

Pedestrian Safety Reminder

by Kathy Hiller

A very concerned resident (whose name and face escape me; darn my deteriorating memory!) was talking to me the other day and asked if I would put in a reminder to everyone to be sure you can be seen if you are walking on the streets after dark. She said she had recently witnessed at least four near accidents where someone could have been badly injured or killed because they were wearing dark clothing, making them nearly invisible to motorists.

In addition, be sure you walk FACING the traffic. One of the incidents she described was due to the pedestrian walking WITH the traffic,

making the red signal light around his neck virtually worthless. If you cannot see a car behind you, they probably cannot see you either. And even if you can see a vehicle, there’s no guarantee they can see you.

Make sure you can be seen! Wear light-colored clothing, or add florescent bands to your jacket sleeves; anything to make you visible in the night time. I’m certain the family of the two little girls who were killed while playing after dark in a leaf pile next to the curb wish they had taken better precautions. It only takes a second for tragedy to strike. Don’t be a fatality or the cause of someone else’s death or injury. Be safe!

Billing/Budget Confusion

by Chuck Johnson, HOA Treasurer

I was informed by The Estates office staff that there is confusion over the 2014 Annual Statements recently sent out to our members. Specifically, some members have questioned the description on the Annual Statement that states “HO Annual Allocation \$50”. Hopefully, I can explain this entry so everyone will fully understand the \$50 allocation or charge.

When determining an annual budget for the Association, there are two budgets that must be considered – an Operating Budget for everyday expense and a Reserve Budget required by Oregon Law (ORS 94.595 (2)(a). The Reserve Budget is established to fund major maintenance, repair or replacement of common property over a 30 year period. The Board of Directors, by law, must conduct an annual Reserve Study or review/update of an existing study (ORS 94.595 (3) (a).

For our community, the cost to properly fund our Reserve Budget on an annual basis normally requires a minimum of \$250,000. Fortunately, whenever someone purchases a home in our community, there is a \$2,000 initiation fee charged to the buyer at the close of escrow, said \$2,000 fee placed in our Reserve Account. In theory, if 125 homes are sold in a calendar year, the Association’s Reserve Account would reflect revenue of \$250,000 for that year. 2013 was an exceptional year for home sales within The Estates – 139 homes sold. This was a substantial increase from 2012 when 109 homes sold within The Estates.

Our Reserve Budget for 2014 was just adjusted to a total cost of \$284,309 from a previous estimate of \$279,193. When my Budget Committee prepared the 2014 Reserve Budget, we conservatively estimated the sale

of 102 homes in 2014, producing revenue of \$204,000. To make up the projected shortfall (\$279,193 -- \$204,000 = \$75,193), we proposed a \$50 allocation per household (1508 homeowners x \$50 = \$75,400). Revenue from home sales for 2014, as stated, was projected at \$204,000 + \$75,400 (the \$50 per homeowner allocation) = \$279,400.

For those of you who were homeowners in The Estates in 2008, you may recall that there was a mild recession in the real estate market during that time, causing a substantial reduction in home sales within The Estates. John Lukes was the HOA Treasurer at that time and on August 26, 2008, John made a motion that the Board of Directors implement a \$72 Annual Special Assessment to address the shortfall in the Reserve Budget. The motion was passed and the \$72 Annual Special Assessment continued through the years (approved by the Board), including 2013. Based on a recovering real estate market, our Budget Committee proposed dropping the \$72 Annual Special Assessment in 2014 to \$50. The \$50 HO Annual Allocation on your Annual Statement reflects the reduction from the previous \$72. Should the market continue to recover, we may be able to eliminate the Special Assessment in the future; thereby, your Annual Statement would only specify the Homeowners Annual Assessment.

Hopefully, this article will clarify the confusion over the current Annual Statement. I will be preparing future articles to explain various methods of funding an HOA’s Reserve Account, specifically why it is important for a Homeowners Association to maintain a healthy balance in its Reserve Account.

Upcoming Events

Upcoming Events in the Estates

- **Neighborhood Watch Meetings**, 2nd & 4th Wednesdays, 5 p.m., Conference Room.
- **Clackamas Circle Potluck**, Monday, Jan. 27, 6 p.m., Dining Hall.
- **Frontotemporal Dementia (FTD) Support Group**, Tuesday, Feb. 4, 6:30-8 p.m., Conference Room.

Upcoming Events in Woodburn

- **Woodburn City Council Meetings**, 2nd & 4th Mondays, 7 p.m., City Hall.
- **AARP Tax-Aide**, make your appointment beginning January 20. 503-980-8704.
- **Technology Triage**, Thursday, Feb. 6, 4-5 p.m., Woodburn Library, Conference Room.
- **You’re a Good Man Charlie Brown**, Fri. & Sat., February 7 & 8, 7 p.m., Woodburn High Lectorium, 1785 N Front St.
- **Senior Gaming Afternoons**, Tuesday, Feb. 11, 1-2:30 p.m., Woodburn Library, Multipurpose Room.
- **Afternoon Book Club**, Thursday, Feb.13, 12-1 p.m., Woodburn Library, Conference Room.
- **You’re a Good Man Charlie Brown**, Fri. & Sat., February 14 & 15, 7 p.m., Woodburn High Lectorium, 1785 N Front St.
- **Who’s on Third? Billy & the Rockets concert**, Sunday, Feb. 16, 3 p.m., Woodburn United Methodist Church, 700 N. Cascade Dr.
- **Dementia Support Group**, Monday, Feb. 17, 2-3:30 p.m., Woodburn Health Center (formerly Wellspring).
- **Senior Book Club**, Monday, Feb. 24, 10-11 a.m., Country Meadows Village, 2nd floor Kitchen.

Upcoming Events Elsewhere

- **Dementia Support Group**, Tuesday, Feb. 18, 2-3:30 p.m., Silverton Hospital Café, 342 Fairview St, Silverton.
- **Dementia Support Group**, Friday, Feb. 21, 10-11:30 a.m., Wilsonville Community Center, 7965 SW Wilsonville Rd, Wilsonville.

* All events are subject to change without notice.



