club, Portuguese researchers recently tested 55 different dog foods for Enterococci, a bacterium that lives in the guts of humans and animals, which can cause infection if it spreads elsewhere. They found that more than half the samples were contaminated with Enterococci, and a significant proportion of the Enterococci-positive samples – about 40 percent – were resistant to multiple drugs, including a last-resort antibiotic.

According to the Centers for Disease Control and Prevention (CDC), other dangerous germs like Salmonella and Listeria bacteria have also been found in raw pet foods, including those packaged and sold in stores. Humans and animals can both become ill from exposure to these bacteria, so the CDC cautions against raw food diets for pets.

The bottom line for pet owners is that while a raw food diet may be an attractive option, your pets might find delicious, you -- and your pets -- are very likely safer with commercially prepared dry kibble or canned food.

mmers

by Dena Hollod

On October 24 at 1 p.m. - 4 p.m. at the Estates auditorium we will be celebrating Halloween with candy and other goodies plus having another great jam session! Come on out and enjoy the wonderful music that our neighbors play for us. The music is varied with some very talented singers and musicians. Why sit at home alone when you could be here with us? It's free and open to all. Hope to see you there!



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Last Chance

by Stan Hiller, Directory Sales

Please check your name, address, and phone number(s) in the current directory. If you need to make changes for the new 2022 directory, now is the time to do so.

If you are not in the current phone book, please notify the office that you want to be listed.

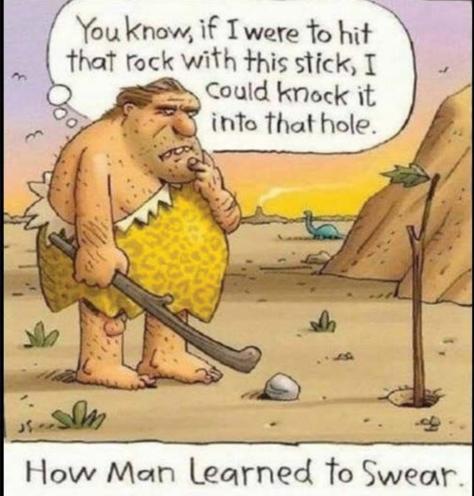
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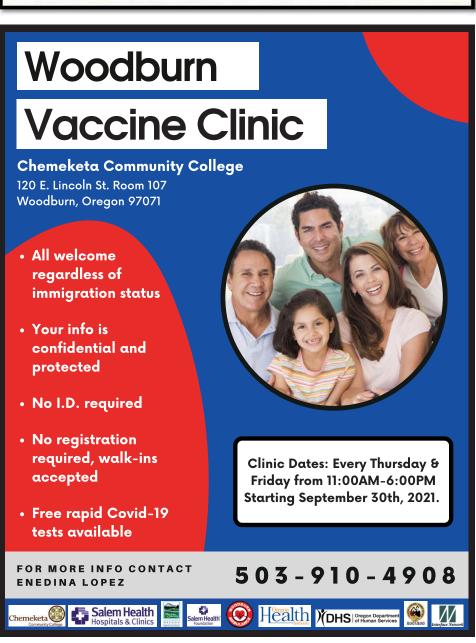
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Don't wait!

For the Golfers!

Submitted by Kathy Hiller





60 Years of Women's Golf (1961–2021): Part Fourteen

by Diana Lindberg 1978

There was a Joint Installation; a dress up affair for the 1978 event. The incoming Women's Club President was Ava Larabee with Lloyd Wilson as the Men's Club President. The regular meeting on January 18, 1978, reported a balance of \$606.16 on hand (before all golf dues were in). The treasurer reported that donations made in December were to French Prairie Care Center, Oregon Help and Hope, and Woodburn's McLaren School at Christmas.

At the regular meeting on February 15th, the golf professional, Warren Harvey, showed a roll of film of various member golfers pointing out do's and don'ts on the course for hitting the ball and what the well-dressed lady golfer should not wear on the golf course.

March 15 ladies had the golf course until noon. March 18th was a tee-off with everyone playing nine-holes, a blind draw for 4-somes, then lunch and a business meeting. McCully Realty provided three hundred membership books for 253 members.

Winners of the Spring Handicap were Norma Lichty, Marian Graham, Jackie Crichton, Fern Lewis, Pat Esvelt, Norma Olson, Helen Graham, Edna Lankow, Rosalee Peterson, Ruth Rohrer, Annie Maggs, Vivien Wilson, and Alice Brauckmiller, familiar names to members who still live here.

The Oregonian reported on May 12, 1978, that George Brice Jr. had passed the previous Wednesday at age 64 in Portland. "He was head of Brice Mortgage Company and had been a property developer. He originated and developed Woodburn Senior Estates, Oregon's oldest and largest retirement community."

In September, the club voted to ask a "well informed person from a reputable firm" to speak at the club about cost, upkeep, and the advantage of owning a computer. The Past Presidents were honored at the September 20th business luncheon meeting including first president, Gladys McLaughlin, who served in 1963

The year ended with the "Battle of the Ages" tournament. It was a nine-hole net contest, split into age groups.

1979

Ann McCully became Women's Club President, the apparent first installation separate from the men. Rod Kersey was the new Men's Club President. The first Inaugural Ball was on December 29, 1978. Attire was a long dress, best suit formal affair. The Senior Estates Orchestra played the music.

In January, an announcement was made that the golf course must not be played on in adverse weather conditions because of damage it would cause. This was up for discussion due to added cost of repair to allow play during freezing and excess moisture.

March 14th was the 1979 kick-off with breakfast at 8:30 a.m. and tee-off at 9:30 a.m. – eighty-four women played. The Finale Restaurant baked cinnamon rolls and provided free cups of coffee for each par on hole #9.

On April 12th, the Trophies and Awards Chair suggested that the club start a Most Improved 9 Hole Golfer trophy identical to the 18-hole trophy. Motion passed. Membership was 268 members.

149 members met for the business luncheon meeting on April 18th. The club voted to establish a \$100.00 Past Presidents memorial fund for the budget to purchase trees as a living memorial to Past Presidents near the street beyond the 10th hole. Voluntary contributions collected by the men and women's clubs bought a present for the out-going Pro, Warren Harvey who was taking a position at the Astoria Golf & Country Club. On behalf of both clubs, an inscribed plaque, and a gift, along with well wishes were given to Warren and his wife, Sheila at the end of the meeting.

