VOL XLIX NO. 5

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Friday, March 13, 2020



# Clarification

from Dawn R. Cole, Site Manager

In the February 28 issue of the News & Views, an article titled "RE: Annual HOA Dues" there was a statement that needs clarification. "5 years without a dues increase" was inaccurate. In 2008 there was an assessment because of the drastic drop in sales, and a dues increase in 2018.

# **Mobile Shower Unit Coming**

Neighbors Serving Under-Sheltered Neighbors: a compassion through Action partner will have a mobile shower unit at the AWARE Food Bank, 680 N 1st St, Woodburn, on Monday, March 30, from 9:30 a.m. to 2:00 p.m. and could use volunteers if there are any who are interested in helping with handing out clean towels, greeting, etc.

## Good Luck, Jason



By the time this article comes out our Golf Pro, Jason Hoth, will have already left for a new endeavor. Looks like he was able to enjoy a small party before

### **News & Views Publication Schedule** March and April 2020

Copy due by 9:30 a.m. **Thursday, Mar 19, 2020** Thursday, Apr 2, 2020 Thursday, Apr 16, 2020

**Publication Date** Friday, Mar 27, 2020 Friday, April 10, 2020 Friday, April 24, 2020

Thank you, everyone, for your cooperation.

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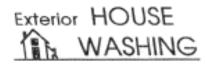
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### News & Views

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# Activities Report

by Sharyn Cornett

Hi! A report from activities – The WEG community gave 1500 lbs. of food last year to AWARE Food Bank! Good job. We received a wonderful thank you letter from them due to your generosity.

The biscuits event was great. Last year we served 123; this year we served close to 175 people, but then we ran out of the biscuits and gravy, so we let people have any fruit and eggs left for no charge. This is GREAT! You are giving us a BIG message. By coming to our events, we know that you like to come, and we are getting better at each event. People are staying to visit and that is wonderful for this community. We will gear our numbers up to accommodate everyone. Keep on coming! If you step up, we'll step up! Two of our veterans used their tokens and didn't pay for biscuits, so don't forget to bring them.

Chili Feed was great and Super Bowl was fun. We served hot Chili to about 160 people! We had enough left over for Super Bowl plus lots of food from attendees. We also played card bingo and I won 3 times, and I never win anything! Would anyone be interested in having card Bingo time here?

We had to postpone our Potato Bash, which was originally scheduled for this Saturday, March 14, 4-6 p.m. As soon as we have a new date and time for the rescheduled event, we'll let you know.

This is going to be a very busy year for everyone, a year of transition and growth. Please let us know what new activities you want to see here. Before you suggest a project, be willing to help make it happen.

Pickle Ball is on the horizon, but we need numbers of interest, money and space. Please call Sharyn if you have an interest. There is a lot of power in numbers. Pressure from you will make this happen sooner.

Have a great season! The sun is coming again. Come to the clubhouse often; be informed and participate in all the events for you here. This small community is your home... ENJOY IT!

Say "Thank you" to all the silent library workers here. They come and go every day and keep it clean and organized just for you and their love of books. We have over 4,000 paperback books alone. That is a lot to take care of. The library team is GREAT! It is a privilege to have this service.

# **Lost & Found**

A young cat has wandered away from his home and Shari Mekelburg at Reality Homes (at the north end of Evergreen Road) is hoping to find his people. He is a young, unneutered, orange tabby cat, and Shari says he is extremely friendly and sweet and wants to go home because HE IS LOST!! His photo is posted on WEG bulletin boards. If you know anyone in the area who has lost their young orange tabby, let them know that Shari is caring for him but wants to reunite him with his loved ones! Her contact email is: shari.mekelburg@realityhomesinc.com

# To My Son

### by Eleanor Benner

Tousled hair and innocence, jeans and dirty face, Summer days and happy times made my life a race. I watched you play, then run away, in and out the door, And I took for granted all the years, so sure of many more. But that was only yesterday, just where did it all go? My empty arms have lost the child I held all those years ago. You grew so fast it scared me, but oh how proud I stand, For now, you have become a man and How I Love You So.

After reading "Slow Dance" in the last News & Views, I thought people might enjoy this one, in memory of our son Michael, whom we lost 31 months ago. EB

## In Memory of...

Gravitt, Jim – February 20, 2020 Cole, Muriel – March 3, 2020

# NEWS AROUND THE NEIGHBORHOOD

### **Clackamas Circle Potluck**

by Connie Doyon

Monday, March 23, 2020, at 6:00 p.m. in the Dining Hall. This will be a no host potluck. Please bring a hot dish, salad or dessert and your own dinnerware. Questions? Call Connie Doyon at 503-981-3798.

### **Grief Support Group - GriefShare**

submitted by Mary Aldrich

Do you need help and encouragement after the death of a loved one? GriefShare is a special weekly seminar and support group designed to help you rebuild your life. We know it hurts, and we want to help.

Contact us today: This is a 13-week seminar/support group, being held Thursdays from 1 p.m. to 3 p.m., from March 5 through May 28 at Woodburn Christian Church, 126 Workman Drive, Woodburn. To sign up or for more information call 503-981-9423.

