

# News & Views

Official Publication of Woodburn Estates & Golf



Regular Board Meeting 4th Tuesday of Each Month • All ads and articles are published on a space available basis

VOL XLVIII NO. 21

www.woodburnestatesgolf.com • Main Office 503-982-1776 • N&V Office 503-981-3313

Friday, November 8, 2019

## Come Help Celebrate Muriel Cole's 90th Birthday!

Friday, November 22, 2-5 p.m.

Woodburn Estates & Golf Dining Hall

Light Hors d'oeuvres

Entertainment by Roger and Nancy Wilhite

No gifts, please.

## Halloween Masquerade Ball



by Connie Doyon

Saturday, October 26, was the night for Woodburn Estates & Golf's Halloween Masquerade Ball. The table decorations were simple but cute, and the stage was lit up by tiny lights in autumn themes. Fifteen of our new round tables were in use – many of them were filled. Snacks were provided by Cascade Park. They always provide plenty of good food.

The Costume Parade had quite a few entries and some were hilarious! My favorite was a "blind" referee names Ilene. She wore a referee costume and was using a white cane. The winners of the night were Gary & Stephanie (didn't get their last name(s)). They were dressed as Frankenstein and his bride.

At the table next to us, a man brought in a skeleton head that lit up. It had a cloth around it that looked like a cloak. At one point in the evening, someone decided to pick it up and start dancing with it. Several others cut in, and went whirling around with the skeleton "partner."

### 2019 News & Views Schedule

In November and December, News & Views will be published on:

Copy due by 9:30 a.m.

Publication Date

Thursday, November 14, 2019

Friday, November 22, 2019

Thursday, December 5, 2019

Friday, December 13, 2019

Thursday, December 19, 2019

Friday, December 27, 2019

Thank you, everyone, for your cooperation.

Woodburn Estates & Golf®

## An Evening with THE KING



## MARK STEVENZ as ELVIS

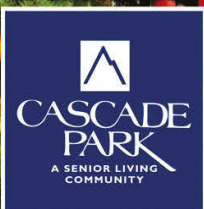
SUNDAY DEC. 8th 5 - 6:30 pm

Woodburn Estates & Golf Auditorium

*Benefitting LOVE Santa, Inc.*

ADMISSION: Bring an unwrapped gift for a local child 16 and younger!

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# CLASSIFIEDS

Next Publication of *NEWS & VIEWS*

November 22, 2019

Deadline for Articles, Thursday, Nov 14, 9:30 a.m.

We LOVE to have your free ads and articles.

The BEST way to get your information in *News & Views* is to send us this information by e-mail to [nv@WoodburnEstatesGolf.com](mailto:nv@WoodburnEstatesGolf.com).

When submitting free ads be sure to include your MEMBERSHIP NUMBER.

WANTED: Men’s dress or casual pants. Size 38” w x 28” leg. Call 503-982-5540.

FREE: Viking 6000 model 6440 sewing machine. Needs repair, has all the parts and accessories. Call Cindy 503-982-4039.

FOR SALE: Chest of drawers \$35. Bookcase shelves \$10. 1992 Santiam Drive (No phone number given).

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**News & Views**

**N&V Office:** 503-981-3313 • **Main Office:** 503-982-1776  
**Email:** [nv@WoodburnEstatesGolf.com](mailto:nv@WoodburnEstatesGolf.com)  
**Website:** [woodburnestatesgolf.com](http://woodburnestatesgolf.com)


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**Editor and Advertising Sales:** Kathy Hiller   **Co-Editor:** Shirley Bishop  
**Photographer:** Don Slezak   **Photographer Emeritus:** Ken Leonard  
**Distribution:** Vicki & Will Spencer

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*Rules Committee 12/12/2016*



# NEWS AROUND THE NEIGHBORHOOD

## Attention All Clubs

from Diana May in Main Office

Please turn in your 2020 application for your day(s) and room to the office now. Failure to do this may result in a new club taking your space. This is for the calendar. Thank you.

## Clackamas Circle Potluck

by Connie Doyon

The Clackamas Circle Potluck, scheduled for November 25, has been cancelled. Since Thanksgiving Day is November 28, this will give families time to be away for the holidays.

## Music Jammers

by Dena Hollod

Don't forget November 10 at 1:00 p.m. in the Dining Hall for Music Jammers. Even with the snowbirds gone, we still had 7 musicians who came to entertain us on October 27. As always, they were great! Now we need more people in our audience to appreciate these fine musical artists. Come on out, we have some great goodies during our half time break.

## Needlecrafters

from Diana May in Main Office

Needle Crafters has a correction for the calendar. They are now meeting on Mondays at 10 a.m. in the Card Room. The calendar has been updated to show this correction.

## Who’s on Third Concert

by Trudy Fowlks, Concert Coordinator

The November “Who’s on Third?” Community Concert offers the opportunity to hear an amazing organ performance. Our performer will be Ms. Gail Archer, organist from New York. Ms. Archer is the college organist at Vassar College, and director of the music program at Barnard College & Columbia University where she conducts the Barnard-Columbia Chorus and is a member of the faculty at the Harriman Institute, Columbia University. She serves as director of the artist and young organ artist recitals at historic Central Synagogue in New York City. Ms. Archer is traveling across the country to put on this amazing organ performance for us.