Later in July, the Senior Estates Board of Directors hired Golf Professional, Jim White, providing lessons, managing the shop inventory, and as Golf Pro. He moved to the area with his wife, Jeanie, starting a long relationship with the association

Credit Card Processing Costs Set to Rise

by Editor

Do you use a credit card to pay for things? If so, there may be changes as businesses may pay more in processing fees in the not-so-distant future.

Visa and Mastercard planned to raise processing fees last April, but the hikes were postponed due to the COVID-19 pandemic. For now, fee hikes are back on schedule, set to rise in April, 2022.

Visa and Mastercard merchant fees totaled \$67.6 billion in 2019. With new increases, Visa and Mastercard are expected to take in an additional \$1.2 billion.

Businesses will pass on these increased costs by raising prices in products and services. Some may raise prices across the board. Some may pass on credit cards and only accept debit cards. Others may add surcharges for credit cards.

The Strawhecker Group estimates that less than 5 percent of eight million card-accepting small businesses levy credit-card surcharges. While this may not seem like much, it's up from less than 2 percent five years ago.

Declining card payments altogether is a risky decision. More than 40 percent of people prefer paying with debit cards and 33 percent favor credit cards. Just 18 percent prefer cash.

It should come as no surprise that cash accounted for only 19 percent of transactions in 2020. Meanwhile, debit cards accounted for 28 percent of transactions, while credit cards were used in 27 percent.

Those companies that don't accept cards may do so to their detriment. Finder. com, a website that helps people find credit cards, estimates that businesses (in total) could be missing out on 11.8 million customers by not setting up a card transaction facility.



Country Meadows Ask an Expert

Q: My wife has been diagnosed with Alzheimer's disease. Many friends have given me all sorts of advice on how I can help her with medications, natural remedies, and lifestyle changes. Is there actually a cure for Alzheimer's disease, and do the things suggested to me help? Tom from Aurora

A: Tom, firstly, I am sorry to hear that your wife has been diagnosed with Alzheimer's disease and how difficult that must be for you as her care provider. To answer the question, is there a cure for Alzheimer's disease? There is no cure at present; that said, scientists worldwide are working on finding a cure, and many articles suggest some are close to finding a solution.

In answer to your second question, unless it is a medication or treatment that has been tested and approved by the Food and Drug Administration (FDA), suggestions that friends make to you are based on their experiences only. Studies have shown that physical exercise, mental exercise, a diet high in antioxidants, socialization, hydration, and good sleep can slow down the progression of the disease. As for herbal remedies and dietary supplements, these could interfere with medications prescribed by her doctor/s. So always check with them before trying new things. Friends never intend to give bad advice, and it comes from the heart because they want to help you, but before you try anything new for your wife, beware of urban myths and check it out with an expert.

Store It Right To **Prevent Back Injuries**

by Editor

At home or on the job, storing heavy items properly can cut your risk of back injuries.

Some heavy items should not be stored on the floor, which might seem counter-intuitive. People tend to store heavy items on the floor, since it offers the best stability and support. Heavy objects won't fall and cause injury when stored on the floor.

But while that's great for storage, it is terrible for retrieval. Heavy objects that are frequently lifted should be stored at waist level rather than on the floor or shoulder level. Lifting a heavy object from the floor – even when you lift properly – is twice as risky as lifting an object while you stand upright, according to Safety and Health Magazine.

That makes perfect sense when you think about it. To retrieve something from the floor, you'll have to bend down to get it. Even if you lift with your legs and bend your knees, you are still lifting the weight of your body plus the object, putting stress on your back. Heavy items stored shoulder level or above, are not only at risk of falling, but also put strain on the neck and shoulders. At waist level, you can easily hold an object close to the body to move it while you maintain a straight spine.

If you do have to take something off the floor, lift properly:

- When you must lift a load from the floor, keep your head up, back straight, bend at the hips – not the waist – and lift with the legs.
 - Do not twist your body as you walk. Instead, shift your whole form.
- When you're ready to set down the load, use your leg muscles to lower it to the floor, clear of fingers and toes.

Should You Bathe Every Day?

Submitted by Editor

The hot new discussion on social media: Do you really need to bathe every day? That depends, say the experts. According to London-based dermatologist Derrick Phillips in an interview with Healthline, washing daily is nice for social reasons, but not absolutely necessary to protect our health.

According to CNN, kids only need to bathe when they get dirty, while teenagers might start to stink after just a day. The answer varies for adults, depending on skin sensitivity, exercise schedule and other factors. The only non-negotiables, the experts say, are daily oral hygiene and regular hand-washing.

Solve that slippery shower problem

Arthritis, back pain, or breathing problems might make the shower an ordeal, and one problem that we don't need is a slippery shower surface.

Even if you use a bath chair, you still have to stand up on the tub surface, and a slippery surface can cause falls.

Conventional bath mats sometimes don't help because:

- * The mat itself can still be slippery.
- * The mats can move on the tub floor.
- * They don't cover the entire tub surface.

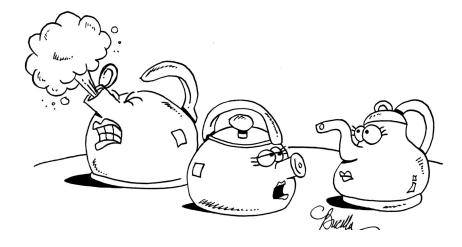
Suction cups on bath mats only work if the mat is placed on a dry surface.

There are mats that solve all these problems.

One is a no-skid cushioned vinyl mat from Briggs Healthcare. At 40 inches long, it provides more coverage of the tub floor. Drainage holes throughout the surface make it useful even in showers with a center drain. Many small suction cups prevent the mat from moving. You can order the Briggs Healthcare mat for about \$30 from many medical supply companies.

The Gorilla Grip shower stall mat solves the problem of suction cups that don't stick to the floor once water gets underneath them. This mat has 324 small suction cups distributed over the 21 inch by 21 inch surface. Get two for full tub coverage. About \$20 on Amazon.com.

