

## Your “YES” Vote on the Documents Is Needed Now!

Woodburn Estates & Golf is out of Compliance with Federal & State Laws!

*by Tom Staskiewicz – Woodburn Estates & Golf General Manager*

MEMBERS – There are only 4 days remaining to get this right or we will need to start the process over! (at additional expense). As your new general manager, I am responsible for ensuring Woodburn Estates & Golf complies with Federal and State regulations; meaning our documents require, at a minimum, annual reviews and potentially annual updates.

- This vote **IS NOT ABOUT** the Board!
  - This vote **IS NOT ABOUT** what the Board wants!
  - This vote **IS ABOUT** you, Woodburn Estates & Golf and compliance!
  - This vote **IS ABOUT** what Woodburn Estates & Golf must do!
- Our documents **must** change because of changes in Federal and State laws regarding HOAs (Home Owner Associations). Voting ends at 4:00 p.m. on December 15! *Even if you are not voting “YES”... NOT VOTING does not equal a “NO” vote – YOU MUST VOTE.* If you have lost, misplaced or want to change your ballot, you may call the office at 503-982-1776 for a replacement. Thank you.

## Looking out for Our Community

*by Tom Staskiewicz*

Have you ever seen someone on Woodburn Estates property or in one of the buildings and asked why they are here? This can be a logical question, but remember you should only ask it in your mind.

**Some owners have younger individuals living with them.** Don’t make someone you don’t know uncomfortable just because they don’t look like they belong. We have some younger people living with their parents, or the person may be a caretaker; in either case, they have a right to be here. As long as they aren’t doing anything improper or endangering other residents or themselves; be respectful.

**Inform the office or a board member.** If you have a question regarding someone on the property, bring it to the office or a board member. We want to be known as a friendly and welcoming environment and immediately challenging a person or blocking their entry into an area is not the answer.

Thank you for helping make Woodburn Estates a friendlier place.

## BOD Election Results

*by Kathy Hiller*

The three newly-elected Board Directors are: Sharon Schaub, Connie Lum, and Allan Lindberg. My apologies for overlooking publishing the results from the November 10th election. Those of you who are registered for the Bugle Blast were informed immediately. To sign-up, send your name and email address to the office and you will be added to the “blasts”.

## Crafters After-Sale Meeting

*by Chris Daley*

This Friday, December 11, 2-3:00 p.m. in the Dining Hall. Come prepared with suggestions and comments. We will review financials and choose charities to sponsor.

## Christmas for a Military Family

*by Sheryl Sodorff, Community Outreach & Administrator*

We have a military family that is in need of help for this holiday season. They are part of the Letters to Santa program for military families in Oregon, Marion County. If you are not already participating in this program, we would love to have you join with us to give this family a wonderful Christmas this year. If you already participate in something special, thank you! Please do not feel that you must do this. I will wrap everything at our office and I can pick the gift up from you. We will have each and every person who donates something on the card to the family however you would like it to read. I would like to have all gifts by Friday, December 11th.

- Here is what they need:
- 2 year old boy:** Pants and shirts size 2T; Favorite colors: Blue and Purple; hat/gloves and socks. Christmas wish: Tonka toys or learning toys.
  - 2 year old girl:** Pants and shirts size 2T; Favorite color: Pink; hat/gloves and socks. Christmas wish: doll, stuffed animals, learning toys.
  - Mom and Dad:** Dish towels neutral colors; bath towels neutral colors; warm blankets; gift cards for gas or groceries.

If you feel you would like to participate, just one thing on the list can make a wonderful difference for this military family. I hope all of you had a very nice Thanksgiving! Thank you so much!

Sheryl Sodorff, Community Outreach & Administrator for Right at Home, 2600 Progress Way, Woodburn, OR 97071, Office: 971-983-3103, Cell: 971-545-9205.

### 2015 and 2016 News & Views Schedule

In December and January, News & Views will publish as follows:

Copy due by 9:30 a.m.	Publication Date
Thursday, Dec 17th	Friday, Dec 25th
Thursday, Dec 31st	Friday, Jan 8th
Thursday, Jan 14th	Friday, Jan 22nd

Thank you, everyone, for your cooperation.



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## Travelers Photo



*by Donna Wood*

The photo shows Donna Wood, Fred Flubacher and Gerry Cooley in Beijing during their recent trip to China. They are standing in front of The Temple of Heaven, built in 1420, where the emperors of the Ming and Qing Dynasties held elaborate ceremonies, worshipping heaven and praying for a good harvest. These past ceremonies, for which the emperor fasted and wore special clothing, included animal sacrifices and dancing. This complex is the largest and best preserved sacrificial group of buildings in the world and is surrounded by a large grove of Cypress trees.

**ENJOY LEARNING?** Road Scholar (formerly known as Elderhostel) sponsors classes for seniors here in Woodburn. These classes, called CCLR (Chemeketa College Learning in Retirement) are held on the second floor of the Chemeketa College building, two blocks east of the post office. In the fall term we wrote plays and discussed TED Talks. TED Talks are short talks by knowledgeable people on a wide variety of subjects. You can explore them yourself by searching TED Talks on a computer. Winter term, starting January 5, we will be sharing travel experiences. Class meets on Tuesday from 9 to 11 a.m. and the cost is only \$35 for the whole year. See you there!

## RSVP Announcements and Reminders

*by Beth Faulhaber, Volunteer & Special Projects Manager, City of Woodburn*

NEW VOLUNTEER OPPORTUNITY! Willamette Valley Christian School in Brooks recently signed up to be a volunteer placement site. This is a great little school, just an easy and quick drive down 99E south. They are looking for volunteers willing to help in the classroom, and they do not have a librarian and they would LOVE someone who could help them get their library all organized for the kids!

**ADDITIONAL VOLUNTEER OPPORTUNITIES:** There are many, so please call me if you would like to meet and chat about them, but a few highlights includes drivers for Meals on Wheels and Dial-a-Ride. Due to a lack of drivers, Dial-a-Ride is having to decline about 3-4 clients a week who are needing to get to medical appointments. Both programs do provide mileage reimbursement to drivers. We are also looking for bread runners at AWARE Food Bank, readers for SMART, afterschool helpers at North Marion Middle and Nellie Muir Elementary, and SACA (food bank in Silverton) is also in need of volunteers. Please contact me (Beth Faulhaber 503-982-5388) if you are interested in any of these opportunities, or would like to hear more!

  
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A black and white portrait of Kirk A. Schmidtman, a middle-aged man with short, light-colored hair, smiling. He is wearing a dark suit jacket, a white shirt, and a patterned tie. The background is a plain, light color.