This concert will be held on Sunday November 17th starting at 3 p.m. at Woodburn United Methodist Church, located at 700 N. Cascade Dr. (just south of the Cascade Park Retirement complex) in Woodburn. All the “Who’s on Third?” concerts are provided for everyone in the mid-valley community. Admission to the concert will be by freewill offering. We will have a mid-concert Intermission with refreshments provided by Country Meadows Village & Cascade Park.

Mark your calendars for Sunday, November 17th, 3 p.m. Don’t miss this opportunity to hear this national and internationally renowned organist. Invite a friend or neighbor to join you for this amazing experience. I look forward to seeing you there.

## Woodburn Art Center

by Karina from WAC

Open house at the red house! Woodburn Art Center, 2551 N Boones Ferry Rd, Woodburn, OR 97071. The third Saturday of each month, November 16, 10:00 a.m. - 2:00 p.m.

Bring the family, check out our art gallery/studio and walk through the original part of the old house. There may even be cookies!

# Christmas Golf Car Parade

by Becky Butts

This year’s Christmas Golf Car Parade will be on December 5 & 6 at 5 p.m. Lineup is at 4 p.m. by the maintenance building north of the breezeway. Country Cottage provides hot coffee.

The route takes both sides of Highway 214 past adult care facilities with people waiting for us to go by. Local police and fire lead the way.

The parade has been sponsored for many years by Foursom Golf (503-981-4060). Call them for help to set up your cart. They also host dinner on Friday night in the golf lounge for all the participants.

It is a tradition here for the past 15 years with 20 cars participating. Join us and make this the biggest one yet! Dress warm and smile!!!



# An Evening to Remember - Wine & Cider Tasting



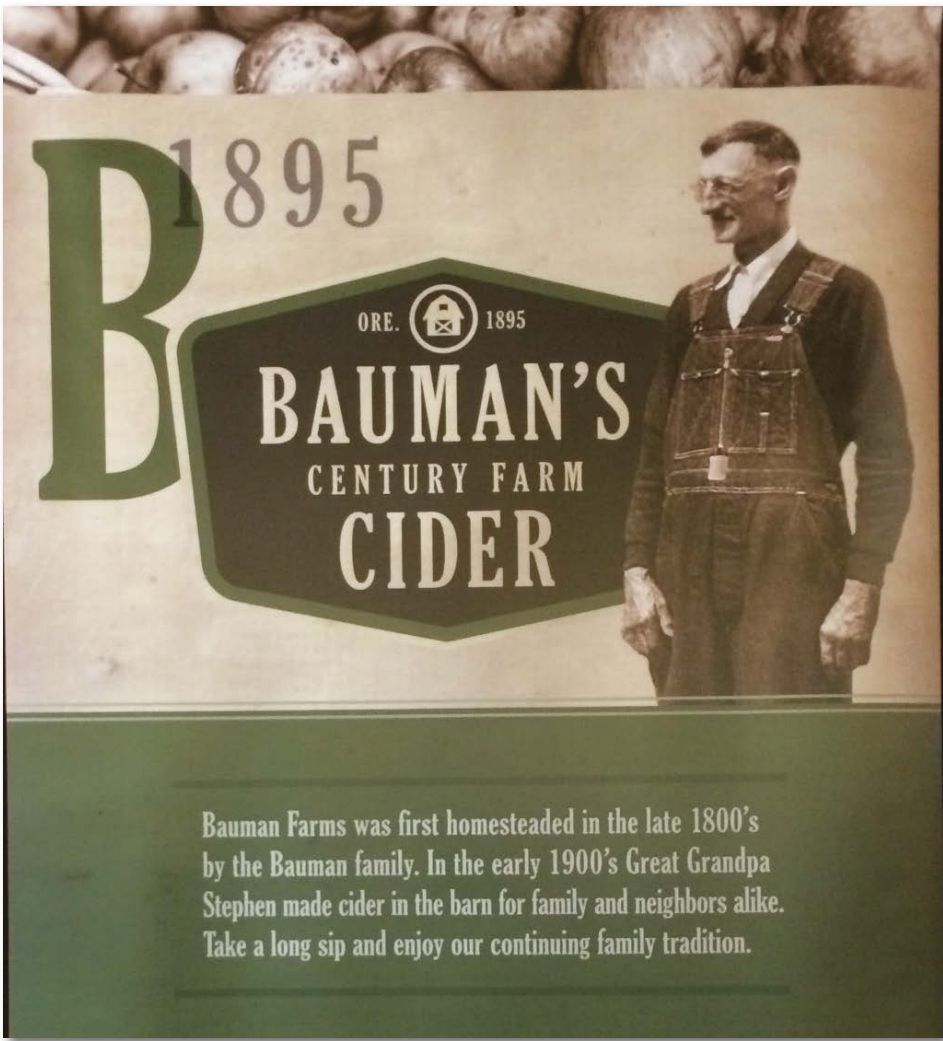
by Kathy Hiller

On October 8, Alice Weaver and her crew decorated tables and set out hors d’oeuvres, desserts, chocolates, infused sparkling water, and as promised, a very nice evening for the crowd of wine and cider tasters who showed up to enjoy the early evening event which ran from 4 p.m. to 7 p.m.

As you can see from the photos submitted by Diana Lindberg, there were several choices of wine or cider. The wine came from Aurora Colony Vineyards, and Bauman’s Farm & Garden provided hard cider and non-alcoholic sparkling cider.

This first-time event was so successful, it is sure to be repeated. If you didn’t come to this first wine and cider tasting, don’t pass up the chance when it comes around again.