On textured tub surfaces, bath mats with suction cups are sometimes unreliable. One mat from Refinished Bath Solutions solves this problem by using reverse suction cups. When you stand on the mat, the pressure pushes the raised rings on the mat down and prevents slides. Made of heavy natural rubber, the mat measures 30 inches long and 16 inches wide, and usually retails for less than \$50



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greatest attempts to conquer

the skies... Six times larger

than any aircraft of its time, the

Spruce Goose, also known as

the Hughes Flying Boat, is made

To check out its full story go to

www.evergreenmuseum.org/the-

entirely of wood"

spruce-goose.

by Walt Scholl

When I retired for a third time in 1999, it opened an opportunity to work on the restoration project of the "Spruce Goose". The original contract to build 'The Goose' was given to Henry Kaiser. He soon realized that he did not have the knowledge to do so and asked Howard Hughes to take over. The official name was HK-1 (Howard/Kaiser) but it was known for its nickname of "Spruce Goose".

The final journey of this plane was eventful. After leaving Long Beach, California, it was barged up to Astoria. Then it was taken up the Columbia River into the Oregon Falls lock, up the Willamette past the Wheatland Ferry, and over farmland to arrive in McMinnville. There it rested until 1999, when a crew

of 36 started the restoration project. The museum was being built at the same time and in September 2000, we moved the plane across the street and into the museum.

First thing was to remove all the white fire-retardant paint from the fuselage. Then she was painted her silver-gray color using 11,000 gallons of paint.

The tail section and wings had to come in separately because there was not enough room to put them on outside and bring her in. The wingspan is 319 ft 11 inches which is longer than the Wright Brothers first flight of 120 ft. The wood used was birch, not spruce. Wood was used because metal was a restricted material because of the war. Over seven tons of two headed nails were used to hold the wood together while formaldehyde-based glue was placed on the duramold. Once the glue had dried the nails were removed saving all that weight.

The plane had many innovative systems for that time period. Hydraulics were used to provide movement at the control surfaces. One psi in the cockpit equaled 1,500 psi at the flaps and tail rudder.

When the plane flew in 1947 in Long Beach, there were many articles criticizing Hughes for endangering the lives of all the celebrities. That did not happen. Hughes had put all the guests ashore before taxiing out to fly, leaving a radio announcer from KLAC aboard. His crew did not know he was going to fly as there was an engineer behind each engine and one crew at the top of the ladder in the tail. The plane only flew for 26 seconds at 70 feet off the water.

For years after that flight, he would drive down to Long Beach to start the engines in the event the plane was ever needed. He was married to his second wife, Jean Peters and made her sit in the car for an hour while he played with the engines. She soon divorced him.

Halloween Jokes

Submitted by Editor

- Q: Know why skeletons are so calm?
- A: Because nothing gets under their skin.
- Q: Why did the headless horseman go into business?
- A: He wanted to get ahead in life.
- Q: Where does a ghost go on vacation?
- A: Mali-boo.
- Q: The maker of this product does not want it, the buyer does not use it, and the user does not see it. What is it?
- A: A coffin.
- Q: How can you tell when a vampire has been in a bakery?
- A: All the jelly has been sucked out of the jelly doughnuts.

In Memory of...

Dean "Deano" McKnight - October 1, 2021



Another Adventure: PATRIOTISM ON D-FENCE

by Suzanne Buschert

When we moved to our home in Woodburn Estates, we were delighted with our little home and the smaller yard. The lack of privacy in our back yard was going to be an adjustment from the six-foot fence and tall trellises that surrounded the outdoor haven we had just left. We soon learned to know the neighbors around and behind us and enjoyed the spontaneous interactions that followed.

Landscaping happens over time. We redesigned the garden, built new raised beds, tore out tired plants, removed a lot of red rock and clay. We removed the back patio and redesigned the sprinkler system. After a new concrete patio was poured, we planted new lawn. Things were looking pretty good.

I enjoy my coffee outside on summer mornings. I love the quietness and the coolness of the mornings as I hear the birds start singing and watch squirrels begin their antics. As I sat outside, I would look at a corner we had not really changed. Darwin placed some bird houses we had brought with us, it helped, but it needed more. I asked him if he would be willing to build a trellis or some kind of divider between the bird houses to define the space a bit more.

Darwin made a fence that tied the corner together, and it looked great. As I had my morning coffee, I enjoyed the space and determined it was the perfect spot to paint the flag. I asked a couple people, it was unanimous, it was the ideal place to paint "Old Glory".

Our daughter was here from Medford for a visit. We rarely get one on one mother daughter time. We spent a day planning, shopping for paint, laughing, sketching, and sharing the experience of making a national symbol appear in our yard. We put "Old Glory" on d-fence!







LADY PUTTERS

by Barb Knox

September 27, 2021 was the last day for putting. However, the weather was not cooperative. The first rain out of the season and, of course, it would have to be on the last day. However, rain did not stop our end -of-season lunch prepared by Country Cottage. Turkey sandwiches on croissant bread, green salad, and pumpkin pudding dessert and it was soooo good.

Acknowledgements and awards for the year were presented. The annual Golden Putter Award and a monetary award was presented to Barbara Knox for achieving 18 holes-in-one. Her name will be added to the plaque. A monetary award was given to each Lady Putter who made ten or more holes-in-one during the season — Sandy Alsbury, Donna Burnside, Connie Cobb, Debbie Groth, Mickey Harrison, Darlene Hartley, Sheila Hawn, Elaine Hopfer, Betty Yaws.

A big shout out to Betty Yaws, Marilyn Dykes, and helpers Connie Cobb, Sheila Hawn, Elaine Hopfer for setting up the challenging course each Monday. A great big thank you goes to Mickey Harrison for making this all possible.

This brings our 16th season to an end, and we start thinking about next year. We invite any lady that wants to enjoy a morning out and visits with new and old friends, to come out and join the fun. We will begin the new season, Monday, May 2, 2022. See you then.

Have a safe winter.















Focus on History

History of 1984

by Stan Hiller

Chapter 25 for 1984 starts with the following:

Vice President......George Tallmadge SecretaryLetha Rasmussen DirectorsLynn Berry – Planning, July 24, 1984 George took house Golf.....Fred Kyser Planning.....Lynn Berry, died July 24, 1984 while on vacation, now John Marchetti Public Relations.....Letha Rasmussen

RV LotRalph Warren Administrator is the President, and the meetings were held in the

Craft Room.