### "Who's on Third?" Concert

by Trudy Fowlks, Concert Coordinator

The March "Who's on Third?" community concert will feature the return of "Bells of the Cascades". Their Spring concert is titled "Tell Me a Story". Each of the pieces they will perform has a story behind it, and they will share that story as part of their concert. Some of them are even in the Celtic tradition in honor of St. Patrick's Day.

The "Bells of the Cascades" is a group of approximately 13 extremely talented and experienced bell ringing musicians who perform on about 5 octaves of handbells and hand chimes. They are one of the premier (advanced) handbell choirs in the Pacific Northwest. They ring bells that range in size from one as big as a bucket, to ones as small as a demitasse cup. And to top it all off, they all switch ringing positions *every single piece*. Their music selections involve using every known bell ringing (playing) technique available (including 16th note runs across 3-4 ringers). Imagine the expertise displayed by these musicians.

The "Who's on Third?" community concert series is offered for everyone in the Woodburn area. All concerts are held at Woodburn United Methodist Church which is located at 700 N. Cascade Dr. (just south of the Cascade Park Retirement complex). A free-will offering will be taken, as usual, to cover the cost of our concert expenses. We will have our usual mid-concert Intermission with refreshments (provided by Country Meadows and Cascade Park).

Be sure to mark your calendars for Sunday March 15th, 3:00 - 4:30 p.m., so you can join us for this amazing concert opportunity. You won't want to miss this totally awe-inspiring performance put on by these extremely talented, high energy musicians.

Please continue to help spread the word about our entertaining concerts and invite friends and neighbors so they won't miss out. I hope to see you there for this dazzling afternoon of wonderful music, fun times, good food and fellowship.

### **Woodburn Estates Dance & Social Club**

by Bill Coleman, Chairman

**RE: "Spring Fling"** 

Spring is here and it's time to kick up your heels on Saturday, April 18th at the Woodburn Estates & Golf Auditorium, located at 1776 Country Club Road. Country kick'n fun begins at 7:00 p.m. sharp with the smooth country sounds of "The Jesse James Band."

Dances hosted by the Woodburn Estates Dance & Social Club are designed for mature adults and open to the public. A \$10.00 cover charge at the door allows you to enjoy the dancing, a chance to win a door prize, and indulge in an assortment of snacks and desserts provided by Cascade Park Retirement Community.

We proudly offer an assortment of imported and domestic beers, and wine by the glass for a nominal fee, or bring your favorite wine and we'll gladly cork it for you. Reserve a table of four or more by calling JoAnn at 503 989-8590.

Next up: It's "Hot Summer Nights!" ... a fun filled party with dancing and surprises featuring the Rock 'n' Roll sounds of "Billy & the Rockets" on Saturday, June 20.

### Yes Graphics Taking Spring Break

by Bruce Thomas

Bruce and Ben will be celebrating a big family event, so... for the first time in 10 years they are going on vacation together. Therefore, Yes Graphics will be closed from March 23 to March 27. We ask that you place any orders by Monday, March 16. Thank you!

# SCAM ALERT

from Norton LifeLock

Cybercriminals are using concerns about the coronavirus to launch phishing attacks

Learn to identify and protect yourself against such attacks.

#### What Happened?

While COVID-19, or the novel coronavirus, is capturing attention around the world, cybercriminals are capitalizing on the public's desire to learn more about the outbreak. There are reports of phishing scams that attempt to steal personal information or to infect your devices with malware, and ads that peddle false information or scam products.

In one example, a phishing email that used the logo of the CDC Health Alert Network claimed to provide a list of local active infections. Recipients were instructed to click on a link in the email to access the list. Next, recipients were asked to enter their email login credentials, which were then stolen.

#### What Should You Do?

- If you are looking for information on the coronavirus, visit known reputable websites like U.S. Center for Disease Control or the World Health Organization.
- Be on the lookout for phishing emails which may appear to come from a trusted source. Remember, you can look at the sender's details specifically the part of the email address after the '@' symbol in the 'From' line to see if it looks legitimate.
- Be wary of emails or phone calls offering unexpected or unprompted information. Also be aware of emails from unfamiliar sources that contain links or attachments. Do not click on these links, as they could be embedded with malware.
- Although social media companies like Facebook are cracking down on ads spreading coronavirus conspiracies and fake cures, some ads may make it past their review process. Remember, it's best to seek information on the disease from official sources like those mentioned above.

### Tips from Norton™

submitted by Allan Lindberg

WHILE TRAVELING OR ON THE GO, BRING YOUR OWN CHARGING CABLE. Avoid borrowing someone's charging cable or using public USB charging stations. Cybercriminals have figured out how to implant malware into charging cables and how to hack into USB charging stations in shopping malls and airports. Be sure to bring your own charging cable and power adapter.



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# My Bet

by Rick A. Wehler

I commented to Cora, "I'm nervous about this appointment with the heart specialist."

Cora comforted, "We'll be fine."

I replied. "You've always been, and will always be Fine, little wifey. I, on the other hand..."

