



## Woodburn Estates & Golf







# SHRED DAY

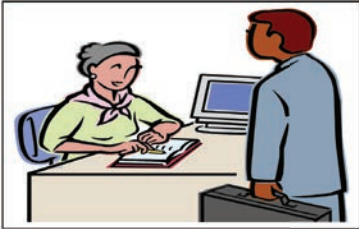


Saturday, Aug 13th  
10am - 1pm

Shred your documents containing personal and/or sensitive information!  
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## Labor Day September 5, Monday Mixed Golf Tournament Sponsor Woodburn Homes Realty

**The menu by Gary's BBQ on Wheels:**  
BBQ Chicken  
Mashed Potatoes  
Corn on Cob  
Fruit Salad  
Rolls & Butter  
Dessert

**Please bring your own plates and eating utensils to the Auditorium.**

**Sign up:** 8/8 through 8/29, entry fee is \$16.00 each – **Shotgun start at 9 am**  
Dinner – September 5 at 5:00 pm - dinner fee is \$16.00 each  
**Note:** caterer needs 7 day advance notice

**Game format: Shotgun start 8:30am.**  
4-person Scramble, and minimum 4 drives each,  
HDCP percentages: 20%, 15%, 10%, 5% of A, B, C, D players.  
Make your own 4-some.



Must have 5 games played  
before event to establish  
handicap to play.

Golf Green Fees are \$20.00  
paid by Punch Card or Cash  
at Sign-up.

## Preparing for Board Elections

by Tom Staskiewicz

The annual process is starting: the nomination committee has been selected and candidates for the board are being recruited. The elections are in November with the results announced at December's monthly meeting.

Over the next few months, I will be writing about and sharing articles on the qualifications of great board members.

I have had the pleasure of working with some great board members these last nine months. I say *great* because they are. These individuals care about you and care about Woodburn Estates & Golf. I see many traits exemplifying the dedication and concern you must look for in your board members.

Being a board member is not an easy task. It's demanding and often thankless. When you are considering someone for the board what qualities should you expect?

Here are some things you need to consider:

- If they previously served on the board, what was accomplished? Did they make the tough decisions or defer the problems to a future board?
- Is the prospective board member interested in WEG as a whole, a specific group or do they have an axe to grind? A board member must be inclusive of all the members of Woodburn Estates & Golf; not just a few. The role of a board member is not the place to try to get even or punish someone or a group. If you are not sure of their motives, ask questions to satisfy your curiosity.
- We ask our board members to agree to a background check to ensure there is nothing to preclude their serving as an officer with check signing responsibilities. Is the prospective board member agreeable to having a background check?

## Nominating Committee

by Lon Reed

The Nominating Committee is seeking the names of individuals who would be interested in running for a position on the Board of Directors in November 2016. The Committee will be nominating candidates for the three expiring terms for election in November.

If you are interested, please contact the Nominating Committee chairperson Lon Reed at 541-626-9985 to obtain the necessary forms to be placed in nomination or obtain the forms at Woodburn Estates & Golf office.

## Your Guests Must Be Accompanied

by Tom Staskiewicz

It is summer, the weather can be hot and the pool oh so refreshing for you and your guests. However, if you are bringing guests - including children, grandchildren and other family members –a member must accompany them at all times. You cannot bring your guests to the pool and then leave them on their own, even for a short time.

In the office we receive complaints on a frequent basis about unsupervised children, children jumping or diving into the pool or being in the hot tub. These activities are not allowed by our CC&Rs and By-laws. Failure to abide by our documents may require you and your guests to leave. You don't want that and we do not want it to happen. Please abide by the rules!

The same rules, as to members accompanying their guests, applies to the pool room, card rooms, Coffee Hour and any other place or activity where you may bring a guest. The only exclusions are the restaurant, which is open to the public, and "public welcome" events like the dances.

## 2016 News & Views Schedule

In August and September, *News & Views* will publish as follows:

Copy due by 9:30 a.m.  
Thursday, August 18th  
Thursday, Sept 1st  
Thursday, Sept 15th

Publication Date  
Friday, August 26th  
Friday, Sept 9th  
Friday, Sept 23rd

Thank you, everyone, for your cooperation.



## Hard-Working Library Volunteers

by Kathy Hiller

Recently, work was being done to the walls of the Conference Room in the west wing of the Clubhouse in preparation for sound-proofing them. These walls are shared with the library and the *News & Views* office. The workers unknowingly caused extra work for our library volunteers by removing all the shelved books on the east wall of the library. The books were stacked up but not in any particular order, and when the workers were done, they “helpfully” replaced the books, but they did not put them back in the order the librarians keep them.

There are ten faithful library volunteers, headed by Heather Taylor, but this caused extra work. The books had to be taken back off the shelves, put back in correct order before re-shelving them. This was almost a three-hour task for three librarians besides the time it generally takes for re-shelving returned books from our members.

Also, someone had brought in four boxes of books – possibly from someone who was moving or was deceased. These books also had to be gone through to check for mold or duplications before they could be added to the library.

This all takes time above and beyond the time it takes to keep the library functioning properly. Please contact Heather Taylor at 503-981-0285 before bringing in “extra books” – the library has limited space.

## Travelers' Photo



Brown Bear

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**Daily Dinner Specials**  
**Monday**  
All burger baskets\*  
w/fries & soda.....\$8.00  
*\*exception of Cottage Burger*  
Wing basket.....\$5.50  
**Tuesday**  
Oven Fried Chicken  
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**Thursday (Pasta Night)**  
Lasagna  
Chef's Choice Pasta  
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**Saturday (All About Beef Night)**  
Herb Crusted Prime Rib  
Chef's Choice Steak Special  
**Sunday**  
Baby Back Ribs  
Chef's Choice Stir Fry  
**Daily Soup Specials**  
**Daily** Hamburger Veggie  
**Daily** Chef's Choice  
**Friday** Clam Chowder  
  
Daily Lunch Specials  
\*Fresh Desserts Daily

by Tony Polinsky

Tony & Connie Polinsky have been traveling again. This time to Alaska, Canada, and the Yukon Territory. They flew from Portland to Vancouver, B.C. where they boarded a cruise ship and sailed to Juneau where they rode the tram up Mt. Roberts, among other things. They then sailed to Skagway where they boarded a train to Whitehorse in the Yukon Territory.