"Hearts and Roses" Dance and Social

Date & Time: February 15, 2014, 7pm*
Location: The Estates Golf and Country Club Auditorium
Cost: \$28 Dinner/Dance and Social (*\$8 Dance & Social Only - 8pm - tickets available at the door)
Ticket Contact: Bill Kuchan - 503 981-0544
Ticket Outlets: Coffee Hour, Country Club Pro Shop, Estates Office (after February 1)

2014 News & Views Schedule

In February, *News & Views* will publish as follows:

Copy due by 9:30 a.m.

Thursday, February 6th

Thursday, February 20th

Publication Date

Friday, February 14th

Friday, February 28th


Thank you, everyone, for your cooperation.

Neighborhood News

The spreadsheet shows (1) the activity/event name (2) Days of the week and dates (3) where the activity or event takes place, and (4) the contact person or sponsor of each activity or event in case you have questions. All of these activities or events will also be included in the regular calendar, but we don't want anyone to miss out on any of these happenings.

New Year's Eve Dinner/Dance – Wed, December 31

1290 Young St., Woodburn, OR 97071
www.nwclassic.com/estates.html



News & Views

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Estates Men's Golf Club General Meeting Minutes

Estates Men's Golf Club General Meeting January 7, 2014

The Meeting was called to order by President Fred Bourne at 10 a.m., followed by the Pledge of Allegiance. A quorum of officers and committee chairmen was affirmed – Fred Bourne, Jim Worley, Chuck Johnson, Stan Hiller, Steve Hobson, Allan Lindberg, and Will Abshire. A total of 18 members attended the Meeting.

President's Report: President Bourne stated that the issue of the raise in the annual golf fees for homeowners and associate members for 2014 had been discussed in previous meetings, but he wanted again to go on the record to protest the raise. He stated that the associate golf members who also use the complete recreational facilities of The Estates were doubly penalized as their total increase was \$50 per year. How can The Estates market our golf course to associate members when the Board continues to increase the fees for said members? Secretary Chuck Johnson, who also is a Board Director and the Treasurer of the HOA, stated

that this inequity as to golfers, both homeowners and associates, will be addressed in the 2015 Budget and the inequity will be corrected accordingly. President Bourne also requested that the Minutes of our Meeting reflect the need to remove Gene Balfour from the Harvest Invitational Golf Tournament Checking Account. President Bourne further stated that members of The Estates Men's Golf Club who cannot play in the morning of our Thursday Play could be scheduled to play in the afternoon provided they notify the Pro Shop in advance and have a member or a marker who could then verify their score for that day. In a note of satire, President Bourne stated the following: Question: How do we promote more golf play and maintain/increase golf membership? Answer: (1) Raise annual golf fees \$25 per player... (2) For the players, men and women, that "pay as they go", raise the green fees...(3) For the players, men and women, that "pay as they go", change the twilight time from 2:00 p.m. to 3:00 p.m....I'M PREDICTING RECORD NUMBERS!!

Vice President's Report: VP Len Westphal was absent with notice.

Treasurer's Report: Treasurer Jim Worley reported that the current balance of funds in our account is \$2,748.10.

At the end of 2013, there was \$760 in unclaimed voucher money that will go to our Golf Course Superintendent Tim O'Larey for use as yet to be determined. It was suggested that the money could be spent on additional arbor vitae on those holes where tee boxes need protection from possible incoming golf balls. Our Golf Chairman Will Abshire will follow up on the use of the unused voucher money.

Sunshine: Steve Hobson thanked the Club for recently sending him a "Get Well" card.

Golf: Chairman Will Abshire led a discussion as to use of arborvitae or installing a screen to protect the 8th hole tee box. The new arborvitae recently planted near the 8th hole tee box will take years to adequately provide any protection from incoming golf balls. Will is to follow up on this issue with our Golf Course Superintendent.

Tournaments/Mixed Tournaments: Chairman Allan Lindberg stated that all bank accounts have been revised to reflect that he and President Bourne are signers on the accounts. Part of the delay involved the bank changing its name over to "Columbia Bank" from its previous name. Allan stated that he did not have a current balance for the Tournaments/Mixed Tournaments bank account, but will provide the balance at our next General Meeting. Allan stated that he would be contacting the sponsors for the Mixed Tournaments for 2014 in March or April. A discussion then ensued regarding naming an Honoree for this year's Match Play Tournament. Names suggested were Billie Mowry, Gary Nelson, and Ray McInnis or a combination of two names.

Membership: Chairman Stan Hiller again reiterated that all golfers for whom he has made a bag tag must pick up said tag from the Pro Shop. He suggested a penalty be enforced for golfers who fail to pick up their bag tags in a reasonable period of time (loss of winnings, door prizes, etc.). Our

Club appreciates the time and effort Stan makes in producing the bag tags. The least we can do is pick up the tags from the Pro Shop in a timely manner!! Stan reported that in 2013 he prepared a total of 263 bag tags, 170 men golfers and 93 lady golfers. Stan also reported that there are a total of 248 golfers that belong to the Men's and Women's Golf Clubs.

Old Business: Nothing to report.

New Business: Nothing to report.

Closing Comments: It was suggested that the Men's Golf Club draft a letter to be sent out to "Sister Courses" who have playing rights at our course to publicize the improvements to our course, including our new irrigation system, in an effort to market our golf course. It was reported that new Board Director, Donna Cole, will be in charge of the 2014 Marketing Committee and that we need to support her and her committee members in properly marketing our Golf Course and The Estates Community. An unidentified golf club member who apparently works during the day had suggested that the Men's Golf Club have an occasional Membership General Meeting in the evening so he could be in attendance. President Bourne stated that such meetings could be arranged, preferably during the spring and summer months to ensure the "snowbirds" have returned and could also attend. It was again reiterated that the Men's Golf Club and the Women's Golf Club need to have open avenues of communication to ensure that both clubs have input as to the needs of each club, said input presented to our Golf Course Superintendent and the Board of Directors.

Closing: President Bourne moved that our meeting be adjourned, seconded, approved, and the meeting was adjourned at 10:50 a.m.

Chuck Johnson, Secretary – Minutes approved by President Fred Bourne.