Photo credit: Diana Lindberg



Kathy Zimmerman, Alice Weaver, and Connie Watts



Daily Dinner Specials

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Burger Baskets

Tuesday  
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Wednesday  
Beef Stroganoff  
Chef's Choice Special

Thursday  
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Friday  
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Saturday  
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Sunday

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Daily  
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# Woodburn AA Meeting

How It Works —  
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Saturday • 7:30 p.m.

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Meeting entry is at  
the back of the church in the  
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# NOTICE OF ANNUAL MEETING OF PROPERTY OWNER MEMBERS

The Annual Meeting of Property Owner Members of Woodburn Estates & Golf will be held Tuesday, November 12, 2019 at 10:00 a.m. in the Auditorium.

## REVISED AGENDA

Call to Order:  
Introduction of Board Members  
Establish a quorum of Directors  
Pledge of Allegiance  
Proof of Notice of Annual Meeting  
Determination of Quorum - Members  
Presidents Welcome  
Reading of Minutes of previous member meeting, correction, and approval.  
Treasurer's Report: The budget for 2020, as posted in draft form on the Bulletin board  
Unfinished Business  
New Business  
Introduction of Nominees:  
Special presentation.  
Announcement of Voting for Directors:  
Adjournment:  
Comments by Homeowners  
All Voting begins in the Dining Hall immediately upon adjournment of the Annual Meeting, and continues until the polls close at 5:00 p.m.  
**Refer to October 11th & November 8th News & Views for Bios.**  
Janice Aiken, President  
Paula Kilgore, Secretary

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# WH Realty Announcement



**Diana Cundiff, Broker**  
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[Diana@WHRealty.com](mailto:Diana@WHRealty.com)



**Lila Timmons, Principal Broker**  
(503) 544-8800  
[LilaT@WHRealty](mailto:LilaT@WHRealty)

by **Lorrie Cox**

We are proud to introduce two new agents who are joining WHRealty: Lila Timmons and Diana Cundiff.

From Lila Timmons

*I started in Real Estate in 2015, helping clients buy and sell their homes. Buying or selling can be stressful, and it is my job to guide my clients through the process as seamlessly as I can and I take that seriously. I have experience in New Construction, with First Time Home Buyers, people who are selling as court appointed personal representatives and people that are relocating either to this area or another.*

*I am also an affiliate with Homes for Heroes which is a benefit program to save you money in buying or selling real estate if you are currently employed or retired from the Fire Department, Police Department, Military, School District, or Health Profession.*

From Diana Cundiff

*I moved to Salem in 1976. Graduated from Chemeketa with an associate's in Human Services in 1998 and graduated in 2000 with a bachelor's degree in Social Sciences with a major in Criminal justice. Worked for Marion County Juvenile for 19 years. I have three grown children and a grandson.*



# My Signature Is Not Required

by Rick A. Wehler

I began writing stories, about the lighter side of life’s happenings, around the beginning of the millennium. Demonstrating intelligence many a level above my I.Q. and a new found confidence in computers, subsequent to the Y2K debacle; I routinely activated the “save as” option.

In 2015, I perused the stockpile, and wondered if I shouldn’t do something with them. Then and there, I purposed to author 3 books, and uncover a publisher. I sorted the stories into 3 collections, based upon subject, length, and the probability that someone, anyone would understand and appreciate the humor.

As it turned out, HenschelHaus published one book per year, starting in 2016. In 2019, with the goal accomplished, I decided to make an effort to sell some.

Jim, the manager at our local HyVee grocery store, offered to purchase 10 of each book, host a book signing, and have his assistant manager, Jake, handle the details. Jake and I agreed upon 11a.m. Saturday of Easter weekend for the event.

My quick-witted wife, often quoted in my writing, Cora the Dish, agreed to attend the function. She’s an outgoing, down-to-earth woman, whom everyone loves. In that fashion, she’ll visit and laugh with customers; and highlight my skills. All I have to do is shield myself from her wit, and sign books.

Jake set us up with a table just inside the entry doors, by the shopping carts. It was breezy and a bit chilly. We felt much like Walmart greeters as we smiled, nodded and well-wished those customers who didn’t avoid eye contact.

On occasion, a customer stopped by, visited with Cora, and admired her husband-bashing humor.

Cora, with thumb pointing over her shoulder, said to Clara, a senior citizen lady, “He wrote these books. The partial titles, North of Normal, South of Superior and East of Excelsior describe his sense of humor.”

Clara smiled and said, “East of Excelsior?”

Cora explained, “East of Excelsior, is where he grew up, but besides the town, Excelsior can also mean ‘the utmost’ or in his case, ‘shredded paper.’”

Clara giggled and asked, “Which book did he write first?”

Cora answered, “North of Normal: Minne-Sconsin Stories.”

Then she asked, “And which last?”

Cora replied, “East of Excelsior: A Senior’s Minne-Sconsin Stories.”

Clara said, “I’m going to buy East of Excelsior. I’m visiting from North Carolina, and I want to take something home that is truly Midwestern.”

Cora, once again with thumb pointing over her shoulder, joked, “Take him, no charge, but no return!”

I thought, “If Cora makes such an offer to a lady 40 years younger than Clara, I’ll consider the move.”

Clara broke out laughing and said, “He’d like North Carolina. Cora, would you please sign my book?”

Cora replied, “Sure, would you like Rick’s autograph too? Don’t worry; no one will be able to read it.”

Another lady, Harriette, while conversing with Cora said, "My husband is beginning to suffer from Alzheimer's dementia. He'll like this book, North of Normal."

Cora smiled and said, “Thanks. I hope you and your husband will laugh together.”