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*\*exception of Cottage Burger*

Wing basket.....\$5.50

### *Tuesday*

Oven Fried Chicken

Boneless BBQ Ribs

### *Wednesday (Comfort Night)*

Macaroni & Cheese

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### *Thursday (Pasta Night)*

Lasagna

Chef's Choice Pasta

### *Friday (Seafood Night)*

All-You-Can-Eat Fish & Chips

Chef's Choice Seafood Dinner

### *Saturday (All About Beef Night)*

Herb Crusted Prime Rib

Chef's Choice Steak Special

### *Sunday*

Baby Back Ribs

Chef's Choice Stir Fry

## Daily Soup Specials

*Daily* Hamburger Veggie

*Daily* Chef's Choice

*Friday* Clam Chowder

Daily Lunch Specials

\*Fresh Desserts Daily



## Eating in the 1950s and before

*Submitted by Gloria Osborn*

- Pasta had not been invented. It was macaroni or spaghetti.
  - Curry was a surname.
  - A take-away was a mathematical problem.
  - Bananas and oranges only appeared at Christmas time.
  - All chips were plain.
  - Rice was a milk pudding, and never, ever a part of our dinner.
  - A Big Mac was what we wore when it was raining.
  - Brown bread was something only poor people ate.
- Oil was for lubricating, fat was for cooking.
  - Tea was made in a teapot using tea leaves, and never green.
  - Chickens didn't have fingers.
  - None of us had ever heard of yogurt.
  - Cooking outside was called camping.
  - Seaweed was not a recognized food.
  - Prunes were medicinal.
  - Surprisingly muesli was readily available. It was called cattle feed.

## Free Ads

*Next Publication of NEWS & VIEWS*

**December 25, 2015**

**Deadline for Articles, Thursday, December 17, 9:30 a.m.**

NOTICE: When submitting free ads  
be sure to include your MEMBERSHIP NUMBER.

FREE: Two-piece Hutch and 50" Hitachi Rear Projection Analog Television. Call 503-956-4817.

GARAGE/MOVING SALE: 2320 Oregon Court, Saturday, December 19, 9 a.m. - 3 p.m. Women's golf clubs, gas lawn mower, other yard tools, patio set with 4 chairs, patio fountain, Brinkman grill, 2 recliners (green), dining room set with 6 chairs, miscellaneous kitchen/household décor, books, puzzles. Too much to list.

FOR SALE: Beautiful reddish real wood coffee table and matching entertainment center. This is NOT cheap furniture. Paid a lot for them but have no more room. The coffee table folds upward to make a table to watch TV while eating. This is a steal for you at \$200 for both pieces, but must sell both together. They are very pretty and in great shape. Call John (503) 290-4927.

WANTED: I am looking for the Wagons West book series by Dana Fuller Ross. Total in original series is 13 books. Would be greatly appreciated. Call Carol 503-266-4292.

## Thank You

I would like to thank all of you that sent cards, calls, flowers of good wishes for my recent illness, it really gave me a boost to know so many people cared. But we do live in a great community that looks out for one another.

A great big thanks to the neighbors that have helped us out with our leaf raking, we hope you know that your efforts are really appreciated.

A special thanks to my fellow quilters for all the support and kindness that you extended to me during this difficult time and want everyone to know I'm healing and will back on track soon.

- Betty Hammack

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## Estates Women's Golf General Meeting

**Estates Women's Golf General Meeting**

**November 16, 2015**

President Janice Aiken called the meeting to order at 11:35 a.m. A quorum was determined followed by the Pledge of Allegiance. Becky Butts moved that the minutes for October 19, 2015 be approved. Second by Penny Sealy. Motion passed.

### **Treasurers Report - Nancy Reed:**

Statement Balance as of 9/30/15	\$3,026.41
Deposits	\$1,023.51
Expenses	(\$ 473.74)
Balance as of 10/31/15	\$3,576.18

**Secretary - Judy Fredricks:** No Report.

**VP - Paula Kilgore:** Women's 9-hole Invitational is scheduled for Monday July 25, 2016. We have been asked by the Pro Shop how many residents would be willing to have a rider or loan their carts to non-resident golfers for this event. We are trying to make this an affordable fun event and we need your input ASAP. Please call Paula at 503-242-1166 or email me at p.kilgore72@gmail.com. This event is open to all women golfers, both 9 hole and 18 hole, even though this is a 9-hole event. This will be a scramble followed by lunch and prizes. "FUN" is the name of the day. Please consider joining in the event, we would like to see great participation.

### **COMMITTEE REPORTS:**

**OGA - Nancy Littlemore:** Attended the directors meeting of the OGA and learned that the \$2.00 increase was approved.

**Membership & Books - Marge Epling:** There is no change in membership. There are still 114 members.

**Social - Louise Davidson:** Lunch next month will be veggie soup, make your own sandwiches and dessert. Cost is \$8.00 and is due Dec. 8th.

**Handicap - Marlene Johnson & Shirley Johnson-Boysal:** No Report.

**Rules Committee - Susan Gsell:** No Report.

**Mixed Tournaments - Diana Lindberg:** No Report.

**Trophies & Awards - Joanne Delnick & Mary Schueler:**

### **OCTOBER 2015 - AWARDS & TROPHIES**

9-Hole Ladies: None; 18-Hole Ladies: Broke 100 - Linda Eaton, 10/21, 99; Birdies NO Pin - Maggie Sasse, 10/7 - #12; Ruth DeSantis, 10/7 - #14; Carol Lewis, 10/14 - #14; Susan Gsell, 10/14 - #6 & #8; MaryLu Kobs, 10/14, #14; Mary Schueler, 10/14, #14; Rosa Nichols, 10/21, #12.

### **AWARDS FOR THE 2015 SEASON**

• **Most Birdies for the Season** - 18-Hole: 1st - Susan Gsell, 18 Birdies; 2nd - Rosa Nichols, 9 Birdies; 3rd - Ruth DeSantis, 6 Birdies; 9-Hole: 1st - Nancy Reed, 4 Birdies.

• **Spring Handicap:** 18-Hole - Donna Jentzen; 9-Hole - Marlene Johnson

• **Club Champion:** 18-Hole - Susan Gsell; 9-Hole - Merra Frochen

• **Ladies Horse Race:** Terri Smith/Joanne Delnick

• **Over 80 Tournament:** Gross - Nica Gish; Net - Betty Soule

• **Turkey Shoot:** 18-Hole Gross - Carol Bettendorff; 18-Hole Net - Pat Cummings; 9-Hole Gross - Marlene Johnson; 9-Hole Net - Marilyn Dykes

• **Most Improved:** 18-Hole - Pat Cummings; 9-Hole - Nancy Reed

Georgia Kehr and Gloria Bourne will replace Joanne Delnick as chairman next year.

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**Sunshine - Mary Bauer:**  
Marlene Johnson, Sympathy Card, Death in the family.