Phone Directory – Harry Samis Long Range Planning – Harry Samis

Tax & Insurance – Bill Jensen Pool Room – Duane Rochefort

City County Government – Stanley Liss

Library – Emil Wandel

Entertainment – Evelyn Baumer

Sound – Ray Larsen

Coffee Hour – Art Nienaber (coffee), George Steffenson (setup)

Golf Pro – Jim White started July 14, 1979

Golf Course Super – Jack Smith

N&V Editor – Vivian Read comes back on December 13, 1983

Office Secretary - Loretta Lundy and Susan Wildesmith is assistant director Travel Office – Jackie Opitz January 1, 1962

Estates Restaurant – Dave & Lucy Almond started February 14, 1984 1984 approved assessment and dues – depending upon the appeal of initiation fee:

Type	Assessment	Golf	Total
Homeowner Membership (50+)	\$140		\$140
Homeowner & Golf single	\$140	\$165	\$305
Associate Membership (50+)	\$180		\$180
Associate Member Golf single	\$180	\$175	\$355
All buyers of resale homes must pay an initiation fee, a one-time charge			

of \$1,000. \$5 for 9 holes; Green Fees – guest

\$8 for 18 or all day. Club Storage \$12 Oversize club storage \$18

Locker rental \$12 Pool cue reserved rack \$3

Power golf car use fee \$25 Golf car storage electric \$120

Power golf car storage electric \$120 Golf car storage gas \$90 Trailer storage initiation fee \$15 Trailer assessment \$10

Trailer less than 25 feet \$18 Trailer over 25 feet \$36

January 10, 1984 Board minutes there were 65 club members and full board. Membership George Tallmadge reported the delinquent accounts have been reduced from 46 to 8.

House chair John Marchetti said the general rule thorough-out the clubhouse should be "If you don't do it at home, don't do it here." We are going to purchase additional fire extinguishers per code.

Lynn Berry, Planning chair, reported the private street (parking lot) was closed from midnight December 31 to midnight January 1, as required by State Law. He then read off the name of new owners and moved that they be accepted and passed.

Earl Ellis spoke regarding labor and money donated over the past five or six years for the Auditorium furnishing, Health Center, etc. No General Fund money has been used.

We regretfully accepted Lauretta Lundy's resignation effective April 1, 1984. President Barnett reported that the restaurant is cutting some labor, and

that we're not out to make money, just to break even. The Club subsidizes the restaurant as to rent, gas, etc. The Club must have a restaurant, it is provided for in the Restated Articles of Incorporation

February 11, 1984 N&V – January donations were from the Swim Pool fund, General Fund from Saturday Night Dance, Stage Fund from the drama club, Memorial Fund listed Billingsley, Pounds, Oshel, Soderholm, Robison, Hibbard, Miner, and Thompson.

February 14, 1984 Board minutes a one-year lease on the restaurant was signed by Dave and Lucy Almond. They used to own the Bowman Restaurant in Newberg.

The Board interviewed 14 ladies to take Lauretta Lundy's position when she retires. We have selected Diane Horvath to work today on a 60-day-you like us, we like you-basis.

There was considerable discussion from the audience pro and con regarding the smoking question. An area was set aside for the smokers, but the majority wants the ban on smoking in all buildings.

March 13, 1984 Board minutes our secretary is on vacation, and I must inform you that we are taping the minutes today. At our work session Board meeting on February 28, 1984, the directors passed a motion to dismiss John Marchetti from the Board of Directors by a seven to 0 vote. Attorney John Marchetti stated the facts of law, including our laws and we have corrected the situation with John on the Board today. It was also learned that you, the members by vote, cannot legally dismiss a director by our 1984 rules.

At the beginning of the forum, the coffee carts now have their own place just outside the kitchen, instead of being stored in the telephone room. The new telephone system has been installed and working nicely.

Earl Ellis – Mr. President and Board. I would like to suggest to the Board, that when there is money available, the total Articles and the Rules be written compatible with the deed restrictions. Over time, the Board has made many changes that have made our rules a patchwork mess. So, I am recommending that the Board have the rules written so that we can understand them, and the Board can function properly.

The President agreed 100% with Mr. Ellis. We certainly didn't do what we did with any intent of doing anything wrong and we even had an attorney's advice, and we were still wrong. I would assume that, in reading the Articles of Incorporation, I can't find anything there which refers to a lot of things in the Bylaws. I would almost assume that a lot of the things in the Bylaws are illegal. The Board talked briefly about suggesting we have these rules rewritten soon.

April 10, 1984 Board minutes Secretary Letha Rasmussen reported that the Audit Committee has examined the accounting procedures and records of the club for 1983. Our examination consisted of an evaluation of the internal control procedures. This included a test of the accounting transactions to determine that the internal control procedures are adequate according to Standard Operating

The Board president announced that an agreement has been signed by the restaurant for a 5-year lease by the Almonds. Their food has been great, and participation has been up.

The Board has approved "No Smoking in the Auditorium and Dining Hall."

A committee of four Board members met with an attorney regarding changes in our laws. The attorney will study them and will inform us of any changes required. Either a special election will be held on changes, or we will vote on them at our annual meeting.

May 8, 1984 Board minutes the Board approved a \$50 a month raise for our new secretary, Diane Horvath. She was originally hired on a 60-day trial period.

June 12, 1984 Board minutes we lost one of our directors, Lynn Berry. Mr. Tallmadge reported 61 new homeowners since January. The Swimming Pool Building Committee has retained an architect to draw plans for a building over the swimming pool.

July 10, 1984 Board minutes George Tallmadge announced that the associate membership quota is now filled and that any new requests would have to wait until

Golf Chair, Fred Kyser reported that the sand traps on the 15 & 16 greens have

Since our last meeting, we have received from our attorney a proposed draft for changes in our Articles of Incorporation and Bylaws. The changes will require a vote of the membership.

August 14, 1984 Board minutes President Barnett introduced Lynn Berry's replacement George Steffensen as House Chair. Now we are operating as a full

President Jack Barnett reported from our July 24 work meeting that our revised Articles of Incorporation were discussed, and a motion passed to approve them. They will be published in the News & Views in September and posted on the bulletin board. He noted that the articles have been condensed and are now in compliance with Oregon State Law.

