

# News & Views

Regular Board Meeting 4th Tuesday of Each Month • Official Publication of Woodburn Estates & Golf • All ads and articles are published on a space available basis

VOL XLVIII NO. 4

www.woodburnestatesgolf.com • Main Office 503-982-1776 • N&V Office 971-338-6131

Friday, February 22, 2019



**Woodburn Estates & Golf®**  
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**MEMBERS & GUESTS ONLY**



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**coffee hour**

**March 2019**

**Mar 7th SMOKE DETECTORS & EXTINGUISHERS**  
by Woodburn Fire Dept.  
PLUS GAMESHOW - TRIVIA

**Mar 14th Music by OREGON OLD TIME FIDDLERS**

**Mar 21st Music by XPECTATIONS BAND**

**Mar 28th Music by DAN & DANI DUO**

**Thursdays at 9:30 am**  
**Dining Hall / Auditorium**

Performers listed are subject to change without notice.

## Where Did It Go?

by Kathy Hiller

Mary Bowling has taken care of a live plant in the lobby area at the entrance to Country Cottage for quite some time. Suddenly, the plant disappeared! Would the person(s) who removed it please contact Mary at 503-981-9494. She would like to know why the plant was removed and where it went.

There may be others who are unknown angels, like Mary, who do simple tasks around the clubhouse and beyond. It would be nice to acknowledge these behind-the-scenes folks. You may drop off a note to the N&V mail slot, or email us at [nv@WoodburnEstatesGolf.com](mailto:nv@WoodburnEstatesGolf.com). If you prefer to remain anonymous, include that in your note.

## Current and Former Lady Putters

by Mickey Harrison & Gwen Egan

Hear ye, hear ye! Ladies, we need your help. We can't locate any store that carries the blue fabric Sharon Clarke uses to make our little aprons. Therefore, we are appealing to any ladies who are no longer putting, if you would consider returning your apron while we continue our search.

We will totally understand if you want to keep it in the event you plan to return or it is a reminder of the good times you had with the Lady Putters. Call Sharon Clarke 503-982-4241, Mickey Harrison 503-982-8700 or Gwen Egan 503-981-0129 and let us know. Thanks a bunch.

## Your Board Working For You

by Cyndi Longest – VP and Director of Publications

Your Board of Directors recently held a public meeting to learn about making and amending motions. We watched a couple of videos on proper procedure and had some very informative discussion with each other. While the audience attendance was sparse, we received some very useful suggestions and comments from those who did attend.

Proper adherence to Robert's Rules of Order and the Oregon Open Meetings are designed, in part, to provide order, fairness and decorum to our meetings, facilitate the transaction of business and expedite meetings. As many of you have witnessed in recent board meetings, we have publicly struggled at times to know the proper procedures during those meetings. This training session was extremely helpful in learning proper procedure and we all learned a lot. Thank you to Director Kilgore for organizing this event, and Walt VanRheen for setting up the video and screen.

One responsibility of our board is to preserve, protect, maintain and enhance the quality of life for our members. By learning the proper ways to conduct board meetings, we can spend less time on the mechanics and more of our time focusing on how to make Woodburn Estates & Golf the best place in Oregon to live! We are committed to making this board one that you can be proud of and welcome input from you, our members.

### 2019 News & Views Schedule

In March, News & Views will be published on:

Copy due by 9:30 a.m.

Thursday, Feb 28, 2019

Thursday, Mar 14, 2019

Publication Date

Friday, Mar 8, 2019

Friday, Mar 22, 2019

Thank you, everyone, for your cooperation.



# NEWS AROUND THE NEIGHBORHOOD

## AARP Tax Aide

*by Kathy Hiller*  
AARP Tax Aide is open again at Woodburn Public Library 208 Garfield St. in downtown Woodburn. Call 503-980-8704 to set up a time to meet with one of their volunteers. Hours are: Monday - Friday, 10 a.m. - 2 p.m.

## Woodburn A.W.A.R.E. Food Bank

*by Kathy Hiller*  
The Woodburn A.W.A.R.E. Food Bank is in urgent need of volunteers willing to pick up food items (bread, etc.) Please contact Gabby Peña at 503-981-5828, M-F, 9 a.m. - noon.

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## News & Views

**N&V Office:** 971-338-6131 • **Main Office:** 503-982-1776  
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**Website:** woodburnestatesgolf.com

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**Editor and Advertising Sales:** Kathy Hiller   **Co-Editor:** Shirley Bishop  
**Photographer:** Don Slezak   **Photographer Emeritus:** Ken Leonard  
**Distribution:** Vicki & Will Spencer

Volunteers are always needed to help with preparation of copy, proofing, and delivery. Each of the 70+ carriers should have an alternate. Please email, if possible, all photos, articles, free ads, or reports. Hard copies are not preferred. If email is not an option, please submit your information to the N&V office. Use the mail slot in our door. All submissions must include name and member number. Thank you.