From there, they rode a tour bus to Dawson City where they attended the can-can stage show at Diamond Tooth Gerties Gambling Hall and Tony had his picture taken with the dancing girls. *[He didn't share that photo with us. Ed.]*

They then flew in a charter jet to Fairbanks, Alaska. It was a great trip and they saw bears, moose, Dall sheep, caribou, and got to see a place where they raise sled dogs.

**News & Views**  
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*Volunteers are always needed to help with preparation of copy, proofing, and delivery. Each of the 70+ carriers should have an alternate. Please email, if possible, all photos, articles, free ads, or reports. Hard copies are not preferred. If email is not an option, please submit your information to the N&V office. Use the mail slot in our door. All submissions must include name and member number. Thank you.*



## Neighborhood News

### Crafts & Book Sale Signup

*by Christine Daley*

Crafters, mark your calendars: Sign-up meeting, Friday, September 9, 11:00 a.m., Dining Hall. This is where you reserve your table(s), pay the \$10-per-table fee, and ask questions. Last-year’s vendors will be given first choice of tables. Please try to ask for door prizes at the places you visit in Woodburn. We need volunteers for set-up, putting up signs, working the coffee area, etc.

Day of Crafts & Book Sale: Saturday, November 19, 8 a.m. - 4 p.m., Woodburn Estates & Golf Auditorium. Future *News & Views* issues will publish all information.

### Recycle Information

*by Connie Doyon*

Recently, I learned that Al’s Garden Center recycles used plant pots. They have three or four large bins or plastic bags at the west end of their building. I asked the cashier about them and she said that pots can be dropped off or taken to be reused. What a great way to recycle those old pots or take some home to plant new plants or seeds!

### Who’s on Third" Concert Series

*by Trudy Fowlks*

I know many of you are excited about getting your calendars marked for next year's “Who’s on Third?” community concert series. Here’s the full schedule for you:

**2016-2017 “Who’s on Third?” Concert Schedule:**

Sep. 18, 2016 - \**“The Notables”* vocal ensemble

Oct. 16, 2016 - \**Miss Behavins’* – ‘40s style women’s trio

Nov. 20, 2016 - The Feely Family

Dec. 18, 2016 - Conchords Chorale Christmas Program

Jan. 15, 2017 - \**Kim & Terry* - ’50s Show

Feb. 19, 2017 - \**Mark & Helena Greathouse* - *“You Speak English Don’t You?”*

Mar. 19, 2017 - Tabor Duo - piano & marimba duets

Apr. 16, 2017 - Roger & Nancy Wilhite - piano (& organ) duo

May 21, 2017 - The Occasional Quartet - BENEFIT CONCERT FOR AWARE FOOD BANK

*\* Groups marked with this are new performers to our series this year.*

More specific information about each performing group will be published each month before their concert date. All concerts are held on the third Sunday at Woodburn Methodist Church, 700 N. Cascade Drive, from 3 p.m. - 4:30 p.m. Hope to see all of you there!

### Woodburn Estates Dance and Social Club

*by Bill Coleman, Chairman*

*“Beach Party!”*

Woodburn Estates Dance and Social Club is kickin’ up some sand for our annual “Beach Party” as “Crossfire” takes the stage at 7:30 p.m. on August 13th with their fine blend of country favorites.

Your \$8 admission gets you into the party, and automatically enters you in the evening’s drawing for a number of lovely door prizes and free snacks provided by our friends at “Right At Home”. Do not forget to take advantage of the chance to win a big cash prize by participating in the evening’s 50/50 raffle. Ask for one of our punch cards and receive a free admission after just five paid admissions.

We are open to the public, so everyone is welcome to enjoy Oregon’s finest dance floor at the Woodburn Estates and Golf Auditorium, located at 1776 Country Club Road. Note: Want to sit with your friends? Be sure to reserve a table for your special group, by calling Marge at 503-981-1421.

Next up: Our “Last Friday Dance” welcomes the return of one of our most popular new bands with old faces, “The Bronco Billy Band,” coming up Friday, August 30th at 7:30 p.m. Join the fun for a casual evening of foot stompin’ classic country with new and old friends.

A Last Note: Unfortunately, last month’s “Last Friday Dance” with “The Supernaturals” was canceled due to a prior booking in the auditorium reported to the Dance Club only a short time before the date of the dance. We want to thank Tom, our General Manager, for his attempts toward a resolution to the problem; however, we were unsuccessful in securing a suitable alternative venue. We apologize for any inconvenience this may have caused our guests and look forward to future dances at the Woodburn Estates Clubhouse.

### Disclaimer

News & Views is printed for you, the membership of Woodburn Estates & Golf. Articles of common interest do not reflect current Association policy or regulations, or the views of the Board of Directors unless so stated. This paper is made available to all members to provide information and announcements to the membership.

## Operation Christmas Child 2016

*by Sharyn Cornett & Activities Committee*

We are having a collection from August 11th, 18th, and 25th through November 1st for the Christmas Child Shoebox gifts that go to children around the world. Donation barrels and lists of items for the boxes will be at Coffee Hour and at the Country Cottage restaurant entrance. We are collecting school supplies and hygiene products and fun stuff for kids of all ages. This gift may be the only gift for many of these orphaned children. Walmart has supplies on sale now and lots of small stuffed animals are at the dollar store. Come to coffee August 11th and meet the lady in charge of this campaign.

We are only collecting items and sending them forward for packing. Customs will not allow us to send some items, like chocolate, only hard candy and gum, no food items. We do accept donations and can shop for you. This a non-denominational charity. Watch the slide show about this project at Coffee Hour or scrolling on the TV in the west wing lobby Living Room. There are lots of details and shows wonderful happy children. You will laugh, smile and possibly tear up. It was put together by Walt VanRheen. It tells a wonderful story about this project. Thanking you in advance for all your generosity.

Side notes: Thank you to this community for the success of National Night Out. This year we had 13 sites celebrating community and neighbors. Wonderful neighbors help people set up for this event so thank you for the effort.

Available at Coffee Hour is a refrigerator card for you to put the names of 3 emergency phone numbers of neighbors who can come quickly to your aid and phone numbers of family you wish to be contacted in case of an emergency. The fire rescue team may have need to call someone on your behalf.

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## Estates Women's Golf General Meeting

### Woodburn Estates Women's Golf General Meeting July 18, 2016

Meeting was called to order at 1:05 p.m. by President, Janice Aiken and followed by the Pledge of Allegiance.