Harriette requested, “Cora, would you sign our book please?”

Cora answered, “I’d love too. Would you like Rick’s signature as well?”

She replied, “You can sign his name, underneath yours.”

After Harriette departed, Cora whispered, "She and I have something in common.”

Unfortunately, I asked, “Oh yeah; how so?

Cora replied, “We both have husbands who seem a bit off the mark.”

I shot back, “That’s it. Sign me out.”

# State Fire Marshal Mobilizes Teams and Resources

by Joe Budge, Fire Chief, Woodburn Fire District

On Sunday morning, October 27, an engine crew from the Woodburn Fire District was deployed to assist with the wildfires in California. The Woodburn crew is part of a 5 engine Marion County strike team that is one of 15 strike teams deployed by the State of Oregon. The crew and the fire district are prepared for the deployment to extend for 14 days. The deployments from the State of Oregon are being coordinated by Chief Deputy State Fire Marshal Mariana Ruiz-Temple who is a long-time resident of the City of Woodburn and a former student firefighter for the Woodburn Fire District.

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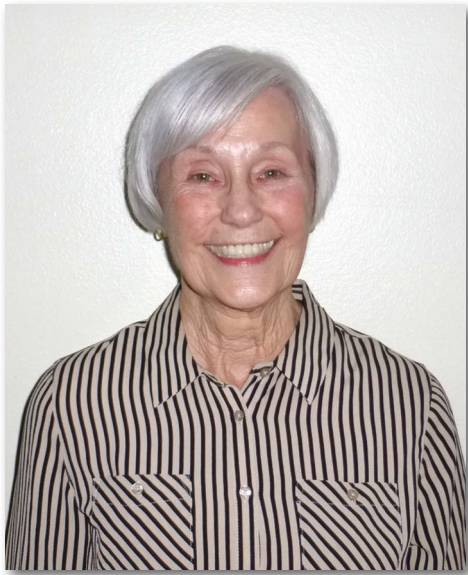
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# 2020 BOARD OF DIRECTORS CANDIDATE PROFILES



Janice Aiken

**Occupational Background:**

28 years in banking, of which 15 years as an Auditor and EDP Auditor. 8 years with the State of Oregon Insurance Division as a Financial Examiner-2, examining insurance companies throughout the State for compliance. 3 years as Compliance Coordinator with Central Willamette Community Credit Union, reviewing State and Federal compliance laws and regulations ensuring the Credit Union was in compliance with these rules and regulations.

**Educational Background:**

Chemeketa CC, Portland State, Arthur Anderson & Company – Auditing and EDP Auditing courses. American Institute of Banking Classes included: Teller, Operations Officer, Loans and Auditing.

**Board and/or Committees:**

President of Woodburn Estates & Golf – Board of Directors  
Rules Committee Chair 2017-2019  
Ladies Golf Club President for 2 years, Ladies Golf Treasurer for 2 years, appointed to the Board of Directors in 2014 and committee chair for the Greens Committee 2014-2015, Coffee Hour and New Members Committee.

**Other Experience:**

Learned my work ethic and money management, (as I had to buy my own school clothes), by working in the fields starting at age 5 and continuing through high school. As you can see I have experience volunteering in our community, which is my favorite thing to do. I look forward to the opportunity to continue serving our HOA in a different role such as, RV where I’d like to see the progress continue in the engineered drainage and getting the local agencies to work together for success. You can depend on me!



Carol Bolton

**Occupational Background:**

Business Insurance Account Manager and Sales 2005-2017  
Senior Health Insurance and Benefits – President 2015 to present  
Business Insurance Account Executive 2017-2019.

**Education Background:**

Portland Community College 1973-1975 Business Major  
American College of Insurance - CPCU, CIC, ARM  
Independent Insurance Agents Association – ACSR  
Licensed Insurance Agent – OR and WA – P&C, Health, Crop, and Consultant.

**Board and/or Committees:**

Woodburn Christian Church – Board of Trustee 2017 to present  
Rockaway Shores Condominium – HOA President 2014 to present  
Washington County CPO 4K Executive Board – secretary 2010-2011

**Other Experience:**

USFA – Hospitality Chair  
Synchronized Skating National Championships 2018  
Synchronized Skating Sectionals Championships 2016  
USFSA National Championships 2005  
Skating Club of Oregon 1993-2003 President  
Portland ICE Skating Club – Board Member 2004  
Meals on Wheels 1993  
SMART Reading Program Volunteer 1993  
Hillsboro Air Show Volunteer 1990-1991  
MODA Center Funds for Kids Volunteer 1995-1997

# Country Meadows Village

# SNOWMANIA

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Linda Hepburn

**Occupational Background:**

Controller for a freight factoring company for 10 years  
Accounting consulting firm for 4 years  
Worked in the Dental field – assisting at the chair and office work

**Education Background:**

Tigard High School  
Educational Seminars as available.

**Board and/or Committees:**

Treasurer of Woodburn Estates & Golf – current Board of Directors  
Activities Committee – Treasurer  
Marketing and Web Committee  
News & Views Proofer  
Head of Library Committee

**Other Experience:**

Currently volunteering as an usher at the Elsinore Theater in Salem, OR



**Occupational Background:**

1968-2011 for 43 years. I worked my way up from an entry level employee to the corporate buyer for a well-known Plumbing Company. During my career it was an honor to mentor other employees with the experience I’d gained along the way. My proudest moment while working there was a “selling matrix” I created that revolutionized the plumbing industry and is still being used today, in a revised form. I also proudly served in the Reserve branch of the US Navy.