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Fraud Alert

Robocalls Fraudulently Pitch Medical Alert Devices to Seniors Nationwide

[The following excerpted information was taken from the following website: <http://www.ftc.gov/news-events/press-releases/2014/01/ftc-florida-attorney-general-sue-halt-operation-used-robocalls>. For the complete report, go to this address. Ed.]

At the request of the Federal Trade Commission and the Office of the Florida Attorney General, a U.S. district court has temporarily halted and frozen the assets of an Orlando-based operation that used pre-recorded telephone calls, commonly known as robocalls, to pitch purportedly “free” medical alert devices to senior citizens by falsely representing that the devices had been purchased for them by a relative or friend. The defendants also allegedly led consumers to believe that the devices were endorsed by various health organizations and that they would not be charged anything before the devices were activated.

The agencies are seeking a court order permanently banning the defendants from engaging in the allegedly fraudulent and illegal conduct, and providing restitution to consumers who were victimized.

“These telemarketers used illegal robocalls to make a sales pitch that was 100 percent false,” said Jessica Rich, Director of the Federal Trade Commission’s Bureau of Consumer Protection. “They lied about the product, about whether health organizations had endorsed it, and about its cost. And all the while, their M.O. was to take advantage of older people’s concerns about their health. We’re so glad to work with our partners in Florida to stop this fraud.”

“We will not tolerate unscrupulous individuals targeting the elderly. This company received more than \$13 million in commissions since March 2012, and we will do everything in our power to compensate consumers who lost money due to the fraudulent medical alert scheme,” said Florida Attorney General Pam Bondi. “I thank the Federal Trade Commission

for its partnership in this effort, which involved thousands of affected consumers, and the numerous other agencies who joined in the effort to stop these business practices.”

According to the joint agency complaint, the defendants violated the FTC Act, the Commission’s Telemarketing Sales Rule (TSR), and Florida’s Deceptive and Unfair Trade Practices Act (FDUTPA) by blasting robocalls to senior citizens falsely stating that they were eligible to receive a free medical alert system that was bought for them by a friend, family member, or acquaintance. Many of the consumers who received the defendants’ calls were elderly, live alone, and have limited or fixed incomes.

Consumers who pressed one (1) on their phones for more information were transferred to a live representative who allegedly continued the deception by saying that the medical alert systems are recommended by the American Heart Association (AHA), the American Diabetes Association (ADA), and the National Institute on Aging (NIA). In addition, the telemarketers falsely stated that the monthly monitoring fee for the system will be charged only once the medical alert system has been installed and activated. In reality, the defendants started charging consumers who agreed to receive the system immediately, regardless of whether the system had been activated or not.

Based on this alleged conduct, the joint complaint charges the defendants with misrepresenting a range of facts, including that someone the consumer knows already purchased the system for them, that the defendants’ medical alert system is endorsed by the AHA, ADA, and NIA, and that consumers will not be charged until the system has been activated. The complaint also charges the defendants with violating the TSR by making illegal robocalls, including to consumers on the National Do Not Call Registry, and by failing to disclose the caller’s telephone number or identity.

Burglary Prevention Tips

by Corporal Colleen Melgard, WPD

There have been multiple reports recently regarding burglary, theft from properties and thefts from vehicles. Burglars and thieves are predominantly opportunistic in nature, seeking out properties that they can easily break into without being seen or heard, and sneaking out in the same manner. Target-rich environments for burglars are areas that are dark, easily accessible, and have thick landscape that provide easy concealment.

Although there are no guaranteed safeguards against burglary and/or theft, there are many things we can do as homeowners to make our property less likely to be targeted:

- Install external lights, preferably motion-sensor lights. This may get the attention of homeowners, neighbors and passing police patrol and trigger them to take a closer look at the area.
- Use gates to prevent easy access to side yards, preferably gates that

can easily be seen by the roadway. Gates that are visually open are better to see possible prowlers, but may diminish some of the privacy for the homeowner.

- Plan landscaping in a manner that limits hiding places for prowlers, using low-growing and/or limited leaf shrubs or trees.
- Use low-growing thorny shrubs outside of windows or other possible entry points to the home. The ‘point’ of this should be apparent.

Vacant homes are also more likely to be targeted. If you are planning on leaving your home unattended for any significant time period, let the police department and trusted neighbors be aware. Visit the Woodburn Police Department website and submit a *Vacation Notification Form*. This notifies patrol staff of homes for extra patrol while the homeowner is gone.

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WHAT'S HAPPENING AROUND THE CLUBHOUSE?

by Kathy Hiller

While Ken Leonard is vacationing, I took the camera went looking for people who were playing, reading, eating, or participating in any activity in and around the Clubhouse. I wasn't disappointed.

In the library, I found Roger Simpson (no relation to Homer, 'cause I asked.) who was using the Wi-Fi. I see him there most days. He says it's a very good price...free.

Wandering further, I spied Duke Kobs watching the television in the library lobby. He caught my eye because he was wearing shorts and Friday was a cold day. I sat near on the sofa by his chair and we chatted for a while.

The Blue Room was busy with four tables of people playing Bridge. I caught three of them with the camera. These folks are dedicated Bridge players for sure.

Ron Sundholm was being bashful, not wanting his picture taken, but I got a good shot of him and Larry Parker, who is one of the Pro Shop's excellent employees. There were golfers out on the course even though it was so chilly.

As I headed back towards the east wing, I ran into Virginia Andrews. She was looking for a book and we talked for a bit about our favorite authors. She said she had been at the Clubhouse office and paid her dues. Good girl, Virginia!

Trish and Mike Huddleston live in Tukwila, but said they often dine at the Country Cottage. They were in the middle of their lunch when I ambushed them. They were very good-natured about being photographed. I told them to be sure to pick up a copy of the January 24 edition on the paper to see their photo in the centerfold.

Helen Abel was also at lunch in the restaurant. I got her photo specifically because I had seen her at Bingo on Wednesday and she was asking for more beginner line dancers. She teaches for 6 weeks at a stretch, then takes two weeks off, and starts over again. They began on January 7, so this session will finish February 11 and start again on March 4.

Darrell Zook (who is the last name in the directory) was perusing the bulletin board looking for anything that struck his fancy. Jan Robarge is in charge of the bulletin boards and the new policy is that they clear everything off at the beginning of each month and start over. If you have questions, call her.