Jeanette Johnson moved to approve the minutes of the June 20, 2016 meeting as published in the *News & Views* July 8, 2016. Seconded by Louise Davidson. Motion approved.

#### Treasurer's Report – Nancy Reed:

Balance 5/31/2016	\$7,796.17
Deposits	\$1,541.50
Expenses	\$5,407.41
Balance as of 6/30/2016	\$4,110.26

**Secretary – Vickie Hibberd:** No Report.

#### VP – Paula Kilgore:

- 9-hole 4-Person Scramble has 32 entries. This will give us 8 four-person teams. Pairings will be done this week and posted in the Golf Lounge. Members with guests will be playing with their guests. Shotgun start at 9:00 on Monday, July 25.
- Check in will start at 8:00 am. We are selling raffle tickets and 50/50 tickets; both cost \$5.00 for 6. You can also buy 1 mulligan per person for \$1.00.
- We have hole sponsors and they will be sponsoring our KP, Long Drive, Closest to the line and Longest Putt.
- Gift Baskets to be in the Pro Shop by noon on Sunday, July 24.
- Lunch will follow play with door prizes and awards.
- Club Championship update – August 9 and 10. Both 9-hole and 18-hole will be playing.
- Sign-ups will go up on July 26. It will close August 5 and there will be absolutely no late sign ups. This is in our membership book under day's play – so don't forget.
- I will need help on Wednesday August 10 with set up, table decorations, beverages and paper products. Please get in touch with Paula if you would like to help, or she'll be calling.
- Away Plays – Cross Creek and Santiam – There are sign-up sheets in Ladies Lounge if you would like to join us.

#### COMMITTEE REPORTS

**OGA – Susan Gsell:** Nothing to Report.

#### Membership & Books – Marge Epling, Lois Scheidegger:

- 9-hole – 51; 18-hole: 51, Total: 102.

- Two new members: Joann Munson 9-hole; Marilyn Jeli 18-Hole.

**Social – Louise Davidson:** Nothing to Report.

**Handicap – Donna Jentzen, Marlene Johnson:** Donna reviewed the proper way to fill out your Day's Play score card.

**Rules Committee – Susan Gsell:** Susan reminded us to be sure to replace the flag straight in the hole; don't run ahead of other golfers who haven't hit; and please don't put putter in the cup to pull your ball out.

**Mixed Tournaments – Sharon Price:** -Sharon reviewed the next two mixed tournaments.

**Trophies & Awards – Georgia Kehr, Gloria Bourne:** -Georgia and Gloria passed out Birdie Pins for the past month.

**Sunshine – Mary Bauer:** Card was sent to Ernestine Yoder.

**9-hole Eclectic – Diana Lindberg, Vickie Hibberd:** Diana and Vickie announced and presented First Half Eclectic payouts.

**18-hole Eclectic – Susan Gsell:** No Report.

**9-hole Captains – Nancy Reed & Rita Girard:** No Report.

**18-hole Captains – Jeanette Johnson & Mickey Harrison:** No Report.

**Lady Putters, Yellow Tees – Mickey Harrison:** Lady Putters & gentlemen guests played on July 25 and had a luncheon. Everything went over very well.

**Club Championship – Paula Kilgore:** Reviewed above.

**Rally for the Cure – Becky Butts:** Becky would like to see more of the 9-hole ladies playing on August 2. Lunch will be on Wednesday August 3 after the 18-hole ladies are done.

**Greens Committee Report – Paula Kilgore:** Janice read the July Greens Committee Report. This will appear in the Board minutes. This will not appear in the Ladies Golf Club minutes.

#### UNFINISHED BUSINESS

- *Nancy and Susan to discuss visit with OGA on 9-hole vs 18-hole handicaps:* There is not an issue with this. Both can play with each other. The 9-hole golfers will have to use their "golf index" and double for their 18-hole handicap. 18-hole golfers will have to divide their "golf index" in half for the 9-hole handicap.
  - *Vote on the motion to move up election of officers to October:* Shirley Boysal moved to approve the amendment to move up the election of officers to October. Seconded by Paula Kilgore. Motion passed. A slate of officers will be presented at the September meeting and absentee ballots will be available for those going south.
  - *Discussion on capping of 9-hole players:* This was discussed and decided to be tabled until next month until we have some further clarification of what we will do. Also discussed was setting number of games in current period of time for up-to-date handicaps.
  - *Janice brought up about past president photos:* She discussed with the Men's Club. It was decided to wait until summer tournaments are over. We will then sit down and set procedures to follow. Janice will follow up with Diana Lindberg as to how they handled with past board presidents.
- NEW BUSINESS:** None.
- 50/50 and Badge Drawing – Sharon Price:** 50/50 winner - \$13.00 Sally Carter; Badge winner - \$1.25 Arlene Langendoerfer.
- ANNOUNCEMENTS:** None.
- Meeting Adjourned – 2:03 p.m. Vickie Hibberd, Secretary

## Country Meadows Village



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## Annual Lady Putters’ Invitation to Men Day

*by Mickey Harrison & Gwen Egan*

On Monday, July 18, the Lady Putters invited the men to come and putt and enjoy a free lunch. What more could you want?

It was a nice cool morning and at 10am 72 putters took to the large putting green behind the swimming pool building. After about an hour, the players had sunk 54 holes-in-one – 23 by the women and 31 by the men. Each “ace” was accompanied by a hoot or a holler!

Each putter received \$2 for every hole-in-one, and one of the men had 5 holes-in-one! The fun was followed by a lunch of hot dogs, potato salad, baked beans and cookies. A good time was had by all and the Lady Putters are looking forward to doing it again next year.



## Mixed Horse Race, July 23



**(L-R) Second Place – Gloria & Ken Bourne, First Place – Sally & Jim Carter, Third Place – Carol & Bill Lewis, Fourth Place – Rosa Nichols & Ron Aiken**

*by Kathy Hiller*

July 23rd was a busy day, not only with the Mixed Horse Race, but Cascade Park and the Activities Committee headed by Malena Turner were also having a Western BBQ Picnic.