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# CLASSIFIEDS

*Next Publication of NEWS & VIEWS*  
**March 8, 2019**  
**Deadline for Articles, Thursday, Feb 28, 9:30 a.m.**

**We LOVE to have your free ads and articles.**  
The BEST way to get your information in *News & Views* is to send us this information by e-mail to [nv@WoodburnEstatesGolf.com](mailto:nv@WoodburnEstatesGolf.com).  
When submitting free ads be sure to include your MEMBERSHIP NUMBER.

FOR SALE: Oak octagon table and 4 upholstered chairs on casters. Very good condition \$250. Must see. Call evenings 503-982-7937.

FOR SALE: Older medal trunk (3ft wide x 2ft deep x 2ft high), good condition. \$50. Call evenings 503-982-7937.

FOR SALE: Set of 4 studded snow tires w/rims. Hankook I Winter Pike #215/60R-16. (New \$800. 100 miles on them.) \$500 or best offer. Call Jacci 971-401-4010.

FOR SALE: Older upright piano with matching chair to sell. It was my grandmothers whose entire family was very musical. It spent most of its life in dry climates in Idaho. It is/was a player but will require installation of an electric motor for the player to work. We also have two boxes of piano rolls (45 rolls) and a player pump in its box. Other than needing to be tuned a bit, the piano itself performs wonderfully. Call to see and make an offer. 503-902-0063.

WANTED: If you have any “Reminisce” magazines you no longer want, may we have them for our memory care unit? Holly at Heartwood Place, 2325 Boones Ferry Rd, Woodburn, OR 97071. Or call Pat Petersen 503-981-1165 to leave message. Thank you.

## St. Monica’s Circle

*by Rita Girard*  
St. Monica’s Circle was organized July 21, 1964, as a social club with the purpose of getting to know our neighbors. We meet at 10 a.m., in the Dining Hall of Woodburn Estates for approximately 1-1½ hrs. on the first Monday of each month, except July and August. We enjoy lunch together with a freewill offering.  
On February 4, the Dining Hall was decorated in the theme of Valentine’s Day and Love for our monthly meeting. President Becky Butts opened the meeting and Katie Taylor read the minutes of the January meeting. Rita Girard gave a Treasurer’s report. Lunch was prepared by Barbara Wilson and Rita Girard.  
Barbara Cox reported that on January 31, Anne Woehler moved to Country Meadows. Anne was so happy to learn that her golf buddy from the past, Lois Scheidegger, was living across the hall. I would love to hear those perfect shot stories they are sharing.  
Volunteers for Church Linens are March 1-14 Pauline Dionne and March 15-31 Rita Girard.  
Betty Judevine, the Sunshine Lady reported that Anne Woehler will be celebrating her birthday March 4. Becky Butts is sending cards each month to the members who can no longer attend the meetings. You may be absent but you are not forgotten.

The senior luncheon at Rubis Hall was well-attended. The speaker, Omar Torres’ topic was what we can do for our children and grandchildren. He shared some of his experiences with the youth in our parish. The next senior luncheon will be March 15. If you plan to attend, call 503-981-5011.

I would like to share the words of Mother Teresa: “It is not enough to say ‘I Love You’. We must put that love into a living action.”  
Our next meeting is March 4 at 10 a.m. in the Woodburn Estates & Golf Dining Hall. All are welcome.

## In Memory Of...

**Agee, Daniel – December 8, 2018**  
**Jones Jr., William – January 20, 2019**  
**Bettendorff, John – January 22, 2019**



# Dreams in the Night History of Presidents' Day

by Doris Irene Singer Hatcher\*

I sat up in my bed in the middle of the night,  
Thinking, “What was it I dreamt of that I’d like to write?”  
So I lean way, way over to turn on the light.  
What was I dreaming? I want to get it right.  
Was it about someone, or some awesome sight?  
I know that it wasn’t an argument, or fight.  
It must have been that my clothes are too tight,  
Squeezing my body ‘til my brain isn’t bright.  
So I’ll turn off the lamp, and wait for daylight.  
Soon, I dreamed of a hero, with a body of might.  
“Please fix me a snack - and I’ll take off in flight -  
When I’ve finished eating, so don’t make it too slight.  
I’ll be flying a plane, not a little kid’s kite.”  
When he left the room, I thought, “What a delight.  
Should I worship this idol with some kind of rite?”

*\* Doris, 85, lives in Woodburn Estates & Golf and has submitted previous items for News & Views. She gave us some information about herself: Her husband passed away four years ago after 65 years together. She has 2 children, 4 grandchildren, 11 great-grandchildren, and 1 great-great grandchild. Her hobbies are: writing, drawing, painting, and crocheting.*

# And So It Goes...

by Dagmar Dettinger

Just as I finished my West Clackamas Circle News & Views delivery, I sat down to read the extra papers I had from my snowbirds who had their paper put on hold. Hmm, the article "Another Side of the Story" by Patsy Joe hit hard.

Last year we had quite a drama in our house. One evening it was quiet - no TV, no radio. We suddenly heard this stampede in the attic. What in the world...? The next day I went under the house (not a very lovely place to be) but what I saw and smelled was not so pretty either.

Okay, let’s get to work. Via the crawl space, we found an area under the back deck where a former contractor had cut a 2 by 2 inch square into the vent-screen but had not used it for wiring to lead through into the crawl space and forgot to block it.