One of our hard-working employees is Maintenance Manager Frank Jameson, who was returning the dumpster to its proper place. We currently have three "Franks" working in maintenance, the other two are Frank Bathke, and Francisco Ocampo.

At the health center, Carroll Aebi was using exercise equipment, keeping himself healthy and strong. There had been others in the room, but they escaped before I could get pictures. Five ladies were in the pool and I managed to catch Betty Farr, Mary Bauer, and Betty White. They have very strong opinions about the swimming pool rules. We will be publishing the rules in a future issue as a reminder for everyone.

I missed the Bunco players in action, but got a photo of Pat Basile, their leader, as she was distributing the winnings. Lorna Weller and Evelyn White made it in the photo. This is a fairly new group and they sure have fun. They meet in the craft room.



Betty White, Mary Bauer, and Betty Farr exercising in the pool



Bridge players Bob Musser, Tony Pye, and Shirley Ernst



Duke Kobs watching TV



Helen Abel, the beginning line dance instructor



Carroll Aebi using the Health Center equipment



Tukwila residents, Mike & Trish Huddleston, enjoying a meal at Country Cottage



Darrell Zook looking for a bargain on the bulletin board



Pat Basile (seated), distributing winnings from bunco to Lorna Weller and Evelyn White



Head Maintenance Man, Frank Jameson, putting away the dumpster



Roger Simpson using WiFi in the library



Larry Parker & Ron Sundholm at Pro Shop



Virginia Andrews looks for a book after paying her dues in the office

Estates Quilters Report for 2013

by Carolyn Waterman

We would like to share our accomplishments during 2013. We have lost a couple of members this year but were fortunate enough to gain four new members. Our biggest loss in 2013 was Shirley Zook, a very valued member of our group. She is sorely missed.

We donated a total of \$2,610.00 to various organizations in our community. Some of the following are listed below:

- \$1,600.00 to Woodburn AWARE Food Bank
- \$200.00 to Green Thumbs
- \$300.00 to Love Santa Inc.
- \$200.00 to Woodburn Proud Hanging Baskets
- \$100.00 to American Heart Association
- \$100.00 to The Estates Memorial Rose Garden
- \$100.00 for Coffee Hour donuts
- \$10.00 to Relay for Life

In addition to the money, we donated:

61 tied lap quilts to the Veterans of America Hospital. (Fabrics for these quilts were donated to us. We have to purchase the batting)

6 knitted lap quilts to the Veterans Hospital (knitted by Betty Stenger)

We are proud to have donated over 4400 hours to the Retired Seniors Volunteer Program (RSVP).

We wouldn't be able to accomplish any of this without the support of everyone who helped us. Thank you to each and every one of you.

If you are interested in joining our group please feel free to come by the Craft Room on Monday and Thursday from 8:30 to 2:30. If you have a finished quilt top, we would be happy to quilt it into a beautiful quilt for you. Please contact Carolyn at 503-981-0115 or Loreta at 503-981-9528.

Singing the Blues

by Donna Rector

Singing the blues is simple. You start with something good and the next line must be something bad. I got me a good woman with the meanest face in town. A Blues singer's woman must be named something like Big Mama, or Bad Biscuit Burner. The weight is also an important element. No one from Tukwila, Lake Oswego or Henry's Farm can sing the Blues. One coming from Ashland would be frowned upon. No one from Canada is allowed to sing the Blues. Blues singers harken from Memphis, Louisiana or perhaps some city down south with a big lazy, muddy river.

A Blues singer must live on the bad side of the town in a rundown shack perhaps near a train or Greyhound bus line, usually heading south for some reason. Absolutely no jet airplanes, Toyota Prius' or minivans allowed. No respectable Blues singer would ever drive an Audi, Volvo or Saab. No Porsche Boxsters or Chevy Corvettes allowed either. No, they tend towards old Chevy or Ford pickups (with the notable exception being that of the new Ford pickup body made with aluminum - a definite no-no for a Blues man with any respect).

Walking plays a large part in a Blue's singer's life. He must have a limp in his bad leg as a tragic result of a bad encounter with a jealous lover in a cheap motel. But riding on a Greyhound is okay, particularly in the middle of the night if the rain is really coming down and the wind is howling.

Blues singers cannot have a rich father or a good-looking mother. Ugly white people have a leg up on the Blues. Parents must be in bad straits or have horrible life stories with lineage including prison and lots

of bad luck. Blues singer's names are usually a name coupled with a physical infirmity, such as Peg Leg Johnson.

A Blues singer never carries a medical insurance card of any kind, particularly medical insurance with a part B supplemental. No doctor appointment allowed during the day. Only late night emergency hospital visits after that inevitable mishap occurs on a particularly dark, windy and rainy night. This event never happens as a result of a treadmill or for that matter, any exercise equipment mishap. They often involve a big knife, cheap whiskey and a mean woman. No Obama-care is ever allowed either. No 401K plans ever are involved in his life, as long term planning never plays a role.

A Blues singer only wears old suits with a history of having belonged to another sorry soul with a bad luck story. These suits have been slept in and are always ill fitting, No polo shirts or high tech sweat controlling materials allowed. An aging, often ethnic person generally must have owned these suits previously.

Blues singers do not ever attend art galleries or wine tastings. No white wine for him. Only cheap whiskey, beer (as long as it is not micro brewed), and bad coffee are allowed. Finally, even if your life has been filled with sadness, you don't qualify to sing the Blues if you own a MP3 or a Smart Phone of any kind. Usually tragedy trumps all and takes one to the top of the Blues heap, and absolutely no one who has ever had a double latte mocha is allowed in the Blues camp. If life has continually doled out lemons instead of lemonade, you qualify!

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Dementia Caregiver Support Groups



L-R: Lorrie Cox facilitates the FTD group at the Estates Golf & Country Club; Mary Reitan facilitates monthly Alzheimer’s support groups in Woodburn and at Silverton Hospital; Christy Turner is speaker for February and facilitates Wilsonville.