The Mixed Horse Race had 24 teams competing. They broke into two groups. Chuck Siver and Fred Bourne officiated for Group 1, which consisted of: Jim & Sally Carter, Bill & Carol Lewis, Larry Kemper & Ruth DeSantis, Phil & Pat Bartlett, Dave Christoff & Paula Graham, Mark & Carolyn Forrest, Victor & Christina Morris, Larry & Sharon Hoyt, Chuck & Marlene Johnson, Sherman & Yvonne Rogers, Kim & Paula Kilgore, and Roy Quimby & Susan Gsell. Jim Worley & Stan Hiller officiated for Group 2, which consisted of: Dean & Vickie Lambert, Don Gienger & Patty Cummings, Dennis Wichert & Merra Frochen, Tony & Ali Pye, Ron Aiken & Rosa Nichols, Randy Soelberg & Pat Lucas, Don Pooschke & Tammy Braasch, Jim Hutchinson & Betty Yaws, Mike Cranford & Carol Bettendorff, Ken & Gloria Bourne, Ed & Sheila Hawn, and Larry Stewart & Maggie Sasse. Scorekeepers for the two groups were Bernadine Bourne and Nancy Reed.

As each group played the holes from 1 to 9, 1 or 2 teams were eliminated until finally, at hole #6, two remaining teams from each group played out the final 4 holes. Rosa Nichols & Ron Aiken were Fourth Place when they were eliminated on hole 7, (They had a bad bunker shot that took them down.) Carol & Bill Lewis were Third Place when they were eliminated on hole 8. The final two teams fought it out and the last putts made the difference. Team 1, Jim & Sally Carter finished on hole 9 for First Place with a score of 4, and Ken & Gloria Bourne scored a 5, finishing in Second Place.

Every team in the entire event should be proud of themselves. Horse Races are hard on everyone’s nerves, even the spectators who groan as the teams they bet on get eliminated. The Horse Races are an excellent time for non-golfers to view the beautiful front course as they follow the teams.

## We Welcome You to Woodburn Alcoholics Anonymous

EACH TUES. & THURS. AT 7:30 P.M.  
ST MARYS EPISCOPAL CHURCH  
1560 W. HAYES STREET, WOODBURN, OR 97071  
(What we hear here, what we see here, stays here.)



## 80 and Over Tournament Results

*by Chuck Siver, Golf Pro*

The Mixed Tournament took place on Monday, Aug. 1, 2016. The format was a stroke play. Sponsored by McCully Realty, Jim & Jeanie White.

**Overall winners:**

Men’s Low Gross: Ken Johns 37  
Women’s Low Gross: Nica Gish 53  
Men’s Low Net: Herb Harrison 43  
Women’s Low Net: Janet Ray 59  
Congratulations to all!



## Fall Scramble Tournament Results

*by Chuck Siver, Golf Pro*

The Fall Scramble Mixed Tournament on August 6, 2016, was a 4-person scramble. Sponsored by Salem Audiology Clinic & Woodburn Hearing Center.

**Overall winners:**

Low Gross: Susie & Dick Hammond/Maggie Sasse & Dave Christoff 61.0  
Low Net: Karen & Larry Jones/Ruth DeSantis & Larry Kemper 56.4

**FLIGHTS:**

**Sweet Potatoes**

1st – Rosa Nichols & Ken Johns/Terri & Bob Smith 57.2  
2nd – Vickie & Dean Lambert/Lynda & Gene Mickey 58.2  
3rd – Bernadine Bourne & Fred Bourne/Merra Frochen & Dennis Wichert 58.5  
4th – Susan Gsell & Roy Quimby/Judy & Bob Scholer 60.8

**Yellow Corn**

1st – Joann Munson & Ron Aiken/Linda & Paul Eaton 58.8  
2nd –Carol Bettendorff & Mike Cranford/Sheila & Ed Hawn 59.3  
3rd – Carolyn & Mark Forrest /Yvonne & Sherman Rogers 59.7  
4th – Sherry & Wayne Manier/Pat Lucas & Ronnie Webb 61.0

**Black Eyed Peas**

1st – Sally & Jim Carter/Linda & Bob Weston 62.0  
2nd – Betty Brendle & Clint Hansen/Bonnie Holland & Fred Flubacher 62.4  
3rd – Christina & Victor Morris/Karen Taber & Ron Gripenstraw 62.7  
4th – Pat Murphy & Steve Hobson/Rose Brown & Clyde Leavitt 63.1

**Sweet Onions**

1st – Largo & Will Abshire/Karen & Vern Hamilton 58.3  
2nd – Helen Gutshall & Stan Hiller/Pam Matthews & Dennis Martin 60.7  
3rd – Joyce Ruttencutter & John Mustion/Karen Ewing & Larry Owens 61.2  
4th – Georgia Varconi & Len Westphal/Pauline Podawiltz & Jim Gigandet 61.7  
Congratulations to all!

## 31<sup>st</sup> Annual Men’s Harvest Invitational Golf Tournament



Woodburn  
Estates & Golf



Member / Guest  
Aug. 26, 27, & 28 – 2016

The entry fee is **\$180.00 per team** and must be submitted with the registration form by **Aug. 24**. Registration form is at Woodburn Estates & Golf – Pro Shop. The tournament shall be two-man teams consisting of one member and one guest. Maximum handicap per player is 29. Handicap allowed shall be from 0 to 29. The tournament format shall be a 2-man *Modified Stableford points system*. *Stableford points: 1pt = bogie, 2pt = par, 3pt = birdie, 4pt = eagle, 6= double eagle, 8pts = ace.* Both players’ gross score must be indicated on each hole. The total 2-man scores from both Saturday & Sunday will determine the winners in each category. There will be a Skins Game both days – combined scores gross and net (optional \$20 per player). Special Prize Drawings each day. Each player will receive a \$40 gift certificate to spend at the Pro Shop. \$5,000 hole in one prize for Sunday round. Additional meal tickets may be purchased for \$12 per person for each meal.