September 27th, 2019 the heart surgeon explained the ablation procedure to us in a simple, direct fashion that I did not want to understand. Dr. Tickar stated, "In order to stabilize your heart rhythm, our team will enter your heart with IVs through two groin veins, one on each side of your abdomen. While in your heart, we'll poke a hole through the wall between the top two chambers and cauterize the offending nerves in the left chamber. Then we'll retreat and do the same in the right chamber. Essentially, we're rewiring your heart. You'll recover quickly."

I looked over to Cora and said, "You rewired my heart when we met 50 years ago. I still haven't recovered. "

A month later, Dr. Tickar's assistant, Ms. Val Hart called, and we set up an appointment for 1-29-2020. I mentioned to Cora, "I've three months to live. I'm going to prepare a list of projects that I must complete before I'm toast."

Cora said, "Don't think that way. It's my bet that you'll come through it, and recover well."

I replied, "Maybe so, but that's not my bet. I'm going to be sure we're ready." My projects included:

- Update our financial accounts. Those that I'm aware of.
- · List the names and addresses of my illegitimate children. Those that I'm aware of.
  - Arrange a fun family get together before my surgery.
- Review my stories and books so that when I'm dead, rich and famous, our family can cash in.
- List who inherits what of my belongings. Those that remain after Cora's latest garage sale.
  - Prepare our 2019 taxes.
  - Get all the loving my heart can handle. Cora...Cora, where are you?

On surgery day, we got up at 5 a.m. for the 6:30 a.m. appointment. I dressed in whatever I could find in my daze.

We arrived on time and signed in. A nurse escorted us to my private, one-bed closet, and instructed me to undress and put on a backside-challenged gown. Cora watched in awe.

A different nurse arrived and installed an IV into my right arm, followed by a nurse who installed a portal into my left arm. Several residents, surgical nurses,

and two anesthesiologists stopped by, introduced themselves, asked the same questions, and made sure that I didn't have any loose teeth.

A voung, attractive nurse's aide stepped into my closet with a batterypowered shaver. Within minutes, I was bald from my neckline to just below my equipment. Cora commented, "A manscape. I could've done that for you at home, slowly, with a tweezer."

I replied, "Yeah. A shame I missed out on that."

She continued, "That's going to itch. You'll have to figure out how to scratch politely."

I said, "I suppose you'll want to help, impolitely."

I laid back on the bed as instructed, and yet another nurse wheeled me into the operating room while my gown wafted, flirtatiously in the breeze. One of the gowned surgical staff, not my type of gown, pressed a clear, rubbery mask onto my face, and ordered me to breathe deeply. A talkative nurse, not addressing me, removed what remained of my apparel, lifted my torso off of the bed, twisted me sideways, and pasted big patches onto my hairless back and chest. Someone disagreed with the arrangement. Together they jostled me about, tore off the patches, repositioned them, felt better of it, and repeated the process.

I heard someone say, "You're going to feel sleep...

I awoke two minutes later as the aerobics continued. The wall clock had warped four and half hours into the future. I mumbled, "Is that clock a joke? I'm going to be pissed if I'm aboard a spaceship and aliens have been pasting patches all this time." One of the crew smiled and beamed me into the recovery room.

Four hours later, I found myself drifting from the recovery room into a private cabinet in the cardiac wing.

Cora was there. I commented, "Your face is the first one I wanted to see if I lived, not those patch-pasting Klingons."

She asked, "Patch-pasting Klingons?"

We visited for a while. I'm a bit foggy about what, probably my extraterrestrial experience, and my manscape.

A nurse stopped by and yanked out my urinary catheter in a nanosecond.

I shouted, "Yikes."

She reacted, "Fast is less painful than slow."

As she left the room, I muttered, "In that case, I'm glad Cora didn't remove it." Cora requested, "Hubber, I'd like to stay overnight."

I suggested, "Why don't you go home and get some rest. I won't lack attention."

She replied, "Okay. I'm sure Dr. Leonard McCoy is on your planet."

I was right about the attention. A nurse stopped in every three hours to wake me up, ask if I had trouble sleeping, take readings, and check on all of my bandaged punctures.

When Cora arrived the next morning, she asked, "How're you feeling?"

I replied, "My chest is okay, but my throat's sore. I can barely swallow."

Cora activated her phone flashlight and commanded, "Open wide and say aaaahhhh."

I said, "Aaaahhhh baby." That got me "the look" so I complied.

She yelled, "Oh, my, gosh," took a picture, left the room, and returned shortly with a nurse who followed the same procedure, including the phone picture and the comment. Soon a threesome of physician assistants stopped by, did the same, as did a cardiac surgeon.

Cora handed me her phone and said, "Look at this picture."

I replied, "No thanks. I'm living it, and don't want to see it."

Cora informed, "It turns out that the anesthesiologist damaged your uvula."

I replied, "What? Isn't that a female body part?"

I got "the look" again, and an explanation.

I commented, "That guy must've damaged my throat when he shoved the exhaust pipe, intubation hose down my face."

One of the photographers posted the pictures of my damaged, masculine uvula onto the hospital computer system, and Mr. Intubate had some explaining to do. He stopped by, mumbled a bit, and offered a meek handshake. I didn't want to be a dick, so I shook his hand.