Submitted by Lorrie Cox and Mary Reitan

Alzheimer’s disease or a related dementia affects nearly 5.3 million people in the United States and over 80,000 people right here in Oregon. It places tremendous physical, emotional, and financial stress on the person with the disease. That stress can be felt even stronger by family members and loved ones who must often assume the role of caregiver.

To provide local support for residents of Woodburn and the surrounding area whose lives have been dramatically affected by this disease, Willson House of Salem sponsors 4 FREE, monthly dementia caregiver support groups.

On Tuesday, February 4, from 6:30 p.m. to 8 p.m. the Frontotemporal dementia (FTD) group meets at The Estates Golf & Country Club. Monday, February 17, a group meets at Woodburn Health Center (formerly Wellspring) from 2-3:30 p.m. The Silverton group meets at Silverton Hospital Café on Tuesday, February 18, from 2-3:30 p.m. and on February 21, from 10-11:30 a.m. a group meets at the Wilsonville Community Center.

The topic for the February meetings is: **Dementia and Nutrition** presented by Christy Turner, a geriatric case manager for Golden Life Solutions. Christy has many years of experience working with all kinds of different dementias. She will discuss how many people living with dementia may experience a change

in their relationship with food, eating and drinking. As dementia progresses, the behavioral, emotional and physical changes that occur can make eating and drinking more difficult. Depending on the individual, these changes can result in dehydration, weight loss or weight gain.

It can be very upsetting for a caregiver to deal with the changes that a person with dementia faces. Christy shows some simple ways to understand those changes that are taking place with food and how to make mealtimes enjoyable and nutritious for the person living with Alzheimer’s or other dementia.

People taking care of someone with dementia often find themselves exhausted or in situations that can be overwhelming, leading to feelings of frustration and anger. By attending a support group, an in-home caregiver will be better prepared to continue their awesome task of providing 24 hour care 7 days a week to their loved one with Alzheimer’s disease or other dementia.

Lorrie Cox, a resident of The Estates, facilitates the FTD group at The Estates Golf & Country Club and she can be reached at 503.989.1986. Mary Reitan facilitates the groups at Woodburn Health Center and Silverton Hospital. She can be reached at 503.502.4509 for more information about those groups. Christy Turner facilitates the Wilsonville group and is the speaker for February. She can be reached at 503.530.6181.

Free Ads

Next Publication of NEWS & VIEWS
February 14, 2014
Deadline for Articles, Thursday, February 6, 9:30 a.m.
NOTICE: When submitting free ads
be sure to include your MEMBERSHIP NUMBER.

FOR SALE: Beautiful antique phone table. Approximately 100 years old. Picture available by email on request. \$97. Call 541-409-4068.

FOR SALE: Automatic moist heat pack. New in box and never used. Remember that wonderful moist heat pad you used in the hospital at a cost of sixty dollars per day? Now you can own this one forever for \$60 total. Call 541-409-4068.

FOR SALE: Blood pressure monitor. New in box. Advanced One Step model by Life Source. Many automated features. \$42. Call 541-409-4068.

FOR SALE: Bridgestone Studless 235/60R-16 snow tires on 16’ 5 bolt pattern rims. \$180. Call 503-913-5264 .

FOR SALE: 2006 Buick Lacrosse. 155K miles. \$4000. Call 503-575-1877.

FOR SALE: Heavy duty wheelchair. Excellent condition. \$200 OBO. Call 503-982-0557.

FOR SALE: 16 foot aluminum extension ladder. \$40. Call 503-982-0557.

FOR SALE: Black & Decker electric hedge trimmer. Almost new. \$25. Call 503-982-0557.

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FREE: Two containers of approximately 120 wine bottle corks, suitable for craft projects. Call 503-982-3266.

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Board Minutes

- APPROVED MINUTES
OF THE ESTATES GOLF
AND COUNTRY CLUB
BOARD OF DIRECTORS
MEETING
Tuesday, December 10, 2013
(Approved January 14, 2014)
- Ken Bourne
President

Becky Butts
Vice President & Publications

Dave Bunnell
Secretary

Chuck Johnson
Treasurer

Becky Butts & Dave Bunnell
Membership & Real Estate

Donna Cole
Housing & Marketing

Jim Worley
Rules & Regulations/CC&Rs/RV Lot

Len Westphal
Architectural

Sharyn Cornett
Activities

Will Abshere
Golf

The Meeting was called to order by President Ken Bourne at 1:30 p.m. in the Dining Hall, followed by the Pledge of Allegiance. A quorum was established with Directors Bourne, Johnson, Cornett, Bunnell, Abshere, Bowers, Butts, Stiles and Westphal in attendance.

President’s Welcome Report - President Ken Bourne: Good afternoon everyone. Thank you for coming. 2013 has been a very interesting year for all of us with many

success stories resulting from difficult times. And here we stand together much stronger for it. We will now step into 2014, knowing that if we continue standing together, we will overcome any obstacles that will face us in our pathway to the future. I would like to thank the members of the Board for their confidence in my leadership and support this past year. Thank you for the many hours of time you have spent in performing your duties for the continued growth of this association. I would like to thank our GM, Sharon Schaub for the professional job she has performed for us this past year. She has overcome many difficult duties with great success. Sharon’s ultimate goal is for the overall good of The Estates. I would like to thank the many employees of The Estates Golf & Country Club that make this a truly wonderful place to live and play. I am so thankful to live here and not somewhere else. I need to thank the many faithful volunteers that give up hours upon hours of their time to make the activities that are scheduled throughout the year a success story. And finally, I want to thank the members of our association, especially the members that are here in attendance today. You are here at every board meeting, showing your interest, your support and your comments based on the issues being discussed. I really appreciate that, as you do make a difference. I am honored to have served as your President this past year and hope to be elected again in 2014. Here’s to a happy and bright future for The Estates Golf and Country Club. Merry Christmas and Happy New Year!

The agenda was changed to add an item under new business to approve insulation for the west wing. The November 26, 2013 Board Meeting Minutes were approved unanimously.