The land adjoining our RV lot has been approved for sale and is in the hands of an appraiser now and we are to be notified.

September 4, 1984 Special Board meeting was held in relation to the swimming pool building. A motion passed as the Board approves completion of the swimming pool complex as designed by the architect SAABYE & GRIBSKOV with construction to begin when adequate financing becomes available.

September 11, 1984 Board minutes George Tallmadge, membership, read 12 names for home membership and five applications for associate membership for approval – motion passed.

Golf chair, Fred Kyser reported the number one tee is almost completed. The black top was completed on September 10. The tee was extended as planned with slope and then sod.

Secretary Letha Rasmussen read a letter of petition from the Golf club requesting the Board to hold all golf cart fees in a separate account – etc. The Board, after much discussion, denied the petition. History notes: the cart path fee started on April 5, 1971. In 1970 the fee was set at \$5.00 to be used for damage and repair. That same year the motion was rescinded, until December when the fee was put back into effect. In November 1973, a motion passed to remove the \$5 fee. In November 1974, a motion passed to use a fee starting January 1975 for building and maintenance of cart paths. The Board feels that over the years, the cost of building and maintaining the cart paths has exceeded the revenue derived. In 1984, the phone directory gave \$4,000 plus \$4,000 from the general fund to be used to black-top the cart path from the tunnel to Hayes Street. In conclusion, the Board is trying to eliminate special accounts.

A motion passed to use some of the Memorial Fund money to repair the entrance to pool room building which badly needs attention because of dry rot.

A motion passed that we adopt the new Bylaws effective immediately. The Articles will have to be passed by the membership.

October 9, 1984 Board minutes election team duties are Traffic Controller: Harold Mortenson, Rolodex: Warren Dunn, and Clerks: Bernice Homan and & Betty McKay, Ballot Box: Bill Jensen.

House chair, George Steffensen reported new air filters in the card room, a new faucet with a spray in kitchen sink and a new stair to the upstairs by the restaurant, and new dishwasher for the restaurant.

November 13, 1984 ANNUAL Board minutes President Jack Barnett welcomed all to the 23rd Annual Meeting. The meeting was adjourned after the President's speech, but to be reconvened at 7:30 to read the votes.

George Steffensen 238 Olive Harris John Sherman 181 Sam Smith 153

R. A. (Dick) Wechter 118. Total votes cast were **303**

Mabel Vomocil moved to accept the Election Board report and was passed.

December 11, 1984 Board minutes President Jack Barnett said the road through the parking lot will be closed for 24 hours starting New Year's Eve night. Membership chair George Tallmadge said we have reduced our delinquent accounts to near zero as of today. Your president elect Mabel Vomocil, Rules director Sam Gibson, and me (Barnett) hosted a meeting with other directors from Summerfield, King City, and Summer Place on December 6. We found we have far fewer problems, so we must be operating more efficiently than they are.

If you have any documents or pictures, please send to News & Views.

Introducing Time To Plant Sadie



by Anne Reslock

Welcome Sadie, who resides on Darlene's deck on Princeton Road. Sadie has costume changes over the weeks and months. Now Sadie is mirroring her Victorian self in fine silk and velvet. Check her costumes in the coming weeks

A big thank you to everyone who has joined the open studio group on Mondays 10 a.m. - 3 p.m., at Woodburn Art Center/Glatt House Gallery at Country Club Road and Boones Ferry Rd. Great place to explore your inner artist, no appointment needed, just drop in for a fun and creative day.

The Impact of Inflation

by Editor

Suppose it is 1950. You have \$5 in your pocket and you have to buy groceries. You've got plenty:

- Gallon of milk: 83 cents Dozen eggs: 60 cents
- Loaf of bread: 30 cents Chopped beef: 53 cents
- Frozen green beans: 24 cents
- Apples: 39 cents
- Peanut butter: 29 cents 5 lbs. potatoes: 26 cents
- 3 lbs. hamburger: 89 cents
- 2 lbs. cabbage: 12 cents
- 1 lb. bacon: 35 cents

Total: \$4.80

If you lived in any of ten states, there wasn't a sales tax, so you could pocket those 20 cents.

Today, 2021, you aren't going to make much of a dinner with your \$5.00. You can buy

- Loaf of bread: \$2.00
- Dozen eggs: \$1.54
- 5 lbs. potatoes: \$3.00

Total: \$6.54

Of course, today you should have more than \$5.00 in your pocket, because wages eventually rise with inflation. The exception, however, is anyone who lives on fixed savings. For them, inflation can lower their standard of living. That's why when you retire, your savings and investments have to keep up with

Spring-Flowering Bulbs



Submitted by Kim Farquharson

Do you always admire spring-blooming flowers in your neighbors' gardens? If you want to see a profusion of blooms in your own yard next year, the work starts in the fall. Late October and early November are the best times to plant spring-flowering bulbs. Here's how to do it.

- First, select a site that has good soil and good drainage so bulbs will continue to flower year after year.
- For tulip, daffodil and hyacinth bulbs, prepare the soil 8 inches deep or more. Plant them six inches deep, measured from the bottom of the bulb, and six
- For small bulbs such as crocus, glory-of-the-snow and grape hyacinth, prepare the soil six inches deep. Plant bulbs three inches deep and three inches apart.
- Lastly, broadcast a tablespoon per square foot of 12-12-12 or 13-13-13 analysis fertilizer and water well. When the ground freezes, mulch with two inches of fine mulch or straw.

October is also the time to transplant daylilies and hostas. When you look at your yard or garden this fall, you probably see plants that should be separated or moved. We're talking about daylilies that are choking each other so they won't bloom as well next year. How about that expensive hosta, for example, that has grown so big it no longer fits where it is? If you separate it, you'll have two plants next year instead of one overgrown specimen. Here's how to do it.

- Pick a new site and prepare the soil.
- At dawn or dusk, dig some distance around the old plant so you won't cut the roots, then lift it out of the ground. Cut off its foliage 1 inch above the base.
- To divide it, place it upright on its side and cut with a large knife or a spade. Plant both parts immediately.
- Pat soil around the plant, leaving a ditch around it that creates a saucer to collect water. Water it regularly for two weeks.







Pumpkin Pi



Submitted by Kim Farquharson

October through December are prime months for pumpkin pies - a uniquely North American treat that mainly puzzles Europeans.