A nurse stopped by to help me get dressed. She tried to limit the view, but that's a lost cause with a hospital gown and an unbalanced (physically) patient. As Cora held me up by my left arm and nurse by my right, I made an effort to step into my pants. I commented, "Left leg in, check. Legs two and three, check." Cora and the nurse laughed. I looked at them quizzically and said, "What?"

We left for home around noon.

Two days later, when I summoned the courage, Cora carefully changed all of my bandages. She said, "Those bruises are impressive, but they'll pale in comparison to the ones I'll provide if you don't continue to do what I tell you to do."

I mumbled, "Yes dear."

That evening, I commented to both Cora and our grandson Noah. "I didn't expect to be alive. I lost my bet."

Noah comforted, "That's okay Grandpa. So did I."

Cora chimed in, "Just my luck. I won. Oh, well. Pay up, you two."



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### **Women's Golf General Meeting Minutes**

### Woodburn Estates & Golf Women's Golf General Meeting February 17, 2020

Meeting was called to order at 11:35 a.m. by President Barb Lucas and followed by the Pledge of Allegiance.

Lynda Mickey moved to approve the minutes for the January 20, 2020 meeting reported in *News & Views*. Motion was seconded by Sandy Blaylock and approved.

**President:** Barb Lucas – No report.

Treasurer: Nancy Reed -

Operating Fund Balance 12/31/2019	\$4,946.88
Income	\$712.00
Expenses	\$366.89
Operating Fund Balance 1/31/2020	\$5,291.99
Voucher Fund Balance 12/31/2019	\$3,885.62
Voucher Fund Balance 1/31/2020	\$3,885.62
Snowbird Balance 1/31/2020	\$812.32
Rose-A-Rama Balance 1/31/2020	\$364.94
Fall Scramble Balance 1/31/2020.	\$603.71
Total Cash on Hand	\$10,958.58

**Vice President:** Joanne Delnick – No report.

**Secretary:** Karen Ewing – Reported the minutes of meetings are posted in *News & Views* and on the bulletin board in the Ladies Lounge.

#### **COMMITTEE REPORTS**

**Membership & Books:** Marge Epling/Cyndi Longest – Cyndi reported she needed someone to proofread the membership book.

**Social:** Jan Stein – Jan reminded ladies to get their checks in on time. She must let the caterer know in advance how many lunches need to be prepared.

**Tuesdays Play Captain:** Donna Burnside – Absent with notice. Paula Kilgore shared she was organizing a trip to Top Golf on Tuesday March 10. She distributed a sign-up sheet for those interested.

**Wednesdays Play Captain:** Ali Pye – No report.

**Handicap:** Sally Carter/Karen Ewing – Karen and Sally shared more information about the new World Handicap System.

**Golf Committee:** Sally Carter/Karen Ewing – Sally and Karen shared information from the February Green's Committee Meeting. A decision was made to share the minutes from the meeting at each Women's Club meeting.

**Sunshine:** Jeanne Hutchinson – Cards sent to Jim Worley's Family

### **Announcements:**

- Barb Lucas announced the position of Historian was open. Cyndi Longest consented to fill the position.
- Vickie Hibberd announced the Junior Golf Club Exchange will be held on March 7 at Colwood Golf Course in NE Portland.
- Paula Kilgore announced Tim O'Larey is retiring December 31. Barb, Joanne and Jan will be planning a big party for him.

### 50/50 and Badge Drawing:

50/50 winner Mary Edinger \$11.00 Badge winner Kathy Holland \$1.50

Sandy Blaylock moved to close the Ladies Golf General Meeting and was seconded by Sally Carter. Meeting adjourned at 12:15 p.m.

Karen Ewing, Secretary

# Celebration of Life...

It is with sadness I want to let you know that Jim Gravitt passed away Thursday, February 20. There will be a celebration of Jim's life on Friday, March 20, at 2 p.m. in the Dining Hall here at Woodburn Estates. There were no strangers to Jim, only friends he hadn't met yet and I am looking forward to his friends joining us on March 20.

Thank you, Debi Gravitt

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# Woodburn AA Meeting

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# Betty Bunnell's February Tea

by Kathy Hiller

Most of Betty's guests for her February 19 tea are WEG residents, and this time they were surprised by a handsome doorman, Jim Taylor, who greeted them at the door. Even his wife, Shirley, did not know he was doing this. It was a surprise that he and Betty had schemed up in November!

As usual, the menu was a luscious variety of delicious items. Betty seldom makes the same thing for each of her teas. She doesn't charge for her teas, but attendees know to leave money in a provided bowl and Betty was able to donate \$130 to a worthy cause. The recipients in February were the Woodburn Fire Department to purchase bike helmets that will be given out at the upcoming Bicycle Rodeo at the WFD firehouse.



Connie Weldey



(L-R) Shirley Taylor, Alice Tvetan



**Hostess Betty Bunnell** 



Jim Taylor greets Sharyn Cornett



(L-R) Carol Cotile, Barb King, Diane Mann, Connie Lum, Betty Jenkins



Doorman - Jim Taylor



(L-R) Elaine Blom, Mary Edinger, Diane Mann



**Betty Bunnell** 



Ruth TenEcyk

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# The Magic Bank Account

by Author Unknown

Imagine that you have won the following PRIZE in a contest:

Each morning your bank deposits \$86,400 in your private account for your personal use.