Well, we blocked it, but that did not deter the critters! Next, we put down traps with yummy peanut butter and cheese. While we were placing them, two furry rats came into the crawl space to check things out. The nerve... but both of them went for the traps! The story does not end there. We trapped five more!

The last one was a different species and quite beautiful. It was clean and well-fed... could have been a pet, but she went for the trap. All was quiet from then on.

Now came the mess of replacing the vapor barrier. My husband even took a picture of my outfit as I went “down under”.

Last Wednesday we again sat quietly without TV or radio, just reading. Here came that scritchng noise again; it had been seared into our brains. Noooo! Not again! I went into the crawl space that night. All was clear. No traps that we had left below were sprung. Where do they want to get in now?

We checked the next morning on the outside. Nothing. We went so far as taking off part of the back deck. Nothing. At this point, we slipped the green rat poison under the deck, and closed it up. Yes, we are very sorry about what happened to the owl and all other critters, who feed on rats and mice, but we had tried everything – traps, sealing the crawl space, and even took down the bird feeders. All of it helped, but still the rats came. Again.

We plead for everyone to please, please, please, keep your bird feeding areas clean or - better yet - on hold while rats are roaming our areas.

The history of Presidents' Day dates back to the year 1800, following the death of President George Washington in 1799. His birthday on February 22 became a significant day of remembrance. At the time, Washington was recognized as the most important figure in American history.

While Washington's Birthday was unofficially observed for most of the 1800s, it was not until the late 1870s that it became a federal holiday. Senator Steven Wallace Dorsey was the first to propose the measure, and in 1879 President Rutherford B. Hayes signed it into law. The holiday originally only applied to the District of Columbia, but in 1885 it was extended to the entire country.

At the time, Washington's Birthday joined four other nationally recognized federal bank holidays—Christmas Day, New Year's Day, Independence Day and Thanksgiving—and was the first to celebrate the life of an individual American. Initially, Presidents' Day was called Washington's Birthday. The shift from Washington's Birthday to Presidents' Day began in the late 1960s when Congress proposed a measure known as the Uniform Monday Holiday Act. This law sought to shift the celebration of several federal holidays from specific dates to a series of predetermined Mondays.

While some argued that shifting holidays from their original dates would cheapen their meaning, the bill also had widespread support from both the private sector and labor unions and was seen as a fail-proof way to strengthen retail sales.

The Uniform Monday Holiday Act also included a provision to combine the celebration of Washington's Birthday with Abraham Lincoln's, which fell on the estimated date of February 12. Lincoln's Birthday had long been a state holiday in places like Illinois, and many supported joining the two days as a way of giving equal recognition to two of America's most famous statesmen.

The Uniform Monday Holiday Act passed in 1968 and officially took effect in 1971. Washington's Birthday was then shifted from the fixed date of February 22 to the third Monday of February.

*[This article was included in a recent "Bugle Blast" regarding Presidents' Day. If you are not signed up for the "Bugle Blast", go to our website to get subscribed: WoodburnEstatesGolf.com.]*

**Daily Dinner Specials**  
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# Men’s and Lady’s 9 Hole Winter Fun Warm-Up

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(Valid on the following Tuesdays in February:  
February 5, February 12, February 19, February 26)

Meet in the  
Golf Lounge at 9 a.m.  
Tee Off 9:30 a.m.

Sign up  
in the Pro Shop



## Men’s Golf General Meeting Minutes

Woodburn Estates Men’s Golf General Meeting  
February 6, 2019

President Ken Bourne called the Meeting to order at 10 AM in the Dining Hall, followed by the Pledge of Allegiance.

**Roll Call:** All Officers & Committee Chairmen/Representatives were present unless otherwise noted in this report. There were 17 members in attendance at today’s Meeting.

**New Members Present:** None.

**President’s Report:** President Bourne stated that Will Abshere has agreed to become the Handicap Chairman. President Bourne and VP Will Abshere will be our representatives at the Greens Committee Meetings.

**Vice President’s Report:** VP Abshere was absent with notice.

**Treasurer’s Report:** Treasurer Mark Jorgensen provided the following report: Balance of the Club’s Account as of February 1, 2019 \$7,498.03; A deposit of \$50 is pending; Payment to the OGA is pending; Balance of the Men’s Golf Club Voucher Account as of February 1, 2019 \$4,410.43. We currently have 106 members paid. Any annual membership dues paid now will be \$50.00.

**Secretary’s Report:** Secretary Chuck Johnson had nothing to report.

**COMMITTEE REPORTS:**

**Greens Committee:** President Bourne attended the last Greens Committee Meeting and provided the following report: Golf Course Superintendent Tim O’Larey introduced Dave Robinson as the new Associate Golf Course Superintendent. Dave has an extensive background of experience in golf course maintenance. Other topics covered included leaf and tree limb pickup continues by our maintenance crew; Golf Chair Paula Kilgore will contact the Green Thumb volunteers to add color to the area of the 11th tee box by planting and maintaining colorful perennials; arborvitae continues to be trimmed; cart path edges to be addressed; paint on the cart paths to indicate yardage is not needed as other yardage indicators are placed on the course and many golfers use range finders; the tunnel light is set for an appropriate time for a walker to make it thru the tunnel; a new score card mail box to be installed at the 10th hole tee box; renovation of tee boxes will continue at a pace of three renovations per year with tee boxes 3, 7, and 8 scheduled for renovation in 2019; a new time has been approved for the Men’s Golf Club Thursday Play, 7 AM – 1 PM, to allow for golfers who have early morning jobs to still be able to play and compete; we will have flyers made up to advertize our golf course to be given out at the upcoming Golf Show.