**9-Hole Eclectic - Margo Sartin:**  
2015 Eclectic 9-Hole  
Second Half? First Half - 18 Participants - \$36.00  
*Flight #1 - 18-25 Handicap*  
Front 9 - 1st Place Mary Bauer, 21 strokes, \$5.25  
Front 9 - 2nd Place Shirley Boysal, 17 strokes, \$3.75  
Back 9 - 1st Place Shirley Boysal, 25 strokes, \$5.25  
Back 9 - 2nd Place Margo Sartin, 14 strokes, \$3.75  
*Flight #2 - 26-38 Handicap*  
Front 9 - 1st Place Donna Wood, 16 strokes, \$5.25  
Front 9 - 2nd Place Rita Girard, 13 strokes, \$3.75  
Back 9 - 1st Place Rita Girard, 12 strokes, \$5.25  
Back 9 - 2nd Place Sandy Blaylock, 11 strokes, \$3.75

**Captains 9-hole - Nancy Reed & Rita Girard:** No Report.  
**Captain 18-hole - Donna Jentzen:** No Report.  
**Lady Putters/Yellow Tees - Mickey Harrison:** No Report.  
**Pro Shop Representative - Dorothy Monnier:** No Report.

**Golf Committee Report - Janice Aiken:** Meeting called to order at 11 a.m., November 9, 2015. Request for reduced Green Fees: Paula Kilgore spoke for the 9-Hole Invitational, to be held July 25, 2016, and Carol Bettendorff spoke for Rose-A-Rama to be held June 4, 2016. The 9 Hole Invitational Committee would like to have the Green Fees discounted from \$17.00 to \$15.00. Rose-A-Rama is considering an Invitational instead of a Member Guest in 2016. If they were to do this they would like to have their Green Fees reduced from \$27.00 to \$25.00. Additional discussion followed with Paula and Carol about the Fees and the need to lease golf cars at a cost of \$40.00 per car. Paula and Carol were excused and more discussion was held on the discounting of fees. It was the decision of the Committee that the 9 Hole Invitational Green Fees could be reduced to \$15.00 but, the Rose-A-Rama would need to stay at \$27.00 because if fees are reduced for one 18-Hole tournament, other tournaments will request the same. Golf Course Superintendent Report - Tim O’Larey: Priority is on keeping the golf course playable with a balance of mowing and leaf clean-up. Second priority is to clean-up property lines where leaves accumulate. A.C. Tree Service pruned several trees and removed two poplars. Will find out how much is left in the budget and see what stumps we can grind out. Plan to remove two cottonwoods on the left side of 12 green early next year. Will spray course for crane fly larvae before Thanksgiving. Golf Pro Chuck Siver - No Report. General Manager Tom Staskiewicz: Questions asked of the Golf Committee: How do we increase golf membership and where do we want to be in terms of membership? How do we market better? Incentives for members to bring in new golf members? Ideas thrown out by committee members and General Manager: Continuity - Directors serve for 3 years, they should hold the same position be it Officer or Chairman for continuity. It was noted that information about Senior Estates is not readily available on weekends because the Office is closed. Need some way to measure advertising and the

results, such as an “offer code” that could be traced. Initiation fee for associate Members. UNFINISHED BUSINESS: Discussion covering the cost of the Punch Card. There was discussion at the September Golf Committee meeting of lowering the price of the Punch Card. After discussion today, November 9th, the consensus of the Golf Committee was that the Punch Card fee should remain the same - \$200 - and that it is a “Member Only” Card. This will be taken to the Board to finalize. NEW BUSINESS: None. End of report.

**UNFINISHED BUSINESS:** Women’s Club History - Suggestions for a printed scrapbook with Shutterbug. Penny Sealy suggested we do an online history. Will discuss at next meeting.

**NEW BUSINESS:**

- Election of Officers. Janice Aiken went over the slate for officers. Diana Lindberg made a motion that we accept the slate and Rosa Nichols seconded the motion. Next year’s officers will be: President Janice Aiken; Vice President Paula Kilgore; Secretary Vickie Hibberd; Treasurer Nancy Reed.
- Janice Aiken asked to move to make next month’s meeting date be the 14th to avoid conflict with the Holidays. All were in favor of the change.
- Carol Bettendorff for Rose-A-Rama: Changing the tournament to an Invitational will be cost prohibitive. We will be able to invite reciprocal clubs for a \$20.00 trail fee. Would like to encourage all members including 9-hole to play. We have lots of members from the other clubs that would like to play.

**50/50 and Badge Drawing- Sharon Price**

- 50/50 Winner - \$15.00 Carol Bettendorff
- Badge Winner - 75¢ Susan Gsell

**ANNOUNCEMENTS:**

- December 14, 2015 - Executive Meeting 10:30 a.m. Conference Room.
- December 14, 2015 - General Meeting 11:30 a.m. - Dining Hall, Luncheon will be served after the meeting.

Meeting adjourned at 12:20 p.m. by President Janice Aiken.  
Secretary, Judy Fredricks

Disclaimer

News & Views is printed for you, the membership of Woodburn Estates & Golf. Articles of common interest do not reflect current Association policy or regulations, or the views of the Board of Directors unless so stated. This paper is made available to all members to provide information and announcements to the membership.

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# Healthier Holiday Eating for Seniors

*Submitted by Sheryl Sodorff, Administrator Right-at-Home*

If Santa keeps a list for “naughty” eating and “nice” eating over the holidays, many older adults would see a checkmark next to their name with the note, “nibbled too much/overindulged.” The list of fattening holiday foods is endless: mashed potatoes and gravy, pecan pie, iced gingerbread, eggnog. Pile on the artichoke dip and sweet potato casserole, and the extra calories, fat, sodium and sugar expand from Thanksgiving through New Year’s.

Many aging individuals get off-track nutritionally during the holidays because they are already dealing with health conditions that affect diet, including diabetes, arthritis and recovery from surgery. The year-end sugary treats and rich foods can exacerbate an already poor diet, especially for seniors malnourished from eating convenience foods or empty-calorie foods. Eating a well-balanced diet boosts brainpower, adds energy and strengthens muscles and bones, but over the holidays, many older individuals turn to noshing on fattening foods with limited dietary value. The taste and smell of food can change with aging, also prompting the elderly to simply eat more of a food to try to discern the flavor or aroma.

“Finding a healthy balance of nutrition and celebration over the holidays is a challenge for many seniors and their family caregivers,” said Sheryl Sodorff, Right at Home of Woodburn. “Yet with a few proactive steps, cooking for festive occasions and eating during them can be a blend of wholesome foods and plenty of enjoyable times with family and friends.”