In fact, expats routinely complain that finding cans of pumpkin in October and November is nearly impossible on the continent. According to The Guardian, Brits never really understood a vegetable-based pudding and pumpkin has never caught on. In fact, in Europe, most expats end up substituting butternut squash or sweet potatoes for pumpkin.

Nonetheless, North Americans love their pumpkins and it does more than satisfy the taste buds. It wins big time for its nutritional values. Canned pumpkin has virtually the same nutritional value as fresh, and it's far less work

You can make a nutritious pumpkin pie from a can of pumpkin pie mix or two pies from a 16-ounce can of pumpkin (just add your own eggs, sugar, and spices. The recipe is on the can.)

Some tips about pie made from canned pumpkin: If you find your pie cracks in the center or doesn't hold together well enough, your eggs are probably too small. Use three eggs instead of two.

To reduce the fat content of your pie, (pumpkin itself has no fat) use fat-

If you will use whipped cream as a topping, select fat-free whipped cream at the supermarket for a flavor that's still very good.

For more intense flavor from pumpkin pie mix, add a bit of extra spice and a tablespoon of brown sugar.

For more daring pie, put in three tablespoons of rum.

Frosty Temperatures – Tips for Protecting **Your Plants**

Al's Expert: Mark Bigej Submitted by Karen Linton

When the temperatures get colder, there are a few simple things to remember for your yard and garden, in order to limit and prevent problems in the spring. Just follow these simple cold-weather tips and you can be sure that your plants will be prepared to thrive come springtime!

MOVE YOUR CONTAINERS TO THE GARAGE OR A PROTECTED AREA

Plants growing in pots and containers are more susceptible to winter damage than plants planted in the ground because the pots don't provide the insulation and protection that the ground does. To prevent the soil and roots in your containers from freezing, you can simply move the container to the garage or a shed that provides some protection from the cold. Even moving these pots to a protected place near the house will help prevent damage. If the pots are too large to move, simply wrapping them with blankets or insulation will help. This can be advantageous for the container as well, as some terra cotta, ceramic, and plastic containers can be damaged by repeated freezing and thawing.

GIVE YOUR GARDEN A BLANKET OF MULCH

Some of the plants in your garden may have gone dormant – but the roots on tender plants can still be damaged by freezing weather. A layer of mulch creates a protective insulating layer between the soil and the cold air. Plus, a mulch layer protects the soil from erosion, and can help prevent weed growth in the spring. Here at Al's, we love using a good compost for mulch, but even straw or a thick layer of leaves will help protect from extreme cold.

WATER IN THE WINTER

Those dormant plants still get thirsty this time of year. Before the really cold weather hits, it may be wise to give your plants a good deep soaking – especially where the soil is very dry. This is common near houses or buildings - especially under the eaves. This watering helps hydrate leaves and protects them from damage due to dehydration in cold, windy conditions.

WILT STOP® OFFERS PROTECTION AGAINST THE WIND

When the wind picks up, many exposed plants can lose a lot of vital moisture to the air. You can protect your broad-leaf evergreen plants such as Mexican Orange, viburnums, and privets, by applying a layer of Wilt Stop®. This creates a natural protective layer that keeps the moisture in the plant where it belongs.

DRAIN YOUR HOSES AND PIPES

Frozen water can wreak havoc on hoses and pipes. Before any major freeze, we suggest that you disconnect and drain all your garden hoses and sprinkler systems. An insulating cover for your outdoor faucet is an easy way to protect the pipes from the ice.

Marketing Sorcery: Clever Strategies to Sweeten Sales

If you check a trick-or-treater's bag this year, there's a good chance that Skittles will be in it. According to CandyStore.com, Skittles are the most popular Halloween candy.

Skittles, like other candies, are sold through style as much as taste, and the marketing maneuvers can be startling.

In 2019, Skittles did something no other candy or even any other product has ever done. It charged people \$200 to see them make an advertisement.

Skittles could have poured millions into Superbowl ads in 2019, but instead, it staged a full-blown Broadway musical, generating tens of millions in free media and snubbing the Superbowl altogether. Skittles staged the "Skittles Commercial: The Broadway Musical" during the Superbowl itself. Like a Russian nesting doll, the musical follows the main character's efforts to put together a musical Skittles advertisement.

And rather than shelling out millions for airtime, Skittles charged patrons \$200 per ticket. Talk about cost-effective marketing.

Skittles did put together an ad for the 2018 Superbowl. But they live-streamed it exclusively to Skittles superfan Marcos Menendez. The general audience could only tune in to watch his reaction. This campaign led to 1.25 billion integrated impressions as folks tried to get in on the secret.

Butterfinger is another popular Halloween candy brand that leveraged clever marketing. Back in 2012, the brand launched BARmageddon, claiming that Butterfingers were inexplicably disappearing from store shelves. Meanwhile, a mysterious QR code popped up in a cornfield in Kansas.

In 2020, Butterfinger deployed "detectives" to hunt down Butterfingers that were, once again, going missing. Knowing that some adults steal their kid's Halloween candy, Butterfinger encouraged them to make digital confessions for a chance to win \$25,000.

Kit Kat candy bars are said to have become one of the world's favorite treats by mere word of mouth. Nestle says that 650 bars of Kit Kat are consumed every second around the globe. The Nestle brand engages in what they call moment marketing. When a social media user tweeted her love for Kit Kat and Oreo, Kit Kat posted an image calling for Tic Tac Toe game with Oreo. They put their X made of chocolate wafer bars into the middle square, of course, pretty much guaranteeing a win over the Oreo O.

Meanwhile in 2013, Kit Kat made a legendary business deal with fans at Google. Seems Google engineers love Kit Kat, and they proposed to name their Android 4.4 operating system Kit Kat. A simple handshake did the deal and no money changed hands, but Kit Kat did make 50 million special bars branded with the Android logo.

M^cCully

LOCAL Brokers know this market better!



Jaime White 503-910-0701



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Tim Kelly 503-522-7270



541-401-7434



503-806-1555





503-730-1873





Principal Brokers / Owners 503-569-7210



Calendar (Oct 23-Nov 12)

*Any Change Of Date, Time, Activity, Or Place Must Be Made With The Office 503-982-1776.