**Handicap:** Due to the resignation of Russ Krussow, Will Abshere has volunteered to become the Handicap Chairman. Will to be trained by OGA personnel. Our Pro Shop personnel, Jason and Joey, will also assist in the scoring and handicap work. Score cards are to be turned into the Pro Shop and the results of the Thursday Play are readily posted.

**Mixed Tournaments:** Representative Fred Bourne had nothing to report. Bob Price stated that he will be introducing Vickie Hibberd to the various sponsors of our Mixed Tournaments.

**Rules:** Chairman Jim Hutchinson responded to a question regarding movement of a ball once dropped and deemed to be in play. If the ball then moves, it must be played from its new position. If the ball rolls into a penalty area and is impossible to play, a one stroke penalty is invoked to reposition the ball in play.

**Sunshine:** Chairman Ron Gripenstraw was absent. Jim Hutchinson reported that member Mike Dykes wanted the members to know that he appreciates their thoughts and prayers on his behalf. A card will be sent to Mike. Member Sid Longest was present and reported that he is doing well.

**OGA:** Representative Paul Eaton had nothing to report.

**Membership:** Chairman Stan Hiller was absent but had reported to President Bourne that as of January 29th, he had prepared 136 bag tags.

**Head Pro Report:** Jason Hoth stated that the lift, clean, and place rule should be limited during play. He and Joey Tolla, our Assistant Pro, are going to elementary schools to teach children about the game of golf.

**UNFINISHED BUSINESS:** Nothing to report.

**NEW BUSINESS:** Nothing to report.

**Closing Comments:** President Bourne stated that the USGA has recommended that all men golfers have a handicap maximum of 36. A discussion ensued and the members present, including members with handicaps above 36, agreed that our Club should cap men golfer handicaps at 36.

**Door Prizes:** The 50/50 Raffle was then held. The total money collected for today’s raffle was \$50.00. Fred Bourne had the winning ticket and split the pot, winning \$25.00.

**Closing:** President Bourne asked for a motion to adjourn our Meeting, the motion made, seconded, and approved, and the Meeting adjourned at 10:35 AM.

**NOTE: OUR NEXT GENERAL MEMBERSHIP MEETING WILL BE HELD IN THE DINING HALL AT 10 AM ON WEDNESDAY, MARCH 6, 2019.**

Submitted by Chuck Johnson, Secretary – Minutes approved by President Ken Bourne.

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# Too Soon Old Painting the Town with Jeff!

*by Dave Griffith (Fort Worth, Texas)\**  
*-- Falsely circulating the Internet, without credit, as "Crabby Old Man"--*  
*Submitted by Darrell Lanpher*

What do you see nurses? .....What do you see?  
What are you thinking .....When you're looking at me?  
A crabby old man.....Not very wise,  
Uncertain of habit.....With faraway eyes?

Who dribbles his food .....And makes no reply.  
When you say in a loud voice.....'I do wish you'd try!'  
Who seems not to notice.....The things that you do.  
And forever is losing .....A sock or shoe?

Who, resisting or not .....Lets you do as you will,  
With bathing and feeding .....The long day to fill?  
Is that what you're thinking? .....Is that what you see?  
Then open your eyes, nurse .....You're not looking at me.

I'll tell you who I am.....As I sit here so still,  
As I do at your bidding .....As I eat at your will.  
I'm a small child of ten .....With a father and mother,  
Brothers and sisters.....Who love one another.

A young boy of Sixteen .....With wings on his feet,  
Dreaming that soon now.....A lover he'll meet.  
A groom soon at twenty.....My heart gives a leap.  
Remembering, the vows .....That I promised to keep.

At Twenty-Five, now .....I have young of my own.  
Who need me to guide .....And a secure happy home.  
A man of thirty.....My young now grown fast,  
Bound to each other.....With ties that should last.

At Forty, my young sons .....Have grown and are gone,  
But my woman's beside me .....To see I don't mourn.  
At fifty, once more, babies play 'round my knee,  
Again, we know children.....My loved one and me.

Dark days are upon me .....My wife is now dead.  
I look at the future .....Shudder with dread.  
For my young are all rearing .....Young of their own.  
And I think of the years .....And the love that I've known.

I'm now an old man .....And nature is cruel.  
Tis jest to make old age .....Look like a fool.  
The body, it crumbles .....Grace and vigor, depart.  
There is now a stone .....Where I once had a heart.

But inside this old carcass .....A young guy still dwells,  
And now and again.....My battered heart swells.  
I remember the joys.....I remember the pain.  
And I'm loving and living.....Life over again.