- **Friday, Aug. 26**  
Practice round – (call Pro Shop for tee time)  
**4:00 p.m.** – 2-man Horse Race (optional \$10 per team - sign up in the Pro Shop)
- **Saturday, Aug. 27**  
Coffee and donuts before tee off. Refreshments provided on the turn at the breezeway.  
**Round #1 – 9:00 a.m. shotgun**  
**2:00 p.m.** – Lunch – BBQ chicken by **Gary’s BBQ on Wheels** (Auditorium)  
**3:00 p.m.** – Calcutta – (Auditorium - see rules)
- **Sunday, Aug. 28**  
Coffee and donuts before tee off. Refreshments provided on the turn at the breezeway.  
**Round #2 – 9:00 a.m. shotgun**  
**Awards Ceremony** – immediately following day’s play (Auditorium)  
**Lunch:** provided by **Daniel’s Mexican Catering**

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# Seasoning Thyme: Fennel

by *Evangeline Harris*  
*Fennel can clear mucus, help digestion and curb hunger*

Fennel is both a culinary and medicinal herb. It is best known as a culinary herb because all parts of the plant are edible. Fennel not only improves digestion, but also can reduce bad breath and body odor that originates in the intestines. The fresh stems of fennel can be eaten much like celery and the seeds add a lovely anise flavor to fish and other dishes. Fennel also acts as an excellent digestive aid to relieve abdominal cramp, gas and bloating. If you expect to eat a vegetable that you have trouble digesting, like cabbage, try adding fennel seeds to your recipe. The Greek name for fennel was "marathon" which was derived from "maraino", which means to grow thin. There is a widely held belief that drinking fennel tea would have a slimming effect. Drinking a cup of fennel seed tea before eating a heavy meal can reduce your appetite as well.

Fennel teas are useful for chronic coughs and act as an expectorant to help clear mucus from the lungs. Syrup prepared from fennel juice was formerly given for chronic coughs. Oil of fennel relieves muscular or rheumatic pains and is warming and soothing in massage oil blends

**Fennel tea:**

To prepare herbal infusion fennel tea, pour 1 cup boiling water over a teaspoon of bruised seeds, strain into a cup to drink.

Fennel repels fleas and the anise taste may be more acceptable choice for indigestion and gas in finicky dogs and cats. Fennel has virtually no side effects when used as a food or as a seed tea. The essential oil should be avoided in pregnant and nursing mothers.

Fennel, with its pale green color and pleasant, aromatic aroma is said to symbolize flattery and to be an emblem of heroism. Most fennel originated in India, Egypt and china. It is one of the earliest known herbs and was often called the "mettin" seed. It was nibbled in church to curb the appetite or quiet a restless child. Chewing fennel stalks was regarded by the ancient Romans as a means of controlling obesity. It was hung from the rafters to bring good luck and put in keyholes to keep out ghosts and evil spirits.

**RED PEPPER AND FENNEL BULB SALAD**

Ingredients: 1 medium red bell pepper; 1/3 cup pine nuts, toasted; 3 tablespoons sesame seeds, toasted; 1 head leaf lettuce, rinsed, dried, and torn into bite-size pieces; 1/2 bulb fennel, diced; 2 tablespoons soy sauce; 1/4 cup vegetable oil; black pepper to taste.

**Directions:** Preheat broiler. Grill red pepper under the broiler until the skin is blackened, and the flesh has softened slightly. Place pepper in a paper bag or resealable plastic bag to cool. Remove the seeds and skin (the skin should come off the pepper easily). Slice into strips, Set oven to bake at 350 degrees. Place pine nuts and sesame seeds on a baking sheet and toast until beginning to brown. Combine lettuce greens fennel bulb, and red pepper in a small bowl, whisk together soy sauce and vegetable oil. Pour over salad and toss to coat. Sprinkle with pine nuts and sesame seeds, and season to taste with ground black pepper.

# After A While

by *D. Rector*

After a while, I realize that I cannot change what is.  
After a while, I no longer am amazed that what is... is  
And will no longer gnash my teeth for what could have been;  
Will no longer grasp for what should have been;  
And just accept what is... After a while.

# Count Your Birthdays

by *Bonnie Block*

Count your many birthdays  
Name them one by one.  
When we all get together as a family,  
We always have such fun.

We are all still like kids at home  
So when birthdays come,  
We recall all the birthdays just like  
They were the very first one.

Birthdays give us one step at a time to walk  
Gracefully into the future.  
They give us a reason to reach out to  
Each other just to feel nurtured.

And you know that pictures hold memories  
Of birthdays that have gone by.  
Someday you'll look back on all these pictorial  
Memories that make you laugh and cry.

We don't know what our futures will bring,  
But keep thinking about our next birthdays.  
We can laugh, cry, and sing,  
For we know next time we have our birthday  
Our birthday bell will ring.


*A family poem by Bonnie Block, written sometime in the past,  
Just to remind us to always have a birthday blast.*

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# A Sad State of Disrepair



Golf Maintenance Building Completed

by Tom Staskiewicz

By the end of July the repairs or - more accurately - the reconstruction of the golf maintenance building on Hayes Street will be complete. For whatever reason this building has suffered years of neglect and was being held together by the paint.

Earlier this year Larry Jones, Dawn R. Cole and Walt VanRheen took on the task of determining the state of the building. What they found was a total lack of attention and neglect. Larry’s team received several bids based upon everything they and the construction companies could see from the visual inspection but when the job started, it was obvious more was required.

Remember back to the Fitness Center last year and all of the dry rot, black mold and mildew that was found. This building was in the same sad shape. Under the shingles and in the walls was dry rot, mold and mildew requiring several sheets of new plywood and repairing joists before new shingles could be installed along with new sheathing and insulation before the siding could be replaced. Happily, it is coming together and our members and the golf course crew will have a fully functioning building.

How does this happen? How do we get to a point of such neglect? The problems come because we have boards, committees and managers who do not embrace the responsibilities they have been handed. They do not take their jobs and commitment to the members and community seriously. Ultimately they say, ‘Leave it for the next board or manager to solve’.

Whether it is a lack of fortitude or courage, these individuals fail to go before the members and say these repairs must be done. It’s not always easy to recommend spending tens of thousands of member dollars to fix this or that, but those are the decisions to be made: popular or not. The cost of repairing this building is \$10,000 - \$15,000 more than would have been necessary had there been proper care instead of abject neglect.

Whether you have a favorable or unfavorable opinion of any of the individuals on the board is not important. The fact is: Right now you have a board and committees working together for the benefit of Woodburn Estates & Golf and you, the members.



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# APPROVED MINUTES OF THE WOODBURN ESTATES & GOLF SPECIAL BOARD MEETING

Monday, July 18, 2016  
(APPROVED July 26, 2016)

President Becky Butts called the meeting to order at 3:30 p.m. in the Dining Hall with the Pledge of Allegiance following.

President Butts asked if there was a quorum. In the absence of Director Malena Turner, Director Allan Lindberg confirmed there was a quorum.

Directors present: President Becky Butts, Director Jim Taylor, Director Allan Lindberg, Director Nancy Dale, Director Paula Kilgore, Director Larry Jones, Director Stan Hiller and Director Jim Worley.