Sodorff notes that depriving oneself fully of favorite holiday fare can actually backfire and bring on more intense cravings and spark overeating. Instead, the key is to consume fewer unhealthy foods and revel in festivities at the same time. But how? The following tips can help:

- Plan ahead and choose wisely. Forget winging it at holiday functions. Consider eating a light protein snack before the party and bring healthier foods to the function including a vegetable or fresh fruit tray.
- Know basic calorie counts. Checking the calories in favorite holiday foods can motivate seniors to indulge a bit, but curb the temptation to have a second slice of pie or take home leftover fudge.
- Mingle or sit away from the dessert platters and buffet tables. Hovering too close to the ready-at-hand foods invites mindless munching.
- Select smaller portions. Sample a few bites of “off-limit” foods and practice eating in moderation overall. Choosing a smaller plate also can help with portion control.

- Ease up on alcoholic beverages. At holiday celebrations and parties, alternate between drinking spirits and drinking nonalcoholic, calorie-free drinks. Stay hydrated with water throughout a gathering.
- Be aware of emotions. Socializing with loved ones during the holidays can stir up tender and unresolved issues. Even the smell of certain holiday foods can trigger a painful emotional response.
- Account for travel fatigue and stress. Allow for energy and sleep adjustments for seniors who travel to holiday gatherings. The busyness of holiday prep, shopping, etc. can add its own toll. People tend to overeat when tired or frazzled.
- Fit in exercise. Throughout November and December, keep up a regular workout routine or opt for indoor exercises such as stair climbing. After a holiday meal and before dessert, invite everyone to go for a walk together. (The dishwashing can wait.)
- Substitute instead of skip out. Citrus, vanilla and cinnamon are delicious substitutes for full amounts of sugar in recipes. Unsweetened applesauce or mashed bananas work well for fat ingredients. The Mayo Clinic issued a substitution guide for replacing ingredients with healthier choices.
- Savor the celebrations. Laughter and uplifting conversations can increase the body’s natural defense system and lower blood pressure. Endorphin hormones released through laughter alone lower pain sensation and foster positive emotion.

A number of common holiday foods are actually packed with nutrients and can prove beneficial to encouraging older adults to join in the revelry without compromising their dietary health:

- Cranberries – The tart fruit retards bacteria that are common in urinary tract infections. Cranberry sauce can be sweetened lightly with sugar or a sugar substitute.
- Green Beans – Packed with vitamins K, C and A, this naturally low-calorie vegetable helps protect bones and is delicious served with a light sprinkling of olive oil and lemon.
- Pumpkin Pie – A boosting source of potassium, fiber and carotenoids (for making vitamin A), the orange vegetable is a traditional holiday favorite in pies and bars. Substituting artificial sweetener and 2% milk instead of sweetened evaporated milk will save on calories without sacrificing taste.

To avoid “nibbled too much/overindulged” this holiday season, talk ahead of time with family and party hosts about alternative recipes, or contribute your own healthier culinary creations. Holiday recipe makeovers from the chef experts at Cooking Light® and the Food Network, for example, will delight everyone’s taste buds and keep the unwanted sugar, fat, sodium and calories off the guest list.

About Right at Home of Woodburn: The Woodburn office of Right at Home is a locally owned and operated franchise office of Right at Home, Inc., serving the counties of Marion, Polk and Yamhill. For more information, contact Right at Home of Woodburn at [www.rah-midvalley](http://www.rah-midvalley), 971-983-3103 or by email at [info@rah-midvalley.com](mailto:info@rah-midvalley.com).



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# A Christmas Memory

by Maxine Guerry

My daughter Melinda was around eight or nine years old, I was a newly divorced Mom, and it was Christmas. I didn't have money for a Christmas tree. Every penny I made went to rent, groceries, all the necessary basics just to survive. It was approaching midnight on Christmas Eve and we took a drive around town, looking at all the shiny Christmas decorations, and marveling at the beautiful Christmas trees all lit up in the windows of the houses we passed. I was feeling very lonely and sad. What made it worse, I could see the disappointment on Melinda's face, that we didn't have our very own tree. When we arrived back home and walked into the cheerless living room, I made a decision. My baby was going to have a Christmas tree.

I had a small saw; I don't remember why I had it, but it was under the kitchen sink. I grabbed it and told Melinda to leave her coat on, we were going to find us a Christmas tree. First, we drove past a few Christmas tree lots, but they were closed with no trees in sight. I headed out on the interstate and about five miles from town, I spied a field of fir trees – not many, just a few scattered here and there. I pulled over on the shoulder of the highway, told Melinda to stay in the car, and to holler if she saw a car coming. She wanted to know why – I didn't know how to answer her, so I kept silent. I knew that what I was doing was probably against the law. I had to climb over a barbed wire fence to get to the trees.

There was a full moon and it was shining down on the perfect tree. I started sawing... and I sawed and sawed and sawed. It took about 45 minutes to cut down that tree with my little saw. Finally, the tree fell, and I dragged it over to the fence. Melinda had to help me hoist it over and we stuck it in the trunk of the car. About three or four feet of the tree dragged the highway all the way home. With some effort, we were able to get the tree inside the apartment and into the Christmas tree stand. As we stood back to admire our tree, it slowly parted like the Red Sea, the branches taking up the whole living room.

When I was cutting it down, I didn't notice that it had a double trunk that started a quarter of the way up the tree. Not to worry – I told Melinda to get her jump rope out of her toy box, and after a lot of huffing and puffing, I was able to tie the two trunks together. We didn't have any ornaments, so we decorated the tree with my necklaces and earrings and some cotton balls. About three in the morning, I scooted Melinda off to bed so I could play Santa. With the meager bonus I had received at work, I was able to buy a few presents to put under the tree.

Before Melinda went to bed, she put her little hand in mine and said, "Momma, I think that's the prettiest Christmas tree I've ever seen." At the time, my heart was heavy at not being able to provide a better Christmas for her – but looking back, I remember how her eyes shone with happiness, and how much laughter we shared on our great adventure to cut down and bring home the perfect (depends on how you describe perfect) tree – and, in remembering, my heart is full.

# All Alices Luncheon



Alices - Bender, Green, Tvetan, Weaver, Cummins, Campbell

by Kathy Hiller

Sometime in October, Alice Tvetan (twee-tan) ran an ad asking for all Alices to contact her to form their own lunch and fun group. They had a get-acquainted meeting, then had their first outing at the Country Cottage for lunch on December 2. The photo shows the six Alices who attended that day – Alice Bender, Alice Green, Alice Tvetan, Alice Weaver, Alice Cummins, and Alice Campbell. There were a couple more Alices who weren't able to be there, but it didn't stop the ones who showed up from having a nice time. A very lovely group of Alices!