I think of the years, all too few .....Gone too fast.  
And accept the stark fact .....That nothing can last.  
So open your eyes, people.....Open and see.  
Not a crabby old man .....Look closer.....See ME!!

Remember this poem when you next meet an older person who you might brush aside without looking at the young soul within. One day, we will ALL be there, too!

*\* Dave Griffith wrote this poem more than 20 years ago and meant for it to be simple and to the point, from youth through old age in his own personal life; high school football, Marines, marriage, the ravages of his own disabilities. Someone took this poem from his website, created a false story about it (titled "Crabby Old Man"), and started circulating it via email on the Internet. Griffith is the author of more than 500 poems, which are posted on his personal website. – Per Truth or Fiction website.*

*by Jeff Wallberg*  
Hello! This is your favorite painter, Jeff! I’m sure you’ve seen me - Wallberg Painting - at Coffee Hour, my ad in the WEG directory, my sign on the golf course, or me running around in my paint van.

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2. **Burger King:** 10% discount and discounts on drink items
3. **Chick-fil-A:** 20% off during breakfast hours and 10% off during lunch/dinner hours
4. **Denny's:** senior menu with discounted prices
5. **Golden Corral:** discounted menu prices for 60 and over
6. **IHOP:** senior menu as well as 10% off
7. **Outback Steakhouse:** 10% off for AARP members
8. **Sonic:** 10% discount
9. **Subway:** 10% discount
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# Valentine's Dance

by Kathy Hiller

The Saturday Night Dance that was scheduled for February 9 was postponed to February 16 due to snow predictions which did not happen. The dance went on as rescheduled and turnout was good. The band was the Primetime Swing Quartet and from the photos taken by Stan Hiller, there were lots of happy faces. Snacks were provided by Cascade Park, but Catherine Huhn their Sales/Marketing Director, was not able to be there, so Connie Doyon and Ken Leonard filled in. Reports were that the macaroni & cheese dish was excellent!



Berbero Sticka & Kelly Robertson



Connie Doyon & Ken Leonard



Nancy Dale, Bill Coleman, Dick Buyserie





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Shirley Thompson & Chuck Beal

# Short Essays on Life

*Author Unknown*

- Always put yourself in others' shoes. If you feel that it hurts you, it probably hurts the other person, too.
- Don't go for looks; they can deceive. Don't go for wealth; even that fades away. Go for someone who makes you smile, because it takes only a smile to make a dark day seem bright. Find the one who makes your heart smile!
- Giving someone all your love is never an assurance that they will love you back. Don't expect love in return; just wait for it to grow in their heart. But if it doesn't, be content that it grew in yours.
- Happiness lies for those who cry, those who hurt, those who have searched, and those who have tried. For only they can appreciate the importance of people who have touched their lives.
- It takes only a minute to get a crush on someone; an hour to like someone; and a day to love someone. But, it takes a lifetime to forget someone.
- It's true that we don't know what we've got until it's gone. But it's also true that we don't know what we've been missing until it arrives.
- The happiest of people don't necessarily have the best of everything. They just make the most of everything that comes along their way.
- We never get what we want. We never want what we get. We never have what we like. We never like what we have. And still we live and love. That's life.
- When you were born, you were crying, and everyone else around you was smiling. Live your life so that when you die, you are the one who is smiling, and everyone around you is crying.

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# Thank You

We would like to extend a very special *thank you* to all of our neighbors and friends who volunteered at the first Clackamas Circle potluck of 2019. These events would not be possible without all of you... And you know who you are! Thank you again!

Dave & Carol Bolton

Kudos to Frank Jameson and his maintenance crew. The Dining Hall floor looks great. We want you to know your hard work has not gone unnoticed.

Rita Girard and St. Monica's Circle

The Board of Directors would like to thank member Darlene Hardie for her generous handmade bags of Valentine candies. We appreciate you!

Cyndi Longest, Director, Communications & Publications

I'd like to thank those of you who sent cards and kind thoughts, following the passing of my husband John. It means so much.

Carol Bettendorff

# Lifetime of Job Searching

from the Internet

1. My first job was working in an Orange Juice factory, but I got canned. Couldn't concentrate.
2. Then I worked in the woods as a Lumberjack, but just couldn't hack it, so they gave me the axe
3. After that, I tried being a Tailor, but wasn't suited for it - mainly because it was a sew-sew job.
4. Next, I tried working in a Muffler Factory, but that was too exhausting.
5. Then, tried being a Chef - figured it would add a little spice to my life, but just didn't have the thyme.
6. Next, I attempted being a Deli Worker, but any which way I sliced it... couldn't cut the mustard.
7. My best job was a Musician, but eventually found I wasn't noteworthy.
8. I studied a long time to become a Doctor, but didn't have any patience.
9. Next, was a job in a Shoe Factory, tried hard but just didn't fit in.
- 10.I became a Professional Fisherman, but discovered I couldn't live on my net income.
- 11.Managed to get a good job working for a Pool Maintenance Company, but the work was just too draining.
- 12.So then I got a job in a Workout Center, but they said I wasn't fit for the job.
- 13.After many years of trying to find steady work, I finally got a job as a Historian - until I realized there was no future in it.
- 14.My last job was working in Starbucks, but had to quit because it was the same old grind.
- 15.So, I tried retirement and I found I'm perfect for the job!