**NEW BUSINESS:**

Director Larry Jones moved to approve an expenditure up to \$3,000.00 to Simplex Grinnell to perform needed fire suppression system modification. Seconded. Call for the vote: Directors voted aye unanimously, motion carried.

Director Larry Jones moved to approve an additional \$12,000 for unforeseen but necessary repairs to the golf maintenance building that were not known until the building walls were opened up. Seconded. Call for the vote: Directors voted aye unanimously, motion carried.

There being no additional business President Butts called for a motion to adjourn, motion carried and meeting adjourned at 3:48 p.m.

President Butts reminded the board the next regular meeting of July 26 will be held in the Dining Hall at 6:30 p.m.

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## Sheds

by James Taylor, Architectural Committee

First, let me say that I agree that our current rules are inconvenient at best. BUT, the Associate Rules and Regulations specifically prohibit any storage shed in excess of 100 CUBIC feet. For those who are mathematically challenged, that means something 4 feet wide, 7 feet tall, and 3 ½ feet deep. In other words, something the size of a shelving unit. And, non-conforming units cannot be grandfathered. Just because a storage unit in excess of 100 cubic feet was present on the property when you bought the home, it is still a violation of our Rules and Regulations and must be removed.

The document driving this restriction is our Declaration of Restrictions, which, as currently written, prohibits all sheds. The ones we currently permit are only allowed because they *are* the size of shelving units.

I am researching whether an individual clause of this document can be revised by resolution as I believe the original wording includes a typographical error leading to the restriction. But in the meantime, just remember that we will disapprove any shed in excess of 100 cubic feet, and if you erect one without asking permission, you will undoubtedly receive notification that it is in violation of our Rules.

## The Case of the Disappearing Flower Beds

by Evelyn White

Several years ago I was out front working in one of our flower beds. It was a plenty warm day and I was quite warm. Along came Hubby in our golf cart. He was all smiles and called to me, "Oh! What a great golf game I've had, sweetie. Just as soon as you make me a sandwich, I'm heading back out with the boys for another round!"

Well, I was a bit peeved. After all, he hadn't helped me one bit with our many flower beds. "Not so fast! First, I'm going to assign part of these flower beds to you." I then clued him in on which ones he would inherit. Well, well, much to my disgust he took out part of those beds and just put it all in grass. End of story.

*[P.S. This is a true story. The late Larry White was the guilty party. Mrs. Larry White]*

## Mixed Tournament Coordinators Needed

by Paula Kilgore

Bob & Sharon Price are stepping down as the tournament coordinators for the Mixed Tournament Golf events, and we need someone - or a couple - to step in and fill this role for 2017. Past coordinators, Allan and Diana Lindberg, have graciously offered to assist the new coordinators, so you will not be alone in this activity.

Without a Tournament Coordinator, we will not be able to have the Mixed Tournaments. Please contact Paula Kilgore if you are interested or have questions: [p.kilgore72@gmail.com](mailto:p.kilgore72@gmail.com) or 971-242-1166.

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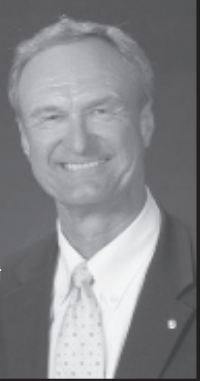
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# Rally for the Cure Golf Tournament



Rally Cure 9-hole



Rally Cure 18-hole

by Becky Butts

The annual Rally for the Cure Golf Tournament was held on August 2nd, 3rd, and 4th at Woodburn Estates & Golf. This event raises money for ground-breaking research and supports community programs to improve access to services needed by those impacted by breast cancer here in Oregon. Susan G Komen Rally for the Cure organization invests 80¢ of every dollar raised, back into this mission.

During the week, several events besides the golf tournament take place to raise money: A raffle is held with items donated by individuals and businesses – Joanne Delnick, Gwen Egan, Merrra Frochen, Nancy Reed, Bauman’s Farm & Garden, Cox Electric, Do It Best, Dutch Bros, G W Hardware Center, Van Heusen, Woodburn Automotive, and Walmart.

A luncheon catered by Country Cottage was held to celebrate and honor survivors with each receiving a pink carnation from Valley Pacific Floral. I want to thank each and every one who participated and helped with this event. Donations are still being made, so a final tally of money raised is not yet available.

# Donation to WPD



L-R: GM Tom Staskiewicz, Sponsor Jim White from McCully Realty, Director Malena Turner Activities Chair, Director Jim Taylor, BOD President Becky Butts, Pancake/Activities worker Nancy Reed, Director Nancy Dale, Director Stan Hiller, Police Chief Jim Ferraris, Officer Steve Sloan, Sponsor Bob Rhoades & Patti Milne from Legacy Financial, and Pancake/Activities worker Rita Girard

by Kathy Hiller

Although the July 22nd *Woodburn Independent* beat us to printing the story, we have the names of everyone, including Nancy Reed who did not appear in their photo, and Rita Girard who was misidentified. Pictured separately on the right, are the Pancake Chairpersons, Jerry & Mary Danielson.

This large \$1,500 check represents the actual check that was given to the Woodburn Police Department towards a new radar speed sign trailer. The money was donated from the Spring Pancake Breakfast by the Activities Committee.



Jerry & Mary Danielson

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Willis R. Grafe



*Submitted by his daughter, Sandra Grafe Glahn*

Born August 13, 1920, in Mill City, Oregon, to Leroy and Gladys Grafe, Willis R. Grafe, 95, beloved husband of 64 years to Ann, father, brother, uncle, brother in Christ, colleague, and friend died July 17, 2016, in Woodburn.

A graduate of Gates High School, Grafe spent three winter terms at Oregon State College,

working springs and summers at a sawmill to pay his way through his first year of college. He received both BA and BS degrees from OSC (OSU) class of 1950! He signed up to go to the Yukon Territory and Alaska, working on the advanced survey crew for the Alcan Highway connecting the continental US with Alaska before serving with the Navy in Pearl Harbor during WWII. For more than 40 years he served as a civil engineer with the Federal Highway Administration, seven of them in the Washington DC office. A second career followed in the Linn County Engineer’s office.

Grafe made his last vigorous hike at age 89, having backpacked the Grand Canyon. Led numerous hikes with the Chemeketans, and summited most of the Cascade peaks, including Mt. St. Helens before and after the eruption. He returned three times to the Yukon and was a white-water canoeing champion. Grafe was also the author of Gates and the North Santiam and An Oregon Boy in the Yukon.