Treasurer’s Report - Treasurer Chuck Johnson: The balances reported today are based on balance sheets provided by The Estates bookkeeper as of November 30, 2013. In that the bank statements have not been received at this time, I was not able to reconcile these balances with bank statements. Based on The Estates Balance Sheet, the Operating Account balance as of November 30, 2013, was \$223,070.25. Based on The Estates Balance Sheet, the Reserve Account balance as of November 30, 2013, was \$689,535.03. The current balance of our Accounts Receivable is \$39,330.54. We currently have 37 delinquent accounts which represents a 2.5% delinquency rate. We currently have 19 liens filed against properties with delinquent accounts. Our attorney is currently working on 13 delinquent accounts. At this time, we do not recommend writing off any accounts as “uncollectible”.

Committee Reports:

Architectural - Director Len Westphal: We have had 1 architectural request and 1 compliance request since the last Board Meeting.

Activities/Community Relations - Director Sharyn Cornett: (1) The Health Fair was a great success. About 35 people came and received lots of valuable information about falling and the services available at Silverton Health. It was well worth having and I hope they come again. They rented the Auditorium and paid us for its use. (2) At Greeters last Friday, one of the motorcycle police officers had many compliments about the Golf Parade

and how it impacted so many people and started our Christmas Season. So thank you to all the people involved to make this happen and to Becky for organizing this traditional event. Also a big Estates thank you to the special appearance of Santa and Candy Clause. You were terrific; and also to all the brave people out in the cold weather. (3) Sign up and payment for the New Year’s Dance is due by December 20th. Cost is \$20 each for the dinner and dance and \$ 10 each for the dance only. Come and have a good time.

Golf - Director Gene Stiles: (1) Staff will get an Arborist here as soon as possible to look at the trees behind the 18th Green and determine if they are living or not and to do a general inspection of other trees on the golf course. (2) The signs at each Tee Box (hole #, yardage to the green, etc.) are hard to read at their present location. It has been requested that they be relocated as close to the cart path and tee box as possible for better visibility. (3) The sprinkler heads on the fairways that indicate the remaining yardage to the green will have the grass trimmed so they can be seen for yardage. (4) The signs on the freeway need some improvements in appearance and visibility. It is unclear what can be done because of the current freeway construction. The General Manager has been asked to see what can be done. (5) The Yellow Tees need to be marked and painted and a water leak on hole #4 will be corrected. (6) The heavy rains caused some flooding in the parking lot, and on the practice green, walkway and breeze way. The General Manager and the Maintenance Supervisor will investigate. (7) The balls being hit from the #7 tee box and fairway could hit golfers teeing off from the #8 tee box. Solutions will be

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\$99,500	2258 Country Club Rd	2 bed, 2 bath, 896 sq ft
\$115,000	1638 Sallal Rd	2 bed, 2 bath, 1268 sq ft
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Board Minutes

discussed and implemented. (8) A new bathroom near the Pro Shop has been suggested and the General Manager has been asked to look into this. (9) Cart Path Only Rule will go into effect this week.

House - Director Becky Butts: (1) Nothing to report. (2) Thanks to each and everyone who braved the cold to participate in and watch the Christmas Golf Cart Parade. Special thanks to Rob Sheirbon at Foursom Golf for his sponsorship, to Renee Hayes at Country Cottage for the hot chocolate, coffee and apple cider, to Jim & Marie Worley for the hand warmers, The Woodburn Police and Fire Departments, Trudy Fowlks & the Carolers and to my committee, Don Robarge, Emilio Sibayan, and Bill Kuchan. This couldn't happen without all your help. Also thanks to Santa Ken Bourne & Mrs. Santa Gloria Bourne.

RV Lot - Director Will Abshire: Nothing new to report.

Membership - Director Dave Bunnell: Nothing new to report.

Real Estate - Director Dave Bunnell: A total of 2 homes have closed as of today. There are 8 sales in title and 2 sales are pending. A total of 136 homes have sold since January 1 of this year. A total of 109 homes were sold in all of 2012. Therefore we are 27 home closings ahead of last year's sales and have 21 days to go.

News & Views/Directory/Website - Director Sharyn Cornett: The Directory is coming along very well and hopefully will be out earlier this year. It is a gift to have all this information for your use at your fingertips all year long. It is a big project and everyone works hard to proofread and eliminate mistakes. This is also a large fundraiser and helps make our Directory and *News & Views* possible. Thank you

for all the efforts of the committee workers. Thanks to Stan Hiller leading the group and getting this tedious and time-consuming job done for all our community. Thank you to all involved with our publications. These people are passionate about the work they do and they do it well week after week. Your services are greatly appreciated.

Rules & Regulations/CC&Rs - Director Gary Bowers: Rules Committee has nothing new to report. CC&Rs Committee has nothing new to report.

General Manager's Report - Sharon Schaub: (1) Marion County Environmental Health Department inspected our swimming pool and spa and found 2 violations. One was related to water depth markings on the deck edge and side wall, the other was in relation to the total alkalinity level. The markings will be fixed and the total alkalinity has been brought up to the required level and is being monitored daily. (2) Following the fire extinguisher inspection it was recommended that the extinguishers be replaced rather than doing the hydro testing and re certification that was coming up for many of them. Bids have been requested and we have only received 1 bid so far. More to come. (3) Three bids have been received for installation of insulation in the ceiling of the West Wing. The bids range from \$3,475 to \$6750. Management and Frank Jameson have reviewed the bids and recommend that we accept the bid of Valley Insulation for \$5,587. The Energy Trust of Oregon has said that we will be eligible for a rebate of approximately \$2,205.90. This will bring us up to a rating of R38. The goal of our recent study through the Energy Trust is to reduce our electric consumption by 13% and our gas bill by 51%. The East Wing will be

evaluated and bids requested in 2014. (4) We received a visit in the office from a Representative of the Oregon Construction Contractors Board to advise our community of construction scams in our community. He left a few brochures outlining what to look for and they are available in the office. The information will also be posted in the *News & Views*. (5) I would like to take this opportunity to express my sincere gratitude to the Directors who have served their terms, enriched my working relationships and have volunteered hundreds of hours of service to this community.

Unfinished Business: None.
New Business:

1. Motion for Bid Award: Director Butts made a motion to accept the bid from Valley Insulation for the addition of insulation in the West Wing ceiling in the amount of \$5,587. The motion was seconded by Director Johnson. The motion was approved unanimously.