# Grandma's Apron

Author Unknown

- The principal use of Grandma's apron was to protect the dress underneath, because she only had a few, it was easier to wash aprons than dresses and they used less material, but along with that, it served as a potholder for removing hot pans from the oven.
  - It was wonderful for drying children's tears, and on occasion was even used for cleaning out dirty ears.
  - From the chicken coop, the apron was used for carrying eggs, fussy chicks, and sometimes half-hatched eggs to be finished in the warming oven.
  - When company came, those aprons were ideal hiding places for shy kids.
  - And when the weather was cold grandma wrapped it around her arms.
  - Those big old aprons wiped many a perspiring brow, bent over the hot wood stove.
  - Chips and kindling wood were brought into the kitchen in that apron.
  - From the garden, it carried all sorts of vegetables.
  - After the peas had been shelled, it carried out the hulls.
  - In the fall, the apron was used to bring in apples that had fallen from the trees.
  - When unexpected company drove up the road, it was surprising how much furniture that old apron could dust in a matter of seconds.
  - When dinner was ready, Grandma walked out onto the porch, waved her apron, and the men-folk knew it was time to come in from the fields to dinner.
  - It will be a long time before someone invents something that will replace that 'old-time apron' that served so many purposes.
- REMEMBER:** Grandma used to set her hot baked apple pies on the window sill to cool. Her granddaughters set theirs on the window sill to thaw. They would go crazy now trying to figure out how many germs were on that apron. I never caught anything from an apron...but Love.

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# FOOTHILLS ENDURANCE RIDE



Mules and More Magazine

A clipping of the photo used in the original article published in *Mules and More Magazine*, December 2012

*by Linda Hanson*

All summer I had been wanting to try another endurance ride even if all I did was the 10 mile fun trail ride. Scheduling conflicts came up every time. As a result, I was extra motivated to get to one of the last rides of the season, the Foothills Ride outside Molalla, Oregon. I'd never been in the area (which is southeast of Portland) so, with my husband and Dixie the mule, we headed out on a Friday morning. The ride camp is in a pasture but the main crop around there seemed to be Christmas trees and timber.

We went through the vet check. Dixie hates to have her mouth handled and the vet had to check gum color and capillary refill. He managed, to his credit!

We walked around and spoke to some of the other riders, and met Max M. again with his mule Ramone, a lanky red mule.

It was already dark and stormy at the ride meeting at 7:30 p.m. We all huddled in a tent for instructions, and I was glad I was only doing the 10 mile loop. I am not sure how the others remember what color ribbons they are supposed to be watching for and following, as it changes on every loop they do until they complete 25 or 50 miles. Many had been there before and the trails were somewhat familiar to them. The vet spoke briefly and warned that he had a rule: if your equine runs over him or his staff, it will be the injured person's pulse that gets taken, not the equines, and the rider would not successfully complete the ride! He just wanted folks to pay attention and be aware of the numbers of excitable animals around.

We don't have portable corrals, so we put Dixie in the trailer overnight. The folks next to us were camping in a tent, but there were also several motorhomes, pickups with campers and living-quarters trailers. We had a nice sleeping area in our tack room, but we knew we'd be feeling Dixie move around all night. We did not know we'd also be awakened by the hard rain and wind! I kept wondering if there was some way we could squeeze in with a tent family. It rained for hours!

In the morning, the rain had stopped for the starting times. Those doing 50 miles left first at 7:15. The 10 milers were the last ones out of camp at 8. The family of three that slept, or tried to, in the tent next to us, were also in the 10 mile ride. Dixie did her best to keep up with them, trotting and galloping for the first few miles. She took a tumble in the mud, and went down on a knee or maybe two, I am not sure. I had time to recognize that this was going to hurt if I came off! As she struggled to her feet, I struggled to get off her neck, get her mane out of my mouth and my rear back in the saddle. We made it and kept on going. The lady behind me commented that it was a good thing I was on a mule.

I finally had to send the family on ahead, I did not want to keep up that pace for 10 miles. Dixie did not like being held back. However, parts of the trails were through the forest and included tight turns around trees, so I was glad to take it at a less daring pace. We finished in 1 hour 38 minutes. The animal's pulse must be below 60 to finish, and Dixie's was 61 on the first check and down to 60 a minute later. The family that was so fast, got their animal's pulses down about the same time, although they had been back in camp a half hour sooner. They must have really flown!

The rain had resumed and hail was falling by 10 a.m., and nearly 40 riders were still working on 25 and 50 mile rides. I guess that's why they call it "endurance" instead of something more cheery.

It's a sport I could enjoy, since "to finish is to win." I like the riding, I like that the animal's well-being is strictly considered, and I like the scenery of new locations. It's a chance to see Arabians, of course, but no horse (or mule) is eliminated from trying. Families can ride together, and do. If you are up for some adventure, it's worth a try. Aarene Storms, who I just met at this ride, has written a book for beginners like me called "Endurance 101." I'm getting a copy as soon as it's on the market!