However, this prize has specific Rules:

- 1. Everything that you didn't spend during each day would be taken away from you.
  - 2. You may not simply transfer money into some other account.
  - 3. You may only spend it.
- 4. Each morning, the bank deposits into your account another \$86,400 for
- 5. The bank can end the game without warning; at any time, it can say, "Game Over!"
  - 6. It can close the account, and you will not receive a new one.

What would you personally do? Maybe you would buy anything and everything you wanted; not only for yourself, but for all the people you love and care for; maybe, even for people you don't know, because you couldn't possibly spend it all on yourself. No doubt, you would try to spend every penny and use it all, because you know it will be replenished the next morning, right?

ACTUALLY, THIS GAME IS REAL! Each of us is already a winner of this PRIZE. We just don't realize it or think about it. THE PRIZE IS "TIME."

- 1. Each morning each of us awakens to receive 86,400 seconds as a gift of life.
- 2. When we go to sleep at night, any remaining time is not credited to us.
- 3. What we haven't used up that day is forever lost.
- 4. Yesterday is forever gone.
- 5. Each morning the account is refilled, but your account can be dissolved at any time and WITHOUT WARNING...

So, what will YOU do with your daily gift of 86,400 seconds? Those seconds are worth so much more than the same amount in dollars. Think about it and remember to enjoy every second of your life, because time races by so much more quickly than you think it will. Take care of yourself; love with all your heart, be happy, and enjoy every second of the life you have been given! And, start spending!

### Whatever Happened To...

by Karen Linton

Whatever happened to the stars of the television series *Route 66*?

In 1960, a new buddy series debuted about two young men traveling across the country in a Corvette having new adventures each week. It was the first TV show filmed entirely on location. It became a huge hit, thanks in no small part to its costars, especially Maharis.

Martin Milner, who played the clean-cut college kid Tod Stiles, who was raised rich, but at his father's death found out all he left him was a Corvette, the third star of the show. Reality wasn't far from that fiction. Born in 1931, his parents were in the film industry and Milner began working as an actor at only 15. He worked steadily in films from 1949-1960 with a two-year hiatus in the Army serving as a director of military training films.

After Route 66, Milner had many roles in movies and TV, many due to his mentor, Jack Webb. The most famous was Adam-12. He played the same character in that and in Dragnet, The D.A. and Emergency. In later years he hosted a fishing radio show.

He married actress Judith Jones in 1957, having four children. The oldest child died of leukemia in 2004. Milner died in California in September 2015 after a long

The second star, George Maharis, played Buz Murdock, a tough guy from Hell's Kitchen, N.Y. With smoldering good looks, he became a "heartthrob" and parlayed his success to a singing career, which he had originally wanted, with six albums. Born in 1928, one of seven children to Greek immigrants, he kept busy with TV shows filmed in New York and in off-Broadway plays. His first movie role was in "Exodus" in 1960 right before his big break in Route 66.

During the end of shooting for the third season, Maharis left Route 66. The network said it was because he deliberately became difficult so that he could pursue a movie career. Maharis said it was due to a bout and relapse of infectious hepatitis, caught while filming the show. Whatever the truth, his role was taken over by Glenn Corbett, but the chemistry wasn't there, and viewers stopped tuning in. The series was canceled after the 4th season.

Maharis tried to start a movie career when his health improved, but whether his choices were poor or he wasn't offered good roles, his movies were duds. Returning to television, he was part of the casts of a short-lived series and several made-for-TV movies like Rich Man, Poor Man. He also appeared in Las Vegas and summer stock and was one of the first to pose for a nude centerfold in Playgirl.

He blamed his career stagnation on arrests for lewd behavior in 1967 and "sex perversion" in 1974, charges probably that wouldn't happen in 2020. His last years acting were spent in guest star roles in episodic TV, like Murder, She Wrote. Since he retired from acting in the mid-1990's, he has focused on impressionist painting. He has homes in New York City and Beverly Hills, CA.

# The One-Room School

by Gloria Osborn

"School days, school days, dear old golden rule days." These are the words from an old song in which the author recalls the joys of attending a one-room school. I, too, attended such a school, called Forest Glen, in Woodward township, Pennsylvania, and I recall with great pleasure the eight years I spent there. One teacher, one room, eight grades.

My family lived four miles from the school if I went by the road - or two miles if I went through the woods. There was no school bus, so all the students walked. I usually chose the woods, which was no hardship. It was a forest filled with magnificent old-growth oak trees and was well populated with squirrels. I loved to hear them scampering in the branches above me.

The morning school bell rang twice. The first ring was at 15 minutes before nine o'clock and was a warning bell. The nine o'clock bell meant you were supposed to be in your seat and ready for the day. I often ran the last few yards to get there in time.