**Education Background:**

High School – Centennial, OR  
Oregon State University

**Board and/or Committees:**

2015-2018 I served as House Committee Chair with an amazing team of talented members from our community. During this time we worked together to improve member amenities such as: the locker rooms in the pool with new drainage and non-slip tiles, the health center addition and the new roof in the auditorium, to name a few.

**Other Experience:**

If you know me then you’ll know I’m the kind of person that prefers working behind the scenes to make sure things get done and get done right. I prefer staying out of the limelight working as part of a team. I’ve stepped in for half of this year to fill the seat vacated when Dawn Cole became our Site Manager. I’m ready to keep my sleeves rolled up and go to work for you for the next 3 years, if given the opportunity.



Larry Jones

**Occupational Background:**

I have 10 years’ experience as a medical insurance claims adjuster and in sales. I have 34 years’ experience as a realtor; first in residential sales, then as a commercial property manager of office buildings and shopping centers. Finally, in commercial property.

**Education Background:**

Insurance courses to obtain insurance license  
Real Estate courses to obtain broker’s license in 3 states and continuing education courses.  
Private High School  
Worked on Bachelors in Journalism /Spanish at Dee Mar College and Texas A&I University, did not finish.

**Board and/or Committees:**

BOD – Memorial Parkway, Katy, TX 2 years  
BOD – Oak Village North, Bulverde, TX 8 years  
1. Vice President; 2. Secretary; 3. Social Chairman; 4. Rules Chairman; 5. Chair of 2 fairs held annually, 4th of July Picnic;  
6. Entrance remodeling chair; 7. Editor monthly newsletter.

**Other Experience:**

BOD – Boy Scouts at Katy, TX; President Taylor HS Choir Booster Club – Katy, TX; Secretary SVHS Cheerleader Booster Club – Katy, TX; Fundraising Chair Athletic Booster Club – Katy, TX; Bulverde Spring Branch Senior Center – Volunteer front office and many other duties. I’ve written a commercial advertising and did marketing for RE Company. Too many volunteer and fundraising positions to remember!



Karen Linton

**Occupational Background:**

US Navy 1958 – 1962  
North American Aviation, Electronics Test Technician 1962-1963  
Pacific Telephone & Telegraph Technician and Manager 1964-1972  
I worked as a Data/Communications Consultant and Data Communications Sales Engineer for various companies until my final retirement in 2006.  
Companies I worked for were: Electric Lightwave, GST, Pacific Telecom, Day Wireless, Oswego Communications and Enron Broadband Service.

**Educational Background:**

1958 High School graduate  
June 1958 joined the US Navy and was trained as an Aircraft Electronics Technician.  
In 1964-1969 attended El Camino College and Long Beach State College majoring in Electronics Engineering.

**Board and/or Committees:**

Past member of the Board of the Clear Creek Estates Neighborhood Association at Clear Creek Estates in Aurora, OR from 2010-2012. I was responsible for maintenance of the water plant for a year and then was treasurer until we moved to Woodburn Estates in 2012. Since then I have been involved with several outside service groups.

**Other Experience:**

I have attended many management and sales training courses.



Eugene Nemish

**Occupational Background:**

Building inspector III for the City of Woodburn, OR.  
Real Estate Home Inspector, owner of Sun Mount Construction, owner operator of 3 Papa Murphy’s stores, Project Manager for Olson & Jones construction and a Bowling Alley Refinisher and Technician.

**Education Background:**

Associates Degree from Chemeketa Community College  
Graduated at 4.0 and Deans List.

**Board and/or Committees:**

Pheasants Forever, member on the Board of Director serving terms as Treasurer, Secretary and President. I am currently on the Board of Directors for the Oregon Mechanical Official Association serving as Vice President.

**Other Experience:**

General Contractor / Realtor. I have spent most of my life in the Customer Service Field and would like to continue that service as part of the Woodburn Estates Board of Directors.



Randy Soelberg





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# Traveler's Report

Southern Italy Is Wonderful!

by Alice Tvetan

On September 29, my sister-in-law Mary Stotler and I left for a tour of Southern Italy. It was Mary's first trip to Europe, and my fourth trip to Italy. We flew to Newark and connected with our flight to Rome via a stop in Lisbon to change planes. We were met at the airport by our Fleetway tour guide who took us and other tour travelers to our hotel in the outskirts of Rome. Arriving late afternoon, we were tired but determined not to sleep until a normal bedtime, so took a walk in the area of our hotel. We found a delightful Italian restaurant and had a wonderful dinner. In fact, it was so good we went there on our second night in Rome.

Day 1 in Rome consisted of a walking tour where we saw many old ruin sites, the Forum, walked down the famous Spanish Steps, toured the Vatican and St. Peters Basilica, and saw the Colosseum up close. It's truly amazing to view untouched ancient 2000+ year old ruins in amongst the modern city of Rome.

Day 2 included another walking tour of Rome to see the Pantheon, lunch at Piazza Navona where we watched heavy rain from our covered street side café, and then saw Trevi Fountain (remember the movie Three Coins in the Fountain?) in the afternoon sun. Then a bus took us to the Naples terminal where we embarked on an overnight ferry to the island of Sicily.

Day 3 meant arrival in Palermo in time for breakfast, the capital city of Sicily, and a walking tour of the old part of the city. Enroute to our hotel we stopped in the medieval coastal town of Cefalu. Our hotel was on the sea, and a few brave souls took a swim in the chilly water.