*[Originally published in Mules and More Magazine, December 2012]*



# Clutterer or Six Words Hoarder?

by Betty Judevine

I have heard that hoarding can start in childhood. Having been an obedient child, I saved all my stuff. That included toys, dolls, stuffed animals, books and clothes. I also saved money.

When I was older, and in college, my parents moved and got rid of all my stuff. Undaunted, I started collecting again, mostly books and photos of classmates. These I set aside in big albums. I also spent some money along the way.

When my parents passed away, I became the recipient of parts of my parents' stuff. When my husband passed away, "his" stuff became "my" stuff. Likewise, when his parents passed away, I received their stuff which also included stuff from their passed-away relatives.

Fortunately, a robbery occurred in our storage unit and my inept labeling of boxes (good stuff and not-so-good-stuff) led to a reduction of all this.

As you can see, myself and my house became a haven for family memorabilia. Added to the collection is my stuff and my son's stuff. All of this in my house appears to make me a candidate for the condition of cluttering. (I cannot bear to call myself a hoarder!) I feel as if I am at the apex – between cluttering and hoarding. "Letting go" comes into play for a bright future.

Unfortunately, dismantling may cause anxiety, but I understand the cure is worth it. One has a new life to win again; a new page to turn; a house that is once again open and hospitable. I'm living in a small house now. My thinking has been that smaller houses were built that way to make life easier, not as an extension of the storage unit, where "other stuff" may be.

by Donna Rector

A wise writing teacher once suggested an entire story or idea can be told in six words. I think she was right.

- Had youth, got older, now wiser.
- Seven decades, hoping maturity in sight.
- Bike trip, see more, smell more.
- First husband training for real deal.
- Speak softly, don't offend, listen more.
- Speak in measured words, apologize less.
- Think more, act slowly, speak less.
- Think longer, talk less, listen more.
- Listen twice as long as speak.
- Less fat, less food, less sitting.
- Bite it, write it, move it!
- More age, more shades of gray.
- More age, less black and white.
- More years, more gray, more questions.
- Think I can and I will.
- One step begins the long journey.

# Reflections on a Pitted Prune

by Tess Quinlan Wentz

Oh plump little prune from the grocery store bin,  
Scooped away from your shiny brethren.  
Your wrinkled features are to mine akin,  
And it's true you're a little bit leathern.

I've borne you home in bag of plastic,  
Amid others of your kind so squishy.  
My diet is none too drastic,  
But without sugar I get bitchy.

Your machinations in nether areas biological,  
Are nothing less than sorcery.  
I prefer you over meds pharmacological,  
Otherwise I get ornery.

Unfairly maligned as dowdy and old-fashioned,  
Yet your deliciousness cannot be denied.  
On your behalf I am impassioned,  
Except, perhaps, if you're deep-fried.

# Yes, I'm a Senior Citizen!

Author Unknown

I'm the life of the party...even if it lasts until 8 p.m.  
I'm very good at opening childproof caps...with a hammer.  
I'm awake many hours before my body allows me to get up.  
I'm smiling all the time because I can't hear a thing you're saying.  
I'm sure everything I can't find is in a safe secure place, somewhere.  
I'm wrinkled, saggy, lumpy, and that's just my left leg.  
I'm beginning to realize that aging is not for wimps.  
Yes, I'm a senior citizen and I think I am having the time of my life!



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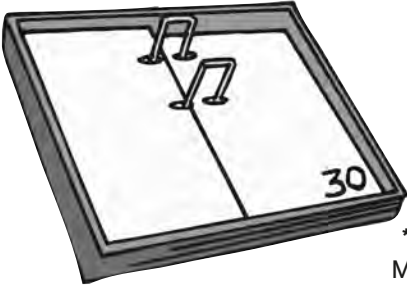
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<div></div> <div><h1>Activities Calendar</h1><p>* Any change of date, time, activity, or place MUST be made with the office 503-982-1776.</p></div>		Monday, February 25		Tuesday, February 26	
<div><h2>Saturday, February 23</h2></div> <div>8:30a Ping Pong – DH 2:45p Water Volleyball – Swimming Pool 4:00p Hand &amp; Foot Cards – Blue Room</div>		<div><h2>Sunday, February 24</h2></div> <div>2:00p Music Jammers – DH/Kit</div>		<div>8:00a Water Exercise – Swimming Pool 8:30a Ping Pong – DH 9:30a Tai Chi for Better Balance – Aud 10:00a Needle Craft – Blue Room 12:00p Uke-De-Do's (Beginners) – Craft Room 12:30p Canasta – Blue Room 1:00p Uke-De-Do's (Intermediate &amp; Advanced) – Craft Room 1:30p Board Meeting – DH 2:30p Exec Session – Conf Room 2:45p Water Volleyball – Swimming Pool 5:00p Poker – Card Room 6:00p Beginning Line Dancing – Aud 7:00p Intermediate Line Dancing – Aud</div>	