Built sometime in the 1800's, the building itself was a simple rectangle with a short bell tower on the roof and a small covered porch in front. It was painted white and there were three large windows on each side. Though a bit worn around the edges, it had proven sturdy enough to house generations of energetic children. Inside, there were five rows of desks, front to back, with the smallest desks in the front. In front of the small desks was a low raised platform on which sat the teacher's desk, an American flag, and a piano. Behind the teacher's desk was a large blackboard, and above it hung a long strip of heavy paper on which was a beautiful rendition of the alphabet, in both printed and cursive forms.

The morning began with the Pledge of Allegiance to the flag, a short scripture reading, the Lord's Prayer and a hymn, which I accompanied on the piano.

There was no electricity, therefore no artificial light. There was no water system, therefore no bathrooms, but there were two small buildings outside on either side of the building - one for boys and one for girls. There was no heating system except for the large furnace in the front corner of the room, which the teacher had the responsibility of maintaining.

Actually, that furnace was a real pleasure on a cold winter day. It had a high, metal shield around it and was wonderful to lean against to warm up, and the top rim of the shield was a fine place to hang wet mittens to dry.

Once school was in session there was no walking around without permission. Nor was there any talking allowed except between teacher and students. Truth is, there was an occasional light whisper, or a furtive note passed, but for the most part the only sounds were the quiet rustle of paper as students studied their lessons, and the steady tick tock of the Regulator clock on the wall. The clock also shared the wall with portraits of Presidents Washington and Lincoln.

The desks were nearly all two person designs. And they all had deep grooves dividing the tops into two equal parts as generations of students had claimed their space. Most of the desktops were also well decorated with geometric designs and, most often, initials - often the initials of grandparents in the area.

In front of the smallest desks in the room and just before the raised platform was the all- important Recitation Bench. Students were called forward by grade and subject and asked questions to prove they had learned their assigned lessons. Going to the Recitation Bench involved a strict ritual. "Rise", students stood up. "Pass", they walked to the bench. "Be seated", they sat down. Regimental maybe, but rules such as these guaranteed that there was never chaos ... such rules were expected and not resented.

The subjects we studied were determined by the grade level involved. In the higher grades we studied History, Geography, Government, Mathematics (I still use the Multiplication Tables). English (the parts of speech, syntax, diagraming sentences. Plus, we learned about the major writers and poets of the English language.) Penmanship - very important! Health (no sex education.) And then there was music.

Since the school had no electricity, the "music system" consisted of a wind-up Victrola and the records provided by the county education department. Every Friday afternoon we sang to those records. The tunes were okay, but they had the strangest words... do, re, me, fa, and so on. Our teacher was not a musician so maybe she didn't understand them either. I was in high school before I learned that they designated musical notes. Another Friday afternoon activity was a free-form art activity where we were provided with art materials to use as we pleased.

Our "library" consisted of a free-standing wooden cabinet filled with very old textbooks. However, the much-appreciated Bookmobile from the city library visited twice a month.

There were two recesses, mid-morning and mid-afternoon, plus an hour for lunch. With no cafeteria, we all carried lunches from home. Nor was there any playground equipment except a bat and ball, plus a volleyball (no net). We made up our own games.

Some of the boys were bigger than the teacher, but that was never a problem. Both the students and their parents greatly respected the teacher, and the students knew that if they got into trouble at school, they would be in double trouble at home. I never saw the teacher rap anyone's knuckles with a ruler, but occasionally someone did have to stand in the corner.

We never felt under-privileged or deprived. Our school experience was exactly as expected for that time and place, and we have remembered it with

great fondness. But the school is long gone now. A few years ago, I drove to the site. The huge old trees that had lined the road have been cut down, and the schoolhouse itself has been demolished. Not a sign of it remains. I'm glad I wasn't there to witness the destruction. I might have cried. Eight years in that school prepared me for an honors education all through high school and college, and I am grateful.









# Money Matters

### Part 3: Your IRA and the SECURE Act

by Don Knight

On December 20, 2019, the President signed the Setting Every Community Up for Retirement Enhancement Retirement Act of 2019 (SECURE Act). Very little was publicized prior to the Act's passage and the first article I saw was a week later. Effective date was January 1, 2020.

If you have an Individual Retirement Account (IRA), either Traditional or Roth, 401(k), SIMPLE IRA or other similar accounts, this Act is going to affect you.

There are two major changes in the SECURE Act. The first may or may not affect you depending on your age. The first part pushes the required start date to age 72 from age 70.5. If you turned 70.5 on or before December 31, 2019, you will need to begin or continue taking your required Required Minimum Distributions (RMD'S) according to the old rules. For those not yet 72, this allows your IRA to grow for an additional two years before beginning your RMD's.

The second part of the act will have larger and more lasting impact. Beginning January 1, 2020, there is the elimination of the so-call "stretch" strategy where beneficiaries of inherited tax-advantaged retirement accounts (401(k)s, IRA's, and other similar accounts) could stretch out the required distributions over their own life expectancies. Under the SECURE Act, the entire account must be distributed with 10 years after the owner dies.

The SECURE Act does provide exemptions from the 10 year distribution rule to those categorized as "eligible designated beneficiaries". This would apply to spouses, heirs that are less than 10 years younger than the decedent, chronically ill individuals, disabled individuals and minors (minors will age out once they hit the age of majority in their state, either 18 or 21. The 10 year required distribution period would then begin.)