SATURDAY, Oct 23

2:45 p.m. - 5:00 p.m. Water Volleyball (Swimming Pool) 4:00 p.m. - 9:00 p.m. Hand & Foot Card Game (Blue Room)

SUNDAY, Oct 24

1:00 p.m. - 4:00 p.m. Music Jammers (Auditorium)

MONDAY, Oct 25

8:00 a.m. - 9:00 a.m. Mermaids Water Aerobics (Swimming Pool)

8:30 a.m. - 9:30 a.m. Walking Club (Auditorium)

8:30 a.m. - 2:30 p.m. Quilters (Craft Room)

9:30 a.m. - 10:30 a.m. Ladies Chat & Laugh (Blue Room)

10:00 a.m. - 11:00 a.m. Zumba Class (Auditorium) 11:00 a.m. - 12:00 p.m. Tai Chi With Judy - Advanced (Auditorium)

12:00 p.m. - 1:00 p.m. Tai Chi With Judy - Beginner (Auditorium)

12:30 p.m. - 4:00 p.m. Duplicate Bridge (Blue Room)

2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool)

5:45 p.m. - 8:45 p.m. Water Volleyball (Swimming Pool)

TUESDAY, Oct 26

8:00 a.m. - 9:00 a.m. Mermaids Water Aerobics (Swimming Pool)

9:00 a.m. - 10:30 a.m. Ping Pong (Dining Hall)

10:00 a.m. - 3:00 p.m. Progressive Hand & Foot (Blue Room)

11:00 a.m. - 2:30 p.m. Ukulele Jam & Lessons (Craft Room)

1:30 p.m. - 4:30 p.m. BOD Board Meeting (Auditorium)

2:45 p.m. - 5:00 p.m. Water Volleyball (Swimming Pool)

5:00 p.m. - 9:00 p.m. Tuesday Night Poker (Card Room)

WEDNESDAY, Oct 27

8:00 a.m. - 9:00 a.m. Mermaids Water Aerobics (Swimming Pool)

8:30 a.m. - 9:30 a.m. Walking Club (Auditorium)

9:00 a.m. - 10:30 a.m. Ping Pong (Dining Hall)

9:00 a.m. - 12:00 p.m. Wood Carvers (Craft Room)

9:30 a.m. - 10:30 a.m. Ladies Chat & Laugh (Blue Room)

10:00 a.m. - 11:00 a.m. Zumba Class (Auditorium) 11:00 a.m. - 12:00 p.m. Yoga (Auditorium)

12:00 p.m. - 1:00 p.m. AA-Friends With Bill W (Craft Room)

12:30 p.m. - 4:00 p.m. Pinochle Double Deck Only (Card Room)

1:30 p.m. - 4:30 p.m. Wii Bowling (Auditorium)

2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool)

6:00 p.m. - 9:00 p.m. Pinochle Group (Blue Room)

THURSDAY, Oct 28

8:00 a.m. - 9:00 a.m. Mermaids Water Aerobics (Swimming Pool)

8:30 a.m. - 2:30 p.m. Quilters (Craft Room)

12:00 p.m. - 3:00 p.m. Ladies Pinochle (Blue Room)

5:00 p.m. - 9:00 p.m. Poker Players (Card Room) 5:45 p.m. - 8:45 p.m. Water Volleyball (Swimming Pool)

6:00 p.m. - 9:00 p.m. Pinochle Group (Blue Room)

FRIDAY, Oct 29

8:00 a.m. - 9:00 a.m. Mermaids Water Aerobics (Swimming Pool)

8:30 a.m. - 9:30 a.m. Walking Club (Auditorium)

9:30 a.m. - 10:30 a.m. Ladies Chat & Laugh (Blue Room)

10:00 a.m. - 11:00 a.m. Zumba Class (Auditorium)

11:00 a.m. - 12:00 p.m. Yoga (Auditorium)

12:30 p.m. - 3:30 p.m. Bunco (Craft Room)

1:00 p.m. - 4:00 p.m. Friday Bridge (Blue Room)

2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool)

SATURDAY, Oct 30

2:45 p.m. - 5:00 p.m. Water Volleyball (Swimming Pool)

4:00 p.m. - 9:00 p.m. Hand & Foot Card Game (Blue Room)

MONDAY, Nov 1

8:00 a.m. - 9:00 a.m. Mermaids Water Aerobics (Swimming Pool)

8:30 a.m. - 9:30 a.m. Walking Club (Auditorium)

8:30 a.m. - 2:30 p.m. Quilters (Craft Room)

9:30 a.m. - 10:30 a.m. Ladies Chat & Laugh (Blue Room)

10:00 a.m. - 11:00 a.m. Zumba Class (Auditorium) 10:00 a.m. - 12:30 p.m. St. Monica's Circle (Dining Hall)

11:00 a.m. - 12:00 p.m. Tai Chi With Judy - Advanced (Auditorium)

12:00 p.m. 1:00 p.m. Tai Chi With Judy - Beginner (Auditorium)

12:30 p.m. - 4:00 p.m. Duplicate Bridge (Blue Room)

2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool)

2:00 p.m. - 4:00 p.m. Music Makers (Auditorium)

5:45 p.m. - 8:45 p.m. Water Volleyball (Swimming Pool)

TUESDAY, Nov 2

8:00 a.m. - 9:00 a.m. Mermaids Water Aerobics (Swimming Pool)

9:00 a.m. - 10:30 a.m. Ping Pong (Dining Hall)

11:00 a.m. - 2:30 p.m. Ukulele Jam & Lessons (Craft Room)

2:45 p.m. - 5:00 p.m. Water Volleyball (Swimming Pool) 5:00 p.m. - 9:00 p.m. Tuesday Night Poker (Card Room)

WEDNESDAY, Nov 3

8:00 a.m. - 9:00 a.m. Mermaids Water Aerobics (Swimming Pool)

8:30 a.m. - 9:30 a.m. Walking Club (Auditorium)

9:00 a.m. - 10:30 a.m. Ping Pong (Dining Hall)

9:00 a.m. - 12:00 p.m. Wood Carvers (Craft Room)

9:30 a.m. - 10:30 a.m. Ladies Chat & Laugh (Blue Room)

10:00 a.m. - 11:00 a.m. Zumba Class (Auditorium)