Wednesday, February 27		Thursday, February 28		Friday, March 1		Monday, March 4	
<div>8:00a Water Exercise – Swimming Pool 8:30a Ping Pong – DH 8:30a Walking Club – Aud 9:00a Woodburn Estates Carving – Craft Room 9:30a Yoga – Aud 9:30a Walking Club Mtg – Blue Room 10:00a Metaphysical Book Club – Blue Room 10:15a Zumba – Aud 12:00p Ladies Pool – Billiard Room 12:00p Friends of Bill W. – Craft Room 12:30p 5 Handed Pinochle – Blue Room 1:00p Mixed Bridge – Card Room 1:30p Wii Bowling – DH 6:00p Pinochle – Blue Room 6:00p Bingo – DH</div>		<div>All Day <i>News &amp; Views</i> Copy Deadline 8:00a Water Exercise – Swimming Pool 8:30a Estates Quilters – Craft Room 9:30a Coffee Hour – Aud/DH/Kit 1:00p Woodburn Estates Community Chorus – Country Meadows Activity Room 4:30p Rules Committee – Conf Room 5:00p Poker – Card Room 5:45p Water Vollyball – Swimming Pool 6:00p Pinochle – Blue Room 6:00p Advanced Line Dance – Aud</div>		<div>8:00a Water Exercise – Swimming Pool 8:30a Ping Pong – DH 8:30a Walking Club – Aud 9:00a Estates Bible Study – Craft Room 9:30a Yoga – Aud 9:30a Walking Club Mtg – Blue Room 10:15a Zumba – Aud 10:30a Yoga Social – DH/Kit 11:00a Tai Chi for Better Balance – Aud 12:30p Bunco – Craft Room 1:00p Friday Bridge – Blue Room</div>		<div>8:00a Water Exercise – Swimming Pool 8:30a Estates Quilters – Craft Room 8:30a Walking Club – Aud 9:00a Ladies Pool – Billiard Room 9:30a Walking Club Mtg – Blue Room 9:30a Yoga – Aud 10:00a St Monica's Circle – DH/Kit 10:15a Easy Bridge – Blue Room 10:15a Zumba – Aud 1:00p Mixed Bridge Swiss Pairs – Blue Room  1:00p Music Makers – Aud/Kit 5:45p Water Volleyball – Swimming Pool 6:00p Son Shiner's Bible Study Club – Blue Room 7:00p Golden Squares Square Dancing – Aud/Kit</div>	
				<div><h2>Saturday, March 2</h2></div> <div>8:30a Ping Pong – DH 2:45p Water Volleyball – Swimming Pool 4:00p Hand &amp; Foot Cards – Blue Room</div>			
				<div><h2>Sunday, March 3</h2></div>			

Tuesday, March 5		Wednesday, March 6		Thursday, March 7		Friday, March 8	
<div>8:00a Water Exercise – Swimming Pool 8:30a Ping Pong – DH 9:30a Tai Chi for Better Balance – Aud 10:00a Needle Craft – Blue Room 12:00p Uke-De-Do's (Beginners) – Craft Room 12:30p Canasta – Blue Room 12:30p Woodburn Garden Club – Blue Room  1:00p Uke-De-Do's (Intermediate &amp; Advanced) – Craft Room 2:45p Water Volleyball – Swimming Pool 5:00p Poker – Card Room 6:00p Card Making Class – Conf Room 6:00p Beginning Line Dancing – Aud 7:00p Intermediate Line Dancing – Aud</div>		<div>8:00a Water Exercise – Swimming Pool 8:30a Ping Pong – DH 8:30a Walking Club – Aud 9:00a Woodburn Estates Carving – Craft Room 9:30a Walking Club Mtg – Blue Room 9:30a Yoga – Aud 10:00a Men's Golf Club Monthly Meeting – DH 10:15a Zumba – Aud 11:30a The Alice Lunch Group – Country Cottage Restaurant 12:00p Ladies Pool – Billiard Room 12:00p Friends of Bill W. – Craft Room 12:30p 5 Handed Pinochle – Blue Room 1:00p Library – Travel Office 1:00p Writing Group – Conf Room 1:30p Wii Bowling – DH 6:00p Pinochle – Blue Room 6:00p Bingo – DH</div>		<div>8:00a Water Exercise – Swimming Pool 8:30a Estates Quilters – Craft Room 9:30a Coffee Hour – Aud/DH/Kit 1:00p Mixed Bridge Swiss Pairs – Blue Room 1:00p Woodburn Estates Community Chorus – Country Meadows Activity Room 4:30p Rules Committee – Conf Room 5:00p Poker – Card Room 5:45p Water Volleyball – Swimming Pool 6:00p Pinochle – Blue Room 6:00p Advanced Line Dance – Aud</div>		<div>All Day <i>News &amp; Views</i> Publication 8:00a Water Exercise – Swimming Pool 8:30a Ping Pong – DH 8:30a Walking Club – Aud 9:00a Estates Bible Study – Craft Room 9:30a Walking Club Mtg – Blue Room 9:30a Yoga – Aud 10:00a Walking Club Bunco – Blue Room 10:15a Zumba – Aud 11:00a Tai Chi for Better Balance – Aud 12:30p Bunco – Craft Room 1:00p Friday Bridge – Blue Room 1:00p House Committee – Conf Room</div>	



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