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MINUTES OF THE  
WOODBURN ESTATES & GOLF  
ANNUAL MEETING OF  
PROPERTY OWNER MEMBERS

November 10, 2015

(Approved At The Board Meeting of November 24, 2015)

<b>Becky Butts</b> <i>President</i>	<b>Dave Bunnell</b> <i>Vice President</i> Membership/Real Estate/RV
<b>Malena Turner</b> <i>Secretary</i> Activities	<b>Chuck Johnson</b> <i>Treasurer</i> Recording Secretary
<b>Janice Aiken</b> <i>Director</i> Golf	<b>Stan Hiller</b> <i>Director</i> Web/Publications/Marketing
<b>Jim Worley</b> <i>Director</i> Rules/CC&Rs	<b>Larry Jones</b> <i>Director</i> House
	<b>James Taylor</b> <i>Director</i> Architectural

The Meeting was called to order by President Becky Butts at 10 a.m. in the Auditorium of Woodburn Estates & Golf. President Butts then introduced the new General Manager, Tom Staskiewicz, and requested that he provide his report.

**General Manager’s Report – Tom Staskiewicz:** I didn’t expect to be called upon so soon. Anyway, my name is Tom Staskiewicz and I know my last name is hard to pronounce. So just call me Tom. That’s easy to remember and pronounce. I am a resident of Woodburn, but not a resident of Woodburn Estates which is good because I am able to be more objective as to the needs and concerns of the community. I am an Air Force veteran and have had experience working with Boards of Directors, much larger than the Board here. I have a business background and education, having been in management with various companies and also an owner of several businesses. My immediate goal is to get to know the members, but it will take time to actually get to know you by name. Don’t expect me to walk into Coffee Hour and know everyone by name! My current focus is on the appraisal of the Association’s buildings and equipment and updating our insurance to ensure we have adequate coverage. I will also be working with the House Director to ensure the completion of the Health Center as soon as possible. Keep in mind that I work at the pleasure of the Board. I am a contract employee and realize that when my contract ends, it will be a decision of the Board as to whether my contract will be renewed. And I also have the option as to whether I enter into a new contract. My primary job is to carry out the policy and instructions of the Board. I also oversee the employees of the Association and the day to day operation of our Corporation. I have an open door policy. If you wish to see me, to make suggestions, I am willing to receive your input as long as it is constructive and not divisive. My goal is to create an active and vibrant community wherein the members work together to assist in achieving this goal.

President Butts then introduced each member of the Board of Directors and their Office or Committee they chair. She then requested that everyone rise for the Pledge of Allegiance. Following the Pledge of Allegiance, President Butts asked

Director/Secretary Malena Turner if a quorum of Directors could be established. Secretary Turner verified that a quorum of the Directors had been established as follows: Becky Butts, David Bunnell, Malena Turner, Chuck Johnson, Janice Aiken, Stan Hiller, Jim Worley, and Jim Taylor. Director Larry Jones was absent with notice.

President Butts then asked Secretary Turner if a quorum of the members could be established. Secretary Turner confirmed that based on those present at the Meeting and the large number of proxies received that a quorum of members (20% of approximately 1,399 eligible members in good standing) had been established. President Butts then called for the Treasurer’s Report wherein the draft of the 2016 Budget was to be presented by Director/Treasurer Chuck Johnson.

**Treasurer’s Report – Chuck Johnson:** As of today, bank statements had not been received for the month of October 2015. Therefore, I will provide the balances of our Operating and Reserve Accounts at our next Board Meeting, scheduled for November 24, 2015. Also on November 24, I will provide a report on our Accounts Receivable based on statistics determined on or near that date. Today I am presenting a draft of the 2016 Operating and Reserve Budgets. I will not go into specific detail as to each of these Budgets as the draft of both Budgets is posted on the bulletin board and presented today to each of the Directors. Before presenting the draft of the proposed Operating and Reserve Budgets for 2016, I would like to publicly thank and acknowledge the members of the 2016 Budget Committee. These Committee members met on several occasions, spending numerous hours in the preparation of these Budgets. I sincerely believe that we have met our fiduciary responsibility in preparing a realistic and sound financial plan for 2016. The members of the 2016 Budget Committee were Julia Senter, our Interim General Manager and bookkeeper, Board members Janice Aiken and Stan Hiller, and Joan Foster, Lon Reed, Al Harris, and Fred Bourne. Now for the 2016 Budget, I would like to begin with the Reserve Budget which is based on the 30 Year Study, conducted in 2013 and recently reviewed/updated by the firm of David Schwindt and Company. In preparing the Reserve Budget, our Committee relied heavily on the advice and opinions of our Maintenance Supervisor, Frank Jameson, and our Golf Course Superintendent, Tim O’Larey. Many of the recommended maintenance, repair, or replacement of certain common area assets scheduled for 2016 was moved to later years based on the recommendations of Frank Jameson and Tim O’Larey. Some previously approved 2015 Reserve Budget asset items not completed in 2015 were moved to the 2016 Reserve Budget. Some Reserve asset items in the 2016 Reserve Budget were not in the 30 Year Study, but deemed necessary for maintenance, repair, or replacement in 2016 based on the recommendations of our Maintenance Supervisor and our Golf Course Superintendent. The proposed 2016 Reserve Budget cost is \$348,323.00. The Committee realized that revenue from projected home sales in 2016 would not cover the entire Reserve costs for 2016. However, we have a threshold amount currently in our Reserve Account of nearly one million dollars that will more than offset any shortfall in our working capital fund as provided by home sales within our community. Based on home sales during the past two years, it is projected that at the end of 2016, the balance in our Reserve Account will exceed \$800,000. Now for the proposed Operating Budget for 2016: there are numerous line items for both Expenses and Income. I will not go into detail in this presentation as the draft of the 2016 Operating Budget is posted on the bulletin board and available at the Office. I would like to assure the Board and the membership that the majority of the time our Committee spent was focused on the Operating Budget. In preparing the draft of the 2016 Operating Budget, the Committee first considered the Operating Expenses as expenses in general increase every year and are not easily adjustable. We were diligent in looking at those expenses where it was determined that cuts could be made. When we reached what we considered a prudent yet reasonable total cost for expenses, we then began to review sources of revenue to meet these expenses. We were pleasantly surprised to find that we would have sufficient revenue to meet all Operating expenses without need to increase Homeowner dues or any other fees or assessments. Therefore, the total Operating Budget cost for 2016 is \$1,280,787. This total represents only a slight increase over the 2015 Operating Budget cost of \$1,251,437. The \$29,350 difference was readily made up by a projected increase in revenue. This is my third and last year as a Director and Treasurer representing you, the member owners of our community. I appreciate the support I have received from many of you and my fellow Board members. I sincerely believe that during these three years our Budget Committees have been prudent in how your money was spent. We have seen major improvements in the common area assets we all enjoy and the overall

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increase in the annual Homeowner dues during these three years totaled \$28 or \$9.33 per year. In conclusion, I firmly believe that the proposed 2016 Reserve and Operating Budgets represent a realistic and sound financial plan. I will be presenting these Budgets to the Board for adoption at the next Board Meeting scheduled for November 24, 2015.