2. Special Presentations: Each year three Board members complete their term of office. President Bourne presented a Certificate of Appreciation to Gary Bowers, Gene Stiles and Becky Butts for their devoted and valuable service to The Estates Golf and Country Club. He also recognized the help and support of each of their spouses and presented each a certificate for Sunday Brunch at the Country Cottage. Director Bowers declined his brunch certificate indicating it might be construed as payment.

3. 2014 Officer Election: President Bourne asked the new Board members Donna Cole and Jim Worley

to take a seat at the Board table and welcomed them and Becky Butts to the Board. A packet of ballots for each of the officers' positions with all of the Directors names on it was passed to each Director. In turn, President Bourne read the duties of each office before the Directors were asked to vote for one person and turn in their ballot. The ballots were collected in order of the officer positions and counted by Sharon Schaub and Julia Senter and the winner was announced. For 2014 the following officers were elected: Ken Bourne, President; Becky Butts, Vice President; David Bunnell, Secretary; and Chuck Johnson, Treasurer. President Bourne advised that he would be meeting with the newly-elected board members as well as the returning board members to discuss their skills and committee appointments which he will make at the January 14, 2014, meeting.

Upcoming Activities:

- Board Members Training, December 14, 2014, from 9 a.m. to 12 p.m. at the offices of Vial-Fotheringham.
- New Year's Eve Dinner and Dance.
- Everyone was reminded that the next Board Meeting is on January 14, 2014, at 1:30 p.m. in the Dining Hall.

There being no more business, the meeting was adjourned at 2:00 p.m.

Submitted by David C. Bunnell, Secretary

Open Forum: There were comments on other scams that are making the rounds.

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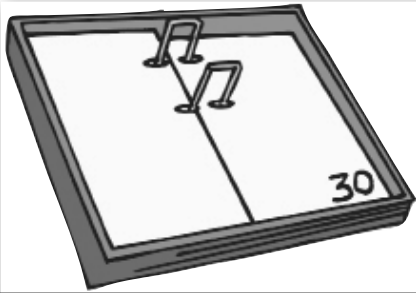
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Activities Calendar

Saturday, January 25		Sunday, January 26		Monday, January 27	Tuesday, January 28
8:30a	Ping Pong Players– DH	2:00p	Music Jammers – DH/Kit	8:00a Fit For You/Ball Exercise – Aud 8:00a Water Exercise – Swimming Pool 8:30a Estates Quilters – Craft Room 8:50a Walking Club Indoors – Aud 9:00a Ladies Billiards – Billiard Room 9:00a Walking Club Meeting – Blue Room 10:00a Bridge Dup Swiss Pairs – Card Room & DH Foyer 10:00a Tai Chi – Aud 10:10a EZ Bridge Club – Blue Room 11:00a Zumba Gold – Aud 2:00p Ladies Poker – Card Room 6:00p Clackamas Circle Potluck – DH/Kit 6:30p Water Volleyball – Swimming Pool	8:00a Yoga Exercise – Conference Room 8:00a Water Exercise – Swimming Pool 8:30a Ping Pong Players – DH 9:30a Men’s Club Exec Board Meeting – Country Cottage 10:00a Bicycle Club – by Flag Pole 10:00a Tuesday Morning Crafters Club – Card Room 11:00a Ukulele Group Beginners – Craft Rm 12:00p Tuesday Afternoon Bridge – Blue Rm 1:00p Ukulele Group Advanced – Craft Rm 1:30p SEGCC Board Meeting – DH 5:30p Tuesday Night Poker – Card Room 6:00p Dup Bridge Swiss Pairs – Blue Rm 6:00p Line Dancing Beginners – Aud 7:00p Line Dancing Intermediate – Aud

Wednesday, January 29	Thursday, January 30	Friday, January 31	Saturday, February 1
8:00a Fit For You Exercise – Aud 8:00a Water Exercise – Swimming Pool 8:30a Ping Pong Players – DH 8:50a Walking Club Indoors – Aud 9:00a Estates Woodcarvers – Craft Room 9:00a Walking Club Meeting – Blue Room 10:00a Blackjack – Card Room 10:00a Tai Chi – Aud 10:30a Metaphysical Book Readers – Blue Rm 11:00a Zumba Gold – Aud 12:00p Ladies Billiards – Billiard Room 1:00p Golden Squares Workshop – Aud 5:00p Neighborhood Watch – Conf Room 6:00p Wed. & Thur. Eve Pinochle – Blue Rm 7:00p Bingo – DH	8:00a Yoga Exercise – Conference Room 8:00a Water Exercise – Swimming Pool 8:30a Estates Quilters – Craft Room 9:30a EZ Bridge Club – Blue Room 9:30a COFFEE HOUR/Doors Open - Refreshments 10:00a COFFEE HOUR PROGRAM – Aud/ DH/Kit 10:00a Bicycle Club – by Flag Pole 11:15a Estates Chorus – Aud 12:30p Chicago Bridge Group – Card Room 6:00p Wed & Thurs Evening Pinochle – Blue Room 6:00p Advanced Line Dance – Aud 6:30p Water Volleyball – Swimming Pool	8:00a Water Exercise – Swimming Pool 8:00a Fit For You Exercise – Aud 8:30a Ping Pong Players – DH 9:00a Walking Club Meeting – Blue Room 9:45a Bible Study – Craft Room 1:00p Bunco – Craft Room 1:00p Friday Party Bridge – Blue Room 1:00p Dulcimer Group – Conf Room	8:30a Ping Pong – DH 3:00p Water Volleyball – Swimming Pool
			Sunday, February 2