In his civic life, Grafe served as president of the Oregon Association of County Engineers and Surveyors. In Mexico and Haiti he served as a missionary on water-development projects. He was active in Rotary - traveling to Haiti, and at age 89, to Thailand. He was a Woodburn Friends of the Woodburn Library volunteer, and he collected and delivered for the local food bank until age 92. For many years Grafe served as an elder at Mid-Valley Community Church in Woodburn.

He is survived by his wife Ann of 64 years; five children, David of Portland; Steven (Christina) of Goldendale; Carolyn of Vancouver, WA; Sandra (Gary) of Mesquite, Texas; Mary (Mark) of Richardson, Texas, and eight grandchildren.

A memorial service was held Friday, July 22, at Mid-Valley Community Church in Woodburn. Interment was at Fairview Cemetery in Gates, Oregon.

Free Ads

Next Publication of NEWS & VIEWS

August 26, 2016

Deadline for Articles, Thursday, August 18, 9:30 a.m.

NOTICE: When submitting free ads  
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FOR SALE: FREE: Lexmark printer ink – unopened - Two #36 black; one #37 Color. Call 503-982-3266.

FOUND: Yorkie/Pom mix, female, 3+ years old. No microchip (tsk tsk). Describe collar to claim. Contact Chuck Siver in Golf Pro Shop 503-981-0189.

FOR SALE: Royal Doulton Statue of 1920's lady walking long-haired dog, cream color "Reflections" by Royal Doulton. Promenade HN3072 Modeled by Adrian Hughes © 1985 (U.K.) 9 inches high; Asking \$295, book-valued at \$600. Call 503-269-8174.

FOR SALE: VHS video cassettes; blank or have TV programs; have some historical events; 50¢ each. Call 503-269-8174.

FOR SALE: Six 5-1/2" clear glass fish bowls for centerpieces; have swirly pattern, heavy; \$8. Call 503-269-8174.

FOR SALE: Olympics Collector’s pins. 1996 Atlanta and more... Call Bill 503-981-7696.

FOR SALE: Solid wood Bistro table and 4 chairs. Espresso color. 2 chairs need some repair. \$75 OBO. Call 503-737-9191.

FOR SALE: Weslo Exercise Bike; used very little. 2004 V-70 Volvo, 75k miles. Asking \$6900. Call Terry 503-982-0792.

FOR SALE: 1989 Mercedes Benz E300; 4-door, white, new set of Costco tires. 156,970 miles. Power windows, power seats, sunroof, AT, Gas engine. Runs great. \$3000 OBO. NADA high retail is \$8750; medium retail \$5150; low is \$3900. See in Senior Estates. Call 503-951-2783 or 503-982-5079.

FOR SALE: Love seat with two matching sofa pillows. Soft Sage Green. Very comfortable seats - 21 inches deep; 17 inches high; 62 inches in length. Very soft pillow backs. \$100 OBO. Call 503-982-8686.

FOR SALE: Wicker Chair. Almost new. Has been used indoors only. \$100. Call 503-982-0778.

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FOR SALE: 2 Maple chairs with arms and small dinette table (round 36"). Size can be reduced to 17" diameter by putting down two flaps on table. \$100 Call 503-951-2783 or 503-982-5079.

HELP: During the Woodburn Estates Community-wide Garage Sale in the early days of July, I bought a computer monitor, keyboard, speakers and mouse but forgot to pick up the tower. Please call Janie at 503-701-0211 (Photo of the computer monitor, etc. that I bought is posted on the bulletin board in the west wing of the clubhouse.)

WANTED: Used postage stamps. Call 503-269-8174.

WANTED: Recently widowed, raised in Woodburn-Monitor area, wishing to relocate/retire in Woodburn Senior Estates. Looking for updated two bedroom home with family room and two car garage. CASH! Call 503-621-3610.

WANTED: 4 ply yarn for Afghans for Veterans Hospital. Call 503-982-3046.

In Memoriam. . .

Barnes, Martin – June 30, 2016

Harrison, Ann – July 7, 2016

Halstrom, Roland (Raleigh) – July 12, 2016

Grafe, Willis R. – July 17, 2016

Hutton, Mildred (Millie) – July 17, 2016

Steffensen, Florence – July 19, 2016

Goold, Shirley – July, 2016

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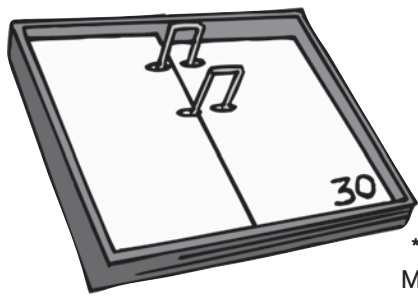
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# Activities Calendar

\* Any change of date, time, activity, or place MUST be made with the office 503-982-1776.

Saturday, August 13	Sunday, August 14	Monday, August 15	Tuesday, August 16
8:30a Ping Pong Players – DH 9:00a Crafters – Craft Room 10:00a Shred Day - Parking Lot 12:00p <i>End of Watch</i> Correctional Peace Officer Fundraiser Dinner – Aud/Kit 3:00p Water Volleyball – Swimming Pool 5:00p Private Party – Blue Room 6:00p Saturday Night Dance – Aud/DH/Kit	2:00p Music Jammers – DH	8:00a Fit For You Exercise – Aud 8:00a Water Exercise – Swimming Pool 8:30a Estates Quilters – Craft Room 8:45a Walking Club Indoors – Aud 9:00a Ladies Pool – Pool Room 9:00a Walking/Talking Club – Blue Room 9:30a Gentle Yoga – Aud 10:00a Ladies Golf Club Exec Comm Mtng – Conf Room 10:00a Lady Putters – Ladies Lounge 10:10a EZ Bridge Club – Blue Room 10:30a Zumba (Low Impact) – Aud 11:15a Ladies Golf Gen/Lunch Mtng – DH/Kit 12:00p Mon 3 Table Dup Bridge – Blue Room 1:00p Ladies Poker – Card Room 3:15p Sundowners Golf – Gazebo 4:00p Mkt/Pub/Web – News & Views 5:30p AARP – Conf Room 6:30p Water Volleyball – Swimming Pool 7:00p Golden Squares – Aud/Kit/Aud Foyer	8:00a Water Exercise – Swimming Pool 8:30a Ping Pong Players – DH 9:00a Bicycle Club – by Mailbox 9:30a Tai Chi – Aud 10:00a Needle Nook – Card Room 11:00a Uke-de-do's – Craft Room 12:30p Tuesday Party Bridge – Blue Room 1:00p Billiards Club – Pool Room 1:00p Coffee Team Meeting – Conf Room 3:30p Water Volleyball – Swimming Pool 5:30p Tuesday Night Poker – Card Room 5:30p AARP – Conf Room 6:00p Card Crafting Class – Craft Room 6:30p Men's League Billiards – Pool Room