**President’s Welcome Report – President Becky Butts:** This past year has been filled with many challenges for this Board. We were given the task to try and complete projects that had been carried over from year to year in the Budget. We also had to learn to communicate and work together as a Board with nine different personalities and ideas. Not saying we didn’t have some bumps along the way, but we managed to work them out. Some of the projects have been completed while others are still works in progress. I would like to thank each and every one for working so hard and giving so much of your time.

**COMMITTEE REPORTS:**

**Golf – Director Janice Aiken:** The Golf Committee and the Marketing Committee formed a partnership along with sponsor McCully Realty in promoting Senior Estates Golf and Country Club at the Golf Show, held in Portland in February, 2015. Stan Hiller, Marketing Director, and Jeanie White of McCully Realty, put together a power point presentation showing the homes and amenities of Senior Estates Golf and Country Club for the Golf Show. The General Manager, Sharon Schaub, worked with the Committee securing the exhibit space and equipment needed for the Show including numerous phone calls to show organizers. The volunteers that worked the three-day Golf Show were: Chuck Siver, Golf Pro, Len Westphal, Alton Sharrow, Lynda Chester, Gene Mickey, Fred Bourne, Penny Sealy, Gene Stiles, and Janice Aiken, along with Jim and Jeanie White of McCully Realty. The volunteers talked with 754 participants attending the Golf Show. McCully Realty showed homes to five couples who had attended the Golf Show and from these showings, one home was sold. Senior Estates Golf and Country Club gained one Golf Associate membership from the Golf Show. In all, we felt that this was a very successful endeavor. The following was also completed during the past year: (1) Dead and dying trees were taken down and stumps removed; (2) New yardage markers were added to the golf course; (3) “No Trespassing” signs were added to entrances to the fairways. I want to thank my Committee of Fred Bourne, Paul Eaton, Lon Reed, Clint Hansen, and Barbara Briskey. I would also like to thank our Advisors, Chuck Siver, Golf Pro, Tim O’Larey, Golf Course Superintendent, and Sharon Schaub, General Manager, for their hard work and dedication.

**Real Estate – Director David Bunnell:** A total of 12 homes have sold during the month of October. There are 8 sales in title and 6 sales pending. This compares with 10 homes sold during October, 2014, and October, 2013. A total of 120 homes have sold this year. For the same period during 2014, 112 homes were sold and 119 homes sold in 2013. Total home sales for all of 2014 were 128. Sales are on target to finish at about the same rate as last year. We have 6 more weeks and will possibly have some additional sales yet this year. I would like to especially thank Sharon Morse, our former Administrative Assistant, who handled all of the paperwork related to new homeowners and furnished me a monthly list of the home sales data and information we use to invite the new members to our new members receptions this year. I would like to thank Sandy Jordan, our new Administrative Assistant, for providing this information to me for the balance of the year.

**Membership – Director David Bunnell:** We have had 2 New Members Coffee and Get Acquainted Meetings already this year and are gathering the names now to prepare for a new members meeting in late November or early December. All new members to Woodburn Estates and any who have not attended in the past are invited to come and get acquainted with other new members, Board Members, and meet representatives from many of the Clubs here. The Membership Committee will deliver new member packets prior to the meeting. All Board Members and representatives from the various activities here are invited to come. Refreshments will be provided. I would like to thank the following committee members: Shari Bland, Mary Bowling, Ellamae Carr, Richard Crick, Nancy Dale, Ginnie Schuster, Carol Wellington, and Sharon Wright. They have done an excellent job in putting together the new member packets and then delivering them personally to the new member homes. Please watch the *News & Views* and Bulletin Boards for the date of our final meeting of the year.

**RV Lot – Director David Bunnell:** We have had a pretty good year in the RV lot. There has been a lot of normal activity with our owners and our staff has kept the weeds in check in the lot and the trees and weeds around the outside of

the lot. We have not had too much rain this year and the addition of the drain lines last year seem to be helping some. We had one incident of a major theft of a motor home that was reported to the police and the motor home was subsequently found by police in California. As a result of that theft, we are in the process of adding 3 all-weather cameras and recording equipment to monitor the gate and installing additional infrared devices to cover the gate area. This is the final year of my three year term on the Board and I would like to thank all of the Board of Directors for their help and support during my term. I would also like to thank all of our members who elected me and supported me as well. It has been a pleasure to serve you.

**Activities – Director Malena Turner:** The Activities Committee has had a good year with their events. We had two Pancake Breakfasts, one in April and again in September, co-sponsored by McCully Realty, Columbia Bank, and Legacy Financial. June was the Luau sponsored by Cascade Park with Koral Jam Hawaiian Band and their hula dancers. July was the Ice Cream Social sponsored by K’Bella Salon & Spa. August was the Country Brunch sponsored by Country Meadows.

We had two Teas, spring and fall, sponsored by Betty Bunnell, Ginnie Schuster, and K’Bella Salon & Spa. As you have probably heard, we are not going to have any more Teas unless someone wants to volunteer to put them on. We have all the equipment just waiting to be used. We want to thank all the sponsors and volunteers for their tireless service in these events. Activities Committee Volunteers are: Jan Robarge, Betty Bunnell, Betty Beal, Rita Girard, Mary Bowling, Vona Horn, Nancy Reed, and Ginnie Schuster. At the end of 2014, the Activities Committee had \$12,277.78 in our account. At the end of September, 2015, we had a balance of \$15,131.38 in our account. The Activities Committee helps buy needed items for Woodburn Estates. At this point, we have paid for repainting the Lobby to the Restaurant. However, there is some repair still needed in the Lobby. Just recently, the Activities Committee bought new tables for the Craft Room. They will be here in 1-4 weeks. We will be buying new furniture for the lobby of the Auditorium once the new carpet is installed. We do take suggestions for items needed in Woodburn Estates.

**Architectural – Director James Taylor:** First, I’d like to thank Don Robarge and Dennis Durst for their work on this Committee during 2015. Without their help, I don’t think I would have been able to keep up with the volume of requests and many would have had to wait much longer for approvals. We also owe thanks to Sharon Morse, our former Administrative Assistant, who did much to streamline our process and make things more efficient. As of Monday morning, November 9, we have had 237 Architectural requests and 137 Compliance requests. A few Architectural requests were later withdrawn or modified as plans changed or higher priorities arose. Of the Compliance requests, most were found to be in compliance and did not require work prior to sale closure. Those with non-compliance issues were usually homes that had been vacant for some time. Many of the Architectural requests were for common items, such as painting, roofing, new driveways or fences, window replacement, and landscaping. We have learned that our fencing rules are in conflict with the City of Woodburn Ordinances and I’m working with the Chairman of the Rules and Regulations Committee to revise our rules. Another issue with regard to fencing is the fact that the City requires approval of their permit before we can approve an Architectural request. Another problem stems from the fact that many home owners are unaware that the first

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Board Minutes (cont.)

few feet of their property from the curb is actually public right-of-way and not part of their lot. Often, we find work in progress without an Architectural request having been filed. In some cases, it is an owner anxious to sell a home and making modifications to aid in the process, or a new owner wanting to quickly make modifications they desire in their new home. While all owners have signed an agreement noting a requirement to abide by our Rules and Regulations, we find that most haven't taken the time to closely read that document. I've found my time on this Committee to be enlightening. It has provided me an opportunity to meet far more members of the community that I would have otherwise and given me a much greater appreciation of our Rules and City Ordinances.