10:00 a.m. - 11:00 a.m. WEG Men's Club Meeting (Dining Hall)

11:00 a.m. - 12:00 p.m. Yoga (Auditorium)

12:00 p.m. - 1:00 p.m. AA-Friends With Bill W (Craft Room) 12:30 p.m. - 4:00 p.m. Pinochle Double Deck Only (Card Room)

1:30 p.m. - 4:30 p.m. Wii Bowling (Auditorium)

2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool)

5:30 p.m. - 9:00 p.m. Pinochle Group (Blue Room)

THURSDAY, Nov 4

8:00 a.m. - 9:00 a.m. Mermaids Water Aerobics (Swimming Pool)

8:30 a.m. - 2:30 p.m. Quilters (Craft Room)

5:00 p.m. - 9:00 p.m. Poker Players (Card Room)

5:45 p.m. - 8:45 p.m. Water Volleyball (Swimming Pool)

6:00 p.m. - 9:00 p.m. Pinochle Group (Blue Room)

FRIDAY, Nov 5

8:00 a.m. - 9:00 a.m. Mermaids Water Aerobics (Swimming Pool)

8:30 a.m. - 9:30 a.m. Walking Club (Auditorium)

9:30 a.m. - 10:30 a.m. Ladies Chat & Laugh (Blue Room)

10:00 a.m. - 11:00 a.m. Zumba Class (Auditorium)

11:00 a.m. - 12:00 p.m. Yoga (Auditorium)

12:30 p.m. - 3:30 p.m. Bunco (Craft Room)

1:00 p.m. - 4:00 p.m. Friday Bridge (Blue Room)

2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool)

SATURDAY, Nov 6 2:45 p.m. - 5:00 p.m. Water Volleyball (Swimming Pool)

4:00 p.m. - 9:00 p.m. Hand & Foot Card Game (Blue Room) MONDAY, Nov 8

8:00 a.m. - 9:00 a.m. Mermaids Water Aerobics (Swimming Pool)

8:30 a.m. - 9:30 a.m. Walking Club (Auditorium)

8:30 a.m. - 2:30 p.m. Quilters (Craft Room) 9:30 a.m. - 10:30 a.m. Ladies Chat & Laugh (Blue Room)

10:00 a.m. - 11:00 a.m. Zumba Class (Auditorium)

11:00 a.m. - 12:00 p.m. Tai Chi With Judy - Advanced (Auditorium)

12:00 p.m. 1:00 p.m. Tai Chi With Judy - Beginner (Auditorium)

12:30 p.m. - 4:00 p.m. Duplicate Bridge (Blue Room)

2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool)

5:45 p.m. - 8:45 p.m. Water Volleyball (Swimming Pool)

TUESDAY, Nov 9

8:00 a.m. - 9:00 a.m. Mermaids Water Aerobics (Swimming Pool)

8:30 a.m. - 3:00 p.m. Progressive Hand & Foot (Blue Room)

9:00 a.m. - 10:30 a.m. Ping Pong (Dining Hall) 10:00 a.m. - 1:00 p.m. Annual Membership Meeting (Aud. & Dining Hall)

11:00 a.m. - 2:30 p.m. Ukulele Jam & Lessons (Craft Room) 12:00 p.m. - 4:00 p.m. Progressive Hand & Foot (Blue Room)

2:45 p.m. - 5:00 p.m. Water Volleyball (Swimming Pool)

5:00 p.m. - 9:00 p.m. Tuesday Night Poker (Card Room)

WEDNESDAY, Nov 10 8:00 a.m. - 9:00 a.m. Mermaids Water Aerobics (Swimming Pool)

8:30 a.m. - 9:30 a.m. Walking Club (Auditorium)

9:00 a.m. - 10:30 a.m. Ping Pong (Dining Hall) 9:00 a.m. - 12:00 p.m. Wood Carvers (Craft Room)

9:30 a.m. - 10:30 a.m. Ladies Chat & Laugh (Blue Room)

10:00 a.m. - 11:00 a.m. Zumba Class (Auditorium)

10:30 a.m. - 12:30 p.m. Crafts For Fun (Blue Room) 11:00 a.m. - 12:00 p.m. Yoga (Auditorium)

12:00 p.m. - 1:00 p.m. AA-Friends With Bill W (Craft Room) 12:30 p.m. - 4:00 p.m. Pinochle Double Deck Only (Card Room)

1:30 p.m. - 4:30 p.m. Wii Bowling (Auditorium)

2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool)

5:30 p.m. - 9:00 p.m. Pinochle Group (Blue Room)

THURSDAY, Nov 11

8:00 a.m. - 9:00 a.m. Mermaids Water Aerobics (Swimming Pool)

8:30 a.m. - 2:30 p.m. Quilters (Craft Room)

9:45 a.m. 11:15 a.m. Writers Club (Blue Room)

1:30 p.m. - 4:00 p.m. Genealogy (Conference Room 1) 1:30 p.m. - 4:30 p.m. Neighborhood Bunco (Blue Room)

5:00 p.m. - 9:00 p.m. Poker Players (Card Room)

5:45 p.m. - 8:45 p.m. Water Volleyball (Swimming Pool)

6:00 p.m. - 9:00 p.m. Pinochle Group (Blue Room)

FRIDAY, Nov 12

8:00 a.m. - 9:00 a.m. Mermaids Water Aerobics (Swimming Pool)

8:30 a.m. - 9:30 a.m. Walking Club (Auditorium) 9:00 a.m. - 10:00 a.m. Greens Meeting (Dining Hall)

9:30 a.m. - 10:30 a.m. Ladies Chat & Laugh (Blue Room)

10:00 a.m. - 11:00 a.m. Zumba Class (Auditorium)

11:00 a.m. - 12:00 p.m. Yoga (Auditorium)

12:30 p.m. - 3:30 p.m. Bunco (Craft Room) 1:00 p.m. - 4:00 p.m. Friday Bridge (Blue Room)

2:00 p.m. - 3:00 p.m. Water Aerobics (Swimming Pool)

Attention Puzzlers

Puzzles will be moved back to the puzzle closet soon.



503-984-0924

Salem Health Medical Clinic - Woodburn



Call to make an appointment: 503-902-3900

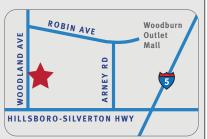
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