You may be asking "Why?" Basically, the IRS wants its money. They expected to get their money when we withdrew our money from these tax deferred accounts because the money we put in was with pre-tax dollars. The key word here is deferred. These accounts were designed for retirement accounts—not tax shelters for multi-generational planning.

A regular investment account in not included with the SECURE Act, and while the Roth IRA (which was made with after-tax dollars and the earning of which are tax free), is subject to the 10 year distribution plan, these amounts are not taxable. Only the tax-advantaged retirement plan which include the IRA's and other are taxable on distribution.

This shortened 10 year required distribution period will be taxed as ordinary income and will be counted in total taxable income to your beneficiaries, and may push them into the next higher tax bracket. There are various strategies to limit the tax effects of these taxable distributions, but I am not qualified to make those decisions. I would encourage you to schedule a meeting with your financial advisor to discuss the various options available to you.

I would also encourage you to put in 'securermd' into your internet search box. You may want to download 'Making Sense of RMDs' by Jamie P. Hopkins. He has prepared a 19 page booklet that can be downloaded and presents this information in a more complete fashion. I found the booklet on cloud.carsonmx.com.

Again, I am not a financial advisor and provide this information only to encourage you to act proactively.



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Saturday, Sunday, March 14 March 15

2:45p Water Volleyball – Swimming Pool 4:00p Hand & Foot Cards – Blue Room 4:45p Athey Creek Bible Study – Blue Room

#### Monday, Tuesday, March 16 March 17 8:00a Mermaids Water Aerobics -8:00a Water Exercise – Swimming Pool Swimming Pool 8:30a Ping Pong – DH 8:30a Senior Estates Quilting Group – 9:00a Senior Fitness – Aud Craft Room 10:00a Sit and Fit – Aud 8:30a Walking Club – Aud 11:00a Tai Chi – Aud 9:00a Ladies Pool – Billiard Room 12:00p Uke-De-Do's – Craft Room 2:45p Water Volleyball – Swimming Pool 9:00a Ladies Chat and Laugh – Blue Room 9:15a Woodburn Estates Yoga Bees – Aud 5:00p Tuesday Poker – Card Room 10:00a Ladies Golf General Meeting 6:00p Beginning Line Dancing - Aud & Luncheon - DH 7:00p Intermediate Line Dancing – Aud 10:00a Needle Craft - Card Room 10:15a Zumba Gold – Aud 10:30a Ladies Golf Executive Meeting -Conf Room 1 11:00a Tai Chi with Judy – Aud 12:30p Swiss Pairs Dup Bridge – Blue Room 2:00p Afternoon Pool Aerobics -Swimming Pool 5:45p Water Volleyball – Swimming Pool 6:45p Son Shiners Bible Study Club -Blue Room 7:00p Golden Square Square Dancing -

Wednesday,	Thursday,	Friday,	Monday,
March 18	March 19	March 20	March 23
8:00a Mermaids Water Aerobics – Swimming Pool 8:30a Ping Pong – DH 8:30a Walking Club – Aud 9:00a AARP Smart Driver Course – Conf Room 1 9:00a Woodburn Estates Woodcarving – Craft Room 9:00a Ladies Chat and Laugh – Blue Room 9:15a Woodburn Estates Yoga Bees – Aud 10:15a Zumba Gold – Aud 12:00p Ladies Pool – Billiard Room 12:00p Friends of Bill W – Craft Room 12:30p Double Deck Pinochle – Blue Room 1:00p Woodburn Estates Library – Conf Room 2 1:30p Wii Bowling – DH 2:00p Afternoon Pool Aerobics – Swimming Pool 6:00p Bingo – DH 6:00p Pinochle – Blue Room	All Day News & Views Copy Deadline 8:00a Water Exercise – Swimming Pool 8:30a Senior Estates Quilting Group – Craft Room 9:00a AARP Smart Driver Course – Conf Room 1 9:30a Coffee Hour – Aud/Kit 1:00p Woodburn Estates Community Chorus – Country Meadows Activity Room 5:00p Thursday Night Poker – Card Room 5:45p Water Volleyball – Swimming Pool 6:00p Pinochle – Blue Room 6:00p Advanced Line Dancing – Aud	8:00a Mermaids Water Aerobics – Swimming Pool 8:30a Ping Pong – DH 8:30a Walking Club – Aud 9:00a Estates Bible Study – Craft Room 9:00a Ladies Chat and Laugh – Blue Room 9:15a Woodburn Estates Yoga Bees – Aud 10:00a Ladies Chat and Laugh Friday Bunco – Blue Room 10:15a Zumba Gold – Aud 11:00a Tai Chi – Aud 12:00p Friday Bridge – Blue Room 12:30p Bunco – Craft Room 2:00p Memorial – DH/Kit 2:00p Afternoon Pool Aerobics – Swimming Pool  Saturday, March 21  8:30a Ping Pong – DH 1:00p New Member Welcome – DH/Kit 2:45p Water Volleyball – Swimming Pool 4:00p Hand & Foot Cards – Blue Room  Sunday, March 22  1:00p Music Jammers – DH/Kit 2:30p Son Shiner's Bible Club Meeting – Blue Room	8:00a Mermaids Water Aerobics — Swimming Pool 8:30a Senior Estates Quilting Group — Craft Room 8:30a Walking Club — Aud 9:00a Ladies Pool — Billiard Room 9:00a Ladies Chat and Laugh — Blue Room 9:15a Woodburn Estates Yoga Bees — Aud 10:00a Needle Craft — Card Room 10:15a Zumba Gold — Aud 11:00a Tai Chi with Judy — Aud 12:30p Swiss Pairs Dup Bridge — Blue Room 2:00p Afternoon Pool Aerobics — Swimming Pool 5:45p Water Volleyball — Swimming Pool 6:00p Clackamas Circle Potluck — DH/Kit 6:45p Son Shiner's Bible Club — Blue Room