**Directory – Director Stan Hiller:** The sales crew is almost at the 75% of clients that have paid. Members, be sure to notify the Office of any corrections concerning your name and phone number, including cell numbers in the phone directory.

**News & Views – Director Stan Hiller:** Our Editor and Sales Manager, Kathy Hiller, continues to do a great job. The use of color has brought in more sales.



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**Web – Director Stan Hiller:** Soon, in 52 days, it will be the New Year and many updates will need to be done for all Club changes and golf schedules on the different web pages.

**Marketing – Director Stan Hiller:** We are working on the 41st of 52 ads in the *Woodburn Independent* per contract with the Pamplin Group. Mt. Angel Publishing is currently working on the Woodburn Chamber Directory. My Committee has done an excellent job in branding us with the Woodburn Community and I look forward to working with our new General Manager.

**Rules & Regulations/ CC&R's – Director Jim Worley:** The following is the Rules Committee Report for 2015: Thus far in 2015, there have been 75 complaints filed by homeowners. Of the complaints received in 2015, all but 8 complaints have been closed. In addition, 4 complaints

from 2014 remain open. There are two reasons that complaints remain open – 1) Legal or police matters and 2) Owners cannot be located or a bank or other lender holding title to the property. Our Committee has completed updates on the Articles of Incorporation, the Declaration, and the Bylaws. We are near to finishing the updates on the Rules and Regulations and the Standard Operating Procedures (SOP's). There are three reasons for the updates – 1) Oregon Law changes or additions; 2) Outdated documents; 3) Conflicting or inaccurate documents.

**UNFINISHED BUSINESS:** President Butts introduced the candidates running for the Board, having each candidate stand to be recognized as they were introduced as follows: Larry Kemper, Janice Aiken, Claudia Brayton, Dawn R. Cole, Allan Lindberg, Connie Lum, Wanda Stevens, Sharon Schaub, and Lorna K. Weller.

**NEW BUSINESS:** Nothing to report.

**OPEN MIC:** Members present at the Meeting were then provided the opportunity to come forward and make comments and inquiries of the Board. Six members took the opportunity to be heard by the Owners present and the Board. Connie Lum, member #138, provided the Board with a detailed 2015 Coffee Hour Report, enumerating the many shows booked during the year, sponsors and vendors, benefits received by the attendees, community interaction, and the various successes achieved during the year. She also verbally thanked the volunteers of Coffee Hour and provided in this report the names of the numerous volunteers needed to support this important activity of Woodburn Estates & Golf. Verla Gardner, member #490, complained about a flyer she received from a group known as "Way Above Board". She also inquired about the turnover the Association has experienced as to General Managers. Lorrie Cox, member #259, a realtor, reiterated that every year she expresses concern over the same problem. Escrow and title people need to be made aware of deeds to property within our community that have delinquent HOA dues. This will require coordination with the title companies and our Office Staff. Lorrie then stated that we need a "grass roots" effort to get our revised management documents passed, suggesting that everyone go to two neighbors and ask if they have voted relative to the revised documents. She also spoke to the dissention within our community, encouraging our member owners to try to get along. Don Knight, member #1411, inquired as to the current status of the vote regarding the revised management documents. He suggested that the Association could appeal to the courts for approval of the documents if we are unable to obtain the necessary votes from the owner members. Director Jim Worley provided a current update as to the vote count, stating that 720 ballots had been received at this time, but none of the ballots have been opened to determine a "Yes" or "No" vote. He stated that pursuant to State statute it requires a 75% approval vote of the member owners to amend the management documents. This would require approximately 1,049 member owners to vote in favor of amending the documents. Due to the low number of ballots being received at this time, the time for receipt of ballots has been extended to December 15, 2015. Kristi St.Amant, member #464, inquired as to the number of member owners who are in "good standing" and eligible to vote on the revised management documents. Director Jim Worley responded that currently there are 1,399 members in good standing and, therefore, eligible to vote. St.Amant then stated that she would be against going door to door to encourage voting on the revised documents. She further stated that she felt the membership did not have ample time to discuss the revised documents and are, therefore, not able to vote yea or nay, citing only 3 Town Hall Meetings prior to the ballots be mailed out. She suggested that after the first of the year a consensus as to the vote could be sought, but not at this time. Judie Vandersteen, member #317, stated that she grew up in the Senior Estates & Country Club, that her parents built 90% of the original homes here, and they envisioned our community as being "elite". She expressed disappointment in how many of the homes here have not been kept up, rules and regulations have not been followed, and how this failure has resulted in property values declining as well as sales of homes. She stated that all owner members need to follow the rules and regulations and that we all need to work together to improve our community.

**NEXT BOARD MEETING:** The next scheduled Board Meeting will be held at 1:30 p.m. on Tuesday, November 24, 2015.

**ADJOURNMENT:** President Butts thanked the Nominating Committee for their work and announced that voting for the three new Directors would continue until the polls close at 5 p.m. She then moved that this Meeting be adjourned, motion seconded by Director Chuck Johnson, the motion approved unanimously and the Meeting was adjourned at 10:50 a.m.

Submitted by Chuck Johnson, Recording Secretary

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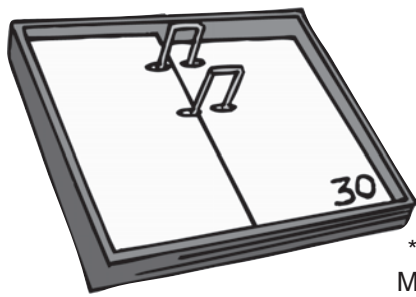
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# Activities Calendar

\* Any change of date, time, activity, or place MUST be made with the office 503-982-1776.