Wednesday, August 17	Thursday, August 18	Friday, August 19	Monday, August 22
8:00a Fit For You Exercise – Aud 8:00a Water Exercise – Swimming Pool 8:30a Ping Pong Players – DH 8:45a Walking Club Indoors – Aud 9:00a Woodcarvers – Craft Room 9:00a Walking/Talking Club – Blue Room 9:30a Blackjack – Card Room 10:00a Zumba (Low Impact) – Aud 11:00a Gentle Yoga – Aud 12:00p Pinochle 5 Handed – Blue Room 12:00p Ladies Pool – Pool Room 2:00p Wii Bowling – DH 6:00p Pinochle Club – Blue Room 7:00p Bingo – DH	All Day <i>News &amp; Views</i> Copy Deadline 8:00a Water Exercise – Swimming Pool 8:30a Estates Quilters – Craft Room 9:00a Bicycle Club – by Mailbox 9:30a EZ Bridge Club – Blue Room 10:00a COFFEE HOUR PROGRAM – Aud/DH/Kit 1:00p Billiards Club – Pool Room 2:00p Estates Chorus – Aud 4:30p Rules Meeting – Conf Room 6:00p Pinochle Club – Blue Room 6:00p Advanced Line Dance (Everybody Welcome) – Aud 6:30p Water Volleyball – Swimming Pool	8:00a Fit For You Exercise – Aud 8:00a Water Exercise – Swimming Pool 8:30a Ping Pong Players – DH 8:45a Walking Club Indoors – Aud 9:00a Walking/Talking Club – Blue Room 9:30a Tai Chi – Aud 9:30a Bible Study – Craft Room 10:00a Happy Hearts – Blue Room 10:00a House Committee Mtng – Conf Room 10:30a Gentle Yoga – Aud 11:15a Zumba – Aud 12:30p Friday Party Bridge – Blue Room 1:00p Bunco – Craft Room 5:00p Friday Fun Day – Gazebo	8:00a Fit For You Exercise – Aud 8:00a Water Exercise – Swimming Pool 8:30a Estates Quilters – Craft Room 8:45a Walking Club Indoors – Aud 9:00a Ladies Pool – Pool Room 9:00a Walking/Talking Club – Blue Room 9:30a Swiss Pairs Bridge – Card Room/DH Foyer 9:30a Gentle Yoga – Aud 10:00a Snowbird Invitational – Aud//Kit 10:00a Lady Putters – Ladies Lounge 10:10a EZ Bridge Club – Blue Room 10:30a Zumba (Low Impact) – Aud 2:15p Ladies Poker – Card Room 3:15p Sundowners Golf – Gazebo 4:00p Mktg/Pub/Web – News & Views 6:30p Water Volleyball – Swimming Pool
		<b>Saturday, August 20</b> 8:30a Ping Pong Players – DH 9:00a Crafters – Craft Room 10:00a Private Wedding Reception – Gazebo 2:00p Snowbird Invitational – Aud/Kit 3:00p Water Volleyball – Swimming Pool	
		<b>Sunday, August 21</b> 10:00a Snowbird Invitational – Gazebo/Aud//Kit	

Tuesday, August 23	Wednesday, August 24	Thursday, August 25	Friday, August 26
8:00a Water Exercise – Swimming Pool 8:30a Ping Pong Players – DH 9:00a Bicycle Club – Mailbox 9:30a Tai Chi – Aud 10:00a Needle Nook – Card Room 11:00a Uke-de-do's – Craft Room 12:30p Tuesday Party Bridge – Blue Room 1:00p Billiards Club – Pool Room 1:30p Board Meeting – DH 3:30p Water Volleyball – Swimming Pool 5:30p Tuesday Night Poker – Card Room 5:30p Dup Swiss Pairs – Blue Room 6:30p Men's League Billiards – Pool Room	8:00a Fit For You Exercise – Aud 8:00a Water Exercise – Swimming Pool 8:30a Ping Pong Players – DH 8:45a Walking Club Indoors – Aud 9:00a Woodcarvers – Craft Room 9:00a Walking/Talking Club – Blue Room 9:30a Blackjack – Card Room 10:00a Zumba (Low Impact) – Aud 11:00a Gentle Yoga – Aud 12:00p 5 Handed Pinochle – Blue Room 12:00p Ladies Pool – Pool Room 2:00p Wii Bowling – DH 6:00p Pinochle Club – Blue Room 7:00p Bingo – DH	8:00a Water Exercise – Swimming Pool 8:30a Estates Quilters – Craft Room 9:00a Bicycle Club – by Mailbox 9:30a EZ Bridge Club – Blue Room 10:00a COFFEE HOUR PROGRAM – Aud/DH/Kit 12:00p 4th Thursday Pinochle – Blue Room 1:00p Billiards Club – Pool Room 2:00p Estates Chorus – Aud 4:30p Rules Meeting – Conf Room 6:00p Pinochle Club – Blue Room 6:00p Advanced Line Dance (Everybody Welcome) – Aud 6:30p Water Volleyball – Swimming Pool	All Day <i>News &amp; Views</i> Publication 8:00a Fit For You Exercise – Aud 8:00a Water Exercise – Swimming Pool 8:30a Ping Pong Players – DH 8:45a Walking Club Indoors – Aud 9:00a Walking/Talking Club – Blue Room 9:00a Nominating Comm Mtg – Conf Room 9:30a Tai Chi – Aud 9:30a Bible Study – Craft Room 10:00a Happy Hearts – Blue Room 10:30a Gentle Yoga – Aud 11:15a Zumba – Aud 12:30p Friday Party Bridge – Blue Room 1:00p Bunco – Craft Room 5:00p Friday Fun Day – Gazebo 7:30p Last Friday Dance (Bronco Billy Band) – Aud/Kit

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