Day 4 included a walking tour at the top of Mt. Etna, and a visit to the charming hilltop medieval city of Taormina where we sampled famous Sicilian cannoli and Arancini (aka rice balls, a crusty snack with rice, cheese and meat inside).

Day 5 had us visiting a honey processor, and a vineyard where we saw how they made wine and enjoyed a delightful Italian lunch that included wine tasting.

Day 6 we left Sicily and took a 20-minute ferry ride across the Strait of Messina to the "toe" of Italy. We traveled to Scilla on the coast and spent the night in the hill town of Tropea, another medieval village.

Day 7 included a visit to a water buffalo farm where we sampled mozzarella cheese, yogurt and gelato made from buffalo cow milk. It is mild and a favorite delicacy for the Italians. The farm has been in the same family since the mid 1600's, and the original herd was imported from India. This area is a bit marshy and thus suitable for water buffalo. Their current herd numbers about 600 and are milked the modern way by machine.

Day 8 & 9 were spent in the Naples area. We visited Sorrento, tasted the Italian national food of gnocchi with marinara sauce and basil (the colors of the Italian flag), had the renown Napoli pizza at a traditional Naples pizzeria, took a walking tour of Naples, drove the Amalfi Coast, took a boat ride to view this coast from the sea, and visited the ancient city of Pompei at the foot of Mt. Vesuvius. In Pompei I had the added adventure of being separated from my tour group and getting lost, spending over an hour trying to find the exit, which turned out to be at a different location than where we entered. Pompei is huge!! I was finally able to find my way to the bus and met up with my group. Whew!!

On Day 10 we had to say goodbye (ciao) to Italy and the new friends we met on this vacation. Hopefully we'll meet up again one day.

Traveling is educational and fun. I encourage you all to try it, or to continue traveling if it's something you already enjoy.

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# A Holiday Guide for Elders

# St. Monica's Circle

*by Betty Judevine*

- Careful now - we have been celebrating birthdays all summer. Now the real holidays begin - Halloween, Thanksgiving, and Christmas.
- Halloween may have gone by before this missile gets to press. Halloween, in some places, means 'Day of the Dead.' Spend today (or tonight) in the cemetery. I ate my lunch many times, driving out of Mt. Angel, to the Calvary Cemetery. Almost across the highway (214) is a Burger Inn that serves great blackberry milkshakes. A pleasant respite after a busy day.
- Thanksgiving poses a great threat if you are the major cook. My turkey-basting skills have left with the pots and pans. I'm always asked to down-size. Being an elder means having less and less as you give things away or garage-sale. So keep sending those recipes to your young friends or relatives. They may eventually take hold. You can always come up with radishes, olives or pickles and help build the concept of sharing.
- Christmas behooves me to buy presents. Restaurant gift-cards are the staple of some elder-givers. They like them too if they can hitch a ride to the restaurant. Decorating becomes a lost art as does cooking with the great giveaway of elder down-sizing. I don't regret that loss, but I do the beauty that was contained in it all. Beauty is a necessity for elders.
- Elders like cards. Send funny and pretty ones. Take an elder out for a drive and they will jump with joy. Elders, thank your children or friends for such generosity.
- Winding up the holiday season is Valentine's Day. All ages need to be soaked with a bounty to cards, flowers and candy. After all, it's a day of love and beauty.
- Last but not least, you, elder, stay calm and relaxed. Let the young'uns get unhinged. You are less likely to outlive them.
- Guide yourself to bed after the Big Day and count your blessings!
- Always remember that beauty reigns and will last forever. That is the real joy of the holidays.
- Now get ready for your next birthday and have a ball!

# Senior Sleep Guide

*submitted by Betty Judevine*

- Quit counting sheep. Each hour you do just means more sheep to count.
- Try sitting in a La-Z-Boy and watching a dull show on TV. You will usually fall asleep right away.
- However, when you wake up, don't go to bed. A nice quiet room will spin your head endlessly.
- When that happens, resume sitting in the La-Z-Boy. You might get a few more hours.
- Wake up wherever you are; eat, go for a walk, visit the clubhouse, but don't take an afternoon nap. If you are able to stay awake that long, go to bed at 8:00 P.M. Do the opposite if you are a 'night person' but go to bed at 8:00 A.M.
- Booze, pills and work won't do it. Neither does "My Pillow."
- Drink warm milk slowly and I just read somewhere that lettuce helps.
- A spouse, who isn't a good listener, is great for lulling you to sleep.
- Don't watch exciting TV shows and put your phone to rest-even if you can't rest yourself.
- Talking to yourself is boring but if all else fails, go back to counting sheep where you left off and this time stay with it!

*by Katie Taylor*

The October 7th meeting of the St. Monica's Circle was called to order by President, Becky Butts. The Pledge of Allegiance to the Flag and a prayer to St. Monica were recited. The Secretary, Katie Taylor, read her report with no corrections. Rita Girard reported on the success of the Craft Fair. We expressed our thanks to Karen Linton and her committee for the many months of preparation. We were also grateful for the donations from residents of Woodburn Estates who wanted to share in our goal to assist St. Luke School Children. Becky thanked the members who baked and sewed beautiful, original handicrafts.

Many members attended the October 11th Senior Luncheon. The November Luncheon will be November 15th at 11 o'clock at Rubis Hall. It is important to call the office and R.S.V.P. to enable the committee to prepare enough food. Nancy Becker and Barbara Wilson have wonderful, healthy meals. The 8th Grade Students assist by serving the food. This outreach is to share with the Senior Members the value of our age, wisdom and stories. Hopefully we show joy and laughter with some not so lucky.