Monday, February 3	Tuesday, February 4	Wednesday, February 5	Thursday, February 6
8:00a Fit For You/Ball Exercise – Aud 8:00a Water Exercise – Swimming Pool 8:30a Estates Quilters – Craft Room 8:50a Walking Club Indoors – Aud 9:00a Ladies Billiards – Billiard Room 9:00a Walking Club Meeting – Blue Room 10:00a St. Monica’s Circle – DH/Kit 10:00a Tai Chi – Aud 10:10a EZ Bridge Club – Blue Room 11:00a Zumba Gold – Aud 12:00p Monday 3 Table Dup Bridge – Blue Room 1:00p Ladies Poker – Card Room 1:30p Music Makers Meeting – Aud 6:30p Water Volleyball – Swimming Pool 7:00p Golden Squares – Aud/Kit/Aud Foyer	8:00a Yoga Exercise – Conference Room 8:00a Water Exercise – Swimming Pool 8:30a Ping Pong Players – DH 10:00a Bicycle Club – by Flag Pole 10:00a Tuesday Morning Crafters Club – Card Room 10:00a Mens Golf Monthly Meeting – DH 11:00a Ukulele Group-Beginners – Craft Room 12:00p Tuesday Afternoon Bridge – Blue Rm 1:00p Ukulele Group-Advanced – Craft Rm 5:30p Tuesday Night Poker – Card Room 6:00p Dementia Care Group – Conf Room 6:00p Line Dancing Beginners – Aud 6:30p Card-Making Class – Craft Room 7:00p Line Dancing Intermediate – Aud	8:00a Fit For You Exercise – Aud 8:00a Water Exercise – Swimming Pool 8:30a Ping Pong Players – DH 8:50a Walking Club Indoors – Aud 9:00a Estates Woodcarvers – Craft Room 9:00a Walking Club Meeting – Blue Room 10:00a Blackjack – Card Room 10:00a Tai Chi – Aud 11:00a Zumba Gold – Aud 12:00p Ladies Billiards – Billiard Room 1:00p Golden Squares – Aud 1:00p Writer’s Group – Card Room 6:00p Wed. & Thur. Eve Pinochle – Blue Room 7:00p Bingo – DH	All Day <i>News & Views</i> Copy Deadline 8:00a Yoga Exercise – Conference Room 8:00a Water Exercise – Swimming Pool 8:30a Estates Quilters – Craft Room 9:30a EZ Bridge Club – Blue Room 9:30a COFFEE HOUR/Doors Open - Refreshments 10:00a COFFEE HOUR PROGRAM – Aud/ DH/Kit 10:00a Bicycle Club – by Flag Pole 11:15a Estates Chorus – Aud 12:30p Bridge Dup 1st Thursday – Blue Room 12:30p First Thur Party Bridge – Card Rm/Kit 6:00p Wed & Thurs Evening Pinochle – Blue Room 6:00p Advanced Line Dance – Aud 6:30p Water Volleyball – Swimming Pool

Friday, February 7	Saturday, February 8	Monday, February 10	Tuesday, February 11
8:00a Water Exercise – Swimming Pool 8:00a Fit For You Exercise – Aud 8:30a Ping Pong Players – DH 9:00a Walking Club Meeting – Blue Room 9:45a Bible Study – Craft Room 10:00a Red Roses Red Hats – Blue Room 12:00p Valentine Tea – DH/Kit 1:00p Bunco – Craft Room 1:00p Friday Party Bridge – Blue Room 1:00p Dulcimer Group – Conf Room	8:30a Ping Pong Players – DH 3:00p Water Volleyball – Swimming Pool	8:00a Fit For You/Ball Exercise – Aud 8:00a Water Exercise – Swimming Pool 8:30a Estates Quilters – Craft Room 8:50a Walking Club Indoors – Aud 9:00a Ladies Billiards – Billiard Room 9:00a Walking Club Meeting – Blue Room 10:00a Tai Chi – Aud 10:00a Monday Swiss Pairs – Card Room/DH Foyer 10:10a EZ Bridge Club – Blue Room 11:00a Zumba Gold – Aud 1:00p Golf & Greens Meeting – Conf Room 2:15p Ladies Poker – Card Room 6:30p Water Volleyball – Swimming Pool	8:00a Yoga Exercise – Conference Room 8:00a Water Exercise – Swimming Pool 8:30a Ping Pong Players – DH 10:00a Bicycle Club – by Flag Pole 10:00a Tuesday Morning Crafters Club – Card Room 11:00a Ukulele Group-Beginners – Craft Room 12:00p Tuesday Afternoon Bridge – Blue Room 1:00p Ukulele Group-Advanced – Craft Room 1:30p SEGCC Board Meeting – DH 6:00p Dup Swiss Pairs – Blue Room 6:00p Beginner Line Dance – Aud 7:00p Advanced Line Dance – Aud
	Sunday, February 9		
	2:00p Music Jammers – DH/Kit		

Wednesday, February 12	Thursday, February 13	Friday, February 14
8:00a Fit For You Exercise – Aud 8:00a Water Exercise – Swimming Pool 8:30a Ping Pong Players – DH 8:50a Walking Club Indoors – Aud 9:00a Estates Woodcarvers – Craft Room 9:00a Walking Club Meeting – Blue Room 10:00a Tai Chi – Aud 10:00a Blackjack – Card Room 11:00a Zumba Gold – Aud 12:00p Ladies Billiards – Billiard Room 1:00p Golden Squares Workshop – Aud 5:00p Neighborhood Watch – Conf Room 6:00p Wed. & Thur. Eve Pinochle – Blue Room 7:00p Bingo – DH	8:00a Yoga Exercise – Conference Room 8:00a Water Exercise – Swimming Pool 8:30a Estates Quilters – Craft Room 9:30a EZ Bridge Club – Blue Room 9:30a COFFEE HOUR/Doors Open - Refreshments 10:00a COFFEE HOUR PROGRAM – Aud/ DH/Kit 10:00a Bicycle Club – by Flag Pole 11:15a Estates Chorus – Aud 12:30p Chicago Bridge Group – Card Room 6:00p Wed & Thurs Evening Pinochle – Blue Room 6:00p Advanced Line Dance – Aud 6:30p Water Volleyball – Swimming Pool	All Day <i>News & Views</i> Publication 8:00a Water Exercise – Swimming Pool 8:30a Fit For You Exercise – Aud 8:30a Ping Pong Players – DH 9:00a Walking Club Meeting – Blue Room 9:30a Bible Study – Craft Room 10:00a Red Hat Bunco – Blue Room 1:00p Bunco – Craft Room 1:00p Dulcimer Group – Conf Room 1:00p Friday Party Bridge – Blue Room