Tuesday,	Wednesday,	Thursday,	Friday,
March 24	March 25	March 26	March 27
8:00a Water Exercise – Swimming Pool 8:30a Ping Pong – DH 9:00a Senior Fitness - Aud 10:00a Sit and Fit - Aud 11:00a Tai Chi – Aud 11:30a Rules – Conf Room 1 12:00p Uke-De-Do's – Craft Room 1:30p Board Meeting – DH 2:30p Executive Session – Conf Room 1 2:45p Water Volleyball – Swimming Pool 5:00p Tuesday Poker – Card Room 6:00p Beginning Line Dancing – Aud 7:00p Intermediate Line Dancing – Aud	8:00a Mermaids Water Aerobics – Swimming Pool 8:30a Ping Pong – DH 8:30a Walking Club – Aud 9:00a Woodburn Estates Woodcarving – Craft Room 9:00a Ladies Chat and Laugh – Blue Room 9:15a Woodburn Estates Yoga Bees – Aud 10:00a Metaphysical Book Readers – Conf Room 1 10:15a Zumba Gold – Aud 12:00p Ladies Pool – Billiard Room 12:00p Friends of Bill W – Craft Room 12:00p Friends of Bill W – Craft Room 12:30p Double Deck Pinochle – Blue Room 1:00p Woodburn Estates Library – Conf Room 2 1:30p Wii Bowling – DH 2:00p Afternoon Pool Aerobics – Swimming Pool 6:00p Bingo – DH 6:00p Pinochle – Blue Room	8:00a Water Exercise – Swimming Pool 8:30a Senior Estates Quilting Group – Craft Room 9:30a Coffee Hour – Aud/Kit 12:00p Ladies Pinochle – Blue Room 1:00p Woodburn Estates Community Chorus – Country Meadows Activity Room 3:00p Diabetes Prevention Program – DH 5:00p Thursday Night Poker – Card Room 5:45p Water Volleyball – Swimming Pool 6:00p Pinochle – Blue Room 6:00p Advanced Line Dancing – Aud	All Day News & Views Publication 8:00a Mermaids Water Aerobics – Swimming Pool 8:30a Ping Pong – DH 8:30a Walking Club – Aud 9:00a Estates Bible Study – Craft Room 9:00a Ladies Chat and Laugh – Blue Room 9:15a Woodburn Estates Yoga Bees – Aud 10:15a Zumba Gold – Aud 11:00a Tai Chi – Aud 12:00p Friday Bridge – Blue Room 12:30p Bunco – Craft Room 2:00p Afternoon Pool Aerobics – Swimming Pool

# Constellations

by Loueva Smith

My favorite color is navy blue, the color of a childhood book about stars. My father read it to me on the couch, took me outside and showed me the Big Dipper, and the Little Dipper, and how to find the North Star. All of this was right in front of our house. We looked up into the sky until it looked back. The book said we spin without realizing it. It told where we are in the Milky Way but my father and I don't know how we got here. Neither of us mentions it. We do not know how to do the math

# **Helpful Suggestion**

on astronomical odds as big as that.

by Kathy Hiller

One of our wonderful N&V delivery folks has the following suggestion for our

Take your mail in daily if possible. The junk mail piles up, making it difficult at times to get the N&V into the boxes.

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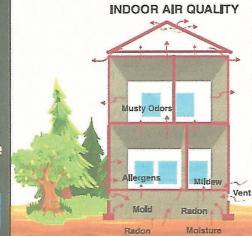
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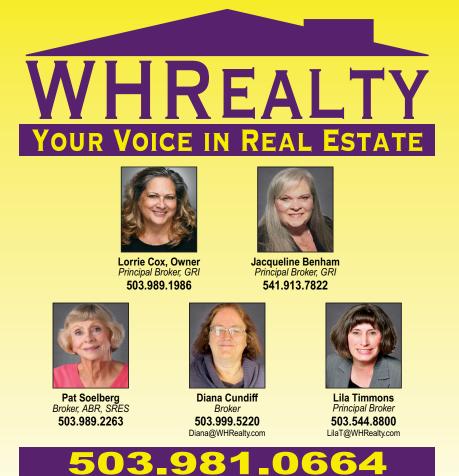
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