Nancy Becker reported that she is in the process of reorganizing the kitchen at Rubis Hall. The extra supplies will be stored where it will be easier for the workers to gain access to them. Rita Girard provided a wonderful luncheon.

## In Memory of...

Dony, Joan (FR) – September 30, 2019  
Halbritter, Don - October 31, 2019  
Lanning, Michael – October 1, 2019  
Mann, David – October 10, 2019  
Brassel, Maxine – October 12, 2019  
Lowry, Eldora (FR) – October 19, 2019  
*(FR) = Former Resident*

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Nov 21st

Music by - I-5 CONNECTION CHORUS



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Thanksgiving - No Coffee Hour

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# The Haircut

from the Internet – submitted by Mary Schueler

A man was getting a haircut prior to a trip to Rome. He mentioned the trip to the barber who responded, "Rome? Why would anyone want to go there? It's crowded and dirty. You're crazy to go to Rome. So, how are you getting there?"

"We're taking American Airlines," was the reply. "We got a great rate!"

"American Airlines?" exclaimed the barber. "That's a terrible airline. Their planes are old, their flight attendants are ugly, and they're always late. So, where are you staying in Rome?"

"We'll be at the downtown International Marriott."

"That dump! That's the worst hotel in the city. The rooms are small, the service is surly and they're overpriced. So, whatcha doing when you get there?"

"We're going to go to see the Vatican and we hope to see the Pope."

"That's rich," laughed the barber. "You and a million other people trying to see him. You'll be at the back of St. Peter's Square and from that distance he'll look the size of an ant. Boy, good luck on this lousy trip of yours. You're going to need it."

A month later, the man again came in for his regular haircut. The barber asked him about his trip to Rome.

"It was wonderful," explained the man. "Not only were we on time in one of American Airlines' brand new planes, but it was overbooked and they bumped us up to first class. The food and wine were wonderful, and I had a beautiful 28-year-old stewardess who waited on me hand and foot. And the hotel was great! They'd just finished a \$25 million remodeling job and now it's the finest hotel in the city. They, too, were overbooked, so they apologized and gave us the presidential suite at no extra charge!"

"Well," muttered the barber, "I know you didn't get to see the Pope."

"Actually, we were quite lucky, for as we toured the Vatican, a Swiss Guard tapped me on the shoulder and explained that the pope likes to personally meet some of the visitors, and if I'd be so kind as to step into his private room and wait, the pope would personally greet me. Sure enough, five minutes later the pope walked through the door and shook my hand! I knelt down as he spoke a few words to me."

"Really?" asked the Barber. "What'd he say?"

He said, "Where'd you get that awful haircut?"

# Coffee Hour October 17



by Kathy Hiller

Tommy Moore (dead center) was the emcee for the Neighborhood Feud rematch between the WFD and WPD. Their first competition saw the Fire Department winning the bragging rights. The rematch was won by the Woodburn Police Department, so the next match will determine which department really is the best. Be watching for match three!





# Activities Calendar

\* Any change of date, time, activity, or place MUST be made with the office 503-982-1776.

Saturday, November 9	Sunday, November 10	Monday, November 11	Tuesday, November 12
8:30a Ping Pong – DH 1:00p New Membership Welcome – DH/Kit 2:45p Water Volleyball – Swimming Pool 4:00p Hand & Foot Cards – Blue Room	1:00p Music Jammers – DH/Kit	8:00a Water Exercise – Swimming Pool 8:30a Estates Quilters – Craft Room 8:30a Walking Club – Aud 9:00a Ladies Pool – Billiard Room 9:00a Green's Committee Meeting – Conf Room 9:15a Yoga – Aud 9:30a Ladies Chat and Laugh Group Meeting – Blue Room 10:00a Needle Craft – Card Room 10:15a Easy Bridge – Blue Room 10:15a Zumba – Aud 11:00a Tai Chi with Judy – Aud 1:00p Mixed Bridge Swiss Pairs – Blue Room 2:00p Afternoon Pool Aerobics – Swimming Pool 5:45p Water Volleyball – Swimming Pool 6:30p Son Shiners Bible Study Club – Blue Room	8:00a Water Exercise – Swimming Pool 10:00a Annual Owners Meeting - Aud/DH 10:00a Bicycle Club – by the Flag Pole 12:00p Uke-De-Do's (Beginners) – Craft Room 12:30p Canasta – Blue Room 1:00p Uke-De-Do's (Intermediate & Advanced) – Craft Room 2:45p Water Volleyball – Swimming Pool 5:00p Poker – Card Room 6:00p Beginning Line Dancing – Aud 7:00p Intermediate Line Dancing – Aud