Saturday, December 12	Sunday, December 13
8:30a Ping Pong Players – DH 9:00a Crafts – Craft Room 11:30a Family Christmas Party (Private) – Aud 12:30p Celebration of Life (Private) – DH/Kit 3:00p Water Volleyball – Swimming Pool 7:00p Saturday Night Dance/Crossfire/Jingle Hop – Aud/DH/Kit	2:00p Music Jammers – DH/Kit

Wednesday, December 16	Thursday, December 17	Friday, December 18	Monday, December 21
8:00a Fit For You Exercise – Aud 8:30a Ping Pong Players – DH 8:50a Walking Club Indoors – Aud 9:00a Walking Club Meeting – Blue Room 9:00a Woodcarvers – Craft Room 9:30a Blackjack – Card Room 10:00a Zumba (Low Impact) – Aud 11:00a Gentle Yoga – Aud 12:00p Pinochle 5 Handed – Blue Room 12:00p Ladies Pool – Pool Room 1:00p Golden Squares Workshop – Aud 4:00p Rules Meeting – Conference Room 6:00p Wed. & Thur. Eve Pinochle – Blue Room 7:00p Bingo – DH	All Day <i>News &amp; Views</i> Copy Deadline 8:00a Water Exercise – Swimming Pool 8:30a Estates Quilters – Craft Room 9:00a Genealogy Interest Group – Conf Room 9:00a Bicycle Club – by Mailbox 9:30a EZ Bridge Club – Blue Room 9:30a COFFEE HOUR/Doors Open - Refreshments 10:00a COFFEE HOUR PROGRAM – Aud/DH/Kit 12:30p Chicago Bridge Group – Card Room/DH Foyer/Kit 1:00p Billiards Club 9-Ball – Pool Room 2:00p Estates Chorus – Aud 6:00p Wed & Thurs Pinochle – Blue Room 6:00p Advanced Line Dance – Aud 6:30p Water Volleyball – Swimming Pool	8:00a Fit For You Exercise – Aud 8:30a Ping Pong Players – DH 8:50a Walking Club Indoors – Aud 9:00a Walking Club Meeting – Blue Room 9:30a Tai Chi – Aud 9:30a Bible Study – Craft Room 10:00a Happy Hearts Red Hats – Blue Room 10:30a Gentle Yoga – Aud 11:15a Zumba Gold – Aud 11:30a Private Christmas Party – DH 12:30p Friday Party Bridge – Blue Room 1:00p Bunco – Craft Room  <b>Saturday, December 19</b>  8:30a Ping Pong Players – DH 9:00a Crafts – Craft Room 10:00a Private Party – A/K 3:00p Water Volleyball – Swimming Pool  <b>Sunday, December 20</b>  10:30a Private Christmas Party – DH/Kit	8:00a Fit For You Exercise – Aud 8:30a Estates Quilters – Craft Room 8:50a Walking Club Indoors – Aud 9:00a Ladies Pool – Pool Room 9:00a Walking Club Meeting – Blue Room 9:30a Gentle Yoga – Aud 10:00a Lady Putters – Ladies Lounge 10:10a EZ Bridge Club – Blue Room 11:00a Zumba (Low Impact) – Aud 12:00p Monday 3 Table Dup Bridge – Blue Room 1:00p Ladies Poker – Card Room 6:00p Mktg/Pub/Web – Conf Room 6:30p Water Volleyball – Swimming Pool 7:00p Golden Squares – Aud/Kit/Aud Foyer

Tuesday, December 22	Wednesday, December 23	Thursday, December 24	Friday, December 25
8:00a Water Exercise – Swimming Pool 8:30a Ping Pong Players – DH 9:00a Bicycle Club – by Mailbox 9:30a Tai Chi – Aud 10:00a Needle Nook – Card Room 11:00a Uke Group Beginners – Craft Room 12:00p Tuesday Party Bridge – Blue Rm 1:00p Uke Group Advanced – Craft Room 1:00p Billiards Club 8-Ball – Pool Room 1:30p Board Meeting – DH 3:30p Water Volleyball – Swimming Pool 5:30p Tuesday Night Poker – Card Room 6:00p Dup Bridge Swiss Pairs – Blue Room 6:00p Line Dancing Beginners – NO CLASS (Christmas Break) 6:30p Men’s Pool – Pool Room 7:00p Line Dancing Intermediate – NO CLASS (Christmas Break)	8:00a Fit For You Exercise – Aud 8:30a Ping Pong Players – DH 8:50a Walking Club Indoors – Aud 9:00a Woodcarvers – Craft Room 9:00a Walking Club Meeting – Blue Room 9:30a Blackjack – Card Room 10:00a Zumba (Low Impact) – Aud 11:00a Gentle Yoga – Aud 12:00p Pinochle 5 Handed – Blue Room 12:00p Ladies Pool – Pool Room 1:00p Golden Squares Workshop – Aud 4:00p Rules Meeting – Conf Room 6:00p Wed. & Thurs Pinochle – Blue Room 7:00p Bingo – DH 7:00p Jerico Road Rehearsal (Private) – Craft Room	8:00a Water Exercise – Swimming Pool 8:30a Estates Quilters – Craft Room 9:00a Bicycle Club – by Mailbox 9:30a EZ Bridge Club – Blue Room 9:30a COFFEE HOUR/Doors Open - Refreshments 10:00a COFFEE HOUR PROGRAM – Aud/DH/Kit 12:00p 4th Thursday Pinochle – Blue Room 12:00p Chicago Bridge Group – Card Room/DH Foyer/Kit 1:00p Billiards Club 9-Ball – Pool Room 2:00p Estates Chorus – Aud 4:00p Christmas Party (Private) – DH/Kit 6:00p Wed & Thurs Pinochle – Blue Room 6:00p Advanced Line Dance – Aud 6:30p Water Volleyball – Swimming Pool	All Day <i>News &amp; Views</i> Publication 8:00a Fit For You Exercise – Aud 8:30a Ping Pong Players – DH 8:50a Walking Club Indoors – Aud 9:00a Walking Club Meeting – Blue Rm 9:30a Tai Chi – Aud 9:45a Bible Study – Craft Room 10:00a Blue Room Bunco – Blue Room 10:00a Happy Hearts – Blue Room 10:30a Gentle Yoga – Aud 11:15a Zumba Gold – Aud 12:30p Friday Party Bridge – Blue Room 1:00p Bunco – Craft Room

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Vicki & Will Spencer

by Kathy Hiller

In case you missed the December 2 edition of the *Woodburn Independent* (page 12A) or the City e-blast on December 4, our own Woodburn Estates & Golf residents, Will & Vicki Spencer (or as I often mispronounce Vill & Wicki Spencer), were recognized as volunteers of the month by Marion County RSVP (Retired Senior Volunteer Program).

They have been actively volunteering for 15 years or more. Vicki began as a volunteer with Tax Aide in 2000, then she and Will began delivering Meals on Wheels on two routes usually four days a week. This year they also delivered to home bound citizens free Thanksgiving meals that had been prepared at Souls Harbor Nazarene Church. They seem to never stop with all their volunteer activities.

Spencers, we are so happy to see you recognized! We certainly appreciate the service you provide to *News & Views*, coordinating the routes and delivery volunteers who also have our gratitude.

If you are 55 and over and would like more information about volunteering, whether with Meals on Wheels or one of the more than 30 other volunteer placement stations, please contact RSVP Coordinator Beth Faulhaber at 503-982-5388 or by email at [beth.faulhaber@ci.woodburn.or.us](mailto:beth.faulhaber@ci.woodburn.or.us). Together we can make a difference!

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