Wednesday, November 13	Thursday, November 14	Friday, November 15	Monday, November 18
8:00a Water Exercise – Swimming Pool 8:30a Ping Pong – DH 8:30a Walking Club – Aud 9:00a AARP Class – Conf Room 9:00a Woodburn Estates Wood Carving – Craft Room 9:15a Yoga – Aud 9:30a Ladies Chat and Laugh Group Meeting – Blue Room 10:15a Zumba – Aud 10:30a Crafts for Fun – Blue Room 12:00p Ladies Pool – Billiard Room 12:00p Friends of Bill W. – Craft Room 12:30p 5 Handed Pinochle – Blue Room 1:00p Library – Travel Office 1:00p Car Show Planning – Conf Room 1:30p Wii Bowling – DH 2:00p Afternoon Pool Aerobics – Swimming Pool 2:00p Communications/Publications Meeting – ??? 6:00p Pinochle – Blue Room 6:00p Bingo – DH	All Day <i>News &amp; Views</i> Copy Deadline 8:00a Water Exercise – Swimming Pool 8:30a Estates Quilters – Craft Room 9:00a AARP Class – Conf Room 9:30a Coffee Hour – Aud/DH/Kit 10:00a Bicycle Club – by the Flag Pole 1:00p Woodburn Estates Community Chorus - Country Meadows Activity Room 1:30p Neighborhood Bunco Group – Blue Room 1:30p Genealogy Club – Conf Room 3:00p Diabetes Prevention Program – Craft Room 4:30p Rules Committee – Conf Room 5:00p Poker – Card Room 5:45p Water Volleyball – Swimming Pool 6:00p Pinochle – Blue Room	8:00a Water Exercise – Swimming Pool 8:30a Ping Pong – DH 8:30a Walking Club – Aud 9:00a Estates Bible Study – Craft Room 9:15a Yoga – Aud 9:30a Ladies Chat and Laugh Group Meeting – Blue Room 10:00a Walking Club Bunco – Blue Room 10:15a Zumba – Aud 11:00a Tai Chi for Better Balance – Aud 12:30p Bunco – Craft Room 1:00p Friday Bridge – Blue Room 2:00p Afternoon Pool Aerobics – Swimming Pool 5:30p Texas Hold-Em Poker – DH <div>Saturday, November 16</div> <div>8:30a Ping Pong – DH 10:30a Private Party – Blue Room 12:00p Private Party – Aud 2:00p Private Party – Conf Room 2:45p Water Volleyball – Swimming Pool 4:00p Hand &amp; Foot Cards – Blue Room</div> <div>Sunday, November 17</div>	8:00a Water Exercise – Swimming Pool 8:30a Estates Quilters – Craft Room 8:30a Walking Club – Aud 9:00a Ladies Pool – Billiard Room 9:15a Yoga – Aud 9:30a Ladies Chat and Laugh Group Meeting – Blue Room 10:00a Needle Craft – Card Room 10:00a Women's Golf Exec Session – Conf Room 10:15a Easy Bridge – Blue Room 10:15a Zumba – Aud 11:00a Tai Chi with Judy – Aud 11:30a Women's Golf Club Meeting/ Luncheon – DH/Kit 1:00p Mixed Bridge Swiss Pairs – Blue Room 2:00p Afternoon Pool Aerobics – Swimming Pool 5:45p Water Volleyball – Swimming Pool 6:30p Son Shiner's Bible Study Club – Blue Room 7:00p Golden Square Square Dancing – Aud/Kit

Tuesday, November 19	Wednesday, November 20	Thursday, November 21	Friday, November 22
8:00a Water Exercise – Swimming Pool 8:30a Ping Pong – DH 9:00a Senior Fitness - Aud 10:00a Bicycle Club – by the Flag Pole 10:00a Sit & Fit - Aud 11:00a Tai Chi for Better Balance – Aud 12:00p Uke-De-Do's (Beginners) – Craft Room 12:30p Canasta – Blue Room 1:00p Uke-De-Do's (Intermediate & Advanced) – Craft Room 1:30p Board Meeting – DH 2:00p Executive Session – Conf Room 2:45p Water Volleyball – Swimming Pool 5:00p Poker – Card Room 6:00p Beginning Line Dancing – Aud 7:00p Intermediate Line Dancing – Aud	8:00a Water Exercise – Swimming Pool 8:30a Ping Pong – DH 8:30a Walking Club – Aud 9:00a Woodburn Estates Wood Carving – Craft Room 9:15a Yoga – Aud 9:30a Ladies Chat and Laugh Group Meeting – Blue Room 10:15a Zumba – Aud 12:00p Ladies Pool – Billiard Room 12:00p Friends of Bill W. – Craft Room 12:30p 5 Handed Pinochle – Blue Room 1:00p Library – Travel Office 1:30p Wii Bowling – DH 2:00p Afternoon Pool Aerobics – Swimming Pool 6:00p Pinochle – Blue Room 6:00p Bingo – DH	8:00a Water Exercise – Swimming Pool 8:30a Estates Quilters – Craft Room 9:30a Coffee Hour – Aud/DH/Kit 10:00a Bicycle Club – by the Flag Pole 12:15p Ladies Pinochle – Blue Room 1:00p Woodburn Estates Community Chorus - Country Meadows Activity Room 3:00p Diabetes Prevention Program – Craft Room 4:30p Rules Committee – Conf Room 5:00p Poker – Card Room 5:45p Water Volleyball – Swimming Pool 6:00p Pinochle – Blue Room	All Day <i>News &amp; Views</i> Publication 8:00a Water Exercise – Swimming Pool 8:30a Ping Pong – DH 8:30a Walking Club – Aud 9:00a Estates Bible Study – Craft Room 9:15a Yoga – Aud 9:30a Ladies Chat and Laugh Group Meeting – Blue Room 10:00a Walking Club Bunco – Blue Room 10:15a Zumba – Aud 11:00a Tai Chi for Better Balance – Aud 12:30p Bunco – Craft Room 1:00p Friday Bridge – Blue Room 1:00p House Committee – Conf Room 2:00p Private Party – DH 2:00p Afternoon Pool Aerobics – Swimming Pool






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